

Men's Competition	
Essex	401
Middlesex	363
Sussex	352
Kent	319
Hertfordshire	287
Hampshire	224
Oxfordshire	44
Surrey	29

COMBINED RESULT	
Essex	768.5
Middlesex	711.5
Kent	666.5
Sussex	632.5
Hertfordshire	505
Hampshire	405
Surrey	301
Oxfordshire	134

Women's Competition	
Essex	368
Middlesex	349
Kent	348
Sussex	281
Surrey	272
Hertfordshire	218
Hampshire	181
Oxfordshire	90

## MEN

## WOMEN

MEN				WOMEN					
<b>100m</b>				<b>100m</b>					
<b>A race</b>	1	Kyle Ennis	Oxfordshire	10.64	<b>A race</b>	1	Montell Douglas	Kent	11.49
	2	Dean Showler-Davis	Hampshire	10.83		2	Kim Baptiste	Sussex	12.23
	3	Kyron Williams	Middlesex	10.98		3	Emily DeBeaux	Surrey	12.51
	4	Eugene Ayanful	Essex	11.06		4	Katie Skelding	Essex	12.59
	5	Jason Hussain	Sussex	11.09		5	Eugenie Brown	Middlesex	12.81
	6	<b>Darren Green</b>	<b>Kent</b>	<b>11.20</b>		6	Emily Stevens	Hertfordshire	12.91
	7	Cameron Webb	Hertfordshire	11.53		7	Hayley Coney	Hampshire	13.28
<b>B race</b>	1	Lee Dollard	Essex	10.99	<b>B race</b>	1	<b>Grace Sheppard (U23)</b>	<b>Kent</b>	<b>12.21</b>
	2	<b>Benjamin Abiodun</b>	<b>Kent</b>	<b>11.09</b>		2	Tayla Humm	Essex	12.49
	3	Jamie Gabbidon	Hampshire	11.17		3	Shayone Simao	Surrey	12.57
	4	Darren Corbin	Middlesex	11.24		4	Victoria Harfield	Hampshire	12.59
	5	Harvey Byrn	Sussex	11.26		5	Deborah Willis	Hertfordshire	12.69
	6	Peter De'ath	Hertfordshire	11.73		6	Hephzibah Adeosun	Middlesex	12.78
	7					7	Becky Owen	Sussex	13.72
<b>NS</b>	1	Liam Ormes	Middlesex	11.13	<b>NS</b>	1	<b>Jodie Leslie</b>	<b>Kent</b>	<b>12.78</b>
	2	Chris Hewitt	Sussex	11.39		2	<b>Shauna McFarlane</b>	<b>Kent</b>	<b>12.92</b>
	3	Peter Moreno	Sussex	11.40					
	4	<b>Andy Millen</b>	<b>Kent</b>	<b>11.67</b>					
<b>200m</b>				<b>200m</b>					
<b>A race</b>	1	Kyle Ennis	Oxfordshire	21.43	<b>A race</b>	1	Kim Baptiste	Sussex	24.47
	2	Dean Showler-Davis	Hampshire	21.67		2	Susanna Banjo	Middlesex	24.62
	3	Kyron Williams	Middlesex	21.98		3	Katie Skelding	Essex	25.03
	4	Jemaine Hamilton	Essex	21.99		4	<b>Ruth Onyekwe (U20)</b>	<b>Kent</b>	<b>25.06</b>
	5	Harvey Byrn	Sussex	22.40		5	Emily DeBeaux	Surrey	25.19
	6	<b>Duayne Bovell</b>	<b>Kent</b>	<b>22.49</b>		6	Deborah Willis	Hertfordshire	25.72
	7	Cameron Webb	Hertfordshire	23.11					
<b>B race</b>	1	Lee Dollard	Essex	21.62	<b>B race</b>	1	Laura Wake	Hertfordshire	24.26
	2	Chris Hewitt	Sussex	22.41		2	Eva Joseph	Surrey	25.14
	3	Max Lowery	Hertfordshire	22.41		3	Joanne Ryan	Essex	25.72
	4	Darren Corbin	Middlesex	22.55		4	Eugenie Brown	Middlesex	25.93
	5	<b>Andy Millen</b>	<b>Kent</b>	<b>23.81</b>		5	<b>Shauna McFarlane (U23)</b>	<b>Kent</b>	<b>25.99</b>
	6					6	Kerri-Ann Body	Sussex	26.10
	7					7	Victoria Harfield	Hampshire	26.50
<b>400m</b>				<b>400m</b>					
<b>A race</b>	1	<b>Farren Morgan</b>	<b>Kent</b>	<b>48.38</b>	<b>A race</b>	1	Laura Wake	Hertfordshire	53.53
	2	Markus Hunt	Essex	49.10		2	<b>Kathryn Sutton</b>	<b>Kent</b>	<b>56.65</b>
	3	Andrew Kendall	Middlesex	49.18		3	Aisha Naibe-Wey	Surrey	57.88
	4	Ollie Smith	Sussex	49.58		4	Tania-Cyrena Cyrus	Middlesex	59.57
	5	Matt Hamilton	Hertfordshire	49.97		5	Rebecca Wade	Essex	59.87
	6	Harrison Pocock	Hampshire	51.93		6	Chloe Hollamby	Sussex	62.34
						7	Claire Netley	Hampshire	62.71
<b>B race</b>	1	Lennox Thompson	Essex	49.23	<b>B race</b>	1	Gemma Rous	Middlesex	57.63
	2	Isaac Ogunlade	Middlesex	49.34		2	<b>Krystal Galley (U23)</b>	<b>Kent</b>	<b>58.57</b>
	3	<b>Reece Dimech</b>	<b>Kent</b>	<b>49.88</b>		3	Caroline Hill	Essex	60.39
	4	Seb Tucknott	Sussex	50.54		4	Laura Gallagher	Hertfordshire	60.77
	5	Jon Rendell	Hertfordshire	51.14					
	6	Hywel Robinson	Hampshire	51.45					
<b>800m</b>				<b>800m</b>					
<b>A race</b>	1	Dan Stepney	Sussex	1 52.46	<b>A race</b>	1	<b>Caroline Ford (U23)</b>	<b>Kent</b>	<b>2 14.14</b>
	2	Nathan Wake	Hertfordshire	1 52.78		2	Hannah Edwards	Surrey	2 14.25
	3	Tom Frith	Essex	1 55.59		3	Megan Steer	Hertfordshire	2 14.76
	4	Shaka Palmer	Middlesex	1 55.95		4	Kat Mertens	Middlesex	2 16.53
	5	<b>Dylan Rigby</b>	<b>Kent</b>	<b>1 57.10</b>		5	Natalie Kipps	Essex	2 17.42
	6	Joseph Wales	Hampshire	2 02.40		6	Becky Hodgson	Oxfordshire	2 17.46
<b>B race</b>	1	Jamie Taylor-Caldwell	Middlesex	1 58.87	<b>B race</b>	1	Gemma Finch (U20)	Hampshire	2 17.60
	2	<b>David Stewart</b>	<b>Kent</b>	<b>2 02.17</b>		2	Maddy Austin	Surrey	2 15.39

	3	John Morrey	Sussex	2	04.49							
	4	Danny Digweed	Hertfordshire	2	11.91							
<b>A race</b>	1	Ryan Driscoll	Sussex	4	01.12	<b>1500m</b>	<b>A race</b>	1	Lydia Hallam	Essex	4	32.70
	2	Tom Heslop	Middlesex	4	02.49			2	Laura Brenton	Hampshire	4	33.83
	3	<b>Andrejs Safars</b>	<b>Kent</b>	4	<b>05.27</b>			3	<b>Caroline Ford (U23)</b>	<b>Kent</b>	4	<b>44.46</b>
	4	James Tydeman	Essex	4	06.78			4	Fiona Clark	Sussex	4	46.80
	5	Daniel Short	Hampshire	4	21.98			5	Hannah Viner	Middlesex	4	53.71
								6	Lizzie Parry	Hertfordshire	5	10.98
<b>B race</b>	1	Paul Martelletti	Middlesex	4	04.88		<b>B race</b>	1	Kirsty Tydeman	Essex	4	43.22
	2	Stephen Strange	Essex	4	05.87			2	Florence Bryant	Middlesex	4	54.56
	3	<b>Jack Goss</b>	<b>Kent</b>	4	<b>21.69</b>			3	<b>Emily McKane (U20)</b>	<b>Kent</b>	4	<b>56.19</b>
	4	John Morrey	Sussex	4	45.07							
	5	Kevin Wheeler	Hampshire	4	59.60							
<b>A race</b>	1	Paul Martelletti	Middlesex	14	47.99	<b>3000m</b>	<b>A race</b>	1	Fiona Clark	Sussex	9	57.52
	2	Josh Guilmont	Sussex	15	07.11			2	<b>Clare Elms (W50)</b>	<b>Kent</b>	10	<b>14.17</b>
	3	Grant Twist	Essex	15	19.93			2	Rebecca Hayden	Hertfordshire	10	38.49
	4	James Knight	Hampshire	16	00.87			5	Katie Solis	Essex	11	02.09
	5	<b>Tom Collins</b>	<b>Kent</b>	16	<b>22.41</b>							
<b>B race</b>	1	Rob Thompson	Middlesex	14	54.97		<b>B race</b>	1	<b>Amy Old (U20)</b>	<b>Kent</b>	10	<b>30.77</b>
	2	Grant Webb	Essex	15	53.52			3	Alex Eykelbosch	Hertfordshire	10	40.76
	3	Max Drumbell	Sussex	15	53.76			4	Sue Bint	Middlesex	10	55.06
	4	Thomas Cully	Hampshire	17	06.57							
<b>NS</b>	1	Sean Parker	Sussex	16	13.55		<b>NS</b>	1	<b>Kylara Hassall</b>	<b>Kent</b>	11	<b>15.77</b>
<b>A race</b>	1	Andy Blow	Hampshire	14	38	<b>110m H</b>	<b>A race</b>	1	Emily Stevens	Hertfordshire	14	34
	2	Peter Moreno	Sussex	14	58	<b>100m H</b>		2	Rebecca Jennings	Sussex	14	45
	3	Ashley Wilson	Middlesex	14	75			3	Lucy Ferguson	Middlesex	14	62
	4	Patrick Barrett	Hertfordshire	15	43			4	Jode Albrow	Surrey	14	77
	5	<b>Peter Davey</b>	<b>Kent</b>	16	<b>16.16</b>			5	Georgia Green	Essex	14	90
	6	Greg Goodrem	Essex	16	59			6	<b>Becky McInden</b>	<b>Kent</b>	15	<b>80</b>
								7	Danielle Horner	Hampshire	16	54
<b>B race</b>	1	Matt Baker	Sussex	15	69		<b>B race</b>	1	Elise Lovell	Sussex	14	61
	2	Ayomide Byron	Hertfordshire	15	99			2	Djanira Costa	Middlesex	14	96
	3	<b>Luke Williams</b>	<b>Kent</b>	19	<b>03</b>			3	Amy Richards	Essex	16	28
								4	<b>Hatshepsut James (U23)</b>	<b>Kent</b>	16	<b>33</b>
								5	Laura Reilly	Surrey	16	46
<b>A race</b>	1	Alec Wing	Hertfordshire	54	09	<b>400m H</b>	<b>A race</b>	1	Aisha Naibe-Wey	Surrey	61	51
	2	Lennox Thompson	Essex	54	56			2	Leslie Delgado	Middlesex	63	11
	3	Jean-Charles Roghi	Middlesex	57	36			3	Alex Hill	Essex	65	71
	4	Dave Awde	Hampshire	57	76			4	Leanne Buxton	Sussex	67	57
	5	<b>Alex Atkins</b>	<b>Kent</b>	58	<b>37</b>			5	Claire Netley	Hampshire	67	70
		Seb Rodger	Sussex	disq				6	<b>Natalie Jones (U20)</b>	<b>Kent</b>	67	<b>85</b>
<b>B race</b>	1	George Grainger	Sussex	55	67		<b>B race</b>	1	Lucy Ferguson	Middlesex	63	37
	2	<b>Shaun Mulligan</b>	<b>Kent</b>	59	<b>28</b>			2	Martine Bomb	Essex	64	39
	3	Greg Goodrem	Essex	59	94			3	<b>Hatshepsut James (U23)</b>	<b>Kent</b>	64	<b>40</b>
<b>A race</b>	1	Ryan McKinlay	Middlesex	9	35.70	<b>3000m s/c</b>	<b>A race</b>	1	Vicky Smith	Essex	11	30.64
	2	Rob Warner	Essex	9	45.27			2	Zoe Levin	Middlesex	11	45.91
	3	<b>Tim Corby</b>	<b>Kent</b>	9	<b>57.42</b>			3	Grace Crumplin	Hampshire	12	45.07
	4	Grant Ramsey	Hertfordshire	11	06.48			4	Liza Croft	Hertfordshire	13	21.75
	5	Lee Tolhurst	Hampshire	10	26.35							
	6	Tim Ellis	Sussex	11	10.96							
<b>B race</b>	1	Calum Upton	Hampshire	10	44.99							
	2	Roy Scott	Essex	10	17.59							
	3	<b>Warren Uden</b>	<b>Kent</b>	11	<b>42.89</b>							
<b>A race</b>	1	Dominic King	Essex	12	28.96	<b>3000m Wk</b>	<b>A race</b>	1	Grazina Narviliene	Middlesex	14	30.97
	2	Francisco Reis	Middlesex	14	00.94			2	Penelope Cummings	Surrey	16	59.04
	3	<b>Luc Lugan</b>	<b>Kent</b>	14	<b>34.59</b>			3	Linda Mountfield	Essex	20	11.67
	4	Tim Snook	Hampshire	14	45.56			4	<b>Heather Butcher (U17)</b>	<b>Kent</b>	15	<b>59.33</b>
	5	Graham Chapman	Oxfordshire	15	59.01							
	6	David Bowker	Hertfordshire	17	34.49							
	7	Mick Harran	Surrey	18	28.04							
<b>B race</b>	1	Gary Smith	Hertfordshire	18	07.84		<b>B race</b>	1	<b>Sophie Lewis-Ward (U17)</b>	<b>Kent</b>	16	<b>26.11</b>
	2	Peter Hannell	Surrey	18	46.07			2	Fiona Bishop	Surrey	19	55.74
	3	Stuart Bennett	Essex	16	48.71							

	4	Arthur Dominguer	Middlesex	17 25.16						
<b>NS</b>	1	John Borgars	Hertfordshire	18 31.10	<b>NS</b>	<b>Indigo Burgin (U17)</b>	<b>Kent</b>	<b>dnf</b>		
<b>A String</b>	1	Bradley Armorjie	Essex	1.95 m	<b>HIGH</b>	<b>A String 1</b>	<b>Deborah Martin (U23)</b>	<b>Kent</b>	<b>1.71 m</b>	
	2	George Grainger	Sussex	1.70 m		2	Ayamba Akim	Surrey	1.65 m	
	3	Elior Harris	Hertfordshire	1.80 m		3	Robyn Petit	Sussex	1.60 m	
	4	<b>Matthey Smiley</b>	<b>Kent</b>	<b>1.80 m</b>		3	Beth Siddens	Essex	1.60 m	
	5	Nikson Costa	Middlesex	1.60 m		5	Kizzi Barazetti	Middlesex	1.55 m	
						6	Gemma Finch (U20)	Hampshire	1.55 m	
<b>B String</b>	1	<b>Christopher White</b>	<b>Kent</b>	<b>1.75 m</b>		<b>B String</b>	1	Jo Rowland	Surrey	1.55 m
	2	Aidan Coree	Sussex	1.85 m		2	Becky Owen	Sussex	1.55 m	
	3	Paul Spicer	Hertfordshire	1.65 m		3	Lucy Howe	Essex	1.50 m	
	4	Keith Palmer	Essex	1.25 m		4	<b>Katherine Hamilton</b>	<b>Kent</b>	<b>1.45 m</b>	
						5	Anne-Christine Scherer	Middlesex	1.45 m	
<b>A String</b>	1	Liam Yarwood	Essex	4.60 m	<b>POLE</b>	<b>A String</b>	1	Amy DeBeaux	Surrey	3.60 m
	2	Daniel Gardner	Hertfordshire	4.60 m		2	Nancy Epsily	Essex	3.50 m	
	3	Leigh Walker	Sussex	4.40 m		3	Lucy Stickland	Sussex	3.30 m	
	4	Tom Farres	Hampshire	4.20 m		=4	Beth Grimsey	Middlesex	3.10 m	
	5	Pierre Bourguignon	Middlesex	4.00 m		=4	<b>Laura-Ann Henderson (U23)</b>	<b>Kent</b>	<b>3.10 m</b>	
	6	<b>Luke Williams</b>	<b>Kent</b>	<b>3.80 m</b>		6	Lucy Mapp	Hampshire	2.30 m	
<b>B String</b>	1	Michael Bartlett	Essex	4.20 m		<b>B String</b>	1	Emily Bullied	Essex	2.70 m
	2	George Grant	Middlesex	3.80 m		2	<b>Sonia Woolhouse (U20)</b>	<b>Kent</b>	<b>2.50 m</b>	
	3	Dave Awde	Hampshire	3.60 m		--	Rocio Ortega	Middlesex	nhr	
	4	Matthias Winter	Hertfordshire	3.40 m		--	Claudia Cabbage	Hampshire	nhr	
	--	Peter Moreno	Sussex	nhr						
<b>A String</b>	1	Tom French	Sussex	7.08 m	<b>LONG</b>	<b>A String</b>	1	Kitty Elayae	Essex	5.83 m
	2	Darren Morson	Middlesex	6.93 m		2	Elise Lovell	Sussex	5.70 m	
	3	Ian Tobin	Hertfordshire	5.71 m		3	Jo Rowland	Surrey	5.50 m	
	5	Emmanuel Gbegli	Essex	5.52 m		4	Emma Gayler	Middlesex	5.45 m	
		Paul Ogun	Surrey	NJR		5	Shana Parker	Oxfordshire	4.81 m	
						6	Holly Seglah	Hertfordshire	4.76 m	
						7	Victoria Harfield	Hampshire	5.61 m	
						8	<b>Claire Capon</b>	<b>Kent</b>	<b>4.77 m</b>	
<b>B String</b>	1	Ogo Anoghirionye	Middlesex	6.50 m		<b>B String</b>	1	<b>Joanne Ware (U20)</b>	<b>Kent</b>	<b>ndr</b>
	2	Noel Butler	Sussex	6.33 m		2	Emily Martin	Surrey	5.32 m	
	3	<b>Alexander Lee</b>	<b>Kent</b>	<b>5.79 m</b>		3	Georgia Green	Essex	5.12 m	
	4	Elior Harris	Hertfordshire	5.73 m		4	Whitney Idowe	Middlesex	5.04 m	
	4	Richard Shingleton	Essex	5.47 m		5	Becky Owen	Sussex	4.50 m	
<b>A String</b>	1	Darnte Wilson	Middlesex	14.35 m	<b>TRIPLE</b>	<b>A String</b>	1	Zara Asante	Middlesex	12.78 m
	2	Jack Valerie	Sussex	13.76 m		2	Kirsty Smith	Essex	12.12 m	
	3	David Wellstead	Surrey	13.65 m		3	<b>Chanel Hemmings (U23)</b>	<b>Kent</b>	<b>11.53 m</b>	
	4	David Abiona	Essex	13.48 m		4	Amy DeBeaux	Surrey	11.07 m	
	5	James Lonngren-Sampaio	Hertfordshire	13.44 m		5	Shana Parker	Oxfordshire	10.92 m	
	6	<b>Ashley Buckman</b>	<b>Kent</b>	<b>12.64 m</b>		6	Annie Onions	Sussex	10.26 m	
<b>B String</b>	1	Jason Richards-Thompson	Middlesex	13.78 m		7	Laura Gallagher	Hertfordshire	8.59 m	
	2	Emmanuel Gbegli	Essex	12.83 m		<b>B String</b>	1	Jade Morgan	Essex	11.30 m
	3	Aiden Coree	Sussex	11.70 m		2	Whitney Idowe	Middlesex	11.27 m	
	4	<b>Steve Lake</b>	<b>Kent</b>	<b>11.28 m</b>		3	Becky Owen	Sussex	9.45 m	
						4	<b>Claire Capon</b>	<b>Kent</b>	<b>9.39 m</b>	
<b>A String</b>	1	Laurence Goodacre	Essex	15.12 m	<b>SHOT</b>	<b>A String</b>	1	<b>Lucy Underdown</b>	<b>Kent</b>	<b>12.20 m</b>
	2	<b>Courtney Green</b>	<b>Kent</b>	<b>13.83 m</b>		2	Jo Rowland	Surrey	12.11 m	
	3	Matt Lasis	Sussex	13.44 m		3	Moe Sasegbon	Hertfordshire	11.50 m	
	4	Izaiah Turner-Flavius	Middlesex	10.38 m		4	Hollie Redman	Essex	11.03 m	
						5	Emma Kirk-Odumbi	Sussex	10.89 m	
						6	Christina Nick	Oxfordshire	10.48 m	
						7	Ros Stanebury	Hampshire	9.80 m	
						8	Debbie McCaw	Middlesex	9.50 m	
<b>B String</b>	1	Emmanuel Quarshie	Essex	13.76 m		<b>B String</b>	1	Laura Duke	Sussex	10.79 m
	2	Matt Baker	Sussex	10.28 m		2	Sue Lawrence	Essex	9.70 m	
	5	Christopher Line	Hertfordshire	9.25 m		3	Anne-Christine Scherer	Middlesex	9.44 m	
						4	Anna Stevens	Hampshire	8.73 m	
						5	<b>Nicola Gregory (U20)</b>	<b>Kent</b>	<b>8.29 m</b>	
						6	Aislinn Baird	Oxfordshire	7.84 m	
<b>A String</b>	1	Matt Brown	Middlesex	49.58 m	<b>DISCUS</b>	<b>A String</b>	1	Hollie Redman	Essex	44.30 m

2	Chris Linque	Essex	46.66 m		2	<b>Lucy Underdown</b>	<b>Kent</b>	<b>42.06 m</b>
3	Matt Lasis	Sussex	39.69 m		3	Pippa Wingate	Surrey	39.68 m
4	Christopher Line	Hertfordshire	38.35 m		4	Emma Kirk-Odumbi	Sussex	37.89 m
5	Dan Spencer	Hampshire	37.03 m		5	Laura Britane	Middlesex	33.92 m
6	<b>Courtney Green</b>	<b>Kent</b>	<b>31.83 m</b>		6	Christina Nick	Oxfordshire	32.59 m
					7	Emma Phillipson	Hertfordshire	27.05 m
					8	Anna Stevens	Hampshire	25.68 m
<b>B String</b>	1 Devon Douglas	Essex	44.64 m		<b>B String</b>	1 Sam Milner	Essex	42.00 m
	2 Izaiah Turner-Flavius	Middlesex	26.94 m		2	<b>Chelsey Eyers (U20)</b>	<b>Kent</b>	<b>40.40 m</b>
	3 Matt Baker	Sussex	26.49 m		3	Carla Letheby	Surrey	34.88 m
					4	Sarah Hewitt	Sussex	33.03 m
					5	Siobhan Drummond	Middlesex	31.30 m
					6	Aislinn Baird	Oxfordshire	24.43 m
<b>A String</b>	1 Matt Lasis	Sussex	57.11 m	<b>HAMMER</b>	<b>A String</b>	1 Louisa James	Sussex	59.47 m
	2 Harry Clarke	Essex	55.50 m		2	Charlotte Gould	Middlesex	46.09 m
	3 Jason Kingwell	Hertfordshire	43.29 m		3	Carla Letheby	Surrey	43.23 m
	4 David Norris	Middlesex	40.35 m		4	Ros Stanbury	Hampshire	42.80 m
	5 <b>Leon Weaving</b>	<b>Kent</b>	<b>31.85 m</b>		5	Aislinn Baird	Oxfordshire	42.73 m
					6	<b>Donna Kent</b>	<b>Kent</b>	<b>39.03 m</b>
					7	Frances Gross	Hertfordshire	32.57 m
					8	Paula Peatty	Essex	39.90 m
<b>B String</b>	1 Peter Clarke	Essex	54.95 m		<b>B String</b>	1 Chloe Cockell	Essex	37.95 m
	2 Matthew Evans	Sussex	50.24 m		2	Debbie McCaw	Middlesex	45.74 m
	3 Joseph Flitcroft	Hampshire	43.02 m		3	Laura Duke	Sussex	40.47 m
	4 Izaiah Turner-Flavius	Middlesex	24.97 m			Jenny Richards	Oxfordshire	40.22 m
					6	Pippa Wingate	Surrey	0.00 m
					5	<b>Claire Capon</b>	<b>Kent</b>	<b>37.71 m</b>
					6	Anna Stevens	Hampshire	36.08 m
<b>A String</b>	1 Allandre Johnson	Middlesex	57.61 m	<b>JAVELIN</b>	<b>A String</b>	1 Katy Watts	Sussex	48.93 m
	2 David Sketchley	Essex	56.10 m		2	Eloise Meakins	Hertfordshire	47.23 m
	3 Edward Pillai	Sussex	53.86 m		3	Laura Britane	Middlesex	43.38 m
	4 Conor Martin	Hertfordshire	51.58 m		4	Louise Lockwood	Essex	40.26 m
	5 Jamie Broadey	Hampshire	49.41 m		5	Carla Letheby	Surrey	35.66 m
	6 <b>Joe Gunton</b>	<b>Kent</b>	<b>44.26 m</b>		6	<b>Leanne O'Donovan (U20)</b>	<b>Kent</b>	<b>31.24 m</b>
					7	Aislinn Baird	Oxfordshire	27.43 m
					8	Anna Stevens	Hampshire	14.57 m
<b>B String</b>	1 Craig Lacy	Middlesex	57.38 m		<b>B String</b>	1 Jodie Albrow	Surrey	33.58 m
	2 Jonathan Harvey	Essex	47.01 m		2	Georgie Floyd	Middlesex	32.07 m
	3 Richard Reeks	Sussex	44.82 m		3	Elise Lovell	Sussex	30.13 m
	4 Patrick Semark	Hertfordshire	44.13 m		4	Kirsty Bateman-Foley	Hertfordshire	29.26 m
	5 <b>Joe Clark</b>	<b>Kent</b>	<b>33.19 m</b>		5	Katherine Ellis	Essex	28.81 m
					6	<b>Elizabeth Duffin</b>	<b>Kent</b>	<b>23.56 m</b>
4x100m RELAY	1 Essex	42.71				1 Kent	46.81	
	2 Kent	43.03		4x100m R		2 Essex	48.27	
	3 Sussex	43.52				3 Sussex	49.32	
	4 Hertfordshire	43.56				4 Middlesex	49.95	
	5 Middlesex	disq						
	6 Hampshire	disq						
4x400m RELAY	1 Hertfordshire	3 17.71		4x400m F		1 Hertfordshire	3 51.85	
	2 Sussex	3 18.00				2 Middlesex	3 53.30	
	3 Middlesex	3 19.54				3 Kent	3 54.13	
	4 Kent	3 23.12				4 Essex	3 57.69	
	5 Essex	3 25.31						
	6 Hampshire	3 32.89						