

u17 Men

u17 Women

100m A	1	Jermene Hamilton	Essex	11.01	100m A	1	Ruth Onyekwe	Kent	12.59		
	2	Kamarl Thompson	Middx	11.34		2	Alicia Tymon-McEwen	Herts	12.98		
	3	Joe Berth-Jones	Kent	11.59		3	Eugenie Brown	Middx	12.99		
	4	Tshon Carnegie	Surrey	11.62		4	Vanessa La Fon	Surrey	13.07		
	5	Eliot Copperwhite	Herts	11.79		5	Stephanie Clitheroe	Bucks	13.20		
	6	Matthew Partner	Hants	12.08		6	Jessic G	Essex	13.23		
	7	Aaron Guilford	Sussex	12.20		7	Lana Shaw	Sussex	13.73		
	B	1	Kelvin Tairou	Essex		11.44	B	1	Rochelle M-Graham	Middx	13.15
		2	Oliver Newport	Surrey		11.52		2	Olivia Parrott	Surrey	13.44
		3	Jermaine Aryeetey	Middx		11.72		3	Laura Clark	Herts	13.74
		4	Nathan Samuyiwa	Sussex		11.82		4	Sohie Ayre	Kent	13.78
		5	Peter De'ath	Herts		11.93		5	Jessica Cook	Sussex	14.13
		6	Luke Hodgetts	Hants		12.67					
	200m A	1	Jermaine Hamilton	Essex		22.23	200m A	1	Ruth Onyekwe	Kent	25.41
2		Kamarl Thompson	Middx	22.56	2	Amarachi Pippi		Middx	25.48		
3		Ed Hall	Kent	22.88	3	Holly Turner		Sussex	26.17		
4		Eliot Copperwhite	Herts	23.16	4	Olivia Parrott		Surrey	26.38		
5		Tom Purton	Bucks	23.68	5	Natasha Hadley		Herts	27.34		
6		Robert Allan	Sussex	23.87	6	Kirsty Ronald		Essex	27.47		
7		Tsyon Carnegie	Surrey	23.91	B	1		Rochelle Munroe-Graham	Middx	26.02	
B		1	Kelvin Tairou	Essex		22.53		2	Laura Clark	Herts	27.43
		2	Joe Berth-Jones	Kent		23.00		3	Angelis Quick	Essex	27.44
		3	James Mackman	Sussex		24.04		4	Ella James	Sussex	29.07
		4	Liam Vooght	Herts		24.07					
		5	Kimmel Gordon	Middx		24.21					
400m A		1	Ed Hall	Kent	49.42	300m A		1	Matilda Rainsborough	Surrey	41.00
		2	Victor Dos Santos Soares	Middx	49.65			2	Anesha Smith	Middx	41.56
	3	George Munt	Surrey	50.78	3		Jessica Quick	Essex	41.85		
	4	James McMurray	Herts	51.05	4		Rachel Osei-Tutu	Bucks	42.17		
	5	Ben Argent	Essex	51.25	5		Ella Lloyd	Herts	43.54		
	6	Tom Purton	Bucks	52.16	6		Jessica Cook	Sussex	44.06		
	7	Alex Best	Sussex	52.57	B		1	Olivia Caesar	Bucks	42.03	
	8	Ryan Tanswell	Hants	53.30			2	Chloe Horne	Middx	43.85	
	B	1	Linus Field	Middx			51.00	3	Rebecca Pritchard	Surrey	44.40
		2	Peter De'ath	Herts			51.40	4	Ronan McKenzie	Essex	45.64
		3	Rory Houlding	Essex			52.30	5	Rachel Noel	Sussex	45.85
		4	Robert Allan	Sussex			54.50	6	Helena Page	Herts	46.03
		5	Billy Somogyi	Kent	54.90						
	800m A	1	Callum Todd	Surrey	1.57.54		800m A	1	Maddy Austin	Surrey	2.13.73
2		Patrick Taylor	Bucks	1.58.81	2	Rebecca Johnson		Middx	2.18.09		
3		Joe Saissi	Middx	1.59.25	3	Kim Johanson		Essex	2.19.74		
4		Luke Dawson	Kent	2.02.17	4	Megan Steer		Herts	2.20.80		
5		Jonathan Kerridge	Essex	2.02.19	5	Sophie Parkes		Kent	2.23.93		
6		Keith Alger	Sussex	2.03.10	6	Georgina Russell		Bucks	2.26.62		
7		William Ridgway	Herts	2.04.45	7	Lauren Bourne		Sussex	2.32.78		
8		Luke Holman	Hants	2.09.54	B	1		Emily Rouane	Herts	2.23.03	
B		1	Tom Richardson	Essex		2.01.03		2	Sophie Street	Bucks	2.24.97
		2	Patrick Lucas	Surrey		2.01.72		3	Lisa Ferguson	Surrey	2.25.73
		3	Machael Callergari	Herts		2.02.90		4	Amelia Jones	Kent	2.26.74
		4	Billy Somogyi	Kent		2.08.51		5	Jocelyn Major	Middx	2.28.88
		5	Mohamed Hasui	Middx		2.14.86		6	Isobel Moss	Essex	2.46.24
6		David Fisher	Hants	2.17.56							
1500m A	1	Tom Richardson	Essex	4.09.75	1500m A	1	Elizabeth Bird	Herts	4.40.77		
	2	Ben Sutherland	Bucks	4.14.33		2	Alex Clay	Kent	4.46.01		
	3	Luke Dawson	Kent	4.19.38		3	Ruth Bourne	Surrey	4.47.34		
	4	Dom Nolan	Surrey	4.21.70		4	Jade Leggett	Bucks	5.00.72		
	5	Robin O'Connor	Herts	4.21.19		5	Sophie Croft	Essex	5.06.52		
	6	Mohamad Hasul	Middx	4.39.64		6	Freya Lentton	Middx	5.07.49		
	B	1	Alec Finch	Essex		4.25.77	B	1	Susan Sheil-Rankin	Surrey	4.48.08
		2	Lewis Elsey	Kent		4.29.45		2	Sarah Jimaush	Essex	5.16.86

3,000m A	1	Micael Callegari	Herts	8.51.17	3000m A	1	Katie Sheil-Rankin	Surrey	10.31.45	
	2	Hosesh Gikunga	Essex	8.57.46		2	Mary-Alice Davison	Bucks	10.54.77	
	3	Tom Holden	Surrey	9.09.84		3	Jordan Lacey	Essex	11.15.75	
	4	James West	Kent	9.17.95		4	Lauren Major	Middx	11.24.49	
	5	Jake Elliott	Sussex	9.26.97		5	Nicola Wilkinson	Kent	11.53.44	
	6	James Davis	Bucks	9.28.79		6	Sarah Needleman	Herts	12.14.28	
	7	Duncan Parker	Middx	10.08.55		B	1	Harriet Preedy	Surrey	10.43.56
B	1	Steven Woodford	Essex	9.10.43	2		Isobel Moss	Essex	12.08.45	
	2	Ben Palmer	Surrey	9.32.51	3		Hannah Wardley	Herts	12.27.20	
100H A	1	Robbie Clarricoats	Essex	13.67	80H A	1	Jahisah Thomas	Surrey	11.74	
	2	Reece Young	Surrey	14.03		2	Natalie Allen	Herts	11.78	
	3	Jordan Hadley	Bucks	14.55		3	Stephanie Clitheroe	Bucks	11.89	
	4	Luke Holman	Hants	15.19		4	Georgia Green Muid	Essex	12.14	
	5	James Bell	Middx	18.72		5	Serlina Swaby-Constantine	Middx	12.26	
B	1	Jonnoi Josephs	Surrey	14.00	6	Kayleigh Miller-Leslie	Kent	12.33		
	2	Darius Price	Middx	15.59	7	Chantelle West	Sussex	13.09		
	3	Callum Rowe	Hants	15.87	B	1	Alicia Tymon-McEwen	Herts	12.27	
	4	Khai Riley-Laborde	Essex	17.63		2	Naeshelle Loone	Middx	23.62	
3	Samantha Tullett	Sussex	dq							
400H A	1	Lolu Oluwde-Ojo	Surrey	56.86	300H A	1	Lucy Hickmott	Kent	46.04	
	2	Calum Rowe	Hants	59.99		2	Kaeshelle Cooke	Middx	46.85	
	3	Jordan Hadley	Bucks	61.12		3	Natalie Allen	Herts	46.88	
	4	Charlie Baldwin	Sussex	61.38		4	Samantha Tullett	Sussex	49.57	
	5	Lewis King	Essex	61.93		5	Marissa Robertson	Bucks	51.15	
	6	George Osei	Middx	62.50		6	Georgia Muid	Essex	dq	
B	1	Luke Holman	Hants	60.60	B	1	Georgia Willian	Herts	48.49	
	2	D. Sullivan	Sussex	63.64		2	Serlina S-Constantine	Middx	48.72	
3	Nikkita Sartori-Sigrist	Essex	50.51							
1,500 s/c A	1	Charles Critchley	Surrey	4.49.0	High Jump A	1	Megan Smith	Herts	1.70 m	
	2	Niall Holt	Hants	4.51.8		2	Sophie Jenkins	Bucks	1.55 m	
	3	Richard Stennett	Essex	5.05.3		3	Rhianna McCarthy	Kent	1.55 m	
	4	Thomas Greenhill	Kent	5.13.4		4	Katy Lambert	Sussex	1.55 m	
	5	Joshua Galley	Middx	5.18.4		5	Jade Harding	Essex	1.45 m	
B	1	Jack Rowe	Surrey	4.54.0	6	Ashleigh Stephenson	Middx	1.30 m		
	2	Ricardo Da Silva	Essex	5.32.6	B	1	Emma Ford	Bucks	1.55 m	
	High Jump A	1	Max Paulin	Essex		1.98 m	2	Ella James	Sussex	1.50 m
2		Tim Buckle	Herts	1.80 m		3	Sarah Grover	Herts	1.50 m	
3		Darius Price	Middx	1.80 m		4	Brooke Mahoney	Kent	1.45 m	
4		Russell Watson	Bucks	1.80 m		5	Behtany Chambers	Essex	1.40 m	
5		Scott Courtney	Sussex	1.80 m	Pole Vault A	1	Narey Epsly	Essex	3.65 m	
6		Markus Vlassak	Surrey	1.75 m		2	Laura-Ann Henderson	Kent	3.40 m	
B	1	Khai Riley-Laborde	Essex	1.80 m		3	Kelly Turner	Sussex	3.00 m	
	2	Adam Sarginson	Herts	1.75 m		4	Amy Debeaux	Surrey	2.50 m	
	3	Ryan Spivey	Sussex	1.70 m		5	Shannon Rapaacchi	Herts	2.30 m	
6	Oliver Poulain	Herts	2.20 m	6		Sarah Wentford	Middx	2.10 m		
Pole Vault A	1	Liam Yarwood	Essex	3.80 m	B	1	Caitlin Dock	Kent	2.70 m	
	2	Luke Hodgetts	Hants	3.80 m		Long Jump A	1	Jahisha Thomas	Surrey	5.56 m
	3	Daniel Ditton	Surrey	3.70 m			2	Sophie Ayre	Kent	5.31 m
	4	Rob Sutherland	Bucks	3.20 m	3		Claire Parrott	Essex	5.30 m	
	5	James Mackman	Sussex	3.20 m	4		Mary Fasipe	Middx	5.28 m	
	6	Oliver Poulain	Herts	2.20 m	5		Ellie Radcliffe	Sussex	4.77 m	
B	1	Sam Bass-Cooper	Hants	3.40 m	6		Olivia Caesar	Bucks	4.00 m	
	7	Laura Clarke	Herts	3.96 m	B	1	Frances Reed	Kent	5.04 m	
Long Jump A	1	Kamarl Thompson	Middx	6.65 m		2	Kirsty Ronald	Essex	4.90 m	
	2	Oliver Newport	Surrey	6.45 m						
	3	Terry Lucas	Essex	6.10 m						
	4	Tijeanne Bartley	Bucks	6.09 m						
	5	Jamie Savage	Sussex	5.66 m						
	6	Jack Lynch	Hants	5.61 m						
	7	Adam Sarginson	Herts	5.52 m						
B	1	Shaun Wright	Essex	6.05 m						
	2	Liam Vooghy	Herts	5.37 m						

				3	Cerys Totlan	Middx	4.55 m			
				4	Hannah Wardley	Herts	3.88 m			
Triple Jump A	1	Efe Uwaifu	Middx	14.17 m	Triple Jump A	1	Mary Fasipe	Middx	11.82 m	
	2	Thjenne Bartley	Bucks	12.78 m		2	Jahisha Thomas	Surrey	11.58 m	
	3	Lawrence Fanutza-Davis	Essex	12.63 m		3	Frances Reed	Kent	10.93 m	
	4	Tim Buckle	Herts	11.65 m		4	Ronan McKenzie	Essex	10.83 m	
	5	Joe Berth-Jones	Kent	10.96 m		5	Ellie Radcliffe	Sussex	10.41 m	
	B	1	Dean Oamen	Middx	13.13 m	B	1	Bethany Chambers	Essex	10.73 m
		2	Rob Sutherland	Bucks	11.84 m		2	Karen Onwuam	Kent	9.68 m
		3	Robbie Clarricoats	Essex	11.47 m		3	Carys Tetlaw	Midde	9.67 m
		4	Adam Sarginson	Herts	11.35 m		4	Karen Peck	Herts	9.25 m
Shot A	1	Luke Roach	Middx	16.07 m	Shot A	1	Kayomie Thompson	Middx	10.16 m	
	2	Levy Smith	Surrey	13.18 m		2	Debbie Knight	Essex	9.77 m	
	3	Lewis Barnes	Bucks	12.75 m		3	Melissa Hadley	Herts	9.53 m	
	4	Jack Taylor	Essex	11.78 m		4	Nicola Gregory	Kent	9.38 m	
	5	Dan Avery	Hants	10.63 m		5	Kayleigh Presswell	Bucks	9.19 m	
	6	Ryan Spivey	Sussex	10.57 m		6	Iyani Obi-Adewole	Surrey	9.04 m	
	7	William Ridgeway	Herts	7.53 m		7	Leanne Baker	sussex	6.84 m	
	B	1	Louis Keen	Middx	15.27 m	B	1	Yasmin Cazeua	Middx	10.14 m
		2	Kiran Richards	Surrey	11.63 m		2	Natasha Hadley	Herts	8.72 m
		3	Perry Livingstone	Essex	10.55 m		3	Bonnie Bratton	Kent	7.05 m
		4	Woody Cox	Sussex	8.74 m					
Discus A	1	Luke Roach	Middx	44.25 m	Discus A	1	Gemma Brown	Kent	33.96 m	
	2	Lewis Barnes	Bucks	43.05 m		2	Kayomie Thompson	Middx	32.27 m	
	3	Faraz Rafi	Surry	42.89 m		3	Kayleigh Prestwell	Bucks	31.77 m	
	4	Daniel Francis	Essex	42.05 m		4	Iyani Obe-Adewole	Surrey	28.48 m	
	5	Dan Avery	Hants	36.00 m		5	Eren Baggs	Essex	27.19 m	
	6	Ryan Spivey	Sussex	30.64 m		6	Melissa Hadley	Herts	25.14 m	
	B	1	Nathan Carthy	Surrey	40.24 m	B	1	Nicola Gregory	Kent	32.74 m
		2	Jack Taylor	Essex	39.24 m		2	Gaby Zsvanovic	Bucks	29.84 m
		3	George Osei	Middx	16.86 m		3	Jade Harding	Essex	22.67 m
						4	Charlotte Gould	Misd	20.71 m	
						5	Ellie Woolcott	Sussex	18.05 m	
Hammer A	1	Rafal Morawski	Middx	61.47 m	Hammer A	1	Kayleigh Prestwell	Bucks	43.42 m	
	2	Thomas Head	Essex	59.60 m		2	Charlotte Gould	Middx	34.79 m	
	3	Dan Avery	Hants	57.65 m		3	Hannah Searing	Kent	36.39 m	
	4	Woody Cox	Sussex	47.59 m		4	Emily Evans	Herts	34.32 m	
	5	Lewis Barnes	Bucks	37.61 m		5	Chloe Cockell	Essex	32.09 m	
	B	1	James Hamblin	Essex	50.47 m	B	1	Ellie Woolcott	Sussex	25.91 m
						7	Iyani Obi-Adewale	Surrey	21.25 m	
						1	Bonnie Bratton	Kent	36.22 m	
						2	Ashleigh Stephenson	Middx	31.65 m	
						3	Sophie Godard	Herts	29.61 m	
Javelin A	1	Alex Coombs	Sussex	56.62 m	Javelin A	1	Grace Halstone	Sussex	38.76 m	
	2	Michael Muckelt	Hants	50.51 m		2	Lauren Head	Bucks	33.41 m	
	3	Daniel Payne	Middx	45.77 m		3	Deborah Karahinda	Kent	31.98 m	
	4	Luke Beard	Essex	42.76 m		4	Debbie Knight	Essex	31.44 m	
	5	Tim Buckle	Herts	42.59 m		5	Lucy Knott	Middx	27.78 m	
	6	Marcus Vlassak	Surrey	35.77 m		6	Charlie Small	Herts	25.18 m	
	B	1	Roland Barter	Hants	45.67 m	B	7	Emily McDermott	Surrey	24.40 m
		2	Bryn Garrish	Sussex	42.47 m		1	Georgie Floyd	Middx	25.38 m
		3	Matt Buckle	Middx	39.50 m		2	Katie Royals	Bucks	21.95 m
		4	Kiran Richards	Surrey	34.36 m		3	Karen Onwuanaegbu	Kent	19.66 m
						4	Jade Harding	Essex	16.71 m	
						5	Helena Page	Herts	12.76 m	
4 x 100	1	Essex		44.20	4x100	1	Middx		49.15	
	2	Sussex		46.29		2	Kent		49.69	
	3	Bucks		47.09		3	Bucks		50.09	
	4	Herts		47.16		4	Herts		51.79	
	5	Hants		47.94		5	Surrey		51.93	
	6	Surrey		dnf		6	Sussex		54.19	
	7	Middx		dnf		7	Essex		dq	

4 x 400	1	Herts	3.32.88	4x300	1	Middx	2.52.63
	2	Essex	3.35.77		2	Surrey	2.54.67
	3	Sussex	3.35.99		3	Herts	2.57.09
	4	Bucks	3.36.63		4	Kent	2.58.34
	5	Middx	3.42.19		5	Sussex	3.04.70
	6	Hants	3.48.60		6	Essex	3.06.50