

Opioid Environmental Scan

Michigan Health Improvement Alliance, Inc.



Introduction

The MiHIA Board of Directors requested an environmental scan of the opioid issues in the MiHIA region. The information collected and provided in this report was obtained from members of the MiHIA Population Health Strategy Team and is data collected by the Michigan Department of Health and Human Services.

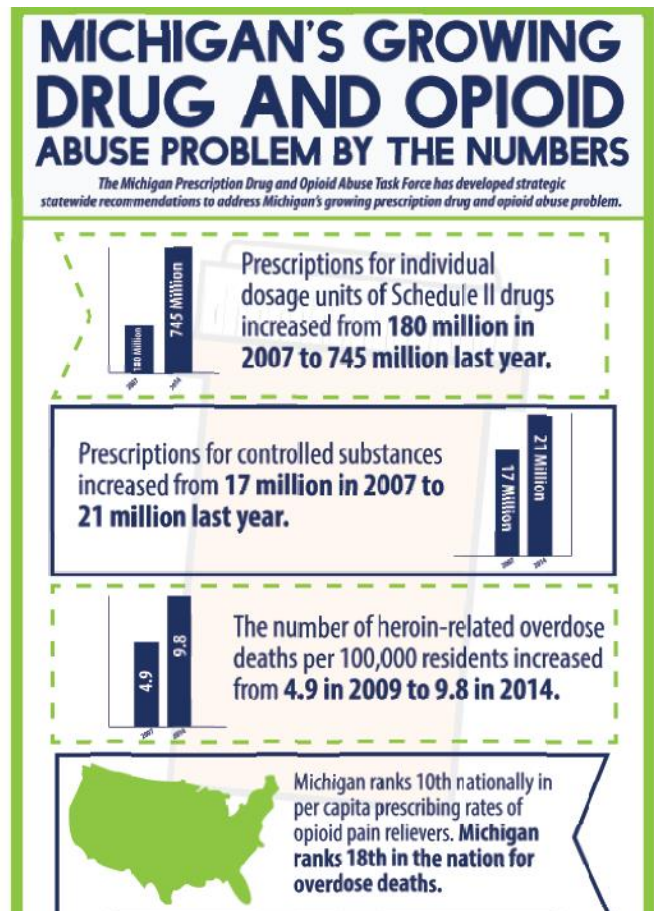
Opioid Crisis in Michigan

In 2015, Governor Snyder created an Opioid Task Force that was tasked with developing recommendations on how to combat the growing Opioid crisis in the state. According to documents released by the Michigan Department of Health and Human Services (MDHHS), Michigan ranks 10th in the U.S. for opioid prescription rates and 18th in the nation for overdose deaths. An infographic illustrating the issue is to the right.

The full report produced by the Prescription Drug and Opioid Task Force and the State’s press release with the recommendations are:

[Full Report](#)

[Press Release](#)



Opioid Use in the MiHIA Region

The following tables illustrate the magnitude of the drug poisoning deaths, hospitalizations and prescription dispensations rates related to opioids or heroin within the region.

Number of Opioid Prescriptions and Dispensation Rates per 10,000 Population, 2009-2015														
County	Opioid Prescriptions							Rate per 10,000 Population						
	2009	2010	2011	2012	2013	2014	2015	2009	2010	2011	2012	2013	2014	2015
Arenac	16,979	18,080	20,185	21,380	22,375	24,701	25,178	10,607.9	11,384.0	12,989.6	13,814.0	14,447.6	16,088.7	16,498.3
Bay	138,744	138,330	157,083	167,107	179,329	198,309	204,613	12,939.2	12,842.2	14,665.6	15,627.0	16,786.1	18,676.9	19,365.4
Clare	37,447	36,235	41,625	42,593	46,088	49,044	48,860	12,449.1	11,695.5	13,413.1	13,850.0	15,076.7	16,000.3	15,991.9
Gladwin	32,213	30,690	33,323	37,239	39,298	40,552	40,571	12,497.8	11,941.6	12,890.4	14,612.7	15,415.2	15,958.4	16,122.6
Gratiot	34,531	35,381	38,135	39,741	41,521	43,543	45,842	8,257.6	8,335.5	9,048.5	9,448.0	9,893.5	10,450.7	11,035.6
Huron	24,125	26,402	30,132	30,030	31,980	34,024	37,354	7,470.4	7,990.2	9,221.7	9,250.5	9,924.3	10,610.9	11,716.0
Iosco	29,230	32,270	35,471	37,428	40,149	42,603	45,558	11,378.9	12,507.3	13,887.9	14,760.4	15,788.7	16,759.6	17,975.1
Isabella	40,661	45,804	50,470	53,619	58,386	59,274	61,516	6,060.8	6,514.1	7,146.5	7,592.9	8,289.2	8,393.8	8,701.2
Midland	64,238	67,686	70,432	73,672	77,360	80,728	83,743	7,799.0	8,093.1	8,378.5	8,789.1	9,218.4	9,676.5	10,013.3
Ogemaw	24,596	28,270	30,504	31,163	33,153	34,816	34,976	11,655.8	13,056.5	14,141.9	14,537.0	15,613.2	16,548.3	16,705.4
Roscommon	32,038	34,750	36,452	37,711	39,802	40,986	42,101	13,019.3	14,205.7	14,930.8	15,643.8	16,574.5	17,109.6	17,617.0
Saginaw	178,674	190,819	208,993	219,442	239,410	247,902	248,314	8,957.6	9,542.9	10,497.5	11,063.2	12,181.1	12,712.1	12,845.6
Sanilac	31,426	33,951	38,865	39,839	41,688	43,192	47,710	7,487.2	7,888.1	9,122.2	9,425.3	9,967.7	10,385.9	11,503.3
Tuscola	41,738	45,464	51,997	54,632	59,065	64,122	68,689	7,524.7	8,167.4	9,382.0	9,994.5	10,884.9	11,874.4	12,772.9

Source: Michigan Automated Prescription System

Number of Hospitalizations and Rates per 10,000 Population for Any Mention of Opiate-Related Diagnoses by County of Residence										
County	Hospitalizations					Rate Per 10,000 Population				
	2009	2010	2011	2012	2013	2009	2010	2011	2012	2013
Arenac	15	19	19	33	22	6.77	6.93	7.03	7.09	7.09
Bay	199	232	265	251	277	14.92	14.95	15.01	15.06	15.06
Clare	57	57	39	45	50	18.15	18.07	18.10	18.21	18.21
Gladwin	32	47	46	45	41	13.21	13.23	13.15	13.32	13.32
Gratiot	44	69	74	72	56	6.39	6.36	6.41	6.43	6.43
Huron	26	26	37	43	38	9.92	9.98	10.08	10.17	10.17
Iosco	30	36	29	46	36	11.84	12.01	12.15	12.21	12.21
Isabella	34	52	59	64	67	3.86	3.84	3.82	3.82	3.82
Midland	75	105	94	97	105	9.33	9.33	9.28	9.29	9.29
Ogemaw	27	8	24	28	35	9.61	9.70	9.76	9.80	9.80
Roscommon	64	41	56	78	58	14.29	14.31	14.4	14.5	14.5
Saginaw	272	318	356	310	337	13.24	13.3	13.38	13.42	13.42
Sanilac	26	34	48	55	41	6.98	7.01	7.05	7.13	7.13
Tuscola	34	51	62	50	57	6.98	7.01	7.05	7.13	7.13

Source: Michigan Inpatient Hospitalization Files- Division for Vital Records and Health Statistics MDHHS

Drug Poisoning Deaths Related to Heroin or Opioids by County					
County	2010	2011	2012	2013	2014
Arenac	3	2	2	2	2
Bay	15	26	26	20	16
Clare	3	8	3	6	5
Gladwin	8	3	2	5	7
Gratiot	3	2	3	0	0
Huron	3	4	3	1	3
Iosco	2	8	4	4	4
Isabella	5	7	6	6	3
Midland	9	11	12	5	6
Ogemaw	4	2	4	6	9
Roscommon	7	1	4	4	5
Saginaw	24	28	23	31	41
Sanilac	6	5	5	7	4
Tuscola	8	3	7	7	5

Source: Michigan Death Certificates, Division for Vital Records and Health Statistics/MDHHS

Current Efforts Within the MiHIA Region

Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon Counties

(Central Michigan District Health Department jurisdiction)

- Providing additional free testing for HIV and hepatitis C in both **Clare** and **Roscommon** Counties. This is because both Clare and Roscommon Counties were identified as counties in the United States that might be particularly vulnerable to outbreaks of HIV and hepatitis C virus if those viruses are introduced into networks of people who inject drugs in those communities.
- Received a grant from the Saginaw Chippewa Indian Tribe to provide education and Naloxone to first responders in **Isabella** County.
- The **Clare/Gladwin** Communities that Care Coalition is also planning a physician's opioid training. No date yet, but planning for October.

Bay County

Bay County has established a local task force to develop strategies to address the opioid issue. They have also created a website, <http://www.baycountyhope.org/>, dedicated to alleviating the opiate problem as they are learning of more adults and teens who are seeking help; more than for alcohol abuse.

Gratiot County

According to a representative from the Gratiot County collaborative (Live Well Gratiot), they do not have a strategy in its community health improvement plan (CHIP) that addresses Opioids specifically, but they do have strategies that address substance abuse prevention more generally. For example:

- Increasing cooperation between hospitals, behavioral health, and Medicaid health plans to reduce ER recidivism.
- Engaging school leaders in substance abuse prevention activities targeting youth.

- Expanding the Above the Influence campaign to additional school districts.
- Support mentoring programs for at-risk adolescents.
- Promote the ‘no wrong door’ approach to accessing care as it relates to mental health and substance abuse.
- In the previous CHIP, expanded medication drop boxes in the county.

Iosco and Ogemaw Counties (District Health Department #2 jurisdiction)

District Health Department #2, which includes Ogemaw and Iosco counties, is planning to bring representatives from the Red Project (The Grand Rapids Red Project is a 501c3 non-profit organization dedicated to improving health, reducing risk, and preventing HIV) to NE Michigan in January or February in 2017 to provide a community education meeting with follow-up discussion. They are also seeking funding for overdose kits.

Midland County

In Midland’s [Health Improvement Plan](#), they have an objective to “To reduce the number of drug overdoses, and meet the needs of those struggling with opiate dependency” and it includes strategies to combat the problem.

Also in Midland, the Community Mental Health for Central Michigan is partnering with Recovery Pathways and they will be co-locating in the Midland office.

Saginaw County

Saginaw County Health Department provided the following list of programs and interventions:

- Prescription Drug Drop Boxes (11 Locations in Saginaw County; see infographic of Walgreens program in Saginaw)
- Prescription Take Back events available at Health Fairs
- Families Against Narcotics
- Adult Felony Drug Courts
- Victim Impact Panels educating on impaired driving
- Narcotics Anonymous
- Nar Anon
- Narcan/Naloxone distributed by First Responders for overdose situations
- Peer 360 Recovery Support Groups (Peer run groups)
- Medicated Assisted Treatment (MAT) with counseling available in Saginaw County including;
 - Suboxone
 - Methadone
 - Vivitrol
- Neonatal (NICU) unit educating opioid dependent pregnant mothers prior to birth in partnership Covenant Health Care and Methadone Clinic

Walgreens
at the corner of happy & healthy™

Walgreens Leads Fight Against Prescription Drug Abuse in Michigan

Walgreens Safe Medication Disposal Program

- The safe medication disposal receptacles allow individuals to safely and conveniently dispose of their unwanted, unused or expired prescriptions, including controlled substances and over-the-counter medications, at no cost.
- The receptacles at Walgreens pharmacies will be available during regular pharmacy hours.

Walgreens has installed safe medication disposal receptacles at drugstores in the following cities and locations:

Cadillac 1220 N Mitchell St	Dearborn Heights 25700 Ford Rd	Kalamazoo 5020 W Main St	Royal Oak 30652 Woodward Ave
Clarkston 7110 Dixie Hwy	Escanaba 2301 Ludington St	Kentwood 6020 Kalamazoo Ave Se	Saginaw 4989 State St
Clinton Township 15781 Canal Rd	Fraser 31100 Groesbeck Hwy	Lansing 410 E Jolly Rd	Saint Joseph 1260 Hilltop Rd
Davison 901 S State Rd	Holland 494 Butternut Dr	Muskegon 1991 E Apple Ave	Southfield 29030 Northwestern Hwy
Dearborn Heights 5709 S Telegraph Rd	Jackson 1314 N West Ave	Niles 907 S 11th St	Sturgis 950 S Centerville Rd

Please Note: *State specific regulations prevent Walgreens from installing safe medication disposal receptacles at this time in certain states. **Information is subject to change

- Recovery Coaches at Treatment providers in Saginaw County
- Designated Women’s Specialty Treatment Providers in Saginaw County
- Saginaw County Community Mental Health Authority(SCCMHA) is licensed to provide Substance Use Disorder treatment including Co-Occurring and Prevention services
- Detox services are available in Saginaw County
- Tri Cap a Michigan Department of Corrections facility provides opioid specific treatment for inmates at facility
- Saginaw County Jail has Substance Use Disorder groups running in jail for inmates to address addictions including opioid dependence
- Methadone maintenance can be administered for opioid dependence in Saginaw County Jail (case by case basis)

Covenant HealthCare and St. Mary’s of Michigan emergency room departments have developed Pain Management Guidelines, which are provided to patients seeking pain relief and prescription painkillers. A formal letter was distributed to physicians from the Medical Director of Covenant Emergency Care Center and Medical Director of St. Mary’s Emergency Department, outlining the effort to develop the new guideline in order to join the CDC and the national effort to limit the inappropriate use of prescription narcotics.

Sanilac County

Sanilac County Health Department reports they do the following:

- Provides substance abuse prevention services as well as referral for inpatient services which covers the scope of opiate addiction and other addictive drugs.
- Provide a significant school-based counseling program currently in 5 of 7 school districts within the county.
- The majority of our services is inclusive of counseling services including programming:
 - Teen Intervene
 - Anger Management
 - Alcohol and Drug Education
 - Thinking Matters

Multi-County – Great Lakes Bay Health Centers (Health Delivery, Inc.)

Bay, Saginaw, Huron, Shiawassee, Tuscola, Lapeer, Ionia, Ogemaw, Arenac, Gratiot, Macomb, Midland, Montcalm, Sanilac, St. Clair, and Washtenaw

Health Delivery Inc. does / have done the following:

- All-staff meeting in June had a presentation regarding the Opioid epidemic from two speakers: Jodi Debbrecht Switalski (former Metro Detroit felony prosecutor, judge and now partner with The Stutman Group), and Robert M. Stutman (former DEA Special Agent, drug consultant and now speaker/partner with The Stutman Group).
 - Ms. Switalski and Mr. Stutman also conducted a 2-hour session with their medical and dental providers related to opioid prescribing, usage, liability, etc.
- HDI/GLBHC has a Pain Management Guideline, Guideline for Monitoring Patients on Long-Term Controlled Substances, Patient Compliance Contract and a Controlled Medication Agreement. (Contact M. Kushion for copies)
- They have a “No Xanax” policy. They have received a HRSA expanded services Substance Use/Abuse grant that has enabled them to provide Substance Use/Abuse counseling, medication assisted therapy (prescribe/administer Vivitrol) and additional integrated Behavioral Health services at all medical sites. They are not prescribing Suboxone.