



Michigan Health Improvement Alliance, Inc.

# Community Health Excellence Award

## What is the *Community Health Excellence Award*?

The Michigan Health Improvement Alliance, Inc. (MiHIA) *Community Health Excellence Award* recognizes outstanding contributions to improving the health status of the community in our 14-county region. Nominees are those groups or workplaces who have contributed to improving the health culture in any capacity, whether through a volunteer or a paid position in the various community sectors. Both evidenced-based and innovative actions will be considered for the award.

This initiative was developed by MiHIA's Population Health Strategy Team and aligned to the MiHIA Triple Aim Leadership Committee of the Board of Directors.

## Instructions for Completing the Scoring Grid

To complete the scoring grid, review each category within the tables below. Evaluate the activities and practices your organization has implemented based on the elements listed within the subsection in the unique category.

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met (For example, to achieve 5 points for *Tobacco Free Campus*, the two elements within the 1 point subsection need to be achieved first.)

## Submission

Please complete all sections of the scoring grid (page 2-3) and submission summary (page 4). A submission fee of \$25 must be paid, via check or PayPal, when submitting materials. All materials must be submitted via email to MiHIA at [admin@mihia.org](mailto:admin@mihia.org). If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at [b.pomranky@mihia.org](mailto:b.pomranky@mihia.org).

Submissions for 2016 must be received by October 3, 2016.

## Evaluation and Awards

An award selection committee will review and evaluate the submissions. Your organization will receive notification of submission outcome by December 2, 2016.

The 2016 *MiHIA Community Health Excellence Award* winners will be publically announced in conjunction with the Annual Health Conference which will be held in January of 2017 at Saginaw Valley State University. The winners will be notified in advance, and all qualified nominations will be forwarded to the State of Michigan for consideration and nomination for the 2016 Hometown Health Hero Award which are announced in April 2017.

## Contact

Have questions about completing the grid, or would like additional details about a specific criteria listed? Please contact Mary Kushion, Mary Kushion Consulting, LLC and MiHIA Population Health Strategy Team Leader, at [mkushion@gmail.com](mailto:mkushion@gmail.com).

# Sector: Small Business

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

<b>Tobacco Free Campus</b>	
<b>Points</b>	<b>Elements</b>
1	<input type="checkbox"/> Smoking is not allowed in the building(s), but is allowed in the parking lot <input type="checkbox"/> Smoking is not allowed within 25 feet of building entrances
5	<b>Criteria achieved in above section PLUS:</b> <input type="checkbox"/> Smoking is not allowed on the business property <input type="checkbox"/> Anti-smoking messages are provided through various communication channels such as website/social media, bulletin boards and newsletters <input type="checkbox"/> Employees and visitors are advised of the risks of smoking and second-hand smoke.
10	<b>Criteria achieved in above sections PLUS:</b> <input type="checkbox"/> Smoking cessation classes are offered to employees. <input type="checkbox"/> Sponsorship or support of tobacco cessation media campaign. <input type="checkbox"/> Promotion of Michigan's Tobacco Quit Line. <input type="checkbox"/> Vaping is prohibited at all business locations <input type="checkbox"/> Employer provides opportunities for tobacco cessation (classes are provided to employees or on-site cessation classes are provided).
<b>Points Achieved</b>	

<b>Access to Healthy Foods</b>	
<b>Points</b>	<b>Elements</b>
1	<input type="checkbox"/> Limited vending machines on site <input type="checkbox"/> Nutrition information is provided through various communication/media channels <input type="checkbox"/> Employees are actively involved in development of food choices available at the worksite.
5	<b>Criteria achieved in above section PLUS:</b> <input type="checkbox"/> Implementation of Healthy Meeting Guidelines <input type="checkbox"/> Vending machines on-site have healthy options available. <input type="checkbox"/> Employees are actively involved in development of food choices available at the worksite. <input type="checkbox"/> Worksites have on-site or nearby neighborhood farm market, fruit and vegetables stand or mobile food cart with healthy foods. <input type="checkbox"/> Participation or sponsorship of a community garden.
10	<b>Criteria achieved in above sections PLUS:</b> <input type="checkbox"/> Implementation of Healthy Meeting guidelines and healthy nutrition policies that are served at all events <input type="checkbox"/> Community garden or Farmer Market on site. <input type="checkbox"/> Vending machines on-site have only health options available <input type="checkbox"/> Implementation of worksite healthy nutrition policies and/or standards that includes the provision of fresh fruits and vegetables, whole grains, and nonfat/low fat milk for meals, at catered events and food served at meetings. <input type="checkbox"/> Low-wage worksites offer information about food assistance programs to its employees.
<b>Points Achieved</b>	

<b>Access to Physical Activity</b>	
<b>Points</b>	<b>Elements</b>
1	<input type="checkbox"/> Messaging on the importance of engaging in physical activity is provided internally <input type="checkbox"/> Employees are provided information to get 60 minutes of physical activity every day <input type="checkbox"/> Employees are involved in development of worksite policies that support physical activity during the work day
5	<b>Criteria achieved in above section PLUS:</b> <input type="checkbox"/> Physical activities are promoted and supported through coordinated activities and sponsorships. <input type="checkbox"/> Availability of bike-racks on-site. <input type="checkbox"/> Sponsorship and participation of community physical activity events such as 5K run/walks, softball leagues, and walking clubs.
10	<b>Criteria achieved in above sections PLUS:</b> <input type="checkbox"/> Physical activities are scheduled events <input type="checkbox"/> Support and advocacy efforts to assure safety and accessibility of walking and bicycling in the community. <input type="checkbox"/> Completion of Healthy Michigan Worksite Assessment. <input type="checkbox"/> Walking meetings and including physical activities in meeting breaks, prior to lunch
<b>Points Achieved</b>	

# Sector: Small Business

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Mental/Emotional/Social Health	
Points	Elements
1	<input type="checkbox"/> Employees are provided with general information regarding mental/emotional/social health and resources available within the community.
5	<b>Criteria achieved in above section PLUS:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Employees receive training on maintaining good mental/emotional and social health at least annually.</li> <li><input type="checkbox"/> Staff is informed that the ACA assures their insurance will cover at least some of the costs for mental health services.</li> <li><input type="checkbox"/> Employers provide at least one evidence-based mental health program (Depression Prevention – Managing Your Mood or Coping with Work and Family Stress: Workplace prevention program for employees ages 18+).</li> <li><input type="checkbox"/> Employees are offered an Employees Assistance Program.</li> </ul>
10	<b>Criteria achieved in above sections PLUS:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Depression Prevention (Managing Your Mood): Computer intervention for adults with at least mild symptoms of depression.</li> <li><input type="checkbox"/> Coping With Work and Family Stress: Workplace prevention program for employees aged 18+</li> </ul>
<b>Points Achieved</b>	

Health as an Organizational Priority	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Planning efforts are underway for the development of a wellness team</li> <li><input type="checkbox"/> Champion(s) and leader(s) identified and staff representation is evident.</li> <li><input type="checkbox"/> Staff is provided information that encourages them to get a flu shot annually.</li> <li><input type="checkbox"/> Provision of semi-private space is available for lactation; employees and visitors are encouraged to utilize the space and information is provided on the importance of breastfeeding.</li> </ul>
5	<b>Criteria achieved in above section PLUS:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Health and Wellness Team is established and meets on a regular (at least quarterly) basis.</li> <li><input type="checkbox"/> Staff is provided written information that encourages them to receive their prevention screenings/annual exam.</li> <li><input type="checkbox"/> At least one preventive screening service available on-site. (blood pressure, cholesterol, diabetes).</li> <li><input type="checkbox"/> Staff are provided written information that encourages them to get their annual flu shot and are allowed time-off to receive it; flu shot clinics are available on-site.</li> <li><input type="checkbox"/> Provision of private space is available for lactation. Staff is aware of the importance of breastfeeding and promotes the use of the space.</li> </ul>
10	<b>Criteria achieved in above sections PLUS:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Health and Wellness Team has identified through an employee health assessment process the areas where improvements to health and wellness can be made</li> <li><input type="checkbox"/> Implementation of a plan to address the areas needing improvement.</li> <li><input type="checkbox"/> At least 2 screening services are available on site.</li> <li><input type="checkbox"/> Evidence of provision of work-home life balance.</li> <li><input type="checkbox"/> Flu shots are mandatory for staff without medical contraindications. Flu shots are available on-site.</li> <li><input type="checkbox"/> Promotion of the importance of breastfeeding is shared on various media channels.</li> <li><input type="checkbox"/> Provision of breast pumps is made available to new parents.</li> </ul>
<b>Points Achieved</b>	

Participation in MiHIA Endorsed Activities	
Points	Elements
1 each	<p><b>EACH criteria is worth 1 point. Award as many points as relevant to your organization.</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Entity refers to the MiHIA Diabetes Prevention Program (DPP)</li> <li><input type="checkbox"/> Distribution of DPP materials to community, staff, students and stakeholders</li> <li><input type="checkbox"/> Provider site for the MiHIA DPP</li> <li><input type="checkbox"/> Train Lifestyle Coaches for a DPP</li> <li><input type="checkbox"/> Supporting organizational policies and practices to support the prevention of Diabetes</li> <li><input type="checkbox"/> Organization provides on-site A1c testing</li> <li><input type="checkbox"/> Distribution of Choosing Wisely material to community, staff and stakeholders</li> <li><input type="checkbox"/> Conduct focus groups to discuss the Choosing Wisely Guidelines</li> <li><input type="checkbox"/> Organization hosts educational Choosing Wisely seminar</li> <li><input type="checkbox"/> Sponsoring a community gardens project</li> <li><input type="checkbox"/> The organizations community members, staff and students participating in a community gardens project.</li> <li><input type="checkbox"/> Organization hosts a community gardens project on-site</li> <li><input type="checkbox"/> Educating and sharing information from the Million Hearts Learning Collaborative with the community, staff and stakeholders</li> <li><input type="checkbox"/> Incorporate Million Hearts Learning Collaborative Protocols into their Health Services</li> <li><input type="checkbox"/> Call to Action Speaker Circuit location site for presentations</li> <li><input type="checkbox"/> Organization provides on-site hypertension screening</li> <li><input type="checkbox"/> Facilitate and invite attendees to Call to Action Circuit presentation</li> <li><input type="checkbox"/> Adopt at least one of the Call to Action Organization evidence-based actions discussed at the Call to Action presentation</li> <li><input type="checkbox"/> Involvement with local level community health improvement activities, including the Community Health Needs Assessment</li> <li><input type="checkbox"/> Involvement with the implementation of local priorities identified in the Community Health Needs Assessment</li> <li><input type="checkbox"/> Involvement in a regional level Community Health Needs Assessment/Activity</li> <li><input type="checkbox"/> Active participation by organization in the Rural Health Network</li> <li><input type="checkbox"/> Sharing information from the Rural Health Network with community, staff and stakeholders</li> </ul>
<b>Points Achieved</b>	



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## Congratulations on completing the *Community Health Excellence Award Scoring Grid!*

Please review each category to ensure you have scored your organization accurately; the award selection committee may request additional information and or documentation for select elements. Indicate the awarded points for each category in the chart below and then determine your organization's grand total.

Category	Subtotal
Tobacco Free Campus	
Access to Healthy Foods	
Access to Physical Activity	
Mental/Emotional/Social Health	
Health as an Organizational Priority	
Participation in MiHIA Endorsed Activities	
<b>TOTAL</b>	

Award Levels
<b>Bronze Level, 30-41 total points</b>
<b>Silver Level, 42-50 total points</b>
<b>Gold Level, 51-59 total points</b>
<b>Platinum Level, 60+ total points</b>

## Submission

Submit all materials by email to MiHIA at [admin@mihia.org](mailto:admin@mihia.org). If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at [b.pomranky@mihia.org](mailto:b.pomranky@mihia.org).

Submissions for 2016 must be received by October 3, 2016.

<b>This submission is for a:</b> <input type="checkbox"/> Group <input type="checkbox"/> Workplace
<b>Sector:</b> <input type="checkbox"/> Faith-Based <input type="checkbox"/> Small Business <input type="checkbox"/> K-12 <input type="checkbox"/> Colleges and Universities <input type="checkbox"/> Daycares and Preschools <input type="checkbox"/> Large Business
<b>Name the Applicant's Organization(s):</b>
<b>Applicant's name/position:</b>
<b>Applicant's organization and address:</b>
<b>Applicant's email:</b>
<b>Applicant's phone:</b>

Submission Checklist
<input type="checkbox"/> Summary of organization which includes description of innovative or evidence-based practices not included within the grid; include attestation or evidence of the practices included; no more than 3 pages with 11 point Arial font
<input type="checkbox"/> Completed scoring grids (pages 2-3)
<input type="checkbox"/> Completed submission summary (page 4)
<input type="checkbox"/> Any additional information about the group or workplace (letters of support, recommendation, story of success or news articles).
<input type="checkbox"/> Submit \$25 application fee via check or PayPal

## Get Involved

As a collaborative effort, MiHIA is deeply interested in gaining input and support from a wide variety of stakeholders. Please contact Mary Kushion, MiHIA Population Health Strategy Team Leader, at [mkushion@gmail.com](mailto:mkushion@gmail.com), to learn how your organization can join the MiHIA Population Health Strategy team.