Michigan Health Improvement Alliance, Inc.

Community Health Excellence Award

What is the *Community Heath Excellence Award*?

The Michigan Health Improvement Alliance, Inc. (MiHIA) *Community Health Excellence Award* recognizes outstanding contributions to improving the health status of the community in our 14-county region. Nominees are those groups or workplaces who have contributed to improving the health culture in any capacity, whether through a volunteer or a paid position in the various community sectors. Both evidenced-based and innovative actions will be considered for the award.

This initiative was developed by MiHIA's Population Health Strategy Team and aligned to the MiHIA Triple Aim Leadership Committee of the Board of Directors.

Instructions for Completing the Scoring Grid

To complete the scoring grid, review each category within the tables below. Evaluate the activities and practices your organization has implemented based on the elements listed within the subsection in the unique category.

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met (For example, to achieve 5 points for *Tobacco Free Campus*, the two elements within the 1 point subsection need to be achieved first.)

Submission

Please complete all sections of the scoring grid (page 2-3) and submission summary (page 4). A submission fee of $25 must be paid, via check or PayPal, when submitting materials. All materials must be submitted via email to MiHIA at admin@mihia.org. If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at b.pomranky@mihia.org.

Submissions for 2016 must be received by October 3, 2016.

Evaluation and Awards

An award selection committee will review and evaluate the submissions. Your organization will receive notification of submission outcome by December 2, 2016.

The *2016 MiHIA Community Health Excellence Award* winners will be publically announced in conjunction with the Annual Health Conference which will be held in January of 2017 at Saginaw Valley State University. The winners will be notified in advance, and all qualified nominations will be forwarded to the State of Michigan for consideration and nomination for the 2016 Hometown Health Hero Award which are announced in April 2017.

Contact

Have questions about completing the grid, or would like additional details about a specific criteria listed? Please contact Mary Kushion, Mary Kushion Consulting, LLC and MiHIA Population Health Strategy Team Leader, at mkushion@gmail.com.

Sector: K-12

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Tobacco Free Campus

Points	Elements
1	☐ Smoking is not allowed in the building(s), but is allowed in the parking lot ☐ Smoking is not allowed within 25 feet of school building entrances
5	**Criteria achieved in above section *PLUS:*** ☐ Smoking is not allowed on the campus grounds ☐ Anti-smoking messages are provided through various communication channels such as website/social media, bulletin boards and newsletters
10	**Criteria achieved in above sections *PLUS:*** ☐ Smoking cessation classes are offered to employees. ☐ Sponsorship or support of tobacco cessation media campaign. ☐ Promotion of Michigan's *Tobacco Quit Line.* ☐ All school buildings have messaging to reduce smoking initiation and promote cessation.
	Points Achieved

Access to Healthy Foods

Points	Elements
1	☐ Limited vending machines on site ☐ Nutrition information is provided through various communication/media channels ☐ School district has clean sources of tap water and/or working water fountains available and accessible to students at meals and throughout the day.
5	**Criteria achieved in above section *PLUS:*** ☐ Nutrition information is provided through various communication/media channels ☐ Implementation of Healthy Meeting Guidelines ☐ Vending machines on-site have healthy options available. ☐ School district has salad bars or other opportunities to offer fresh fruits and vegetables through boxed salads and veggie meals. ☐ School provides healthy eating guidelines for staff training, employee events, meetings, and work environment. ☐ Provides school-based nutrition education programs.
10	**Criteria achieved in above sections *PLUS:*** ☐ Implementation of Healthy Meeting guidelines and healthy nutrition policies that are served at all events ☐ Community garden or Farmer Market on site. ☐ Vending machines on-site have only health options available ☐ School board adopts and promotes programming to prohibit the sale of unhealthy foods at school fund raisers, vending machines and sporting events. ☐ School board adopts the national nutrition standards ☐ Implementation or support for community garden with staff and student participation. ☐ School-based nutrition education programs are available at all grade levels. ☐ School breakfast program has been implemented
	Points Achieved

Access to Physical Activity

Points	Elements
1	☐ Messaging on the importance of engaging in physical activity is provided internally ☐ Opportunities for physical activity are provided at all grade levels such as Physically Active Classrooms and/or in the school building with Point of Decision Prompts ☐ Activity posters in the hallways or gym.
5	**Criteria achieved in above section *PLUS:*** ☐ Physical activities are promoted and supported through coordinated activities and sponsorships. ☐ Availability of bike-racks on-site ☐ Opportunities for physical activity are enhanced at all grade levels (Homework or extra credit for PE Class; individually adapted physical activity programs). ☐ Open Gym time is provided for students and the community. ☐ District offers teams sports free of charge or provides assistance on an as needed basis (the pay to play policies that have been enacted in some districts)
10	**Criteria achieved in above sections *PLUS:*** ☐ Physical activities are scheduled events ☐ Sponsorship of events such as 5K road races and teams ☐ Support and advocacy efforts to assure safety and accessibility of walking and bicycling in the community. ☐ Opportunities for physical activity are enhanced through reinforcement of classroom lessons ☐ Participation in Safe Routes to Schools or Walking School Bus initiatives ☐ Provision of School supported extracurricular activities like sports leagues, or active after-school programs or use of local/national Sports League Programs such as MLB-Youth programs, NDC/NFL- Play 60 and the NBA/WNBA-FIT. ☐ School facilities are available for after-school programs and community use on evenings and week-ends for physical activity purposes
	Points Achieved

Sector: K-12

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Mental/Emotional/Social Heath

Points	Elements
1	☐ Employees are given a community resource guide about mental, emotional and social health for their reference. ☐ School assures students have access to counseling services on-site and age-appropriate on crisis intervention services available in their community. ☐ Staff are provided information and limited training on mental/emotional and social health during staff in-services
5	**Criteria achieved in above section *PLUS:*** ☐ Training received for the "Mental Health First Aid" program in at least one target audience (youth, adults, and veterans). ☐ Employee Assistance Programs are offered to staff. ☐ School district sponsors at least 1 speaker annually to provide an assembly presentation to students, staff and community members on a topic focused on suicide prevention, interpersonal relationships, self-awareness, or depression prevention. ☐ School district provides at least one of the evidence-based programs: Sources of Strength, Open Circle or FRIENDS program
10	**Criteria achieved in above sections *PLUS:*** ☐ Implementation of the public education program "Mental Health First Aid" ☐ School district provides 2 or more of the following programs ☐ Sources of Strength: This in-school suicide prevention program for 15-25 year olds. ☐ Open Circle: In-school mental wellness program for K-grade 5. ☐ FRIENDS Program: In-school mental wellness program for ages 4-16+.
	Points Achieved

Health as an Organizational Priority

Points	Elements
1	☐ Planning efforts are underway for the development of a wellness team ☐ Champion(s) and leader(s) identified and staff representation is evident. ☐ Staff is provided information that encourages them to get a flu shot annually. ☐ Provision of semi-private space is available for lactation; employees and visitors are encouraged to utilize the space and information is provided on the importance of breastfeeding.
5	**Criteria achieved in above section *PLUS:*** ☐ Health and Wellness Team is established and meets on a regular (at least quarterly) basis. ☐ Staff is provided written information that encourages them to receive their prevention screenings/annual exam. ☐ At least one preventive screening service available on-site. (blood pressure, cholesterol, diabetes). ☐ Staff are provided written information that encourages them to get their annual flu shot and are allowed time-off to receive it; flu shot clinics are available on-site. ☐ Provision of private space is available for lactation. Staff is aware of the importance of breastfeeding and promotes the use of the space.
10	**Criteria achieved in above sections *PLUS:*** ☐ Health and Wellness Team has identified through an employee health assessment process the areas where improvements to health and wellness can be made ☐ Implementation of a plan to address the areas needing improvement. ☐ At least 2 screening services are available on site. ☐ Evidence of provision of work-home life balance. ☐ Flu shots are mandatory for staff without medical contraindications. Flu shots are available on-site. ☐ Promotion of the importance of breastfeeding is shared on various media channels. ☐ Provision of breast pumps is made available to new parents.
	Points Achieved

Participation in MiHIA Endorsed Activities

Points	Elements
1 each	**EACH element is worth 1 point. Award as many points as relevant to your organization.** ☐ Entity refers to the MiHIA Diabetes Prevention Program (DPP) ☐ Distribution of DPP materials to community, staff, students and stakeholders ☐ Provider site for the MiHIA DPP ☐ Train Lifestyle Coaches for a DPP ☐ Supporting organizational policies and practices to support the prevention of Diabetes ☐ Organization provides on-site A1c testing ☐ Distribution of Choosing Wisely material to community, staff and stakeholders ☐ Conduct focus groups to discuss the Choosing Wisely Guidelines ☐ Organization hosts educational Choosing Wisely seminar ☐ Sponsoring a community gardens project ☐ The organizations community members, staff and students participating in a community gardens project. ☐ Organization hosts a community gardens project on-site ☐ Educating and sharing information from the Million Hearts Learning Collaborative with the community, staff and stakeholders ☐ Incorporate Million Hearts Learning Collaborative Protocols into their Health Services ☐ Call to Action Speaker Circuit location site for presentations ☐ Organization provides on-site hypertension screening ☐ Facilitate and invite attendees to Call to Action Circuit presentation ☐ Adopt at least one of the Call to Action Organization evidence-based actions discussed at the Call to Action presentation ☐ Involvement with local level community health improvement activities, including the Community Health Needs Assessment ☐ Involvement with the implementation of local priorities identified in the Community Health Needs Assessment ☐ Involvement in a regional level Community Health Needs Assessment/Activity ☐ Active participation by organization in the Rural Health Network ☐ Sharing information from the Rural Health Network with community, staff and stakeholders
	Points Achieved

Michigan Health Improvement Alliance, Inc.

2016 Community Health Excellence Award

Congratulations on completing the *Community Health Excellence Award* Scoring Grid!

Please review each category to ensure you have scored your organization accurately; the award selection committee may request additional information and or documentation for select elements. Indicate the awarded points for each category in the chart below and then determine your organization's grand total.

Category	Subtotal
Tobacco Free Campus	
Access to Healthy Foods	
Access to Physical Activity	
Mental/Emotional/Social Heath	
Health as an Organizational Priority	
Participation in MiHIA Endorsed Activities	
TOTAL	

Award Levels
Bronze Level, 30-41 total points
Silver Level, 42-50 total points
Gold Level, 51-59 total points
Platinum Level, 60+ total points

Submission

Submit all materials by email to MiHIA at admin@mihia.org. If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at b.pomranky@mihia.org.

Submissions for 2016 must be received by October 3, 2016.

This submission is for a: ☐ Group ☐ Workplace
Sector: ☐ Faith-Based ☐ Small Business ☐ K-12 ☐ Colleges and Universities ☐ Daycares and Preschools ☐ Large Business
Name the Applicant's Organization(s):
Applicant's name/position:
Applicant's organization and address:
Applicant's email:
Applicant's phone:

Submission Checklist

- ☐ Summary of organization which includes description of innovative or evidence-based practices not included within the grid; include attestation or evidence of the practices included; no more than 3 pages with 11 point Arial font
- ☐ Completed scoring grids (pages 2-3)
- ☐ Completed submission summary (page 4)
- ☐ Any additional information about the group or workplace (letters of support, recommendation, story of success or news articles).
- ☐ Submit $25 application fee via check or PayPal

Get Involved

As a collaborative effort, MiHIA is deeply interested in gaining input and support from a wide variety of stakeholders. Please contact Mary Kushion, MiHIA Population Health Strategy Team Leader, at mkushion@gmail.com, to learn how your organization can join the MiHIA Population Health Strategy team.