

Michigan Health Improvement Alliance, Inc.

# Community Health Excellence Award



## What is the *Community Health Excellence Award*?

The Michigan Health Improvement Alliance, Inc. (MiHIA) *Community Health Excellence Award* recognizes outstanding contributions to improving the health status of the community in our 14-county region. Nominees are those groups or workplaces who have contributed to improving the health culture in any capacity, whether through a volunteer or a paid position in the various community sectors. Both evidenced-based and innovative actions will be considered for the award.

This initiative was developed by MiHIA's Population Health Strategy Team and aligned to the MiHIA Triple Aim Leadership Committee of the Board of Directors.

## Instructions for Completing the Scoring Grid

To complete the scoring grid, review each category within the tables below. Evaluate the activities and practices your organization has implemented based on the elements listed within the subsection in the unique category.

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met (For example, to achieve 5 points for *Tobacco Free Campus*, the two elements within the 1 point subsection need to be achieved first.)

## Submission

Please complete all sections of the scoring grid (page 2-3) and submission summary (page 4). A submission fee of \$25 must be paid, via check or PayPal, when submitting materials. All materials must be submitted via email to MiHIA at [admin@mihia.org](mailto:admin@mihia.org). If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at [b.pomranky@mihia.org](mailto:b.pomranky@mihia.org).

Submissions for 2016 must be received by October 3, 2016.

## Evaluation and Awards

An award selection committee will review and evaluate the submissions. Your organization will receive notification of submission outcome by December 2, 2016.

The 2016 *MiHIA Community Health Excellence Award* winners will be publically announced in conjunction with the Annual Health Conference which will be held in January of 2017 at Saginaw Valley State University. The winners will be notified in advance, and all qualified nominations will be forwarded to the State of Michigan for consideration and nomination for the 2016 Hometown Health Hero Award which are announced in April 2017.

## Contact

Have questions about completing the grid, or would like additional details about a specific criteria listed? Please contact Mary Kushion, Mary Kushion Consulting, LLC and MiHIA Population Health Strategy Team Leader, at [mkushion@gmail.com](mailto:mkushion@gmail.com).

# Sector: Daycare/Preschool

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Tobacco Free Campus	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Smoking is not allowed in the building(s), but is allowed in the parking lot</li> <li><input type="checkbox"/> Smoking is not allowed within 25 feet of building entrances</li> <li><input type="checkbox"/> Smoking is not allowed on campus grounds.</li> </ul>
5	<p><b>Criteria achieved in above section PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Smoking is not allowed on the campus grounds</li> <li><input type="checkbox"/> Employees that leave campus to use tobacco are required to change clothing and wash hands before reentry of the class room</li> </ul>
10	<p><b>Criteria achieved in above sections PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Smoking cessation classes are offered to employees</li> <li><input type="checkbox"/> Sponsorship or support of tobacco cessation media campaign</li> <li><input type="checkbox"/> Promotion of Michigan's Tobacco Quit Line</li> <li><input type="checkbox"/> All smoking buildings have messaging to reduce smoking initiation and promote cessation</li> </ul>
<b>Points Achieved</b>	

Access to Healthy Foods and Water	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Limited vending machines onsite</li> <li><input type="checkbox"/> Nutrition information is provided through various communication/media channels</li> <li><input type="checkbox"/> Facility location has access to clean source of tap water and/or working water fountains available and accessible to students at meals and throughout the day</li> </ul>
5	<p><b>Criteria achieved in above section PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Nutrition information is provided through various communication/media channels</li> <li><input type="checkbox"/> Implementation of Health Meeting Guidelines</li> <li><input type="checkbox"/> Implementation of MyPlate or required nutritional guidelines onsite</li> <li><input type="checkbox"/> School provides health eating guidelines for staff training, employee events, meetings, and work environments</li> <li><input type="checkbox"/> Provides school-based nutrition education programs (ex. field trips, creating community gardens, healthy snacks, or teaching nutrition)</li> </ul>
10	<p><b>Criteria achieved in above sections PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Implementation of Healthy Meeting guidelines and healthy nutrition policies that are served at all events</li> <li><input type="checkbox"/> Community garden or Farmer Market on site.</li> <li><input type="checkbox"/> Vending machines on-site have only health options available</li> <li><input type="checkbox"/> School board adopts and promotes programming to prohibit the sale of unhealthy foods at school fund raisers, vending machines and sporting events.</li> <li><input type="checkbox"/> School board adopts the national nutrition standards</li> <li><input type="checkbox"/> Implementation or support for community garden with staff and student participation.</li> <li><input type="checkbox"/> School-based nutrition education programs are available at all grade levels.</li> <li><input type="checkbox"/> School breakfast program has been implemented</li> </ul>
<b>Points Achieved</b>	

Access to Physical Activity	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Messaging on the importance of engaging in physical activity is provided internally</li> <li><input type="checkbox"/> Opportunities for physical activity are provided at all classroom levels (infants, twos, toddlers, preschool, afterschool)</li> <li><input type="checkbox"/> Activity posters in the hallways</li> </ul>
5	<p><b>Criteria achieved in above section PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Physical activities are promoted and supported through coordinated activities</li> <li><input type="checkbox"/> Availabilities of bike-racks on-site</li> </ul>
10	<p><b>Criteria achieved in above sections PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Physical activities are scheduled events.</li> <li><input type="checkbox"/> Sponsorship of events such as 5K races and sports teams</li> <li><input type="checkbox"/> Support and advocacy efforts to assure safety and accessibility of walking and bicycling in the community</li> <li><input type="checkbox"/> Opportunities for physical activity are enhanced through reinforcement of classroom lessons</li> </ul>
<b>Points Achieved</b>	

# Sector: Daycare/Preschool

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Mental/Emotional/Social Health	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Employees are given a community resources guide about mental, emotional, and social health for their references</li> <li><input type="checkbox"/> Staff are provided information and limited training on mental/emotional and social health during staff in-services</li> </ul>
5	<p><b>Criteria achieved in above section PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Employee Assistance Programs are offered to staff</li> <li><input type="checkbox"/> Facility provides at least one of the evidence based programs: FRIENDS programs</li> </ul>
10	<p><b>Criteria achieved in above sections PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> School facility provides 2 or more of the following programs</li> <li><input type="checkbox"/> FRIENDS program: In-school mental wellness program for ages 4-16+</li> </ul>
<b>Points Achieved</b>	

Health as an Organizational Priority	
Points	Elements
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> Champions and leaders identified and staff representation is evident.</li> <li><input type="checkbox"/> Staff and parents are provided information that encourages them to get a flu shot annually.</li> </ul>
5	<p><b>Criteria achieved in above section PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Staff and parents are provided with written information that encourages them to receive their preventative screening/annual exams.</li> <li><input type="checkbox"/> At least one preventative screening available to staff and parents on site (blood pressure, cholesterol, diabetes)</li> </ul>
10	<p><b>Criteria achieved in above sections PLUS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> At least two screenings are provided on site (blood pressure, cholesterol, diabetes)</li> <li><input type="checkbox"/> Implementation of a plan to address the areas needing improvement.</li> <li><input type="checkbox"/> Flu shots are mandatory for staff without medical contraindications. Flu shots are available on-site</li> <li><input type="checkbox"/> Provision of breast pumps is made available to new parents.</li> </ul>
<b>Points Achieved</b>	

Participation in MiHIA Endorsed Activities	
Points	Elements
1 each	<p><b>EACH element is worth 1 point. Award as many points as relevant to your organization.</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Entity refers to the MiHIA Diabetes Prevention Program (DPP)</li> <li><input type="checkbox"/> Distribution of DPP materials to community, staff, students and stakeholders</li> <li><input type="checkbox"/> Provider site for the MiHIA DPP</li> <li><input type="checkbox"/> Train Lifestyle Coaches for a DPP</li> <li><input type="checkbox"/> Supporting organizational policies and practices to support the prevention of Diabetes</li> <li><input type="checkbox"/> Organization provides on-site A1c testing</li> <li><input type="checkbox"/> Distribution of Choosing Wisely material to community, staff and stakeholders</li> <li><input type="checkbox"/> Conduct focus groups to discuss the Choosing Wisely Guidelines</li> <li><input type="checkbox"/> Organization hosts educational Choosing Wisely seminar</li> <li><input type="checkbox"/> Sponsoring a community gardens project</li> <li><input type="checkbox"/> The organizations community members, staff and students participating in a community gardens project.</li> <li><input type="checkbox"/> Organization hosts a community gardens project on-site</li> <li><input type="checkbox"/> Educating and sharing information from the Million Hearts Learning Collaborative with the community, staff and stakeholders</li> <li><input type="checkbox"/> Incorporate Million Hearts Learning Collaborative Protocols into their Health Services</li> <li><input type="checkbox"/> Call to Action Speaker Circuit location site for presentations</li> <li><input type="checkbox"/> Organization provides on-site hypertension screening</li> <li><input type="checkbox"/> Facilitate and invite attendees to Call to Action Circuit presentation</li> <li><input type="checkbox"/> Adopt at least one of the Call to Action Organization evidence-based actions discussed at the Call to Action presentation</li> <li><input type="checkbox"/> Involvement with local level community health improvement activities, including the Community Health Needs Assessment</li> <li><input type="checkbox"/> Involvement with the implementation of local priorities identified in the Community Health Needs Assessment</li> <li><input type="checkbox"/> Involvement in a regional level Community Health Needs Assessment/Activity</li> </ul>
<b>Points Achieved</b>	



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## Congratulations on completing the *Community Health Excellence Award Scoring Grid!*

Please review each category to ensure you have scored your organization accurately; the award selection committee may request additional information and or documentation for select elements. Indicate the awarded points for each category in the chart below and then determine your organization's grand total.

Category	Subtotal
Tobacco Free Campus	
Access to Healthy Foods	
Access to Physical Activity	
Mental/Emotional/Social Health	
Health as an Organizational Priority	
Participation in MiHIA Endorsed Activities	
<b>TOTAL</b>	

Award Levels
<b>Bronze Level, 30-41 total points</b>
<b>Silver Level, 42-50 total points</b>
<b>Gold Level, 51-59 total points</b>
<b>Platinum Level, 60+ total points</b>

## Submission

Submit all materials by email to MiHIA at [admin@mihia.org](mailto:admin@mihia.org). If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at [b.pomranky@mihia.org](mailto:b.pomranky@mihia.org).

Submissions for 2016 must be received by October 3, 2016.

<b>This submission is for a:</b> <input type="checkbox"/> Group <input type="checkbox"/> Workplace
<b>Sector:</b> <input type="checkbox"/> Faith-Based <input type="checkbox"/> Small Business <input type="checkbox"/> K-12 <input type="checkbox"/> Colleges and Universities <input type="checkbox"/> Daycares and Preschools <input type="checkbox"/> Large Business
<b>Name the Applicant's Organization(s):</b>
<b>Applicant's name/position:</b>
<b>Applicant's organization and address:</b>
<b>Applicant's email:</b>
<b>Applicant's phone:</b>

Submission Checklist
<input type="checkbox"/> Summary of organization which includes description of innovative or evidence-based practices not included within the grid; include attestation or evidence of the practices included; no more than 3 pages with 11 point Arial font
<input type="checkbox"/> Completed scoring grids (pages 2-3)
<input type="checkbox"/> Completed submission summary (page 4)
<input type="checkbox"/> Any additional information about the group or workplace (letters of support, recommendation, story of success or news articles).
<input type="checkbox"/> Submit \$25 application fee via check or PayPal

## Get Involved

As a collaborative effort, MiHIA is deeply interested in gaining input and support from a wide variety of stakeholders. Please contact Mary Kushion, MiHIA Population Health Strategy Team Leader, at [mkushion@gmail.com](mailto:mkushion@gmail.com), to learn how your organization can join the MiHIA Population Health Strategy team.