

Michigan Health Improvement Alliance, Inc.

Community Health Excellence Award



What is the *Community Health Excellence Award*?

The Michigan Health Improvement Alliance, Inc. (MiHIA) *Community Health Excellence Award* recognizes outstanding contributions to improving the health status of the community in our 14-county region. Nominees are those groups or workplaces who have contributed to improving the health culture in any capacity, whether through a volunteer or a paid position in the various community sectors. Both evidenced-based and innovative actions will be considered for the award.

This initiative was developed by MiHIA's Population Health Strategy Team and aligned to the MiHIA Triple Aim Leadership Committee of the Board of Directors.

Instructions for Completing the Scoring Grid

To complete the scoring grid, review each category within the tables below. Evaluate the activities and practices your organization has implemented based on the elements listed within the subsection in the unique category.

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met (For example, to achieve 5 points for *Tobacco Free Campus*, the two elements within the 1 point subsection need to be achieved first.)

Submission

Please complete all sections of the scoring grid (page 2-3) and submission summary (page 4). A submission fee of \$25 must be paid, via check or PayPal, when submitting materials. All materials must be submitted via email to MiHIA at admin@mihia.org. If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at b.pomranky@mihia.org.

Submissions for 2016 must be received by October 3, 2016.

Evaluation and Awards

An award selection committee will review and evaluate the submissions. Your organization will receive notification of submission outcome by December 2, 2016.

The 2016 *MiHIA Community Health Excellence Award* winners will be publically announced in conjunction with the Annual Health Conference which will be held in January of 2017 at Saginaw Valley State University. The winners will be notified in advance, and all qualified nominations will be forwarded to the State of Michigan for consideration and nomination for the 2016 Hometown Health Hero Award which are announced in April 2017.

Contact

Have questions about completing the grid, or would like additional details about a specific criteria listed? Please contact Mary Kushion, Mary Kushion Consulting, LLC and MiHIA Population Health Strategy Team Leader, at mkushion@gmail.com.

Sector: College and University

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Tobacco Free Campus	
Points	Elements
1	<ul style="list-style-type: none"> <input type="checkbox"/> Smoking is not allowed in the building(s), but is allowed in the parking lot <input type="checkbox"/> Smoking is not allowed within 25 feet of building entrances
5	<p>Criteria achieved in above section PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Smoking is not allowed on the campus grounds. <input type="checkbox"/> Anti-smoking messages are provided through various communication channels such as websites/social media, bulletin boards and newsletters.
10	<p>Criteria achieved in above sections PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Smoking cessation classes are offered to students <input type="checkbox"/> Smoking cessation classes are offered to all employees <input type="checkbox"/> Promotion of Michigan's Tobacco Quit Line <input type="checkbox"/> All school buildings have messages to reduce smoking initiation and promote cessation. <input type="checkbox"/> Orientation has an anti-tobacco message/skit for incoming freshman at orientation
Points Achieved	

Access to Healthy Foods And Beverages	
Points	Elements
1	<ul style="list-style-type: none"> <input type="checkbox"/> Limited vending machines on site. <input type="checkbox"/> Nutrition information is provided through various communication/media channels. <input type="checkbox"/> Institution has clean sources of tap water and/or working water fountains available and accessible to students and faculty throughout the day.
5	<p>Criteria achieved in above section PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Implementation of Healthy Meeting Guidelines <input type="checkbox"/> On-site vending machines have at least 30% healthy options available, such as non-fat or low fat milk, 100% fruit juice, sports drinks less than or equal to 100 calories, no greater than 12 ounces except for water, not more than 250 calories, not more than 35% calories from fat, not more than 10% of calories from saturated fat. <input type="checkbox"/> School provides salad bar at campus dining or other healthy fresh food options like fruits and vegetables, or prepackaged salads that students can take with them. <input type="checkbox"/> School provides healthy options (fresh fruits, vegetables, salad bars, etc.) in all campus dining facilities and/or healthy options to go for faculty/staff and students. <input type="checkbox"/> Provides free nutrition programs for students to attend, such as cooking classes that coincide with MyPlate or required nutritional guidelines.
10	<p>Criteria achieved in above sections PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Implementation of Healthy Meeting guidelines and healthy nutrition policies that are served at all events. <input type="checkbox"/> Community garden or Farmer Market on site <input type="checkbox"/> Vending machines in buildings have only healthy options. <input type="checkbox"/> All dining areas on campus adopt the national nutrition standards. <input type="checkbox"/> Implementation or support for community garden with staff and student participation. <input type="checkbox"/> Nutrition programs/cooking classes are offered frequently so more students/staff can attend.
Points Achieved	

Access to Physical Activity	
Points	Elements
1	<ul style="list-style-type: none"> <input type="checkbox"/> Messaging on the importance of engaging in physical activity is provided internally. <input type="checkbox"/> Opportunities for physical activity are provided around campus <input type="checkbox"/> Gym is available for students and staff. <input type="checkbox"/> Activity posters in the hallways of the buildings
5	<p>Criteria achieved in above section PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Physical activities are promoted and supported through coordinated activities and sponsorships. <input type="checkbox"/> Availability of bike racks on-site <input type="checkbox"/> Fitness classes are offered for credit <input type="checkbox"/> Team sports (intramural) are offered <input type="checkbox"/> Campus recreation facilities are offered at a reduced rate to faculty, staff and students.
10	<p>Criteria achieved in above sections PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Physical activity are scheduled events <input type="checkbox"/> Sponsorship of events (such as a 5k, road races, teams, etc.) <input type="checkbox"/> Support and advocacy efforts to assure safety and accessibility of walking and bicycling around campus. <input type="checkbox"/> University newsletter advertises scheduled physical activity events <input type="checkbox"/> Campus recreation facilities are offered free of charge to faculty, staff and students.
Points Achieved	

Sector: College and University

To achieve the points, ALL elements must be met within the subsection. The highest subcategory achieved will indicate the points awarded; only 1, 5, or 10 points can be achieved for each category. To achieve 5 or 10 points, the elements within the previous subsection must be met. All element items within that point section must be met (for example: each element associated with 1 point must be met to achieve 1 point, and each element for 5 points must be met to achieve 5 points.)

Mental/Emotional/Social Health	
Points	Elements
1	<ul style="list-style-type: none"> <input type="checkbox"/> Staff are given a community resource guide about mental, emotional, and social health for their reference. <input type="checkbox"/> School assures students have access to counseling services on-site. <input type="checkbox"/> Staff is provided information and limited training on mental/emotional and social health during staff in-services.
5	<p>Criteria achieved in above section PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Training received for the "Mental Health First Aid" program in at least one target audience (students, adults). <input type="checkbox"/> Employee Assistance Programs are offered to staff <input type="checkbox"/> Institution sponsors at least 1 speaker annually to provide an assembly presentation to students (e.g. freshmen orientation) and staff if they choose, about suicide prevention, interpersonal relationships, self-awareness, or depression prevention.
10	<p>Criteria achieved in above sections PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Implementation of the public education program "Mental Health First Aid" <input type="checkbox"/> Create a Mental Health poster campaign <input type="checkbox"/> Institution provides the following programs: <input type="checkbox"/> Sources of Strength: Suicide prevention program for 15-25 year olds. <input type="checkbox"/> College and University Suicide Prevention Accreditation Program <input type="checkbox"/> Student counseling services at low or no-cost to students <input type="checkbox"/> College/Universities provides a Peer Health Education service
Points Achieved	

Health as an Organizational Priority	
Points	Elements
1	<ul style="list-style-type: none"> <input type="checkbox"/> Planning efforts are underway for the development of a wellness team. <input type="checkbox"/> Champion(s) and leader(s) identified and staff representation is evident. <input type="checkbox"/> Staff and students are provided information that encourages them to get a flu shot annually. <input type="checkbox"/> Provision of semi-private space is available for lactation; and staff and students are encouraged to utilize the space and information is provided on the importance of breastfeeding.
5	<p>Criteria achieved in above section PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Health and Wellness Team established and meets on a regular (at least monthly) basis. <input type="checkbox"/> Students are provided with written information that encourages them to receive their preventative screening/annual exams. <input type="checkbox"/> At least one preventative screening available to faculty, staff and students on site (blood pressure, cholesterol, diabetes, etc.) <input type="checkbox"/> Provision of private space is available for lactation. Students and staff are aware of the importance of breastfeeding and promote the use of the space
10	<p>Criteria achieved in above sections PLUS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Health and wellness team on campus has identified through a student health assessment process the areas where improvements to health and wellness can be made. <input type="checkbox"/> Implementation of a plan to address the areas needing improvement. <input type="checkbox"/> At least two screenings are provided on site (blood pressure, cholesterol, diabetes) <input type="checkbox"/> Flu shots are mandatory for staff of the university. <input type="checkbox"/> Flu shots are available on site and highly encouraged. <input type="checkbox"/> Promotion of breastfeeding is shared on various media channels and in university newsletter. <input type="checkbox"/> Breast pumps are available to new mothers. <input type="checkbox"/> Health & wellness team on campus has identified through an employee health assessment or survey the areas of interest or where improvements in health & wellness can be made <input type="checkbox"/> Health & wellness team has a written vision/mission statement and annual goals. Reports back to administration. <input type="checkbox"/> Health & wellness is part of the college/universities mission/vision or strategic plan.
Points Achieved	

Participation in MiHIA Endorsed Activities	
Points	Elements
1 each	<p>EACH element is worth 1 point. Award as many points as relevant to your organization.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Entity refers to the MiHIA Diabetes Prevention Program (DPP) <input type="checkbox"/> Distribution of DPP materials to community, staff, students and stakeholders <input type="checkbox"/> Provider site for the MiHIA DPP <input type="checkbox"/> Train Lifestyle Coaches for a DPP <input type="checkbox"/> Supporting organizational policies and practices to support the prevention of Diabetes <input type="checkbox"/> Organization provides on-site A1c testing <input type="checkbox"/> Distribution of Choosing Wisely material to community, staff and stakeholders <input type="checkbox"/> Conduct focus groups to discuss the Choosing Wisely Guidelines <input type="checkbox"/> Organization hosts educational Choosing Wisely seminar <input type="checkbox"/> Sponsoring a community gardens project <input type="checkbox"/> The organizations community members, staff and students participating in a community gardens project. <input type="checkbox"/> Organization hosts a community gardens project on-site <input type="checkbox"/> Educating and sharing information from the Million Hearts Learning Collaborative with the community, staff and stakeholders <input type="checkbox"/> Incorporate Million Hearts Learning Collaborative Protocols into their Health Services <input type="checkbox"/> Call to Action Speaker Circuit location site for presentations <input type="checkbox"/> Organization provides on-site hypertension screening <input type="checkbox"/> Facilitate and invite attendees to Call to Action Circuit presentation <input type="checkbox"/> Adopt at least one of the Call to Action Organization evidence-based actions discussed at the Call to Action presentation <input type="checkbox"/> Involvement with local level community health improvement activities, including the Community Health Needs Assessment <input type="checkbox"/> Involvement with the implementation of local priorities identified in the Community Health Needs Assessment <input type="checkbox"/> Involvement in a regional level Community Health Needs Assessment/Activity
Points Achieved	



Michigan Health Improvement Alliance, Inc.

2016 Community Health Excellence Award

Congratulations on completing the *Community Health Excellence Award Scoring Grid!*

Please review each category to ensure you have scored your organization accurately; the award selection committee may request additional information and or documentation for select elements. Indicate the awarded points for each category in the chart below and then determine your organization's grand total.

Category	Subtotal
Tobacco Free Campus	
Access to Healthy Foods	
Access to Physical Activity	
Mental/Emotional/Social Health	
Health as an Organizational Priority	
Participation in MiHIA Endorsed Activities	
TOTAL	

Award Levels
Bronze Level, 30-41 total points
Silver Level, 42-50 total points
Gold Level, 51-59 total points
Platinum Level, 60+ total points

Submission

Submit all materials by email to MiHIA at admin@mihia.org. If you do not receive a confirmation email within two business days, please email Beth Pomranky, MiHIA Operations Manager, at b.pomranky@mihia.org.

Submissions for 2016 must be received by October 3, 2016.

This submission is for a: <input type="checkbox"/> Group <input type="checkbox"/> Workplace
Sector: <input type="checkbox"/> Faith-Based <input type="checkbox"/> Small Business <input type="checkbox"/> K-12 <input type="checkbox"/> Colleges and Universities <input type="checkbox"/> Daycares and Preschools <input type="checkbox"/> Large Business
Name the Applicant's Organization(s):
Applicant's name/position:
Applicant's organization and address:
Applicant's email:
Applicant's phone:

Submission Checklist
<input type="checkbox"/> Summary of organization which includes description of innovative or evidence-based practices not included within the grid; include attestation or evidence of the practices included; no more than 3 pages with 11 point Arial font
<input type="checkbox"/> Completed scoring grids (pages 2-3)
<input type="checkbox"/> Completed submission summary (page 4)
<input type="checkbox"/> Any additional information about the group or workplace (letters of support, recommendation, story of success or news articles).
<input type="checkbox"/> Submit \$25 application fee via check or PayPal

Get Involved

As a collaborative effort, MiHIA is deeply interested in gaining input and support from a wide variety of stakeholders. Please contact Mary Kushion, MiHIA Population Health Strategy Team Leader, at mkushion@gmail.com, to learn how your organization can join the MiHIA Population Health Strategy team.