

PERSONALITY DESCRIPTIONS

WINTER – SUMMMER MELANCHOLIC - PHLEGMATIC T4/2
aka SNOWFROST WINTER, COOL WINTER

Those of the Winter-Summer personality are good natured and gifted introverts, often teachers and scholars.

From both seasons, they are compassionate and caring about humanity in general, though so reserved that they only socialize when drawn out. They would benefit if they take more risks and get involved more socially, though their secondary Winter/Melancholic's fears of people are hard to overcome.

These personalities appear confident and aloof, but inside may feel much more vulnerable and uncertain.

They have Winter's perfectionism combined with Summer/Phlegmatic's exacting detail, without being overbearing or has hostile as other Winter's may become. They may be at risk of negative thinking, anxiety, and can be easily discouraged. They can hold onto a grudge and become rigid and stubborn.

The Winter-Summer has a softness, looking good in Winter colors, but also some of the paler or more muted colors or neutrals (such as grey) of Summer (which many of them prefer so as to draw less attention). (Keep in mind that CMAS emphasizes pastels for Summer more than other systems).

SNOW FROST WINTER – (Winter mixed with Summer) Hair color will likely be light, medium or dark neutral or ash brown (possible red highlights). May have salt n pepper, gray, silver or white hair, may gray early in life. “No one grays better.” Clear primary colors of Winter bring out sparkle in complexion. Very light skin tone with blue undertone. They may not have as dark hair as other Winters, but their complexion sparkles in Winter colors. Eyes may be Charcoal gray, blue, violet, soft dark brown, icy hazel .

Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Winter hair should be cool and bright.



Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, pastoral-counseling-center.org