

## PERSONALITY DESCRIPTIONS

**WINTER – AUTUMN** MELANCHOLIC - CHOLERIC T4/3  
aka SUNSET WINTER, DEEP WINTER

The Winter-Autumn is a very powerful, driven personality type. They combine their season's strengths of perfectionism and rugged determination. They are more likely to be comfortable in a leadership position and they have less fear of people than other Winters.

Secondary Autumn/Choleric also lessens the Winter/Melancholic trait of preoccupation with self and worry about what others think. But these two seasons also combine criticism of others with directness that causes them to share this verbally more than other Winters.



They also value honesty and logic over kindness and empathy. They can be hard-to-please and hold resentments. They can be idealists and do a lot to improve society.

The Winter-Autumn has a blue based undertone to complexion, with metallic olive or yellow cast to the skin tone. Dark black or auburn hair. Eyes are usually brown with Autumn flecks or Aztec sun, which leads to confusion but is showing the secondary. If they are blue they have Aztec sun or Winter spokes or flecks of brown. Sometimes hard to analyze and may take extensive draping.

SUNSET WINTER – (Winter mixed with Autumn) Hair color will be deep auburn or medium dramatic red. Face may be squared at the jaw or prominent cheekbones. Hair contrasts with very cool skin. Light skin is milky white, with very little evidence of freckles. Cool skin undertone will be mulberry. Eyes may be black, black-brown, dark hazel, and in some instances medium brown eyes which is a sign that you're flowing into Deep Autumn.

*Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Winter hair should be cool and bright.*

Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, [pastoral-counseling-center.org](http://pastoral-counseling-center.org)