

## PERSONALITY DESCRIPTIONS

**SUMMER – AUTUMN** PHLEGMATIC - CHOLERIC T2/3  
aka INDIAN SUMMER, SOFT SUMMER

While the Summer-Autumn has the reserve and self-discipline of Summer/ Phlegmatics, yet they are also stubborn and determined, due to their secondary Autumn/Cholerics, which may also cause them to be more direct at times than other Summers. Or they may choose to stubbornly use the cold shoulder technique, appearing civil on the surface, but nursing anger internally.

They derive a dependable and serious personality from both seasons. They have the ability to keep at a project diligently over time, though perhaps with less vigor than a true Autumn. They are the most active of the introverts, but still have Summer peacefulness, and may even tend towards being sedentary and passive at times. They do better when motivated by being around others.

They are usually organized and often in control, as well as receptive, patient and giving. They are excellent active listeners, as they are practical and helpful with common sense advice. They are dedicated to causes they believe in and expect honesty from others.

This Summer has a lighter complexion than Autumns. Hair may be gold blonde, have some of Summer's ash tones, or could be light red, or brunette.

Other systems do not include red hair, or red highlights, for any Summers.

INDIAN SUMMER – (Summer – Autumn) light red or copper, ash or sandy blonde hair, medium to dark ash (cool) brown, perhaps with red highlights. Often feels their hair is mousy. The most likely to highlight which is not recommended (unless caramel brown). Generally with blue eyes, but could also be slightly green, grey or brown. They could also seem changeable. Skin tone has a medium grayed-blue undertone and possible chatoyance.

*Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Summer hair should be cool and muted.*



Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, [pastoral-counseling-center.org](http://pastoral-counseling-center.org)