

PERSONALITY DESCRIPTIONS

SPRING – AUTUMN SANGUINE – CHOLERIC T1/3
aka GLORIOUS SPRING, WARM SPRING

The Spring-Autumn is a rather extroverted personality, since both Spring/Sanguines and Autumn/Cholerics are extroverted types. They are very sociable and generally lovable and well liked.

Their enthusiasm and social finesse makes them good at sales generally. They are witty, good at conversation and can light up a room. They will use their good nature, and slightly tangential nature, to take a conversation in a light direction and lift others' spirits.

Sometimes they may be almost too talkative though, bordering on attention seeking or speaking without thinking. Their lack of filter or forgetfulness, coming from their Spring nature, and their Autumn tendency towards saying things bluntly, might result in their saying hurtful things without being that aware of it.

They are curious, motivated and effective. They are idea people and they also like results. Their secondary Autumn makes them a bit more organized, and likely to finish projects, than other Springs. They are also very vocal, visible and transparent, holding nothing back, good or bad. They are often very active, love to have fun and enjoy sports. Like most Springs, they have a random, animated quality. Usually cheerful, they may have brief moments of moodiness, that pass again quickly.

The Spring-Autumns are hard to analyze depending on how high the percentage of their dominant Spring. They can often wear quite a few earth tones leaning into Autumn to extend their palette.

GLORIOUS SPRING – (Spring – Autumn, aka Warm Spring) red to light blonde red or yellow blonde, with freckled skin. Hair has glassy quality. Skin tone has yellow undertone. Eyes may be “blue on blue,” aqua, turquoise, golden green, yellow brown or hazel. Eyes may contain orange or wine, with Autumn design and flecks, but with the Spring starburst present also.

Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Spring hair should be warm and bright.



Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, pastoral-counseling-center.org