

PERSONALITY DESCRIPTIONS

AUTUMN – SUMMER CHOLERIC - SUMMER T3/2
aka GENTLE AUTUMN, SOFT AUTUMN

The Autumn-Summer personality have Autumn/Choleric determination, capabilities and quick decision making style, with a Summer/Phlegmatic's forethought, planning and organization. They are very accomplished because they are excellent at delegation, but also do their share of the work. They match practicality with kindness and generosity. They value their family and friends highly.

Unlike some of her Autumn sisters, this type does not have the bluntness that may hurt other people's feelings, though they may choose a more subtle level of teasing or sarcasm laced with niceness. This personality tends to get their way and rarely back down, acknowledge weakness, or apologize easily. They may harbor resentments if they don't find a more direct way to express it.

They are the least extroverted or showy Autumn. They are honest and reflective. They are sometimes held back by the anxiety or fear of their secondary Summer. Despite their strengths, they tend to worry about their performance.

GENTLE AUTUMN – This type often has metallic quality to their hair (light brown or light blonde, even reddish blonde, "rose red," or silver-grey). The Gentle type has a light hair coloring. Oval, diamond, triangular or even round face shape possible. Eyes are blue, blue-grey, hazel, green or light brown. Skin tone has undertones of amber and blue, may appear coppery. Skin is often lighter than other Autumns.

Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Autumn hair should be warm and muted.



Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, pastoral-counseling-center.org