

PERSONALITY DESCRIPTIONS

AUTUMN – SPRING CHOLERIC - SANGUINE T3/1
aka GOLDEN AUTUMN, WARM AUTUMN

The Autumn-Spring personality is probably the second highest extrovert and an active, high-energy individual.

They are great at directing others, due to being Autumn/Choleric, in a charming way due to their secondary Spring/Sanguine qualities.

They have no problem being frank and direct, and may be so impulsively, and they are quick to anger. They may even tend towards sarcasm, which can be offensive.

They are fearless problem solvers and they always finish projects, sometimes whether that projects still merits it or not. They have an organized way of directing their energy. They have a great presence and need very active fast paced jobs - as well as team members to work with. They push themselves so hard, it is said they are at risk of ulcers, both getting and giving them.

The Autumn-Spring and Spring-Autumn are very close in coloring, so draping is a must to distinguish between them, and they may share a lot from both palettes. The Autumn-Spring hair may have a metallic cast, often blonde or golden. Or if they are very Autumn, closer to Absolute, they will have red hair. Complexion is light gold or dark. Eyes can be brown, blue or green, with Spring starburst usually in gold, and possibly Autumn flecks.



GOLDEN AUTUMN – Blonde Autumns (with possible red tinge, full red heads may also be included, or may be Absolute Autumns below) . Squared face that may be round or thin. Olive green, green, steel blue or warm brown eyes, with gold or brown speckles (that make eye look olive green). Skin has medium golden orange brown under tone. Eyes may be hazel (possibly containing some blue), golden green, yellow brown. Eyes may contain orange or wine.



Note: Eye color and pattern can show your secondary and hair color is random enough that it should not be an overall determinant. Autumn hair should be warm and muted.

Resources: Kentner, Scaman, Catholic Match, Hello Quizzy, pastoral-counseling-center.org