

EXPRESSING YOUR TRUTH

Several systems compiled <http://expressingyourtruth.blogspot.com>  
 (if a word is duplicated,  
 it is in more than one system)

Type 1

acts before thinking	eloquent	impulsive	radiance
adaptable	emotional	impulsive	random
all knowing	empathy w/ others	inconsistent	refreshing
animated	enchanting	informal	restless
animated	energetic	initiates	sauciness
animated	enthusiastic	innocent	simple
animation	enthusiastic	inspiring	sincere
awakening	enthusiastic	intuitive	smiles often
blithe	eternally youthful	jauntiness	sociable
brainstorm	exaggerates	liberated	social
breath of fresh air	expressive	life of the party	speaks w/o thinking
bright	expressive	light	spendthrift
bright	externally motivated	light	spirited
bright	fails to plan ahead	light on feet	sporadic
buoyant	flake	lightness	sprightly
candid	flighty	lightness	spritliness
carefree	flirtiousness	lights up a room	sunny
careless	flirtiousness	likes possibilities	superficial
casual	forgetful	lively	takes on too much
changeable	fragile	lively	talkative
changeable	free	loud	talks with hands
charming	fresh	loveable	tangential
charming	fresh	loves praise	tender
cheerful	friendly	mischevious	tender hearted
child-like	friendly	multitasker	too empathetic
clean-cut	friendly	multitasker	trendsetter
clever	friendly	naïve	undecided
communicative	friendly	open	undisciplined
compassionate	frivolous	open hearted	uninhibited
creative	frivolity	opportunistic	versatile
crisp	frolisome	optimistic	vivacious
crispness	fun	optimistic	vivacity
curious	gaeity	optimistic	warm
curious	generous	outdoorsy	warm
dapper	genuine	out-going	wholesome
democrat	good conversationalist	outspoken	witty
descriptive	grinning	overly talkative	youthful
direct	gullible	perceptive	
dramatic	happy go lucky	perkiness	
eager	hard time sitting still	piquancy	
earnest	helpful	playful	
effervescence	helpful	precocious	
effervescence	hopeful	quick	
egotistical	imaginative	quick	

Sources: TUTTLE, CAYGILL, KITCHENER, SEGERSTROM, DONNER, SINCLAIRE, WRIGHT

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Type 2

anxious	elusive	long-suffering	slow to accept new ideas
abstract	emotional	loves to tease	slow worker
angelically innocent	enfolding	loving	smooth
appear aloof	ethereal	loyal	soft
artistic	ethereal	luxurious	soft
blended	expensive	makes friends slowly	soft spoken
blended	exquisite	meditating	soft-spoken
calm	exquisite	meticulous	sophisticated
calm	faithful	mysterious	speaks quietly
calm	fearful	neat	spectacular
calming	femininity	nurturing	spiritual
cameo quality	flowing	nurturing	steady flow
careful	flowing	observant	stubborn
careful	fluid	paranoid	subtle
cheerful	fluid	peaceful tempo	subtle
collected	fragility	peacemaker	subtle
collected	genial	pedantic	subtle
comforting	gentle	perfectionistic	supportive
compassionate	gentle	pessimistic	sweetness
conscientious	gentle	pessimistic	takes abuse silently
cool	gets tied up in details	philosophical	talented
cool	gifted	picturesque	talented with hands
creative	good imagination	practical	talkative
cultured	graceful	precise	tender truthful
daintiness	graceful	precise	thorough
dedicated	graceful	profound	understanding
delicacy	honest	provides details	wishy-washy
dependable	hypocritical	punishes with silence	witty
dependable	idealistic	quiet	works as a team
detailed	imaginative	refined	
devoted	impractical	refinement	
dignified	indecisive	reflective	
diplomatic	inquisitive	relaxed	
diplomatic	insecure	reserved	
discerning	integrates	reserved	
doesn't seek limelight	intense	romantic	
doormat	internally motivated	safe	
dry humor	intuitive	sensitive	
dry humor	inventive	sensitive to others	
easy going	inventure	sentimental	
efficient	iridescent	slow	
elegant	learned	slow	
elegant	likes sorting	slow paced	
	listens carefully		

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Type3

action oriented			
"get to the point"	dramatic	insistent	sensuous
able	driven	intense	sharp
abrupt	dynamic	intense	spicy
absorbed	dynamic	intense	spirited
active/reactive	dynamic	intriguing	stern
adventurous	dynamic	leader	strong
aggressive	dynamic	loud	stubborn
alert	earthy	lovable	stubborn
angled	earthy	loyal	stubborn
anticipation	easily irritated	makes decisions quickly	sturdy
authoritative	efficient	mature	substantial
bizarre	efficient	mobilizing	successful
bizarre	energetic	mover and shaker	sudden
bold	energetic	mysterious	sure
bossy	energetic	opportunistic	swift
brilliant	energetic	optimistic	take criticism poorly
brusque	exciting	optimistic	takes over a group
businesslike	exotic	organizer	tawny
campaigner	explosive	outdoorsy	tedious
colorful	externally motivated	pioneering	textured
competitive	fast	plans ahead	think big
confident	fervent	powerful	to the point
confident	fiery	practical	tough-skinned
controlled	fiery	productive	true to a cause
coppery	fiery	productive	unafraid
creates change	firm	progress	vital
curious	flamboyant	proud	vivid
daring	flamboyant	quick	willing to work
dashing	forceful	ready-fire-aim	warmth
dashing	get the job done	reckless	woody
decisive	get the job done	reliable	zesty
decisive	glowing	resistant	
demanding	goal-oriented	resplendent	Note: Segerstrom
dependable	guarded	result oriented	associates bold
determined	gypsy like	reticent	with T3
determined	gypsy-like	rich	
direct	hard-headed	rich	
direct	hurts others feelings	rich	
disagreeable	idealistic	richness	
dominating	impatient	self starter	
domineering	impetuous	self-disciplined	
dramatic	inconsiderate	self-sufficient	
	insensitive	self-sufficient	

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Type4

accomplished	dramatic over illness	mirror	serious
accurate	efficient	moody	slow
ambitious	efficient	mysterious	smooth
analytical	elegant	mysterious	sophisticated
analytical	elitist	natural poise	sparkling
analyzes	emotional	need time alone	stability
bold	energetic mirror	neglects friends	stately
abrasive	even	objective	stately
brilliant	exact	observant	stay on track
calm	exciting	organized	still
capable	expects perfection	passive	striking
civilized	faithful	perfectionist	striking
classic	finisher	perfectionist	striking
cold	finishes	perfectionist	striking
command respect	firm	perfectionist	stubborn
commanding	gallant	perfects	stylized
compassionate	get right to business	pessimistic	suave
confident	gets to the point	polished	suave
conservative	goal oriented	possible low self-esteem	sympathetic
consistent	good listener	practical	teasing
contrast	good natured	precise	tells it like it is
contrasting	gracious	principled	theoretical
controlled	high standards	prude	thinker
cool	honorable	quiet	thrifty
creative	humorous	quiet self-confidence	timeless
critical	idealistic	reasonable	tranquil
critical	immaculate	refined	truthful
critical	impartial	reflective	unbelieving
cruel	impressive	regal	uncaring
definite	incisive	reserved	unemotional
delegate well	independent	reserved	unmotivated
dependable	intelligent	reserved	urbane
determined	intelligent	responsible	vivid
dignified	internally motivated	sarcastic	well mannered
dignified	just	scintilaing	well-bred
diplomatic	keen eye	secure	well-liked
direct	lacks confidence	see big picture	well-read
direct	logical	self sacrificing	witty
distinguished	loyal	self-centered	worries
do not suffer fools	luminous	self-protective	
dramatic	luxurious	sensitive	Note: bold appears
dramatic	magnetic	serene	only in DYT
dramatic	methodical	serene	