

VOLUNTEER INFORMATION SHEET

How do I volunteer for the event?

Please complete our volunteer registration form OR email our volunteer coordinator Robyn at roandperr@gmail.com and we will contact you with your volunteer assignment!

Do I need to have experience in order to volunteer?

No experience is required. We have volunteer leaders who have lots of experience and can get you up to speed in no time.

How should I dress?

You will know before the race if you will be volunteering inside or outside. The majority of volunteers be outside. If you are going to be outside, you should wear a warm winter coat, hat and gloves. Winter boots, long underwear are also recommended. If the forecast is going to be really cold, a snowsuit and scarf are recommended.

What do course volunteers need to do?

Your main responsibility is to ensure that runners stay on the correct course. A volunteer leader will give you a small section of the course to make sure that runners don't make a wrong turn. If a runner does take a wrong turn, please wave them down, yell, or do whatever you need to get his/her attention and get back on the course.

Do I get to choose where I volunteer or am I assigned a job?

You may request a job in an area where we have openings. Depending on our needs, we may ask you to be placed in an area other than where you requested. Examples of volunteer duties include: assisting with registration, directing traffic on the running course, and helping with number collection.

Is there a minimum time commitment?

There is no minimum commitment, but we do ask that you commit to stay for the time required to complete your assigned task.

What time do I need to arrive?

Inside Volunteers need to be at Central High School in Grand Forks by 7:30am. Course Volunteers need to be at Central High School between 8:30am and 9:00am. The volunteer coordinator will give you your exact check in time. From there Course Volunteers will be sent to their spots. The races start at 10:00 and 10:30am.

Where do I go on race day?

All volunteers will meet in the commons area of Central High School located at 115 4th street N, downtown Grand Forks. Parking is available in the ramp across the street, in the parking lot near the corner of 5th and Demers, or on the streets surrounding the school. Please respect parking rules, signs, and regulations. Check in with your volunteer leader, which will be included in an email previous to race day.

Can I volunteer with a friend or as a part of a group?

Yes!

Can youth (under 18 years of age) volunteer?

Yes, if they are accompanied by and adult, or have permission from a parent or guardian.

Does volunteering for the run/walk qualify for high school/college community service hours?

Yes, it does. Each volunteer must bring his/her own form to be completed on the day of the race.

I am doing this for community service credit hours. Who can approve/sign off on my community service hours?

Check in with one of the volunteer coordinators for a signature verifying your hours.

For further questions or clarification, please contact Robyn Bancroft at roandperr@gmail.com.