



Michael Griffin

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The Expertise Mindset

This 50-minute* lecture presents core learning concepts that lead to expert performance including motivation and goal setting, skill development and practice, metacognition, and the use of leisure time. This will provide students with a pathway to self-directed, confident, enjoyable and ultimately more successful, learning.

Michael Griffin has presented to 250 schools and conferences in 25 countries.

Michael's presentation was engaging and succinct, covering a number of topics related to effective and efficient learning, from goal setting to myelination in the brain and the importance of practice. Supported by research findings and pertinent to his audience, an assembly of Year 9 - 12 students, Michael related learning to brain function in a way that was accessible to all. I have recently relayed elements of Michael's presentation to the College community and received very positive feedback from parents.

Andy Muller, Principal, Scotch Oakburn College, Tasmania - August 8, 2015

* Duration flexible. Differentiation according to age, including staff keynotes and seminars.

Content, concepts and references include *Flow* (Csiksentmihalyi) *Mindset* (Dweck) *Intrinsic Motivation* (Deci and Ryan), *Brain Learning* (Medina and Doidge), and *Multiple Intelligence* (Gardner).

Michael Griffin is an educator, motivational speaker, author, conductor and pianist. Griffin's talks are inspired by theory of motivation and the premise that the greatest predictor of progress - music and otherwise - is the quality and the quantity of learning time. Griffin is particularly interested in motivation theory and the influence of mindset on achievement. He has consulted for Cambridge University Press and is the author of five books, the most recent *Learning Strategies for Musical Success* receiving universal acclaim.

[List of schools](#)

[Testimonials](#)

For other presentations by Michael Griffin, click on the links below.

[Study Stress and Music](#)

What is the impact of background music on learning? Given that approximately 70% of students listen to music during homework, this informative and interesting research-based lecture is immediately relevant not only for students, but for teachers as well.

[How Are You Smart?](#)

We are all smart, and in different ways. Ideal for ages 10-15, this presentation empowers students with a sense of their unique multi-intelligent self. Based on Howard Gardner's model of multiple-intelligence.

[Learning Strategies for Musical Success](#)

The greatest predictor of music success is the quality and quantity of practice time. Based on Griffin's best-selling book *Learning Strategies for Musical Success*.

[Teaching Strategies for Musical Success](#)

Professional development for classroom and instrumental music staff. Content includes fostering intrinsic motivation and teaching for metacognition.