Cheer Athletics

**DISCOVERY GYM -** (Walking to age 3)

This is a Parent-Tot class that will focus on developing social skills, rhythm, motor skills and eye-hand coordination through creative movement of dance and basic tumbling. This is a fun class to bond with your toddler as they blossom into independence.

**TINY TOTS -** (Ages 2 ½ to 3 ½ yrs.)

Each class begins with musical warm-up that will develop their listening skills, rhythm and social skills. Then we will progress to a tumbling circuit designed to teach children basic tumbling skills like front rolls, back rolls, handstands and cartwheels. Tots will also jump and learn skills on the trampoline to better their body awareness, coordination skills and balance.

**COMBO CLASSES -** (Ages 3 - 9 yrs.)

Combo Classes are designed to allow the student to explore more than one class in an hour setting. TINY Combo is for ages 3-5, while the Kids Combo is for children 6-9 yr olds. This class is an hour class structured to introduce the basics in tumbling, dance and cheerleading with 20 min group rotations for each section.

**HIP HOP & TUMBLE CLASSES -** (Ages 6 & up)

This Dance Class is a unique dance program for children ages 5 and up. We will develop rhythm and coordination through creative movement to their favorite music with our main focus on the style of Hip Hop Dance. We will also work on basic tumbling including B-Boy Tricks!

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| **Class Description** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| Discovery Gym |  |  | 10-11 am |  |
| Tiny Tots |  |  |  | 10-11 am |
| Tiny Combo | 10-11 am | 4:30-5:30 pm | 10-11 am | 10-11 am |
| Kids Combo | 10-11 am | 5:30-6:30 pm | 10-11 am | 10-11 am |
| Hip Hop/Tumble | 10-11 am |  | 10-11 am | 10-11 am |

**TUITION – All costs are per athlete.**

5 yrs & under Classes:

* $35 annual gym registration fee
* $55 month (1 - 1 hour class a week)
* $90 month (2 - 1 hour classes a week)
* $120 month (3 - 1 hour classes a week)

6 yrs & up Classes

* $35 annual gym registration fee
* $65 month (1 - 1 hour class a week)
* $105 month (2 - 1 hour classes a week)
* $140 month (3 - 1 hour classes a week)

 For more information Contact Sherry Johnson

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