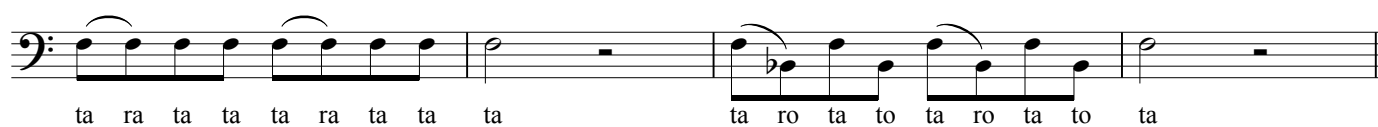
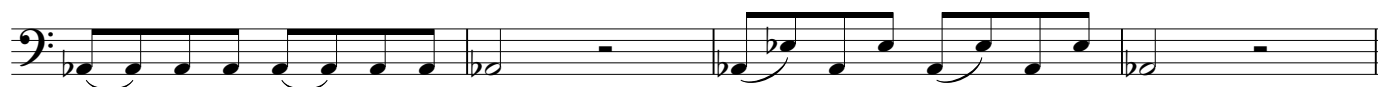


Alternancia ligado-picado 1

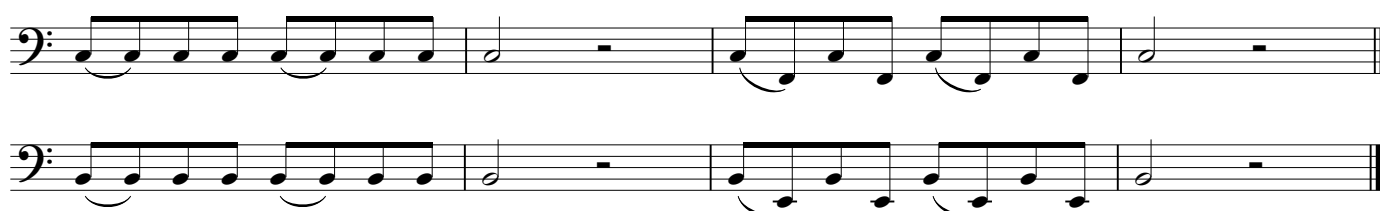
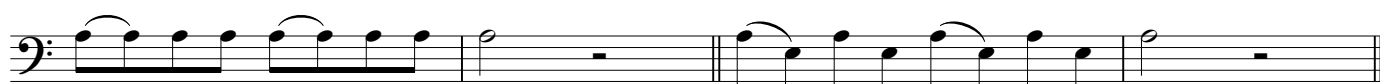
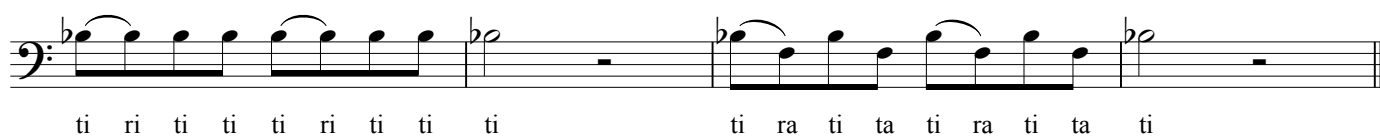
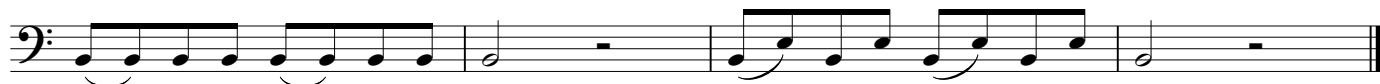
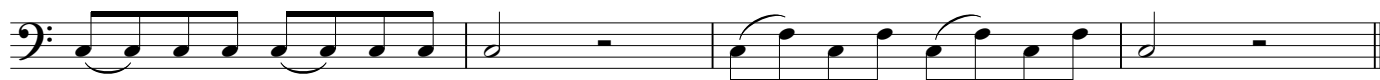
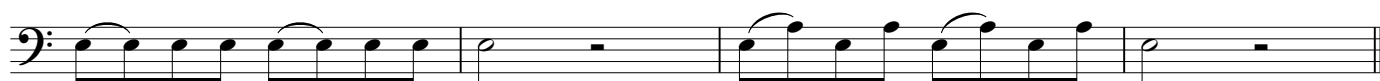
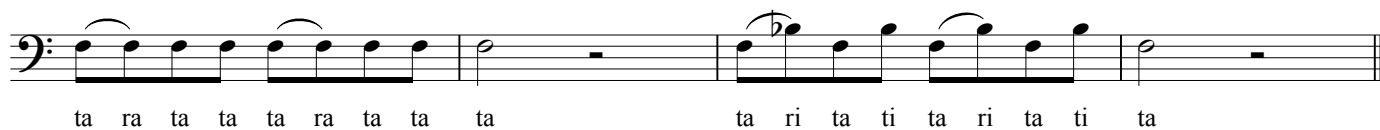
César Miguel

INTERVALO DE 5°



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INTERVALLO DE 4^a



REALIZAMOS TODOS LOS EJERCICIOS CON LAS SIGUIENTES ARTICULACIONES:

