

## Fires, Signaling for Help, Weather and Knots

What is the most important survival technique you can do/learn?

(Positive Mental Attitude)

What should you have in your survival kit?

(Matches, lighter, signal mirror, first-aid kit, survival blanket, knife, water purification tablets, etc.)

- Ways to start a fire without matches/lighter (discuss each, pro's and cons and practice)
  - Flint & Steel
    - Charcloth
  - Magnifying Glass
  - Fire Striker
  - Piston Fire Starter
  - Bow drill
  - Hand Drill
  - Soda Can and Chocolate
- What Fire-Starting Technique is best for a survival situation?
  - Ways to signal for help
    - Sound
      - Shriill Whistle (3 blows)
      - 3 gunshots
    - Visual
      - Daytime
        - Signal Mirror
        - Something on the ground for aircraft to see
      - Nighttime
        - 3 Fires
- Weather
  - Predicting Weather
  - How weather affects your survival, what do you do differently in each situation
    - Wind
      -
    - Rain
      -
    - Snow
      -
    - Cold
      -
    - Hot
      -

- Pioneering
  - What would you need to tie/lash while in survival situations?
    - Shelters
    - Animal Traps
  - Types of ropes/twine that are useful
    - Lashings to know
    - Knots to know
  - Show me:
    - Square Lashing
    - Diagonal Lashing
    - Shear Lashing
    - Square Knot
    - Two Half Hitches
    - Taut Line Hitch
    - Clove Hitch
    - Bowline

**Start DEVOURING anything on SURVIVAL that you can get your hands on!**

**Fun Survival Books to read:**

***"Hatchet"*** by Gary Paulsen

***"Far North"*** by Will Hobbs

***"Wild Man Island"*** by Will Hobbs

Check them out at the library and ask for other suggestions while you're there.