

Slimming World Curry Loaf

SYN FREE



Ingredients

- 3 Eggs
- 1 Packet Batchelors Mild Curry Rice
- 1 Tin of Asda Chickpea Dahl or Morrisons Mazadar Chickpea Dahl
- 1 tsp Curry Powder (optional)

Cooking Instructions

1. Cook the rice as per instructions on packet, and make sure all water is absorbed.
2. Beat the eggs and then mix everything together and put in a loaf tin.
3. Cook for 25-30 minutes at 180°C or until fully cooked through, do not overcook or it could become crumbly.
4. Leave out to cool one done or eat warm.