

Sound is multi-dimensional in nature

SOUND IS THE MEDICINE OF THE ANCIENTS

Religious Phobias Of course, religion does not cause phobias. Many people draw comfort rather than fear from their religious faith. Additionally, the phobias listed above often occur in those who do not identify themselves as religious. Instead, it seems that personal religious beliefs may be a small component of a larger picture.

It is easy for religious messages to be misunderstood or misinterpreted. Even many who consider themselves devout base their understanding largely on the words spoken by well-meaning religious leaders who are ultimately fallible human beings.

Perhaps the crux of the connection between religion and phobias is that religious belief requires the ultimate act of faith. As science has not yet conclusively proven what happens after death, fear of the unknown may be the ultimate driver behind the religious component of certain phobias.

Fear is a natural, instinctive reaction to dangerous situations. It is what causes us to escape from a burning building. A sudden rush of fear protects us, by alerting us to danger and stimulating adrenaline so that we think and move more rapidly than usual. But for people with phobias or panic disorder, fear is an overwhelming and unwelcome

feature of their daily lives. They are struck by fears which they know are irrational and illogical, yet which are so powerful and unpredictable that they drastically change their lives to avoid feared situations.

SOLFEGGIO HEALING TONES

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We are all conscious beings that vibrate at specific rates. These rates

or frequencies can be harnessed to maximize your physical, mental, emotional and spiritual growth.

You can use these sacred healing frequencies to maximize your conscious evolution, create an open channel for physical and spiritual development, enhance your self-healing abilities and provide deep mental and physical rejuvenation as well as a huge list of other benefits that you can experience, simply by listening to this.

Dr. Robert Girard believes that playing the Key of C (528hz) on an instrument can activate and ultimately heal DNA. His work mainly focused on using certain frequencies to activate DNA. It seems that biochemists are using the frequency 528Hz to repair human DNA (using the "C"). But, the regular "C" that we all know of in this culture does not vibrate to a frequency of 528 Hz. It has a frequency of only 512 Hz.

The "C" of 528 Hz used in DNA repair had been a part of an ancient scales, called Solfeggio tones. The difference in the scales exist because of different tuning methods that were utilized in ancient times.

The hymn (*The Hymn of St. John*) was written by *Paulus Diaconus* in the 8th century. It translates as:

So that these your servants can, with all their voice, sing your wonderful feats, clean the blemish of our spotted lips, O Saint John!

Solfeggio Frequencies

What Are The Ancient Solfeggio Frequencies?

These original sound frequencies were apparently used in Ancient Gregorian Chants, such as the great hymn to St. John the Baptist, along with others that church authorities say were lost centuries ago. The chants and their special tones were believed to impart tremendous spiritual blessings when sung in harmony during religious masses.

The Six Solfeggio Frequencies include:
UT – 396 Hz –
 Liberating Guilt and Fear

RE – 417 Hz –
 Undoing Situations and Facilitating Change

MI – 528 Hz –
 Transformation and Miracles (DNA Repair)

FA – 639 Hz –
 Connecting/Relationships

SOL – 741 Hz –
 Awakening Intuition

LA – 852 Hz –
 Returning to Spiritual Order

For example, the third note, frequency 528, relates to the note MI on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle." Stunningly, this is the exact frequency

used by genetic biochemists to repair broken DNA – the genetic blueprint upon which life is based!

Each of the six Solfeggio frequencies correspond to, not only a note on the tonal scale, but to a cycle per second hz frequency number, and to a specific color, and, ultimately, to a particular chakra in the body. For instance, middle C is related to the 528 hz frequency tone, which is associated to the color green, which, in turn, is related to the heart chakra. It is the third note on the scale and relates to the note "MI" on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle."

The 528 hz frequency is known as, the "528 Miracle," because it has the remarkable capacity to heal and repair DNA within the body and is the exact frequency that has been used by genetic biochemists. Green, of course, is the primary color of our Mother Earth, because our planet vibrates to the frequency of love or of the heart. In music, *solfege* (French) also called *solfeggio*, *sol-fa* or *solfa*) is a pedagogical solmization technique for the teaching of sight-singing in which each note of the score is sung to a special syllable, called a *solfege syllable* (or "sol-fa syllable"). in English continues in many areas.



The seven syllables commonly used for this practice in English-speaking countries are: do (or *doh* in tonic sol-fa), re, mi, fa, sol (so in *tonic sol-fa*), la, and ti/si, which may be heard in "Do-Re-Me" from Roger's and Hammerstein's score for *The Sound of Music*, as well as the Robert Maxwell song "Solfeggio". In other languages, "si" is used for the seventh scale tone, while its earlier use in English continues in many areas.