

## Stress is toxic to the body Stress can kill you

The soothing solfeggio tones help to reduce this stressors below and in turn reduce the damage to our bodies. These tones/frequencies, help to neutralize the harmful effects that you may experience from one or more of these stressors.

### Age Stress:

Nearly all humans at some time in their life become aware that their not getting any younger. If this is important to you then that next birthday could cause you more stress than we care to admit.

### Cell Phone EMF:

Cell phones emit radio-frequency energy (radio waves), which is a form of non-ionizing radiation. The tissues next to where the phone is held absorb this energy. Potential health effects of radio-frequency exposure from cell phones, radar, satellite stations, microwave ovens, and other sources have been studied for many years.

### Chemtrails:

A combination of the most common found airborne contaminants are found in chemtrails. These chemtrails are created by low flying aircraft, called contrails (condensation trail). It is believed by many, but the United States Air Force has denied that any chemical warfare trials are being performed in the skies above.

### Emotional Stress:

According to the college of physicians and surgeons, 98% of all diseases are stress related. As soon as we are under stress our immune system becomes impaired. Without an active immune system we're open to all types of

invasion, viral, fungal, bacterial. Stress also reduces the function of organs and increase adrenal function to a point where it becomes dangerous.

### Environmental:

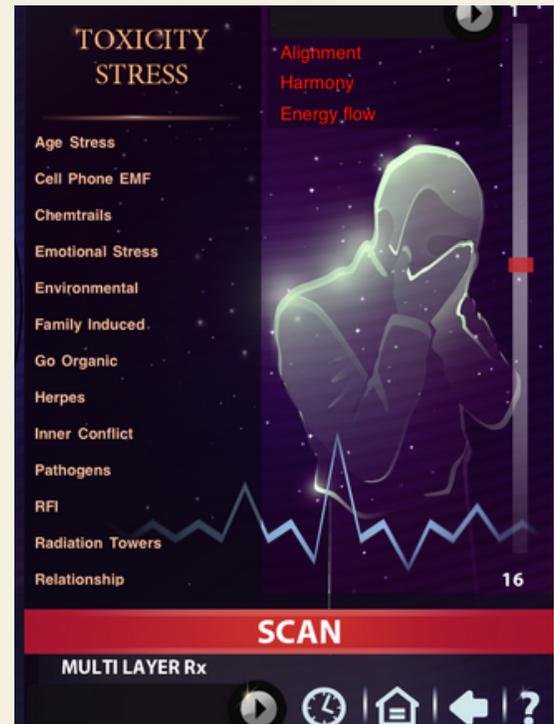
We are surrounded by environmental toxins in our home, place of work, and in our own backyards. We ingest chemicals in food and water, we breath in pollutants and airborne pathogens, you are surrounded by EMFs, microwaves, and radio waves, as well as of gassing from kitchen tops to carpets.

### Family Induced Stress:

A philosopher once said that God gave us friends to make up for our family. Many of us have either great families or dysfunctional relationships, if its the former then great, but, if its the latter then try to understand that Love and Hate are the opposite poles on the same magnet. Family stress is responsible for a myriad of health related issues.

### Go Organic:

Organics is the only way to go if you want to avoid unnecessary toxic pollution in your body. Going organic means that the food is cleaner and not a GMO product genetically engineered in a lab, its healthy'er and has more living enzymes to assist the body in building a healthy living lifestyle.



### Go Organic:

Because of a combination of herbicides and pesticides used in agriculture. Place your magnetic pad under your plate while eating. This will help neutralize the effects of the contaminants found in your food

We live longer than our forefathers; but we suffer more from a thousand artificial anxieties and cares.

**Herpes:**s a viral disease caused by both Herpes Simplex Virus type 1 (HSV-1) and type 2 (HSV-2). Infection with the herpes virus is categorized into one of several distinct disorders based on the site of infection. Oral Herpes, the visible symptoms of which are colloquially called cold sores or fever blisters, infects the face and mouth. Oral herpes is the most common form of infection. Genital Herpes, known simply as herpes, is the second most common form of herpes.

Most individuals have no or only minimal signs or symptoms from HSV-1 or HSV-2 infection. When signs do occur, they typically appear as one or more blisters. The blisters break, leaving tender ulcers (sores) that may take two to four weeks to heal the first time they occur. Although the infection can stay in the body indefinitely, the number of outbreaks tends to decrease over a period of years.

**Inner Conflict:**

A big part of becoming aware of ourselves, is discovering the amount of conditioning we have. So much of how we perceive the world is based upon what we believe – and these beliefs are often unquestioned assumptions. The conditioning process starts early with our parents. Parental discipline instills within us a sense of right and wrong – what we can and can't do. We aren't taught to consciously decide for ourselves whether something is correct or incorrect, instead we are taught to fear the consequences of being wrong.

Being correct establishes a reward and / or a sensation of well being. Being wrong establishes a contrasting lack of reward and the sensation of feeling outside the community. There is no “correct” or “incorrect” action or thoughts. Things are simply how they are. We generate the idea of doing the “wrong thing” when we rely too much upon our inner programmed conditioning. We place high expectations upon ourselves, because we are conditioned with a sense of achieving and failure.

**Pathogens:**

The term pathogen is commonly used to refer to infectious organisms. Pathogenicity is the ability of an organism to enter a host and cause disease. We are surrounded each and every day by pathogens, and we need to keep our immune system working to stave off this infectious organism. Stress and fatigue, and depression are just three of the reasons our immune system fails. Good food, clean water, rest, meditation, positive thoughts and exercise, are just a few of the things we can do to help ourselves to restore our ability to fight.



*Bacteria Pathogens*

Today, while many medical advances have been made to safeguard against infection by pathogens, through the use of vaccination, antibiotics and fungicide, pathogens continue to threaten human life.

## Invisible, Environmental Toxins that are making Many of us Sick

**RFI: Radio Frequency Interference.** Electric fields are created by differences in voltage: the higher the voltage, the stronger will be the resultant field. Magnetic fields are created when electric current flows: the greater the current, the stronger the magnetic field. An electric field will exist even when there is no current flowing. If current does flow, the strength of the magnetic field will vary with power consumption but the electric field strength will be constant.

RFI: This app helps neutralize the effects of harmful radio waves UHF: (Ultra High Frequencies). This app helps neutralize the effects of harmful Ultra High Frequencies. Place the magnetic pad under your water to help neutralize the harmful effects of contaminants in your water.

**Radiation Towers:** The safety of cellphone towers is the subject of extensive scientific debate. There is a growing body of scientific evidence that the electromagnetic radiation they emit, even at low levels, is dangerous to human health. Over 100 physicians and scientists at Harvard and Boston University schools of public health have called cellular towers radiation hazard.

The current US standard for radiation exposure from cellphone towers is 580 to 1000  $\mu$ W per square centimeter. More progressive European countries have set the standard of 100 to 1000 times lower than the United States.

**Relationships:** A relationship is normally viewed as a connection between two individuals, such as a romantic or intimate relationship, or a parent-child relationship. Individuals can also have relationships with groups of people, such as the relation between a pastor and his congregation, an uncle and a family, or a mayor and a town. Finally, groups or even nations may have relations with each other. Our need to belong, part of the tribe, part of a group is strong. When we feel isolated, rejected or unwanted this is the beginning of health issues that are difficult to resolve.

**Self Induced:** Meaning: Brought about by yourself. All too often we eat and/or drink too much, we exercise too little, we work too hard etc. We can gain control of our own lives, but, we must first recognise that something is wrong. You've heard the term, "half the cure is recognizing the problem and admitting it". Becoming aware of your own body takes practice. Becoming aware of your own emotions and in that moment having the insight to change a negative emotion to a positive emotion is a choice we can choose to act on or not.



High Tension Power Lines

Today, EMF protection for you & your family is more important than ever. According to a recent news release issued by the World Health Organization "Electrical Hypersensitivity" (EHS), an allergic-like reaction to Electric and Magnetic Fields (EMFs), is a growing worldwide health concern.