

Planetary Cities of Light Monthly Channeling
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Polarization

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Greetings. I am Juliano. We are the Arcturians.

The focus of our discussion today is on polarizations and how the energy of polarization can affect the Planetary Cities of Light, planetary healing and also you personally. I am sure that everyone in this group is aware of the tremendous period of polarization that you are living through. The polarization is very dramatic.

You see it in the political world. You have one side is the left; one side is the right. You see that each side seems to be getting more and more distant from the other side. You see that there is not even compromise; there is not the idea that there could be a middle ground. You see it in the environment. You see that people who are concerned about the biosphere are trying to stop such things as global pollution and contaminations of the oceans. Then you see the other side that still feels that it is correct to use the animals and to use the oceans and to use the forests in ways that will produce self-gain and wealth.

I know especially that it is very dangerous because when you are looking at polarizations, there is always the possibility of intense conflict and even violence. It is clear that those who are seeking control of the resources on this planet are willing to exert violence, are willing to exert control, even if it means using weapons, using military control. Of course, what is most striking from our perspective is those like you who are star seeds and you too are affected by the polarization and you may be dealing with it in different ways. For example some people say, "I don't want to talk about the polarization. I am just going to continue to do our work" which is an interesting and very valuable response.

My view is also that polarization affects you personally in your personal life. You are living now on a polarized planet. Perhaps because of the large population, because of the extensive Internet, and global interaction, this period that you are now living in may be one of the most polarizing times in the history of this planet. So doing the Planetary Cities of Light work in a sense is a way to insulate yourself because you are trying to then work on what is possible. And what is possible is that you want to create a harmony. You want to create a place where there is not polarization. And unfortunately there are even still people who want to upset, who want to use

methods of violence so that there is no calm, so that there is no harmony. This is how severe the polarizations is.

In fact it is so severe that there are large groups of people on the planet now who will argue that this is the End Times, the end of how you know the civilization. Because of intense polarization they have divided it up into the fight of good against evil. One side is evil and the other is good, and there will be a final war. That war is called the Armageddon. Incidentally, Armageddon is a place in the biblical times. It was an actual city. The idea is that the battle of Armageddon will take place somewhere in Israel near the archeological city of Armageddon. That word, "Armageddon", has now come to mean the battle of the End Times, the final battle between good and evil.

But from our perspective we have observed other planets that have had this level of polarization. Sometimes this level of polarization has lead to destruction, destruction of the planet, destruction of the civilization. It is very unfortunate. This has lead to our work as Ascended Masters and as fifth dimensional beings to develop with you a method to counter polarization. It is difficult to counter polarization. Especially if you are a star seed, especially if you are a lover of the environment, a lover of the biosphere and you are wanting to preserve the biosphere. Because even you who are higher beings, even you who are in this expanded consciousness will naturally feel anger and feel even resentful to those who are in the opposite and the opposite usually means those who are harming the environment, those who are doing violence, those who are not understanding higher consciousness.

So whether you know it or not, whether you admit it or not, you too become affected by the overwhelming energy of polarization. It is very hard to avoid. I am sure that some of you may even be listening to the news at times or reading newspapers or talking to people. You *see*, you *feel* the energy of polarization. So naturally it is going to affect *you*. It's going to affect your energy field. How are you to approach this energy of polarization, especially if it comes into your personal life? How are you to deal with the world situation, the planetary situation which has become more radicalized? I wish I could give you a simple answer. I wish I could say "this is the proper attitude."

One observation is the higher perspective that this conflict, this polarization, is part of the cosmic karma, is part of the cosmic energy that is being played out in the drama of the world. And I do want to say that it is a drama. You might see the side that you are on which is the side of higher consciousness, the side of protection of the biosphere. You may see this side is losing. You may see that this side that you are so dearly protecting and wanting to promote is losing, the side of harmony, the side of spiritual light, the side of fifth dimensional energy, the side of evolutionary change towards higher light and higher consciousness.

You may feel that it is losing, especially when you see, as you probably do, that those who are in positions of power seem to be winning. They seem to be gaining. There seems to be more division. In fact those who are in control of power, who are in control of many of the world resources want the polarization because they want to assert their authority. They want to assert their control even on a deeper level.

I want you to understand that now is the time also of increased karma, a more rapid karma. I think you even see this in your own life. Energy or actions can immediately produce a karmic result, a karmic interaction, a karmic 'price', if you will. So don't fall into the belief that "the dark side is winning", because *you* are part of the whole process. Your connecting with higher light is helping to sustain and *hold* that energy. There are certain tools for dealing with polarization. Some of the tools are simple, but the basic tool, the basic idea is that both sides want to work towards a resolution, that there is no winning, but that both sides are going to be open to all possibilities and all compromises that will produce a better and greater harmony.

But then, of course, you might say, "How can I compromise with somebody who is polluting the oceans and killing the whales? How could I possibly compromise?"

The answer is that, for example even in the case of the whales and those who are killing the whales, everyone has a stake; everyone has a stake, in the final outcome. And, therefore, if you reach the point you understand that there must be *some* give and take. I know there are people who do not want to move an inch. I know there are people who do not want to stop polarization.

Yes. That is where quantum healing, that is where quantum light, that is where a higher intervention must be brought to this planet. But some of the choices for making people come to their senses are very harsh, because those who have spoken about the end times also have some correct perceptions that there has to be something that shakes the planet. We have talked about this as a planetary event.

A planetary event unfortunately usually seems like it is a negative event. Remember how on 9/11 people seemed to develop a Unity Consciousness that was able to hold everyone's attention, but of course that disintegrated to another war and *more* polarization. But it did show that there is a possibility of holding unity, even for a brief moment. So we look towards a planetary event in a positive way that will make people see the reality. The reality is that everyone is in this planet together, that everyone is suffering, even those that may think they are gaining in their own wealth and control will suffer and their children will suffer, unless there is brought an energy of harmony, a desire to overcome polarization.

So I would like for you to think that you will use this affirmation that you are saying, "I am desiring to overcome the polarizations to the best of my ability. I am willing to work towards a solution that overcomes polarization."

This could even be in your personal life. It may mean that you are not going to take the polarized position. It may mean that you may have to admit that you are not totally right all the time. It may mean that you can say, "Yes. Let's find a way. I am willing to work together." Because you know, in the energy of polarization, when one side says "that is the only way", this increases the polarization, that increases the resentment, that increases the likelihood of a continuation of that energy.

I like to think of the Planetary Cities of Light as a place that *holds* higher consciousness and holds the ability to promote a new method of overcoming the polarizations because you could look at the Planetary Cities of Light, yes, as perhaps like Shangri-La. When you think of a fifth dimensional city, you don't think of arguments, you don't think of war, you don't think of hatred. You think of things like acknowledgment of individual differences, of looking for ways of finding solutions to conflicts in a way where both sides are winning, in a way of creating a harmony.

But the illusion is that when you are working with harmony, you think that everybody has to think as same way as you, that everyone has to be on the same path. But in fact, a harmony is often the acknowledgment of individual differences. It is the acknowledgment that everyone has their own perspective. This is especially true on the earth now because you have so many different religions, so many different languages, so many different spiritual views and so many different opinions.

Even if we were to survey all of the light workers on the planet we would find differences of opinions and interpretations. So really the harmony is a delicate balance of acknowledgment of individual differences and the acknowledgment of working together to find a balance, to find this harmony. That is a lot of work. That also means the removal of your ego, therefore, a willingness to stay open. Of course we want this to be transmitted through the Cities of Light, this new view. Now in the traditional Cities of Light and in the traditional cities of Shangri-La, those of conflict and wanting to win, would not be admitted.

It has to be that you are willing to work towards an openness of individual acknowledgment. That is the biggest fear on the planet. If you talk about the idea of a global world, the argument against that is the fear of losing their individuality, of losing their individual perspectives on religion, economy, spirituality. It's a fear of being controlled by some greater good. But then think about this: How is this planet eve going to solve its problems unless there is a coming together? Becomes what happens on one part of the planet now affects everything and it becomes very obvious. One group that pollutes the ocean can do tremendous damage even if others are willing to be pure and not pollute.

What a tremendous opportunity, but also a tremendous difficulty, to resolve the polarizations. So don't be a part of the polarization. Say that you are willing to be a *bridge* towards working together to find a higher solution.

I am Juliano. Good day.