

**Planetary Cities of Light Monthly Channeling**  
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**The Importance and Benefits of Creating Sacred Spaces**

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Greetings. I am Juliano. We are the Arcturians.

So we are discussing the evolution of the human species. In this discussion we have talked about the expanded consciousness as representing the next state or the next stage of human revolution.

Today I want to focus on *how* this next stage of evolution *manifests* itself on the earth. One of the frequent questions put to me is, "How do you bring down fifth dimensional energy and light into the planet? How is fifth dimensional energy *manifesting* on the earth?" Because when you look at the spirituality and the spiritual light you can say that it is very beautiful and nice, that we are connected with the energy, but *how* is this *connection* making a difference? The answer lies in part on what you are able to do in the Planetary Cities of Light Project. The answer lies in this.

There of course needs to be a manifested *shift* on how the world is operating. There does need to be a *change*. This change is founded in large part on the principles of creating sacred places and sacred energy. Throughout the history of this planet there have been various attempts to create Sacred Spaces. And these attempts really are quite successful. I am thinking in particular of the pyramids, of the sacred archeological sites throughout North America and Central America and South America. Some of these are well known such as the pyramids of the Mayans, Machu Pichu in South America, Stone Henge in England and of course the Sacred Sites in Jerusalem. But there are others throughout the planet that maybe are not well known that through various native peoples have been founded and have been protected.

We feel that there needs to be an *expansion* of sacred energy. There needs to be an expansion of the Sacred Sites throughout the planet. We need *more* Sacred Sites, not less. We need *more* protected energy. We need *more* protected reserves. In order to do this we are working with you in this project known as the Planetary Cities of Light Project and the Planetary Ocean Reserve of Light project. Why do we need more protected areas? Why do we need more Cities of Light?

Part of it has to do with the blockage of energies as a result of the contamination and

pollution throughout the technology of the western civilizations. This is in part due to the economic progress, quote-unquote. This “economic progress” has led to blockages in meridian energies and dense areas. Even today it is clear that the pollution in such cities as Beijing is so dramatic that one inversion can be over 1000 miles long or 1000 miles in diameter. This polluted air is traveling across the world. It is going to places that have nothing to do with this technology. It is going to islands. It is going to forests. It is going to cities that may be committed to environmental purity yet the effects of other polluting civilizations and countries travel all over.

So creating more sacred places is one way of countering the negative effects of the contamination, both in the air and in the water and also in the ground. Now, in creating Sacred Sites, our work is slightly different than what has been done in the past. Because our creation of Sacred Sites that are in the Planetary Ocean Reserves and Planetary Cities of Light is focused on fifth dimensional energy. We are focusing on connecting each sacred place to the fifth dimension. We are *not* connecting it to any specific religion. We are *not* connecting it to any specific Ascended Master. We are instead saying that this Sacred City of Light or this Sacred Ocean Reserve of Light is connected to a special fifth dimensional energy. One of the features of this connection is to be able to work with quantum healing light, which is also called Omega Light.

This is why the Planetary Cities of Light are so valuable and *can* be so powerful, because the quantum light has special properties. We know that to work in quantum healing, it involves the transcendence of the cause and effect. The transcendence of the normal thought processes on the earth. The normal thought processes are based on cause and effect. It is based on logic. It is based on scientific observation. It is based on the scientific principles that have been established in modern physics. There are rules and laws that govern how the physical world operates. Now, unfortunately, when we look at the rules and the laws that are the foundation of the third dimension, we conclude that some of these contaminations and pollutions and loss of the biosphere cannot be replaced and cannot be purified. This is a way of saying that things look very dangerous; things look very bleak.

*How* are you going to remove radiation from the soil, for example, that has been contaminating the earth? How are you going to remove radiation from the oceans? This radiation is continuing to be placed into the oceans, especially from Fukushima. Yes, it is true that the Chernobyl area has a new sarcophagus, a new concrete cover over it, which is good that it is finally protecting the atmosphere from emissions of large amounts of radiation. But, what about the radiation that has already been released from Chernobyl? Where has that gone? Some of it has fallen into the land and some of it has fallen into the waterways. What about the radiation that is coming from nuclear waste from Russia that has dumped large amounts of submarines or other military waste into the oceans in the north? How is that being filtered out?

You see, what about the loss of forests that continue? We know that the forests are like the lungs of the earth and that the forests are being destroyed at a very rapid rate. How will we be going to make up the difference? Who and what is going to provide the needed oxygen, the pure oxygen? You would think that we are at a time on the planet where we need *more* forests because there is more evidence of pollution such as what I described in Beijing. Even today in Beijing, people cannot go out on the streets because the air is so toxic. So to counteract this you would need *more* forests, not less. But we are actually in a position where there is *more* loss of forest. The loss of forests is continuing.

So the bringing in of Sacred Cities helps by connecting those cities to quantum healing light. This quantum healing light then is able to transcend the logic and the negativity from this consistent damage, this consistent contamination that looks irreversible. I am saying to you that it is *not* irreversible, that this planet *can* recover. This planet *can* come back into balance. The connection with the fifth dimension means, in simple terms, miracles can happen. You can continue to hold a pure and sacred light and a pure and sacred energy that contains this quantum process, this quantum healing. I am aware of the polarizations. I am aware that there is a great deal of conflict and controversy throughout the planet

You see it even in your project. You see that it is hard to have people agree on how to proceed in healing, in working together. But quantum healing, Omega Light, helps the area to transcend, helps people in the area to feel more like working together. Part of the idea of the quantum healing light in a Planetary City of Light focuses on the people, focuses in a way that people want to work together, people want to come into unity. You know that when you create a sacred space, you still need ways and techniques to work together successfully. Working together successfully often means lowering the ego. It often means lowering the need for control, the need for power and to accept people as brothers and sisters and to find ways of joining.

The Native Americans in the United States often say, "We are all brothers and sisters. We are all family." That means that we are in a circle. Being in a circle means that we are wanting to transcend our individual differences and join together in a higher light, in a higher purpose. But there are still many people who do not want to come together in a circle. They do not want to work together. But when they come into a City of Light with this fifth dimensional energy, they will be able to feel this Omega Light, this quantum healing light in your City of Light. And they will change. It will affect their thinking. It will affect their egos.

So please become aware of the value of your City of Light and know that it is on many different levels. That is, the effect on the Cities on Light is on the Physical Level, is on the Environmental Level but it also on the level of *affecting* how people think and how people act towards each other. I am suggesting that people in the Cities of Light will be more brotherly, more sisterly, will have less ego and be willing to work together. So this is a great energy that you can hold, that you can bring down.

Also with that feeling of unity and brother-ness and sister-ness in the City of Light, miracles can occur:

- Quantum-healing miracles in the environment of the city,
- Miraculous purifications from contamination,
- Miraculous filtering of radiation that seems to be very damaging and
- Most important, the holding of fifth dimensional energy in that place so that there becomes a new energy of healing on all levels.
- And that there becomes a greater receptivity to the fifth dimensional light.

So you are part of the evolution of humanity because you are working to manifest in a very concrete way sacred energy in sacred places.

I am Juliano. Good Day.