

WHO DOES WHAT AT HOME



Part of being there and being supportive to each other as a family also means being clear and organized about who's responsible for specific diabetes related things to get done. That's why this form is called the "Who Does What at Home" form. How you organize yourselves around the diagnosis will have everything to do with your child's HbA1c down the road! What's the connection between family organization and metabolic control? It's a deep, direct relationship. Families that organize themselves effectively around diabetes management usually have children with A1c's in target range.

The form is meant to help guide you and your family think about, talk about and actually put into action what's on the form. The plan you come up with may change over time – that's fine! But you have to have some kind of "game plan" in place and this is meant to help you develop one that works for you and your family's life and schedule.

	Mother/ Partner	Father/ Partner	Brother	Sister	Grandparent	Friend
Food & Snacks						
Diabetes Supplies (Purchases and maintains)						
Prescriptions						
Deal with School: - Talk with teachers - Fills out forms - Prepare/Maintain school emergency kit						
Responsible for morning routine & diabetes management						
Responsible for bedtime routine and diabetes management						
Goes to diabetes clinic/ periodic visits						