

3 DAY LOG



		Breakfast	Lunch	Tea/Dinner	Bed	Comments
DAY 1:	BG					
	Carb grams					
	Carb Bolus					
	Long Acting Insulin					
	BG Bolus					
	Activity Notes					
	Goes to diabetes clinic/ periodic visits					
DAY 2:	BG					
	Carb grams					
	Carb Bolus					
	Long Acting Insulin					
	BG Bolus					
	Activity Notes					
	Goes to diabetes clinic/ periodic visits					
DAY 3:	BG					
	Carb grams					
	Carb Bolus					
	Long Acting Insulin					
	BG Bolus					
	Activity Notes					
	Goes to diabetes clinic/ periodic visits					