

North West Counties Juniors U7 & U8 s playing rules 2016

- 1. The game is to be called Primary Mini Rugby League and is a modified version of Rugby League.**
- 2. The game to be played by all children at Year 2, primary school which is under the age of seven, at midnight of 31 August (start of each season).**
- 3. The maximum number of players per team shall be 7 with unlimited substitutions. Where practical, coaches to strive to ensure all the players are involved by introducing another game for example if both sides have 12 players then two games of 6v6 could be played.**
- 4. (a) All single games should be played over four ten minute periods.**
 - (b) All player must play a minimum of twenty minutes.**
 - (c) No player must sit out two consecutive periods**
 - (d) All Festival games should be played in two halves of no longer than seven minutes maximum with a two minute interval. No player should be allowed to play for more than a total of 40 minutes in any one day.**
- 5. Size of the playing area: max 50 x 30 metres (maximum) with a minimum of 40 x 20 metres but the game can be played on any grassed area.**

If two games are to be played on each half of a full pitch, consideration should be given to the following:

- a. Safety: The goal posts should be outside the playing area.**
- b. Width: Too narrow an area should be avoided**

6. Size of the ball: The game will be played with a Primary Rugby League Mini League ball or size three standard Rugby League ball.

7. a. The six tackle rule applies

Each team must complete a full set of six tackles including error`s the coaching ethos of this is to allow players to not experience any fear of failure in executing the skills of the game. Once a try is scored the ball is handed over.

- 8. The game will commence with a play the ball on the centre line at the beginning of each half by:**
 - a. At the start of the first half by the team who loses the toss of a coin for choice of playing ends.**
 - b. At the start of the second half, by their opponents.**
- 9. After each tackle all players must retire five metres prior to the play the ball restart. The tackled player should restart the game by way of a play the ball.**

The ball must be played backwards in the correct manner and where the tackle occurred.

- a. The defending side cannot move until the ball is passed by the acting half back.
 - b. The minimum distance the ball is played from the try line is five metres. (i.e. if a tackle is made closer to the line move the play the ball back).
10. Acting half back is not allowed to scoot at U7s, U8s. Acting half back must pass at all times.
11. There will be no kicks allowed.
12. A try is scored in the normal way by placing or touching the ball down on or over the opponents try line.
13. No scrums.
14. a. When an attacking player is held up in their opponents in -goal area, play will be restarted by a 10 metre play the ball to the attacking side, unless it is on the handover tackle where the restart will be a play the ball on the 10 metre line for the side that has just defended.
- b. Any player tackled and forced into their in goal area will result in a 10 m hand over to the non-offending team. The game is re started five metres infield from the try line opposite to where the player was tackled and it is counted as one of the six tackles.
- c. If the defending side receive the handover within their own 10 metre area, then the restart should advance to the centre of the 10 metre line and resume with a play the ball.
16. No ball stealing.

Coaches: the emphasis is on fun and inclusion, coach through a child's eyes.

Every child wants to feel part of the team not there just to make the numbers up.

Set a goal to up skill all the team not just the gifted and talented.

Equal opportunities breed retention and increased participation.

Coach to "develop "NOT Coach "to win "

SUNDAY IS FUNDAY