

## WHO SHOULD ATTEND PARENT SURVIVAL SKILLS TRAINING?

Parent Survival Skills Training (PSST) is for concerned parents, parents of teenage substance abusers and parents of Juvenile Court youth. PSST is open and free to all parents.

## WHAT HAPPENS AT THE MEETING?

The meeting begins with people introducing themselves and telling what they are going through with their teenager.

- After introductions, the Probation Officers and/or parents participate in a role-play. No one is pressured into participating in a role-play. The role-plays are taken from real life situations and usually demonstrate how teenagers manipulate and control parents. The role-plays are designed to be fun and educational.
- Parents discuss the role-play(s). Everyone gets a chance to put in his or her two cents.
- Parents discuss their own situation and help each other to come up with parenting strategies. Sometimes this leads us into doing another role-play.



## WHY SHOULD I COME?

- *Stronger parents can better help their teenager to make good decisions about drugs and alcohol.*
- *Come help other parents by sharing your experience.*
- *Come take a coffee break*

## WHEN ARE THE MEETINGS?

### Eastern Community Based Probation

- **1<sup>st</sup> Saturday of each month 9:00 - 11:30 AM.**

### Trinity Lutheran Church

- **2<sup>nd</sup> Saturday of each month 9:00 - 11:30 AM**

### Saints Simon and Jude Church

- **3<sup>rd</sup> Saturday of each month 9:00 – 11:30 am**

## HOW DO I GET TO THE MEETINGS?

*The meetings are held in three easy-to-find locations.*

The Eastern Community Based Probation Office 907 West Street, 1<sup>st</sup> floor, Pittsburgh, PA 15221

Traveling east on the Parkway, take the first exit after the Squirrel Hill Tunnel (Edgewood Swissvale Exit) and bear left twice. Turn right onto S. Braddock. About a mile later, turn right onto Penn Avenue. Two lights down make a right. Then, turn right into the parking lot.

Traveling west on the Parkway take the Wilkinsburg Exit. Turn right onto Ardmore. This is also Route #8. Follow through Wilkinsburg until you pass the McDonald's. Turn left onto West Street, and then turn right into our parking lot.

*Look for the brown awning at the corner of the parking lot. Once inside, turn left and the meeting is the first room on your left (on the first floor).*

**Drug and Alcohol Unit  
Eastern Community Based  
Probation Office  
907 West Street  
Penn West Building – 1st Floor  
Pittsburgh, PA 15221  
Phone (412) 247-6362**

**Trinity Lutheran Church** 2500 Brandt School Road, Wexford, PA 15090. Coming from I-79, exit 73 Wexford/910 turn east (which is right if coming from the south, left if coming from the north) onto Route 910 and proceed to the next traffic light. Turn right onto Brandt School Road and travel about 1.4 miles until Trinity Lutheran Church comes up on your right. Proceed past the first driveway to the second driveway and drive around the back to the Education Building. If the sign says Trinity Lutheran YMCA then you have found the correct driveway.

**Saints Simon and Jude church at 1607 Greentree Road - Scott Township Pittsburgh, PA 15220**

From Greentree Exit of Parkway West (I-279):

1. Approaching the Greentree Exit of the Parkway West (I-279) from either the airport or downtown Pittsburgh you make a *right hand turn* at the end of the exit ramp. You are now heading south on Greentree Road (Route 121)
2. Travel approximately 2.5 miles through numerous traffic signals. At this point Greentree Road will change from two (2) lanes and become four (4) lanes wide at Carriage Park apartments.
3. Saints Simon and Jude Church will be on your left shortly after Carriage Park Apartments.

**For more information call  
(412) 247-6362 or visit  
<http://gopsst.org>**

## **Allegheny County Juvenile Court Mission Statement**

**To reduce and prevent juvenile crime;  
To promote and maintain safe communities;  
and to improve the welfare of youth and families who are served by the court.**

The principle beliefs supporting the Mission are:

- That the disposition of juvenile offenders takes into account the best interest of public safety.
- That juvenile offenders be held accountable for the harm they cause to individuals as well as the community at large.
- That the primary objective of treatment is to improve and develop the juvenile offender's competency skills.
- That community residents and organizations be actively engaged by the court in a cooperative effort to seek solutions to juvenile crime.
- That excellence in the quality of court services requires sensitivity to the racial, ethnic, and cultural diversity of the client population.
- That victims are an integral part of the justice system and should have their rights protected during all phases of the court proceedings including the right to be heard, notified, and restored.

### **Juvenile Section**

### **Allegheny County**

### **Court of Common Pleas Court**

**Family Division  
550 Fifth Avenue  
Pittsburgh, PA 15219  
Phone (412) 350-0200  
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