

Name of the guideline:

Safe Sleep

Description: The purpose of the *Safe Sleep* guideline is to provide a uniform care plan for documenting safe sleep interventions. The Safe Sleep guideline may be used with individual clients as well as health care and community settings. The Safe Sleep guideline is based on the American Academy of Pediatrics Task Force on Sudden Infant Death Syndrome recommendations.

Omaha System Problems:

Caretaking/parenting
Growth and development
Health care supervision
Sleep and rest patterns
Substance use

Population: Newborns, Infants, Expectant parents, Health care systems (NICU, Newborn nursery)

Diseases/Condition: Prevention of SIDS SUID

Practice setting: All

Levels of practice: Individual/Family/Community

Date of most recent guideline revision: November, 2016

Encoded by: Omaha System Community of Practice Safe Sleep Group

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Source: American Academy of Pediatrics

Safe Sleep for Babies (NIH)

https://www.nichd.nih.gov/publications/pubs/Documents/Safe_Sleep_Baby_English.pdf

References:

Eunice Kennedy Shriver National Institute of Child Health and Human Development, NIH, DHHS. (2012). Safe Sleep for Your Baby: Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death (12-7040). Washington, DC: U.S. Government Printing Office.

SIDS and Other Sleep-Related Infant Deaths: Updated 2016 Recommendations for a Safe Infant Sleeping Environment. TASK FORCE ON SUDDEN INFANT DEATH SYNDROME
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