

**Name of Guideline:**

*Evidence and Practice-Based Standardized Care Plan for the End-of-Life Care of Adults*

**Description:** The purpose of the *Evidence and Practice-Based Standardized Care Plan for the End-of-Life Care of Adults* is to provide a shared care plan for adults, their providers, and their caregivers that supports ethical decision making and safe, effective, and compassionate care near the end of life (Hastings Center, 2013). Problems included in this guideline were identified by international stakeholders including medical, legal, and ethics scholars as well as providers, hospice registered nurses, and social workers. A Master of Nursing student at the University of Minnesota in conjunction with an Omaha System expert classified the interventions that were synthesized from the literature and validated by nurses and scholars. The interventions are intended to be non-overlapping across problems, and to build a comprehensive, holistic plan of care for those problems deemed applicable by the consumers and members of the health care team.

**Omaha System Problems:**

Bowel function	Nutrition
Cognition	Oral health
Communicable/infectious condition	Pain
Communication with community resources	Physical activity
Digestion-hydration	Reproductive function
Grief	Respiration
Health care supervision	Skin
Interpersonal relationship	Sleep & rest patterns
Medication regimen	Spirituality
Mental health	Urinary function
Neuro-musculo-skeletal function	Vision

**Population:** Adults receiving end-of-life care, their surrogates, caregivers, and providers

**Diseases/Conditions:** Seriously ill patients likely near the end of life

**Practice Setting:** All

**Levels of Practice:** Individual

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**Encoded date:** March 2016

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**Sources:**

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