

Name of the guideline:

Evidence-based Standardized Care Plans for Community Dwelling Elders

Description: The purpose of the *Evidence-based Standardized Care Plans for Community Dwelling Elders* is to provide a shared care plan for elders and providers in order for elders to remain at optimal health and wellbeing, and live safely in their homes/communities. Problems included in this guideline were identified by international stakeholders, including home care providers and scholars. Interventions were synthesized from the literature and validated by providers, scholars, and consumers. The interventions are intended to be non-overlapping across problems, and to build a comprehensive, holistic plan of care for those problems deemed applicable by the consumers and members of the health care team.

Monsen, K.A., Foster, D. J., Gomez, T., Poulsen, J. K., Mast, J., Westra, B. L., Fishman, E. (2011). Evidence-based standardized care plans for use internationally to improve home care practice and population health. *Applied Clinical Informatics*, 2, 373-384. doi:10.4338/ACI-2011-03-RA-0023

*Monsen, K.A., Westra, B.L., Paitich, N., Ekstrom, D., Mehle, S.C., Kaeding, M., Abdo, S., Natarajan, G., & Ruddaraju, U. (2012). Developing a shared personal health record for elders and providers: Technology and content. *Journal of Gerontological Nursing*, 38(7), 21-5.

*Westra, B. L., Paitich, N., Ekstrom, D., Mehle, S.C., Kaeding, M., Abdo, S., Monsen, K.A. (2013). Getting on with living life: Experiences of older adults after home care. *Home Healthcare Nurse*, 31, 9 1-9.

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Omaha System Problems:

- Abuse
- Caretaking/parenting
- Circulation
- Cognition
- Communication with community resources
- Health care supervision
- Income
- Interpersonal relationship
- Medication regimen
- Mental health
- Neglect

Neuro-musculo-skeletal function
Nutrition
Oral Health
Pain
Personal care
Physical activity
Residence
Respiration
Sanitation
Skin
Sleep and rest patterns
Social contact
Substance use
Urinary function
Vision

Population: Community dwelling elders

Diseases/Condition: Chronic conditions

Practice setting: All

Levels of practice: Individual

Date of most recent guideline revision: Reviewed July 2013, Updated November 2013

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References:

Available at

<http://omahasystemmn.org/Careplans/PeerReviewed/International/2011-02-07HomeCarePathwaysReferences.pdf>

<https://dl.dropboxusercontent.com/u/16553143/Post%20before%20November%2021%2C%202013/CDErefs2.docx>

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