

Chili



Ingredients

2 ½ lbs Ground Beef	2 tsp Salt
2 Large Onions Chopped	2 Tbsp Chili Powder
4 x 15oz Cans Chili Beans	4 tsp Oregano
1 x 28oz Can Diced/Crushed Tomatoes	2 tsp Sugar
1 x 12oz Can Tomato Paste	1 Cup Water
½ tsp Black Pepper	

Directions

Pan Directions

In a large pan cook ground beef and chopped onion until meat is browned. Drain fat. Stir in remaining ingredients. Bring to a boil. Cover, reduce heat to low and simmer 20 minutes.

Crock Pot / Slow Cooker Directions

In a large pan cook ground beef and chopped onion until meat is browned. Drain fat. In a large crock pot mix together beans, tomatoes, tomato paste, pepper, salt, sugar, oregano, chili powder and water. Add cooked beef and mix thoroughly. Set cooker to LOW and cook for 4-5 hours.

Notes

Garnish Chili with shredded Cheddar cheese, and serve with warm bread and crackers.

