



**19 Years of Championing Fly Fishing Wellness Retreats
for Women Battling or Surviving Cancer**

Reeling & Healing Midwest Facts

- Our Mission: To provide participants with a one-of-a-kind experience on and off the river, which renews their spirit and hope through the combined elements of fly fishing, nature, peer coaching, and positive camaraderie.
- New Participant Retreats host 12-14 participants and 14-16 volunteers. On average, ninety-six percent (96%) of the participants have never fly fished; Fifty percent (50%) fished when they were children; Fifty percent (50%) don't swim; Ninety-nine percent (99%) have never worn a pair of waders nor have any knowledge of aquatic insects.
- 100% of donations received underwrite our New Participant Retreats.
- RHM is 100% volunteer-staffed.
- Our retreat programs began in 1998 and were inspired by women challenged with a cancer diagnosis and the quest for something more in life.
- Since 2005 our retreat programs have been available for women diagnosed with or surviving **any** cancer.
- To honor the requests to expand their support network and continue their fly fishing education, RHM added the first Reunion Retreat in 2005.

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REELING & HEALING MIDWEST RETREAT HISTORY		
19 YEARS	66 New Participant Retreats	45 Reunion Retreats
2016	4	3
2015	6	2
2014	6	3
2013	5	3
2012	4	2
2011	5	3
2010	4	5
2009	4	5
2008	4	5
2007	4	5
2006	4	5
2005	3	4
2004	2	-
2003	3	-
2002	2	-
2001	2	-
2000	2	-
1999	1	-
1998	1	-

Renew Spirit. Renew Hope. FISH ON!