



# The Spirit

Spring, 2007

of the United States Adaptive Recreation Center

## Development Camp Goes Downhill

With winter not necessarily in full swing, it was dubious if there would be available terrain for the USARC's Skill Development Camp on February 9-11. Nonetheless, conditions proved perfect for the participants that showed up ready to absorb advice, tips and tricks to take their intermediate skiing to the next level.



**Carol, Nik, Will and Ben stand behind Sam, Mickey, Freddy, Fred and Tim.**

The USARC strives to keep the camp small to facilitate lots of individualized attention, and that's exactly what the half-dozen participants received over their three-day session. Three days, filled with advice by U.S. Disabled

Ski Team coach Ben Roberts and the USARC's instructor-extraordinary Will Rahill, would turn anybody into a slope shredder. Enjoining that collective expertise with the help of numerous USARC volunteers, video-analysis, and lots of laps up and down the hill, in the gates and out, each skier's ability was raised a notch (or two or three!)

(see *Going Downhill*, pg. 4)

## 1 Year, 2 Summers

That's what one might think, with most of the snow gone by April, and reflecting back on a "winter" with 70+ degree temperatures! Despite the foot of powder that fell in late March, summer has been on everybody's minds for months. The sun is shining and beginning to warm up the lake, and the USARC has its calendar set (see page 8.)



**Tom's waterskiing shows his surfing roots, slicing through a bottom turn toward the lip.**

The equipment carousel has begun, with snowsports equipment stored, and watersports equipment pulled out, dusted off and readied. Whether your tastes run from engines to sails, or anything in between, the USARC has an activity that will teach you new skills or enhance those you already possess.

(see *Summer's Coming*, pg. 3)

## Wounded Warriors Victorious at USARC

For two days in March, the USARC played host to veterans disabled as a result of combat in Iraq and Afghanistan, thanks to a donation made in the name of the late Roy Heilpern (a member of the Don Diego Ski Club.) In partnership with the San Diego Naval Hospital and the Wounded Warrior Project, these servicemen had the opportunity to discover (or rediscover) the freedom of effortlessly gliding down snowy slopes with the USARC.

A variety of adaptive techniques were used to facilitate a successful trip for each member of the group, including monoskiing, 3-tracking, snowboarding, and traditional skis and poles. It is the shared philosophy of each organization, and each participant, that rehabilitation occurs on many levels. As important as the clinical component is to restoring ability, so too is the treatment that restores a sense of freedom, joy and self-reliance.



**The Crew that made it all happen.**

While this group may not differ in that regard from other USARC participants, the stark contrast between the origin of their disabilities and the peaceful serenity of the mountains makes their visit to Bear Mountain that much more rewarding. Kudos to local businesses that stepped up to the sponsorship plate, including the Grizzly Manor Café, Sonora Cantina, and Big Bear Mountain Resorts, as well as local organizers Jim Ortiz, Sarah Tully, and Norm and Gayle Cox, whose social acumen was first-rate!

While the USARC shares the hope that this group will not grow in number, it will always have a place where challenges, and victories, are rewarded with smiles and laughter.



**Wounded Warrior  
Disabled Sports Project**



# Thoughts from the Executive Director

Dear friends of the USARC,

I re-read my prior note to you, our USARC membership, and chuckled a little at the optimism I was displaying over the then-chilly air. Not only was it a cold fall, but there was certainly plenty of buzz about the pending El Niño, and the assertion that the prior wet winters weren't a fluke. Well, hubris can be a dangerous thing, and it soon became evident that Mother Nature had other plans.

Fortunately, with the bitter cold came dryness, a combination that produced fantastic snowmaking conditions. Bear Mountain found the means to ultimately open virtually 100% of its trails, and in a year with about 2.5 inches of rain, that's no small task. I mention this because in spite of the public's perceptions, conditions were superb. So while many participants and volunteers opted out this winter, those who persevered were richly rewarded.



**Tom Peirce**  
Exec. Director



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Those rewards took place on many fronts. We were thrilled to teach a group that came all the way from the U.K., and we were proud to teach a group of veterans recently disabled in Iraq and Afghanistan. The Skill Development camp turned intermediates into advanced skiers, and Special Olympians who learned to ski with the USARC proudly wore medals they won.

These participants found clear sunny skies, packed powder, and enthusiastic and able volunteers. The volunteers, those amazing, wonderful, selfless volunteers, found a winter without blizzards, with dry roads, and grateful and eager students. Factor in a staff that always went the extra mile, and you had an unbeatable combination of people. These are the in-front-of-the-scenes folks, but behind them are families who support their passions, and often unknown to them, donors and philanthropists who understand the importance of recreation therapy programs.

Soon enough the lake will be warm and those programs will enter their next phase, a phase in which I felicitously invite you to become immersed, so to speak. However, even if it seems like summer has already arrived, let's not draw any conclusions about the weather just yet. After all, a week after spring arrived, this writer was among the lucky few to be skiing a foot of powder here at Bear Mountain!

Thank you for staying involved.



## Save by Giving Leave a Legacy

Support for USARC programs can offer tax advantages!

Opportunities you might consider are a gift of long-term appreciated STOCK or a LIFE INSURANCE POLICY that is no longer needed. Please also consider making a BEQUEST in your trust or will; or asking a family member to make a bequest to USARC.

For individuals at least 70½ years old, new tax legislation allows you to give up to \$100,000 directly from your IRA without triggering federal income taxes. Please call the USARC to discuss any of these gift opportunities that might be most advantageous for your particular situation. Your support is appreciated.

## Granted and Grateful!

The USARC is grateful for the vision of the following foundations and civic organizations and their support of the goals achieved through USARC programming. Without their support we would be unable to subsidize lesson costs, purchase state-of-the-art equipment, nor maintain our low staff/volunteer: participant ratio.

**Anthony-Arthur Foundation**  
**Archer Johnson Foundation**  
**Big Bear Lake Antique Car Club**  
**Max & Victoria Dreyfus Foundation**  
**Dan Murphy Foundation**  
**ECHO - Northrop Grumman**  
**Prewoznik Foundation**  
**Rotary Club of Studio City/Sherman Oaks**  
**San Bernardino County CDBG**  
**The Seaver Institute**  
**Sidney Stern Memorial Trust**  
**Sitzmarker Ski Club**  
**S. Mark Taper Foundation**  
**Weingart Foundation**

Since the previous edition of *The Spirit*, these organizations have partnered with the USARC to create life changing opportunities. Individual donors will be listed in the Fall 2007 issue.

# Volunteer (of the Year) Profile - Peter De Viso



**Pete is a true Renaissance man, teaching virtually any adaptive technique, and he can cook too!**

The USARC is honored to introduce to you the 2007 Volunteer of the Year, Peter de Viso. Pete is the kind of person who does everything in his power to help wherever he is needed, and that extends beyond teaching at the USARC. In addition to filling in for the volunteers who were unable to meet their teaching commitment, Pete taught with the regular Bear Mountain Ski School during their holiday onslaught of guests. He also spent many evenings cooking awesome Indonesian specialties for the USARC staff and volunteers, although somehow the leftovers never seemed to make it to the program office the next day!

With the fantastic support of his wife Joyce, if Pete was available to help when the inevitable last-minute phone calls went out to the on-call volunteers, he would be at the USARC the very next day, and possibly the day after, and so on! In so doing, he taught more than four times the requested commitment of six days, volunteering for 25 days! Besides all of that Pete is a joy to have in the program and we would like for you to get to know him.

**The Spirit (TS):** First of all how long have you been a volunteer?

**Pete de Viso (PdV):** 9 years

**TS:** What drives you to continue volunteering for USARC?

**PdV:** It's a combination of things. I love USARC and I am proud to be a participant. I watch the staff work very hard and how they are always ready to help the students. Also, I love watching my students smile. That makes my day! I do not want to forget the wonderful lift operators; they help us a lot too.

**TS:** You also helped with regular ski school; how does it compare to USARC?

**PdV:** There is no comparison, none. It is fun, but even the pay does not compare with the gratification I get from helping the adaptive students.

**TS:** What about your most interesting lesson?

**PdV:** I taught one boy and all he wanted to do was hang on me. Well, I let him get away with it for one hour and then I told him "I'm not your mother, I'm not your babysitter, from now on you don't touch me and you will ski on your own." He did as told, and two months later, he won a silver medal with the Special Olympics.

**TS:** What is the most creative way you have used duct tape?

**PdV:** All I can say is "no duct tape - no ski!" We use it for everything in adaptive!

**TS:** How long have you been married? What do you do to deserve this time away?

**PdV:** This year will be 45 years. She (Joyce) loves me, and I guess this is her way of supporting me in what I like to do. It is also her way of supporting USARC.

**TS:** Wow, you are very lucky. What do you do when you are not volunteering?

**PdV:** I play golf and try to spend quality time with my wife and children. I coach soccer for my grand children and I love toride motorcycles with my grandson in the desert.

**TS:** What are your summer plans?

**PdV:** None for now, but I know I will be busy.

**TS:** What would you tell someone who was interested in volunteering?

**PdV:** I would tell, how it makes you feel great, and how rewarding it is! It worked because I recruited another volunteer!

**TS:** Any other comments?

**PdV:** No, just that it is an honor to be associated with USARC, and be chosen as the volunteer of the year. I will definitely be back next year!



**Pete gives Lisa some mono-ski coaching during the USARCfest '07.**

## Summer's Coming! (cont.)

There are at least eight days dedicated to waterskiing and Jet Skiing (thanks to Callaway Motorsports) as well as four two-day, two-night sessions that add fishing, sailing and kayaking to the mix. The overnight sessions add the element of camping which, while accommodating accessibility needs, still allows for a degree of ruggedness and challenge. Additionally, the overnight sessions include most meals as well as some campground activities, be it a visit from the Moonridge Animal Park with furry, feathered, and slithery guests, or the occasional staff and/or volunteer performances that cannot necessarily be labeled as "entertainment."

Reservations are accepted beginning at 9:00 AM on May 15<sup>th</sup>, and many sessions fill up quickly, so mark your calendar (or Blackberry) and give the USARC a call then. Volunteers (we love 'em) are needed too, including for some early summer kayaking sessions in Big Bear and Lake Arrowhead!



**The USARC staff get ready for their day, or so goes the theme of this campfire skit.**

# Participant profile - Connor Hartnett

Conner Hartnett is one of the favorite students of the USARC instructors. Not only is he always full of smiles and laughter when he arrives to go skiing, but he may weigh 50 pounds soaking wet! Accordingly, his instructors never grow tired, physically nor attitudinally, of bi-skiing with him. Conner is a 10 year-old 4<sup>th</sup> grader, whose favorite subject in school is science. Such a thing is self-evident because anybody can tell he clearly understands gravity and how to enjoy it!

His affection for the forces of nature is complemented by his joy of one of its elements: water. Conner regularly attends the annual Land Meets Sea Camp in Long Beach, where his quiet disposition belies his need for speed on a Kawasaki Jet Ski. He is a willing water skier too, especially when it's smooth, but we think it's simply a way for him to kill time before another round on a personal watercraft. He has always preferred his (snow) skiing leisurely and cruising, but as you will see, he is getting a little more adventurous in his old age.



Melissa and Andy enjoying a day on the slopes with Connor, but who wouldn't?

Conner is never scared because he knows that once he sits in his bi-ski, his very capable instructors are sure to provide him with a safe and memorable adventure. Of course, it may also be due to his entourage, parents Kent and Sherri and his sisters, who ski alongside Conner as he swoops down the slope in his bi-ski. It is clear that family bonds are strong with the Hartnetts, and Kent and Conner worked together to help our readership get to know Conner a little better.



Conner having too much fun to tell Andy (busted!) the rule about jumping bi-skis.

**The Spirit (TS):** Conner, how long have you been coming to the USARC?

**Conner Hartnett (CH):** 5 years, I think.

**TS:** Wow, you started young. Do you have fun when you come up here?

**CH:** Yes. (smiles)

**TS:** What is your favorite part about skiing?

**CH:** Going fast and some LITTLE jumps. (more smiles)

**TS:** Do you like to go fast? What about the halfpipe?

**CH:** Oh yes! (laughs) Only been in the halfpipe one other time before.

**TS:** Do you like the winter or summer better?

**CH:** Winter

**TS:** Any stories you can share with us about skiing with the USARC?

**CH:** Brandon was taking me down the hill and did a 360, but tipped me over. I didn't like it very much.

**TS:** That's why we fired him, just kidding. So now who is your favorite staff member?

**CH:** (Big smile) Elena and Shelly (because they gush over him), but I like everybody.

**TS:** How many times did you come up this winter?

**CH:** Only two, but I wish it were more.

**TS:** What else do you do for fun?

**CH:** I play baseball and soccer, watch football with my Dad, and listen to books on tape.

**TS:** What do you like about the summertime?

**CH:** Jet Skiing and water skiing and the Land Meets Sea Camp. Swimming and horsebackriding too!

**TS:** How would you describe skiing to someone that has never skied before?

**CH:** Fast and fun! It's freedom with the wind in your face.

**TS:** Why should other people in wheelchairs try skiing?

**CH:** They should get out into the mountain air. It's lots of fun and feels like a roller coaster!

## Tell us what you think!

Volunteers, participating groups and individuals can log on to

<http://www.usarc.org/html/forms.html>

and follow the survey link. This will provide the USARC with valuable testimonials and/or suggestions for how to improve for the future.

## Going Downhill (cont.)



Freddy, uncharacteristically out of the half-pipe and in contact with the ground!

By the time they ran a giant slalom course on Sunday, they hadn't just heard the terms, "angulation, lateral projection, crossover, early edge engagement and countering,"

they knew what they meant and how to use them! The USARC has already produced at least one U.S. Disabled Ski Team member, but even if this year's group never sees another race course, this multi-day session left them able to tackle almost any slope with confidence and success!

# Raising Some Dough Carving ARCs in the Snow



USARCFest-er/volunteer Matt tries not to "Jacobellis" this method air. Hey Matt, nice sweater.

In a record setting winter for dryness, the snow gods smiled and delivered a blanket of new snow just before the USARCFest 07, formerly known as the Ski-A-Thon. The event returned to Bear Mountain on Saturday, March 3, with the USARC as the beneficiary of not just the generosity of the heavens, but from thoughtful skiers, snowboarders and donors.

This fun-tastic day allowed participants to generate essential funding for USARC programs, simply by spending the day laying down some turns on the slopes of Bear Mountain. USARCFest 07 participants easily garnered donations from friends, family, business associates, etc., and in return, received a lift ticket to Bear Mountain (WITH LINE-CUTTING PRIVILEGES), an 100% cotton event t-shirt, lunch voucher, après-ski festivities, raffle ticket(s) and auction opportunities! Not a bad deal for raising \$150 in pledges, so where were you?



Pink-caped crusader Tina leaving her mark in the packed powder.

The top fundraiser, Michelle Jameson, won the grand prize of a trip for two on Southwest Airlines for a four-day, three-night winter getaway at Northstar-at-Tahoe! Second place went to former USARC volunteer (but still strong USARC supporter) Sue Ono, third prize went to the young and energetic Jared Hunter while the High Desert Parrothead Club retained the Club Challenge title (FYI, teams will be the name of the game for next year!) Jerry Gontang entertained the crowd with alacrity, while eager participants munched on Mexican food and waited to hear their name called for one of many fun and/or interesting raffle prizes.

Ultimately, EVERYBODY won this day, with sponsors deducting their donations (tax day is almost here, yuk,) participants enjoying an awesome day on the slopes, and the USARC grateful to continue to provide unique therapeutic recreation programs that change it's members lives in countless positive ways. Thank you all and see you next winter! Please start your snow-dance now!



When not heli-skiing, Geoff brings son Oliver up to support USARC.

## The USARC salutes these 2006 in-kind donors!

In-kind donations are products or services, in lieu of cash, for which the law permits a tax deduction. If your contribution between 1/1/06 and 12/31/06 is missing please contact us to correct the omission.

- |                         |                            |                          |                              |
|-------------------------|----------------------------|--------------------------|------------------------------|
| Annie Aldrich           | Cytosports                 | Karen Kersey             | Marilyn Prewoznik            |
| Robert Allen            | Tony & Olga DeCrescenzi    | Rudd Knutzen             | John Price                   |
| Aquarium of the Pacific | El Monte RV                | Jenny Lichti             | Red Bull North America, Inc. |
| Bear Mountain           | Matt Fukushima             | Northstar at Tahoe       | Sam Enterprises              |
| Becky Bechtel           | Scott Gerrity              | Northwoods Resort        | Shear Heaven                 |
| Ben & Jerry's           | Giant Bicycles             | Jonathan Nourok          | SolRX / RadX                 |
| Big Bear Marina         | Goldsmith's Board Shop     | Pace Sportswear          | Southwest Airlines           |
| Bishop Waste Disposal   | Raymond Goldstein          | Paceline Products        | Katie Strand                 |
| Marilyn Bloom           | George Halter              | Panda Restaurant Group   | System Parking               |
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| Donald C. Crawford      | Kawasaki Motors Corp., USA | Premium Distributing Co. | Zia Jewelry                  |

# Volunteers to the Rescue

The 2006-2007 "winter," for lack of a better term, is over. Everybody expected so much of this year, lots of powder skiing, making deep snow angels with participants who tire of skiing, getting snowed in, \$2.00 per gallon gas (HA!), and even a 2:1 instructor:student ratio. While it has been a few years since all those things occurred simultaneously, the USARC must be full of optimists.

With less than three inches of rain in Southern California this year, it was hard for people to find the motivation to head to the mountains, and that included participants and volunteers. Fortunately, while they couldn't do anything about the precipitation, there were enough volunteers who followed through on their commitment and other people's commitments too. Just when it seemed like there would be nobody to teach a scheduled lesson, somebody would call and offer their services, or respond to our hunt for help.

As a paradoxical result, the USARC became better and stronger this season as volunteers learned they could lead a lesson they had only shadowed before, or that unloading a bi-ski and assisting it single-handed was within their capabilities after all! It was the volunteers that enabled the USARC to look like the proverbial duck: calm and serene on the surface, but paddling like heck underneath! While congratulations go to Peter De Viso as Volunteer of the Year and Dan Romney as Rookie of the Year, it was the teamwork of every volunteer that made this winter memorable, weather notwithstanding. If you know a volunteer, thank them again on behalf of the USARC's participants. If you are the volunteer, the USARC is honored by your help.

Summer is dawning, hopefully full of sun and fun, and it's much more laid back for the volunteers that are genuinely needed. If you haven't received an application, please call the USARC soon, and rest assured, any reference to ducks will be for bread to feed them!



**Volunteers Jack and Jack hold the monoskis for volunteer Fred who will ski with participant Darryl (in helmet.)**

## Our congratulations and deepest thanks to these wonderful volunteers, each of whom fulfilled a commitment to teach six days this winter and, in turn, ensured the fulfillment of our mission.

<i>John Alderete***</i>	Matthew Dugan	Diane Jordan**	John Melville**	Daniel Romney	Laurel Terrieri
<i>Harold Allen*</i>	Tim Exley	Derek Kemper	Jeff Mills	Donald Rosenberg***	Michael Trobisch
<i>Robert Allen**</i>	Bronco Farwell	Allen Klicka	<i>Michael Moniak*</i>	Mary Kay Sachs*	<i>Veets Veitas</i>
<i>Debbi Armenta</i>	Kerry Flynn**	<i>Bob Knight*</i>	<i>Karen Mora*</i>	Melissa Schmitt**	Jay Vickers*
<i>Steve Barker</i>	Tim Forrest**	Rosita La Mont	<i>Farid Mosher</i>	Richard Schreefel	Sam Viglione*
<i>Ardis Beckner***</i>	Peter Friedrich	Benson Lam	<i>Ron Newport**</i>	Joseph Shay	<i>Jack Walser*</i>
Richard Beynon	Matt Fukushima**	<i>Kam Lawrence**</i>	<i>Jim Ortiz</i>	Amelia Shea	Nik Walser
<i>Marilyn Bloom</i>	Tony Garza	Jenny Lichti	<i>John Pacente*</i>	Bob Shea*	Jeff Warhol*
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Natalie Dayon	Ryan House	<i>Melissa McFedries***</i>	Millie Rader*	Jack Speyer	Ashley Anna Wood
Peter de Viso*	Sean Isbell	Tim McGrath***	Gil Rangel*	Larry Squires***	Bill Yaeger***
Tom Delgado	Michael Jackson	<i>Kim McRae*</i>	Suki Reed	Terry Teale**	<i>Paul Zamoyta*</i>
	Tamisha Jackson	Rose McShane	Rod Rice	Andy Templeton**	

*Italics = PSIA Certified / Underline = 10 days or more / \* = 5-9 years / \*\* = 10-14 years / \*\*\* = 15 years or more*

## ACRE does it again!

The Association of Corporate Real Estate Executives (ACRE) recently presented the USARC with a check for \$18,000 from the proceeds of the Holiday Party held at the elegant Sky Room in Long Beach in December.

The hard-working ACRE Board of Directors run an incredible networking organization that benefits not just its membership, but that of the USARC as well. On behalf of the USARC membership, a tremendous thank-you goes to each ACRE board member, as well as everybody who attended the wonderful Holiday Party and auction.

Both ACRE and the USARC hope you will support the next holiday party, as a guest or sponsor. For more information on ACRE's networking luncheons, please log on to <http://acre.usarc.org>. See you in December!



**ACRE Board Members Charlie, Julie, Randee, Steve, Isabel, Kirk, Joan, Julius, Tracey, Vicki and Christine present the USARC \$18,000!**



# The Coolest Ride in the West - P2P12

The 12<sup>th</sup> incarnation of the annual Peak to Peak Pedal exemplified coolness on multiple levels. It not only brought together a variety of people who personify the USARC vision, but it did so under unseasonably early fall weather. The high desert often greets the riders and volunteers with very warm weather, but a dry cold front (the story of this winter) dominated the climate, with cool, steady North winds. It gave rise to numerous debates about what is worse, calm heat or cooling headwinds. The answer may have been and may remain elusive, but it was irrelevant to the cyclists that showed up with big lungs, strong legs (and arms), and expansive hearts (to accommodate their need for oxygen rich blood and the care they demonstrate for others!)



**Don sports the 01 number plate for good reason: the top fundraiser (by far!)**



**A road sign EVERY cyclist loves to see!**

This cadre of coolness shouldn't be inscrutable, when a quick glance at those involved includes: a woman handcyclist with a passion for surfing and high speed waterskiing, a rider who spends three weeks riding a mountain bike across part of Africa, and another rider who spent the days before the ride riding to Big Bear from Mammoth, just to turn around and ride back as part of P2P12! Yet another cyclist rode her 12<sup>th</sup> consecutive event, while 335 miles proved insufficient for another who insisted on riding his mountain bike to the top of Mammoth Mountain after completing the final day! Then, there is the one rider who just didn't know how to stop fundraising, generating well over 10 times the required \$1500 in pledges!



**Ken (nearing the end of his Peak to Peak to Peak) and John show off their lungs as they climb and chat.**

Nor does coolness lay solely with riders. P2P12 volunteers, including past USARC volunteers of the year, another who is a veteran of all 12 rides and one who has served at 11, professionals who give their skills of photography and massage therapy while they could be earning a living with them, devoted in-

between-season USARC staff members, the oft-maligned but always popular portable shower builder, and all the others who give of themselves from before dawn till after dark each day of the ride, are equally cool.

The real question isn't were they all cool, but whether you will be one of those to ride lucky number 13? Stay tuned for information on P2P13, coming soon!



**Sierra sunbeams soothe Jamie, Ernst and Therese.**



**Getting by (the headwind) with a little help from their friends.**

The USARC deeply appreciates the substantial product commitment of these event sponsors.



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### USARC Hats/Visors

Shade your eyes and protect your skin from the summer sun with stylish USARC headgear. Quantities are limited so please call today!

**Visor**  
**\$12**



**Hat**  
**\$15**

## HELP WANTED:

The USARC has openings for **INTERNS & SUMMER INSTRUCTORS**. Experience with watersports and/or disabilities a plus! Please contact the USARC if you (or someone you know) have the right stuff!

## Big Bear Real Estate Buyers/Sellers



Will Rahill, USARC staffer, is also selling real estate for First Team of Big Bear, and will donate 10% of his earned commission from any transaction to USARC, if the lead comes from a USARC member. If you have any leads please contact Will Rahill at [usarc@willrahill.com](mailto:usarc@willrahill.com), or on his cell phone at 909.645.1949 or check him out at [www.WillRahill.com](http://www.WillRahill.com).

## Volunteer Raft Trip

On June 1-3, USARC volunteers and friends are invited to join Robert Allen and guides on the Kern River. Robert donates the minimal fees to the USARC. This is NOT a USARC event, and interested participants must contact Robert at [allen6441@sbcglobal.net](mailto:allen6441@sbcglobal.net).

## USARC Wish List

Late model Full-size Pickup Truck

Videographic Production Services

DLP or LCD Projector

The donation of any of these items/services is tax-deductible and will greatly enhance USARC services.

## What's ahead with USARC?

### May

15 Reservations begin for Summer Program

### June

1-3 Volunteer Rafting Trip (Kern River)

23 Volunteer Training (Big Bear)

### July

11,12 Waterski/Jetski Day Sessions

18,19 Waterski/Jetski Day Sessions

22-24 Overnight Session #1

25-27 Overnight Session #2

### August

1,2 Waterski/Jetski Day Sessions

6 Volunteer Training (Long Beach)

7-10 Land Meets Sea Sports Camp (Long Beach)

15,16 Waterski/Jetski Day Sessions

19-21 Overnight Session #3

22-24 Overnight Session #4

25 Summer Volunteer Party

### October

3-7 13th Annual Peak to Peak Pedal (P2P13)