



The Spirit

of the United States Adaptive Recreation Center

Volunteers Wanted to make Winter Warm

It's hard to believe that not long ago parts of the Southland were broiling under 100+ degree temperatures, and now, with the arrival of fall, the night time temperatures in the mountains have plummeted down into the thirties. One resort was seen testing their snow-making machinery in the pre-dawn hours and the result was, you guessed it, SNOW!

Before you know it, Halloween will have come and gone, the Thanksgiving turkey will have long since been eaten, and a white blanket (hopefully) will cover the slopes of Bear



With a little time and compassion you, too, can put a smile on somebody's face in the months ahead.

Mountain. With Mother Nature's cooperation, the USARC is planning on beginning its 18th winter of lessons on Saturday, November 26, and running all the way through March 30, 2006. There are plenty of opportunities to get involved with the USARC this winter, especially as a volunteer.

Volunteers form the heart and soul of the USARC, and without them we could teach only a fraction of the lessons that people want. Sure, there's the perks, which have enabled volunteers to earn lift tickets to ski or ride another day, purchase equipment at a discount, ski or ride at other resorts for half-price, or just become much better because of their time on the snow, but that's not why they do it.

(See Volunteers Wanted on pg.7)

Snow Sports & Ice Boxes

Don't get the headline? Okay then, find a magnet, and place a note to yourself on your refrigerator, with the following date, **Monday, November 7, 2005**, and phone number, **909.584.0269**. Why? That is when the USARC begins taking individual lesson reservations. No sooner does that morning roll around than the phone lines in the USARC office begin ringing off the hook, with excited skiers and snowboarders trying to reserve their favorite time for a lesson.

As the USARC gears up for another winter season of fun and achievement, our experience tells us that if you forget to book a lesson early, you often find yourself having to wait until much of the winter has passed before you get on the snow! Believe us, if this winter is even half as snowy as last year, you don't want to miss it! Excepting volunteer training dates and a couple of holidays, half- and full-day lessons are available from just after Thanksgiving through the end of March, conditions permitting, but only if you call **909.584.0269** on **Monday, November 7, 2005!** Don't forget, and ski ya then!



Stacy Smith screaming (with joy, we hope) as her tube bounces and skims its way across Big Bear Lake.

Water Water Everywhere!

What an amazing site it was for the USARC participants who hadn't visited since the summer of 2004, when this valley

may have been more appropriately termed: Big Bear Meadows. The grass and bushes that then flourished where the lake had once been were long gone, submerged under nearly 18 feet of water. The seemingly endless march along the docks of Pine Knot Landing, just to get out to water deep enough to use, was this year just a short trot. Still, the biggest difference on Big Bear Lake was just having so much more room to maneuver the various USARC vessels without crowding one another!



The big blue jewel was once again in her classic form, as was the USARC summer program. With the help of a phenomenal group of volunteers, participants from as far away as Tennessee got their feet wet with a plethora of water activities.

(See Water Water on pg. 5)

Thoughts from the Executive Director

Dear Members,

It is with honor that I write this first epistle as USARC Executive Director, and with humility that I ask your patience if it differs slightly from those of the past. The shoes I have been asked to fill may actually have been small, but they were also capacious, and I will do my best to wear them well.

Needless to say, it has been a year of changes for those of us here at the USARC, on many fronts. Yet, while change always brings with it uncertainty, I can assure you that no effort will be spared by me, Shelly, or Ralph Aros, our new Program Director, in order to maintain the outstanding tradition of excellence that preceded us. The truth is that this tradition derived from the collective passion, participation and power of countless people over the years, and as long as those aspects of the spirit of our members remain powerful, so too will the USARC.

My friends, you have that power. I ask you to take a good, long look at some of the images and the words in this newsletter. This is not some piece of paper advertising the latest and greatest cause celebre; this is REALITY. The content you see here is

what is happening in real people's lives. This is what results when people care, when people commit, when people give, when people strive, when people see validity in a mission, and when people act. Hurricane relief is an example of that action, and the need for food and housing are indisputably necessary. Likewise, a life without recreation and leisure opportunities is yet another form of suffering.

This first letter is simple. First, my tenure as Executive Director has only been a few months and I don't have a lot to tell you. Second, I don't want this to serve as a table of contents for what I have just asked you to read and regard. Mostly, it is simple only because I want to ask you to act, to use that power, to effect change through the USARC.

Volunteer. Our volunteers are incredible, we love them, but we always need more.

Take a lesson. Feeling the freedom of flying down a slope or across the water can change your life.

Support the USARC. Enter the *USARCFest*, attend the ACRE Holiday Party, ride in the next Peak to Peak Pedal, renew your membership. Most importantly, share what we do with others who can do the above. It is, after all, **WHO YOU KNOW.**

The fact that you have sat through this letter indicates you are either drowning in leisure time, of which I am insanely jealous, or that you understand and believe what I am saying, and I will hope it is the latter. With you on our side, the USARC will prosper, and these shoes will fit, even if I tie the laces a little differently.

Thank you.



reunion party/slide show during the winter. Maybe then we'll answer the question posed by so many: if it doesn't finish in the mountains, how can it be called a Peak to Peak Pedal?



Tom Peirce
Exec. Director



BOARD OF DIRECTORS

Bruce Allen, President
J. Geoffrey Grant, Vice President
Kirk Badii
Howard Fitzgerald
Stephen R. Goldsmith, M.D
Maureen Goldsmith
Jeff Lapin
Fred Liebel
Clara Martin
John Mattos
George B. Stoneman, M.D.
Bill Webster

ADVISORY BOARD

Steve Garvey
David Kiley
Lee Majors
KelLe Malkewitz
Warren Miller
Hal O'Leary
Sallie Pritchard, Founder
Carol Schuller
James B. Sikking
Tom Sullivan

ADMINISTRATION

Tom Peirce
Executive Director
909-584-0243
peircet@usarc.org

Shelly Egerer
Administrative Assistant
909-584-0269
mail@usarc.org

Ralph Aros
Program Director
909-584-0269
arosr@usarc.org

Workplace Giving

Calif. State Employees' Charitable Campaign
OR
Combined Federal Campaign

The USARC is listed as:

Adaptive Recreation Center, U.S.
(Listed under Local Independent Charities of America)

CFC - Los Angeles County - 5028
CFC - Orange County - 9124
CFC - San Diego County - 4032
CFC - San Bernardino County - 3030
CFC - Ventura County - 6016
CFC - Western Riverside - 4509
CFC - Kern County CFC - 3727

United Way

The USARC is **not** a United Way Agency. To designate the USARC as recipient of your United Way gift, complete your form with our name, address and EIN, 95-3872771.

Please print and post our FLYER,
www.usarc.org/files/wpgposter.pdf
and ask your co-workers to support USARC.

Mountain to Ocean

As you read this, the 11th Annual Peak to Peak Pedal (aka P2P11) is history. History, because it's over for this year. Also, it was the first year that the ride didn't head to Mammoth, but instead traveled from Big Bear to the beach town of Encinitas. Still challenging, this more user-friendly, scenic and shorter route is a completely different adventure, requested by countless past P2P riders. **So, where were you?** To see what you missed, you can get a full recap in the next issue of *The Spirit*, or at the

Volunteers Bill & Lauren Hood - A Sum Greater than its Parts

Bill and Lauren Hood are relative newcomers to the USARC, but you wouldn't know it when you see their skills, determination and availability. It's always nice to have two members of the same family volunteering, but when they begin to do so in the midst of relocating to Big Bear, while starting a new job and financial advisor business, they both made time to volunteer during last winter! Plus, when their children had free time this summer, they dragged them, kicking and screaming (just kidding) to the USARC to help with some filing and other tasks. Clearly, in support of their being good parents, they are instilling the values of volunteerism into a new generation, and the USARC loves volunteers! We hope the following may help you decide to volunteer this winter, be it your first or your 18th.



Bill and Lauren, a great match for each other and for the USARC.

The Spirit (TS): Tell us how you got started with the USARC.

Bill and Lauren (B&L): We met another volunteer, Judy Matthews, who found out we were thinking of joining Ski Patrol. She suggested that USARC would be a better choice for us for volunteer work. We checked out the USARC website and then talked with Cris at Ski Dazzle. We made our decision to volunteer with USARC because we believed USARC was a more altruistic program than Ski Patrol.

TS: Was it your first time teaching skiing, or working with people with disabilities?

B&L: Lauren had worked at the Boston Center for the Blind and Bill sort of did both; he taught high school buddies how to ski!

TS: So how did you feel when you started with the USARC?

B&L: Bill was confident, but Lauren was terrified but knew the staff would never put her into a situation that she couldn't handle; she would always have another experienced instructor or volunteer to turn to for help.

TS: What did you do to turn a tough lesson into a positive lesson?

B&L: Bill had a mono-ski student who wanted to ski out of his ability, so Bill had him do little exercises on easier terrain to reinforce the skills he

really needed. This summer, Lauren had a participant who was terrified to water-ski, but she gradually developed a relationship both at the campground and at the dock, and when she finally tried it, she loved it! Her dad was ecstatic to the point of crying.

TS: In addition to fatigue, how does it make you feel when you guys go home after opening up a new sport to an individual that may have never experienced the thrill of snow- or water-skiing?

B&L: Fatigue, yes, but mostly we experience the overriding feeling of getting way more out of the program and the lesson than we ever gave. In many cases it feels that you are changing lives on the fly, and in such a positive way.

TS: Is there a big difference between volunteering during the winter and summer program?

B&L: There is a huge difference. Bill prefers the winter program because he did a lot more hands-on teaching. The summer program is more of a thrill-ride experience for the volunteers. Lauren preferred summer more because she is more confident in the water than on skis, but that can change!

TS: Is there anything the USARC could do to make your lessons more enjoyable?

B&L: Not really, the coordination of the program is excellent. What makes lessons tough are difficult students or bad weather, which are out of USARC's control.

TS: We've heard you both are planning on getting P.S.I.A. certified. Why?

B&L: It seems like the next logical step and is a good personal challenge.

TS: What do you want to tell someone that is interested in volunteering this winter?

B&L: Dress warm! Seriously, don't hesitate to do it! You can do way more than you think you can. If you have the time to give, there is no more rewarding experience than volunteering with USARC.

The USARC deeply appreciates the following summer program and California Speedway volunteers that fulfilled their commitment of days in service to the USARC and its participants.

John Alderete	Kristen Fitzpatrick	Brett Marshall	Daniel Simmons
Bob Allen	Terri Friend	Kim McRae	Susan Slesinger
Bruce Allen	Shauna Gill	Kim Meares	Jamey Starcher
Steven Betance	Mark Hanlon	Brian Mlodzinski	Laurel Terreri
John Bruechle	Frank Hayes	Matt Pawley	William Tipple
Heather Bunn	Bob Henrich	Carl Pearl	Curtis Tisdial
Steven Burnam	Stephen Hileman	David Rader	Nic Turner
Marsha Burns	Bill Hood	Millie Rader	Sam Viglione
John Cantrell	Lauren Hood	Marshall Richter	Jack Walser
Mike Clevenger	Diane Jordan	Matt Rohn	George Watson-Jones
Voyle Coleman	Bob Kopolow	Gerhard Sagasser	Donald B. Whitbeck
Pat Coogan	Joanne Kowey	Ralph Sagasser	Andrew Willis
Gilbert Cortez	Jerry Mandolini	Janice Schafer	Don Wood
Bill Dora			Tim Wood

Participant Joel Weiss - Brave Wheelchair Wrangler

Joel Weiss is deceptive. Under a relatively diminutive exterior lies the heart and courage of any extreme athlete, not to mention a sense of humor as dry as the Mojave. In spite of his absence from USARC programs over the last several seasons, he returned this past summer with a vengeance, letting nothing slow him down (except for his poor sense of driving directions and a wheelchair the likes of Stephen King's *Christine*). His water skiing skills improved dramatically this year, solidified by strong USARC volunteers and instructors, and Joel's fearlessness at pushing his limits. When behind the boat, Joel rarely gives any signal other than the "thumbs-up," indicating his desire and need for more speed. While this lends itself to some spectacular "Starfish" crashes (imagine rolling a dried starfish down a hill) it also results in some pretty amazing skiing when Joel works to and fro across the wake. It's great to have him back in the USARC fold, and we thought we would introduce him to you.



Joel, probably scheming to toss a crutch in the water.

The Spirit (TS): How did you get involved with the USARC?

Joel Weiss (JW): One of your board members, Geoff Grant (USARC Vice President) told me about it, and if I remember correctly, that was way back in the summer of 1996.

TS: Up until this year, we had not seen or heard from you since 1998, what have you been doing for fun?

JW: I have actually not had much fun between then and now. I was married for 2 and half years (and we all know how much fun that can be). Then, I was also in and out of the hospital, which made my life boring.

TS: Now that your life seems "less boring," what are your plans for this winter?

JW: Now that I am in good shape medically, I definitely plan to come up in the winter a couple of times. It has been so long since I have skied though, I hope I remember.

TS: You seem pretty smart, you'll remember. So, do you have a preference between winter and summer programs?

JW: I have more experience water skiing, so I would have to say water skiing.

TS: Obviously! During your 6 days of water-skiing this summer (between Big Bear and Long Beach), did anything memorable happen to you?



A focused Joel exits the wake.

JW: Nothing too exciting happened. I dared Ralph to throw me off a Kawasaki Jet-Ski, which he did, but I came away unscathed. My best memory is a couple years ago, when I dropped one my crutches off the dock in Long Beach, and watched Tom dive to the bottom for it. That was the only time I remember ever seeing him get wet.

TS: Yes, but don't you have any comments regarding your nighttime driving "tour" of Serrano campground, or your "possessed" wheelchair? Remember, we were there.

JW: Okay, during the Land Meets Sea program (in Long Beach), I was taking my electric wheelchair out of my

car, and it decided to turn itself on and run me over in the parking lot. It tends to have a mind of its own. The truth is I only did it because I know that when I told you what happened, you would have a ball with it; laughing at my expense. But that's okay, I'll do anything to give you guys a good story and laugh.

TS: What positive experiences did you take home with you after camping and doing all the water sports?

JW: I just enjoyed the atmosphere of being around other people, and reminded myself of how much fun I have with you guys.

TS: Any new adventures planned?

JW: Although I don't have anything planned right now, I am open to try almost anything. I would love to try surfing next year. It sounds like fun.

TS: In one sentence, how would you describe our program to somebody new to USARC?

JW: One of my best experiences ever. AWESOME!!!

TS: Lastly, is there any advice you have for our readers?

JW: Always have as much fun as you can, and try new things. Life is too short not to have fun. Besides, with the USARC staff and volunteers around, it is very difficult not to have a great time.

We'll Grant You That!

The USARC expresses heartfelt gratitude to the following foundations and organizations that contributed to the USARC summer and winter programs, since the last edition of *The Spirit*:

Boeing Employees Fund
California Dept. of Boating and Waterways
Christopher Reeve Paralysis Foundation
Dan Murphy Foundation
Frederick R. Weisman Philanthropic Foundation
Hoag Family Foundation
Kenneth and Eileen Norris Foundation
Los Angeles Times Fund
Northrop Grumman Foundation
Northrop Grumman Employees Charity Org.
PacificCare Foundation
San Bernardino County CDBG
San Manuel Band of Mission Indians
Sidney Stern Foundation

Each of these organizations is a partner in daily achievements and life changing experiences for our participants. Without their support and others like them, we could not keep lesson costs affordable, offer state of the art equipment and keep up our high caliber of staff and volunteer involvement and training. Their giving has measurable impact!

The Sky is Not the Limit for the Holidays

In fact, it's just the beginning! You are invited to kick off the holidays in style (and get some gift shopping done too) as the Association of Corporate Real Estate Executives (ACRE), in proud support of the USARC, hosts its Annual Holiday Party on December 1, 2005.



This year's celebration will take place in the beautiful and elegant Sky Room, high atop the historic Breakers Hotel building in Long Beach. While you enjoy delicious appetizers and drinks

with other USARC supporters, an array of items and services will be featured in exciting live auctions and strategic silent auctions, while sunset and twilight descend upon exquisite views of Shoreline Marina and the Pacific Ocean.

BE HERE!

ACRE Holiday Party
Thursday
December 1, 2005
4:30 - 8:00 pm

The Sky Room
40 South Locust Ave.
Long Beach, Ca

For reservations or more information, please call the USARC at 909.584.0269.



Water Water (Cont.)

The term "need for speed" can once again be used to characterize so many of the youthful participants, with their zeal for learning to safely ride Kawasaki personal watercrafts, or slashing back and forth across the boat wake on waterski(s), wakeboard and the always exciting tube! Of course, the more leisurely pursuits of sailing, kayaking and fishing had their aficionados as well, as there is no shortage of excitement when a sailboat heels to 45 degrees, or a kayak gets a little tippy, or when the fishing boat lands 18 trout in one day!

At the campground, the post-lake activities could be described as variably entertaining. The Moonridge Animal Park is a perennial favorite when they stop by to display many of their "guests," be it an owl, raccoon, snake, falcon, tortoise, possum, or yes, a hedgehog. Playing a distant second fiddle are the antics of the not-even-close-to-ready-for-Vaudeville's-B-league USARC staffers (and brave volunteers) who nonetheless meet with laughter and applause after their "performances". Hey, if CATS can get away with the same show year after year, so can we!



Elena Messenger puts a Kawasaki sized smile on the face of summer program regular Josue Garibay.

With the lake warming to a balmy 72 degrees, even the weather cooperated this summer, with the towering magnificence of the monsoon thunderstorms keeping a respectable distance as they put on their show, an awe-inspiring aspect of summer in the mountains. The rains that did fall even helped keep the lake at a high level, ensuring that with an average winter, Big Bear Lake will be ready again next summer.

For the Love of Skiing - La Parte Due

Sean Jamieson, former USARC staffer and owner of The Gondola Company of San Diego, is planning another evening of romance and relaxation to benefit the USARC. On Friday, April 21, 2006, he proudly presents the second edition of "For the Love of Skiing" from 3 pm to midnight. As your gondolier rows you through the quiet canals of San Diego's Coronado Cays, you and your significant other, family, group of friends or business associates will enjoy an experience for which most people travel thousands of miles. Up to six people can be accommodated on each gondola, but even if it's just two of you looking for some private time together, this delightful evening will leave everyone with broad smiles and good memories.



- Friday, April 21, 2006; 3 pm to Midnight
- Passport Cruise for two - \$70 (\$35 for each additional guest, up to six total)
- Gondola cruises are approximately one hour in length
- Each gondola can accommodate up to six passengers
- Soft, warm blankets are provided
- Cruises include a complimentary appetizer or dessert plate
- Complimentary bottle of wine provided to each couple (or you may bring your own)
- Ice buckets, glassware, and wine openers are supplied
- Reservations required

On a romantic cruise for two or a celebration for six, the Gondola Company will leave you smiling.

For information and reservations, call The Gondola Company at 619.429.6317, or check them out at www.gondolacompany.com. Your name, phone number, and credit card number are required when making reservations. Buonasera e grazie!

The USARC gratefully salutes these 2005 fiscal year donors!

Individuals and organizations donating products or services ("In-Kind" donations) are listed in the winter edition of *The Spirit*. If your FY05 (between 7/1/04 and 6/30/05) contribution of \$100 or more is missing, please contact us to correct the omission.

Philanthropist \$10,000+

Assoc. of Corp. Real Estate Executives
Anonymous
California Dept. Boating/Waterways
California Speedway
Doug Flutie Jr. Foundation for Autism

George Hoag Family Foundation
Los Angeles Times Family Fund
Kenneth T. & Eileen L. Norris Foundation
PacifiCare of California
Christopher Reeve Paralysis Foundation

Patron \$1,000+

Mildred Agostino
Robert Allen
Archer-Johnson Foundation
Association of Airport Employees
Big Bear CHP Senior Volunteers
Boeing Employees Fund
David Briery
Omya California, Inc.
Kate Capshaw Spielberg
Dan Murphy Foundation
Lori Gast
Steve & Maureen Goldsmith
The Gondola Company
J. Geoffrey & Sherry Grant

Inland Empire Parrot Head Club
Gerald & Jacqueline Kehle
Kimley-Horn Foundation
Kroger/Albertsons
Fred Liebel
Denise Matthias
Karen Mora
Dave Norman
ECHO-Northrop Grumman
Northrop Grumman Corp.
Joseph Perez
Marilyn Prewoznik

Red Brick Pizza Los Angeles
Patricia Robertson
Donald Rosenberg
Rotary Club of Studio City/Sherman Oaks
San Manuel Tribal Admin.
SCE Corporation
Seven Seas Seafood, Inc.
Sidney Stern Memorial Trust
S.E.E.K
Special People in Need
Water Buffalo Club
Weld Family Foundation
Sandra Yavitz

Sponsoring \$500+

Aleks Corporation
AnowheadProsth. & Orth.
Kay Bartel
Willow Bay
BGN Fremont Square, LTD
Big Bear Lake Antique Car Club
Blue Banner Company, Inc.
Linda Burr
CAM Services
Chuck Austin Audio/Video
DawnBusters Rotary Club
Eisner Foundation
Executive Fire Protection Inc.
James & Jean Fitzpatrick

Genex-Matching Gifts
Grubb & Ellis
Itoya of America, Ltd
Jeff Lapin
John Lee
Bob Lombard
Gary Lynch
Sam & Eddie McCormick
Ruth Melissa
Elizabeth Mellor
Meyer Pharmaceuticals
Mitsubishi Cement Corp.

Mike Moran
Murphy Cardiology
Olsson Construction, Inc.
Barbara Peirce
Carolyn Peirce
Performance Prosth/Orth Ctr.
John Price
R.G. Snyder Group, Inc.
Rich Development Co.
Donald Robertson
Meredith Rose
David & Meredith Rose

Sharyl Rubalcava
The Saffell Family Trust
San Bernardino Cnty Firefighters
Edward Scharf
Chris Serrano
Dan & Michele Smith
Soroptimist of Big Bear
Gary Steube
George B. Stoneman, M.D.
Venture Development Group
Jay Vickers
Bill Webster
Rita Wilson
Kim Wood

Sustaining \$100+

8 Mile Huddle Lounge
Kevin & Mary Aaberg
Accent on Hair
Aged Timber Co.
Alan & Teresa Alcorn
Antoinette Alexander
Jene Alexander
Stanford Altamirano
Amgen Foundation
Stephen & Cindy Anderson
Craig Anderson
Craig Anderson
Dylan Apple
Arcadia Center Pharmacy
Eleanore Armstrong
Ralph Aros
Artograph, Inc.
M A Aziz
Babes Sports Pub
Jim Back
Alicia Bacon
Balboa Ski Club
Bank of America Matching Gifts
Christopher Barrett
Joji & Jared Barris
Jeff Bass
Sue Battiste
Tim Bauer
BD Plumbing
Evelyn Beaman
Bear City Animal Hospital
Bear Valley Hearing
Steve Behrens
Byron & Claudia Benton/GCTR

Big Bear Disposal
Lindi Bigg
David Bilak
Jim & Sharon Bloodworth
Billie Booker
Annabel Bower
Breitburn Energy Co.
Louise Brinsley
Allen Brown, D.D.S.
Jeanine Bryan
Mountainhome Builders
BEC Building Electronic Controls
Laura Bulrice
Robert & Kathy Burke
Bob & Charmaine Bush Found.
Patrick Callahan
A Campbell
Canson, Inc.
John Cantrell
Bill & Cristina Caraccio
Maynard Carkhuff
Douglas Carlson
Carlson Custom Homes
Cars 4 Causes
Chris Carson
Tina Caruso
Joann & Gary Cecil
Champion Realty, LTD
Stuart Chase
Teresa Chauvin
Catherine Cheng
Mark Chiappone
Sharon Chien
Nancy Allbritton Chris Sims

Frank Christensen
Buck Clements
Paul Cline
Coast Concrete Cutting Co.
Bard Coats
Coldwell Banker
Randy Collins
Jim & Tania Collins
Compare Hard Floors
Coory Engineering
Christopher Coppi
Michael Coppi
Steve & Robin Coppi
Copy Smith
James Corley
Dr. William Costigan
Kathy & Ralph Coughenour
Sydney Cousins
Crescent Cardboard
Bill Crews
Joan Cunningham
Vicki Dallas
Mary & Mark Danner
Casey Danson
Bob & Mary Davis
A Dwight De La Ossa
James Deen
Davey & April Deffinbaugh
Jeanne Del Nigro
Joel Delapaz
Mark & Ann DeLine

Marti Delucia
Mercedes Diaz
Kim Dickinson
Jesse & Melinda Dixon
Katherine Domyan
Don Wood
Vicki Donkin
Jeff & Nancy Dosick
Michelle Douglas
Dove Properties, LLC
Kate Drayson
Marylou Dudas
Matt Duncan
Jim Dryson
Ed Grush, Gen. Contractor
Susan Ellis
Sandra Emerson
William Escalera
Barbara Evans
Will Fesler
Cheryl Fey
FHC, Inc.
Marvin Fields
First Choice Fire Protection
First Financial Bancorp
Julie Fisher
Diane Fleming
Arthur Flores
Tom & Pam Florey
Pat & Tina Follett
Foothill Builders

Foothill Engineering
Burch Ford
Vic & Joe Fowler
Frahm Dodge
Casey Fulcher
Nina Fuller
Geovest Corporation
Robert Gerace
John Gerbutavicius
Valerie Gilpeer-Grodin
Gino's Tire & Wheel
Raymond Goldstein
Herb Goldstein
Ryan Gomes
Joe Gonzalez
Adrian Goodman
Sherri Gotlieb
Laurie Grad
Tania Grade
Kenneth Granger
Sherry Grant
George & Sharon Grant
Seana Green
S. Barry Greenberg
James Greene
Ronald & Marcy Gregory
Tom Gregory
Wade & Chris Grifagel
Grizzly Manor Café
Scott Gruszczynski
Lloyd Hackl
Michele Hall
Luke Hall
Hanlon Engineering, Inc.

Aidan Hart
Fred L. Hartley, Jr
Thomas & Jacqueline Hartmann
Andrew Harvey
The Hearstone
Heil Construction, Inc.
Patsy Heller
Dave Heller
David Hendrickson
Hermosa Saloon
Benjamin Herndon
Marianne Herrler
Chris Heyer
Dave Hicks
High Desert Parrot Head Club
Bruce Hoerning
Keith Hoffman
Jamie Hoffman
Edyth Hoffman
Jim Holloway
James & Patricia Holloway
Hondo Company, Inc.
Lauren Hood
Nadine Hooper
Bruce Hoyle
Tim Huckaby
Nili Hudson
Robert Hughes
Icky Products Inc.
Imagine-It Technology
InClover Marketing
Inland Valley Construction
Joseph Innes
Thomas Inocencio

Intertex General Contractors
 Isaacs Brothers Foundation
 Aaron Jacoby
 James Wade Construction
 Douglas & Sondra Jameson
 Kristina Jameson
 Michelle Jameson
 Lora Jaquette
 JGK Midtown Square
 Ty Johnson
 Tom Johnson
 Bob Johnson
 Mike & Linda Jones
 Joor Bros. Welding Inc.
 Diane Jordan
 Alice & Tony Kalomas
 Marilyn Katzenberg
 Mohammed Khursheed
 Arifa Khursheed
 John Kim
 Eric Kim
 Bob King
 Jack Klausen
 Kenneth M. Klein
 Mike & Gail Knieriem
 Ted & Nanette Knight
 James & Catherine Kreter
 Mary Kriebel
 David & Nancy Lacey
 Fatima Lang-Hall
 Linda J. Larsen
 Fred & Linda Latham
 Mildred E. Law
 Rex Lewis
 Huang & Virginia Liao
 Lister Construction
 Local Independent Charities
 Rob & Traci Locke
 Marcie Loftis
 John Loftus
 Mary & Leo Loftus
 R Eric Lombard
 Stefan Lombard
 Jeff Loose Loose Painting
 Shyrl Lorino
 Los Amigos Rebekah Lodge 107
 Philip Lundquist
 Jim Lyon
 M&M Boys Supply
 Bryce MacDonald

Kevin MacVane
 KelLe Malkewitz
 Gus Manders
 Benedict Marino
 Felica Martin
 Jim Martin
 Richard Martin
 Jeanine Martin
 Anthony Martinelli
 Vito & Rosemary Mastro
 Laura Matsumoto
 Judy Matthews
 Mauney Fleming
 Ladonna McCallister
 James Mc Gaugh
 Kim McConnell
 Joe McCoy
 Joseph McCoy
 Deborah McCurdy
 Melissa McFedries
 Richard & Joanne McGoogan
 Aileen McGrath
 Lee McNett
 Medway Plastics Corp.
 Miriam Melker
 William J Mellor
 Madeline Meltzer
 Dave Mengelkamp
 Kyle Mengelkamp
 Steve Menser
 James Mervis
 Mesa Contracting Corp.
 Daniel Miller
 Gordon & Diana Miller
 Gary Miller
 Susan Mitchell
 Tracy Moore
 Mario Mora
 Denise Moran
 Mike Moran
 Kathleen Morchower
 Bill & Janice Morrow
 Mountain Architecture
 Mountainhome Builders
 Jolene Mueller
 Ryan Mundy
 Tommie Nelson
 Art Nequa
 Kenneth Newell
 Joan Nicholas

Sustaining \$100+ (cont.)

James Nicholl
 Dr. Lee E. Niemeyer
 Diane Norton
 George O'Brien
 Ed & Melani O'Brien
 Stan Oishi
 Lee Oliver
 Judy & Ellie Oliver
 Lee Oliver Family
 OMYA
 On The Level Home Repair
 Marjie Orser
 Glenda Ortega
 Sunny Hills Orthopedic Services
 Alfred Ortiz
 Jim Ortiz
 Oscar A Fuller Company, Inc.
 Ruth O'toole
 Mike Oxlong
 Peter Pallette
 Melvin & Joy Palmer
 Papoulis, Vasiliki & Tom
 Joya Parenteau
 Bob Parigian
 Bill Parker
 Michael Parker
 Terry Parkins
 Carmon & Pam Parriott
 Jim Pearce
 Harry Pearce
 Tom Peirce
 Peridian International
 Fraser Perkins
 Michael Perry
 Steve & DeeAnne Piccinati
 Andre Plouffe
 Cindy Plouffe
 David Plucinski
 Pollard Termitte & Construction
 Fred Pollard
 Tom Pollard
 Chester & Carmen Pool
 Jack Posnikoff
 Steven Potkin
 Donald Powell
 Morgan Powell
 Prudential Properties, Big Bear
 Mark & Mary Beth Pugh

Aapo Pukkk
 Harold Quan
 R.E. Lee Design & Const.
 Will Rahill
 Basu Ramakrishnan
 John Raye
 Polly Raye
 Naseem & Mohammed Razzak
 Jennifer Reikes Willert
 Restaurant Planning Services
 Stella & Charles Reyer
 Reynolds & Reynolds Co.
 Neal Riedel
 Dick Riemann
 Riffenburgh Lumber Co.
 Jameson Risley
 Al & Kathie Robbins
 Robertson Bill
 Donna Rochester
 Rohm Insurance Agency
 Rick Romans Romans
 Construction
 Margy Rosenbluth
 Norman & Corinne Rostoker
 Donald Rowell
 Richard Rowland
 Jon Rusinko
 RV Nuccio & Associates Inc.
 Steele Sacks
 Colin Sarjeant
 Cammie & Jason Saunders
 Chris Dunkel Schetter
 Gardner Schetter
 Dave & Jo Schetter
 Richard Schimmel
 James Schlanser
 Christopher Schmidt
 Melissa & John Schmitt
 Nobby Schnabel
 Robert & Marlene Schneider
 Margaret Scholl
 Earle Scholl
 Mike Scholl
 Bruce Schramm
 Charles Shepard Shepard
 Anesthesia Med Group
 Audrey Shepherd
 Terry Shepherd

Sally Sherlock-Bach
 John & Linda Siefker
 Sign Advantage
 Silver Brush, Ltd Dee Silver
 David Silverburg
 Mitra Elisha Simanian, DDS
 Kim Sims
 Paul Sjoberg
 Kent Skidmore
 Steven Skolnik
 The Snow Drifters Ski Club
 Paul Sokoloff
 Jeffrey Sparks
 Don & Joanne Speyer
 Sherry Speyer
 Sharon Speyer
 Susan Spivak
 Organized Sports, Inc
 Frank Stapleton
 Alpha Starcher
 Donald & Veronica Steele
 David & Jill Steigerwald
 William E. Stein, Jr.
 Michael Stipther
 Chris Stone
 George Stoneman
 Jerry Straw
 Sumich Design
 Paul Summers
 Landmark Surveying, Inc.
 JM & Anita Swigart
 Tom Talkington
 Tark, Inc
 Rose Tarlow
 Keith Taskkar
 Team Big Bear Mountain Bikes
 Thunder Music & Sound Design
 David Tilki
 Tofasco Of America, Inc.
 Lynn Tollakson
 John, Mike & Jim Tony
 Tool Source
 Ken Weber Townsend
 Brent & Bonnie Tregaskis
 Sara Tully
 Thomas Tunny
 United Way, Orange County
 United Way, LA County
 United Way, York County
 Garry Upton

Shauna Valenzuela
 Joseph Valverde
 Vand Bakke Ski Club
 Julie Vasquez
 Arna Vatuik
 Gustavo Velasco
 John Venzcel
 Jay Vickers
 Patrick Visciglia
 Betty Vos
 W.O.L.F
 Michael Wagner
 Stuart Wagner
 Susan Wakefield
 John & Jill Wall
 Tina Walpole
 Jack Walser
 George & Marty Watson-Jones
 William Webster, Jr.
 Kathy Weiss
 Wellington Consulting Group
 Keith & Estrella Whaley
 Cheryl Wilson
 David Wilson
 Kevin Wilson
 Steve Wilson
 Jean Wolff
 Women of the Moose, #0359
 Jack Woodman
 Kris Woods
 Woodstock Real Estate
 Laurie Woodward
 Kerry Wright
 Yahoo! Benefits Dept
 Yahoo! Inc.
 Yashing Group
 Dr. Jay Young
 Your Bunny
 Diana Zadra
 Michaela Zadra
 Mike Zadra
 Briana Zadra
 Mark Zamoyta
 Mary Zola
 Zorensky, Elliot & Jodi
 Marjorie Zornes
 Fred Zumwalt

Volunteers Wanted (Cont.)

Most volunteers agree that they teach for the USARC because it gives them a chance to give back to the sport they love by sharing it with those who would otherwise not have the opportunity, simply because he or she may have a disability.



Volunteer Jeff Warhol and Rebecca Rodgers snowshoe in the powder.

student ratio enables USARC volunteers to facilitate the greatest progress possible with their students.

Please let this be the season you change another person's life for the better. Contact the USARC today for a volunteer application today, and thaw winter's chill for somebody.

Even with an amazing crew of veterans, there is always a need for new volunteers, and this winter will be no exception. Free training is available in December or January, providing volunteers with a safe and comprehensive overview of how to teach. It is much easier than most people think, and experience with disabilities or as a ski instructor isn't necessary, although it never hurts to have it. Plus, the advantage of the 1:1 teacher/

Cyber-Support USARC!



Register your **Albertsons/Sav-on** card on the Community Partners

page of their website, www.albertsons.com, and designate the USARC (ID# 49000119060) as your charity.

For stores such as **Vons, Safeway, Pavillions, Wild Oats** and many more, log onto www.escrip.com, and follow the prompts to register your card(s). (ID # 152931854).

Do your Internet shopping through www.i-give.com, where you can shop at countless major retailers who in turn make a donation to the USARC, without charging you more.



Also...



Call us with your **Ralphs** grocery card information and the chain will donate a percentage of your expenditures to the USARC.

Or, instead of a dirty old garage sale, take an item into any www.i-soldit.com store and register the USARC (ID # 95-3872771) as your charity. When they sell it, they will donate 60% or more of the sale price to the USARC!






U.S. Adaptive Recreation Center
 Post Office Box 2897
 Big Bear Lake, CA 92315-2897
 (909) 584-0269 / mail@usarc.org

NONPROFIT ORG
 US POSTAGE
PAID
 ANAHEIM, CA
 PERMIT NO. 7579

**Get *The Spirit* early and help us conserve resources.
 Give us your email address so we can email your future issues.**

HELP WANTED: The USARC has employment opportunities for a year-round **VOLUNTEER/OUTREACH COODINATOR** and seasonal **STAFF INSTRUCTORS**. If you want to live in the high country and make a difference with your life, call the USARC!

Big Bear Real Estate Buyers/Sellers



Will Rahill, now selling Real Estate for Prudential Properties of Big Bear, will donate 10% of his earned commission from any transaction to USARC if the lead comes from a USARC member. If you have any leads please contact Will Rahill at will@dansmithandassociates.com, or on his cell at 909.645.1949, or office at 909.752.2058.

Register online for USARCFest '06, coming Saturday, March 4

The USARC invites skiers and snowboarders of all abilities to participate in the USARCFest '06, coming to Bear Mountain on March 4, 2006. All USARC members and past USARCFest (Ski-A-Thon) participants will receive information during the winter, including how to use Kintera.com, a website dedicated to fast, secure and accurate special event registration. USARCFest participants will be able to quickly and easily create their own webpage, on which their supporters can confidently make pledges, enabling the participant to **slide for free!** Mark the date on your calendar and start planning on attending the USARCFest now!

What's up at the USARC?

November
 7 Individual Lesson Reservations Begin
 26 Winter Lessons Begin

December
 1 ACRE Holiday Party (Long Beach)
 5-6 Returning Volunteer Training Clinic
 15-18 New Volunteer Training Clinic
 17-18 Returning Volunteer Training Clinic

January
 5-8 New Volunteer Training Clinic
 7-8 Returning Volunteer Training Clinic
 9 Group Lessons Begin
 28-29 PSIA Adaptive Prep Clinic

February
 TBD P2P11 Reunion Party /Slide Show
 24-26 NASCAR (Fontana/Volunteers Needed)

March
 4 USARCFest '06
 18-19 PSIA Adaptive Exam
 25 Volunteer Recognition Party