



The Spirit

of the United States Adaptive Recreation Center

Bruce gone! 200 Volunteers needed to replace him

With recent snow storms and Bear Mountain's pre-Halloween opening, there is no doubt that winter is now upon us. With the changing of the season, we also see a change in the USARC staff. Bruce "Almighty" Schramm, our beloved and often beguiled Volunteer Coordinator, has left our humble mountain for smoggier pastures. In his place, Cris Schlanser will be attempting to fill his shoes as Volunteer Coordinator, but not the void left in our hearts.



Volunteers Bill and Kim pose with Virginia before another thrilling descent!

USARC has been re-creating lives for the past 17 years. With an average of over 2000 "re-creations" a year and a seasonal staff of only 7 instructors, the numbers simply don't add up. The difference lies in 200, beloved, heart-, soul-, body- and mind-giving volunteers who provide the core of these yearly "re-creations".

With so many volunteer opportunities throughout the Southland, it is not a mistake that USARC volunteers are an elite and dedicated group of individuals. The USARC volunteers' experience begins with dedicating their heart to helping our members realize their dreams. Then the real dedication begins, with the commitment to an intensive training program, where both their minds and bodies are challenged and they are often told to forget everything they have ever learned about the sport of sliding on snow, and a pledge to teach at least six midweek days during the winter. (see Volunteer Instructors on pg. 4)

X marks the spot on the treasure of a lifetime!



**BIG BEAR TO MAMMOTH
10TH ANNUAL PEAK TO PEAK PEDAL
TO BENEFIT THE U.S. ADAPTIVE RECREATION CENTER**

X marked the spot, as in the Roman numeral for 10, as in the 10th Annual Peak to Peak Pedal, and under that X lay a treasure trove of adventure for all who joined in the search. The first decade of Peak to Peak Pedals came to an end in a glorious cache of emerald sagebrush, sapphire skies, golden foliage and ruby sunrises.

A record 44 riders took to the 335-mile adventure this year, all intent on uncovering their own rewards and most every one of them succeeding. Make no mistake, the Peak to Peak Pedal can be a life-changing experience, and often is, and this year was no exception. Through their own efforts, and with the help of some 30 incredibly devoted volunteers, riders learned that they could achieve what they thought impossible, make new friendships vulcanized by the sharing of pain and joy, and in the long hours spent only with themselves as companions, learn valuable lessons. (see P2PX on pg. 4)



Brandon and Scott teach Briana to Mono-ski.

"The old man is snoring..."

Mother Nature continues to amaze us here at the USARC. After a summer so dry that camping was restricted due to the extreme fire danger, we had four gray, wet, sloppy days of rain that not only had us feeling like Seattle-South, but which elevated the level of Big Bear Lake itself by an entire foot! Follow that up with two feet of October snow, and one can't help but start to feel ski fever and hope the winter will be a normal one!

Weather gods notwithstanding, the USARC is preparing for another winter of opening up the winter sports world to thrill seekers who happen to experience a physical or cognitive challenge. Along with the return of snowshoeing for select groups, the gravity-fed adventures of skiing and snowboarding through a brilliant white wonderland await the brave, motivated, and curious.

This year, lessons run from 9:30 a.m. - 12:00 p.m. and 1:00 p.m. - 3:30 p.m. for a variety of reasons, including safety, quality, efficiency and practicality. As always, reservations (909.584.0269) are required, and due to high demand, the number of reservations is limited. We invite you to join us this winter because, as Warren Miller said, "if you don't, you'll just be one year older when you do!"



Connie, Jerry, Brandon, Alvin and Tara snowshoeing in the powder!



Thoughts from the Executive Director

Dear USARC Members:

This is the earliest I can remember waking up to over a foot of snow in Big Bear! The mountain was even open for sliding before November rolled around. It's a tremendous finale to a very dry summer. We had incredible weather for both our summer programs and our Tenth Annual Peak to Peak.

**USARC Exec. Dir.,
Kelle Malkewitz**

Our summer weather may have been dry, but it was wet with intern talent. We enjoyed having Teresa Phua, a San Diego State University student from Singapore as our intern. Teresa came well prepared for a variety of challenges and truly rose to the occasion. Thanks for your contribution to our team. Rounding out that team was our dedicated corp of volunteers who possess such a wealth of talent. With the addition of program dates and events like the California Speedway, we rely on volunteers more than ever; our thanks to our volunteers for stepping up to the plate.



John Picazo and the Intern take a break under the warm August sun.



United States Adaptive Recreation Center

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It gives me great pleasure to share the results of Peak to Peak X! With 44 riders raising over \$100,000 and cruising along in perfect weather, let's just say it doesn't get much better. My personal thanks and congratulations to Ralph Aros for participating in the marketing campaign for P2PX and pedaling flawlessly into Mammoth! To all riders, support personnel, sponsors and family members, be proud to have truly made a difference for those that we serve! Congratulations to each of you.

My warmest regards and thanks,

For the Love of Skiing

The Gondola Company of San Diego proudly presents "For the Love of Skiing" on Saturday, January 22, 2005, from 3 pm to midnight. This FUNdraising event is your Passport to Italy. Indulge in all the magic and tradition of Venice in San Diego as you gently cruise in a private gondola through the enchanting canals of the Coronado Cays, all to benefit the USARC! Whether a relaxing journey, a romantic adventure or a business treat, your cruise is a truly memorable experience.

- Gondola cruises are approximately one hour in length.
- Each gondola can accommodate up to six passengers.
- Soft blankets are provided.
- Cruises include a complimentary appetizer or dessert plate.
- Complimentary bottle of wine provided and guest may bring their own beverages.
- Ice buckets, glassware, and wine openers are supplied.
- Reservations required.
- Passport Cruise for two - \$100 (\$50 each additional guest, totalling six passengers.)

For information and reservations, call The Gondola Company at 619.429.6317, or check them out at www.gondolacompany.com. A name, phone number, and credit card number are required for all reservations.



This could be you, experiencing Venice, although with a much shorter drive!



Freddy rips the sunny, morning glass.

Surfin' USA(RC)

The second annual Surf Clinic hosted by Infinity Surfboards took place on beautiful September 29 at San Onofre State Park. The event was a tremendous success with fifteen people riding the surf. Tandem champion Steve Boehne of Infinity Surfboards was on hand offering his expertise as well as surf-skis for participants to try. Special thanks to Freddy Carrillo for the concept, and the California State Parks for providing wheelchairs with balloon tires, enabling participants to access the water. Kudos to volunteers Marsha Burns,

Elan Eifer, Jamie Hoffman, Mike Johnson, Caryn Krasne, Leidyne Lau, Dave Owings, Tom Pollard and Gene Roberts, without whom the day wouldn't have been possible.

Summertime fun with Volunteers and Members!

Make no mistake, each and every one of the participants and USARC staff members (and the intern, of course) did their share, but the volunteers are usually the ones spending most of the effort in un-Tahitian-like water, hauling kayaks, gutting fish, eating dust and cleaning gravel out of their wounds! Thanks to the energy of the volunteers whose names you see here, it was already fall when the USARC wrapped up its 12th and busiest summer ever.

Filling most of the warm weather months with water oriented opportunities, the USARC provided excitement of the gasoline-powered, sail-powered and paddle-powered kinds. Not only did this take place on the blue alpine waters of Big Bear Lake, but also upon the calm, salty arm of the Long Beach Marine Stadium as the USARC partnered once again with Casa Colina for the tenth year of its Land Meets Sea Sports Camp. However, it wasn't just the flat part of the Pacific Ocean that saw a USARC presence. With the cooperation of Infinity Surfboards and several surf-ski riders, the USARC hosted its second annual adaptive surf camp at San Onofre State Beach at the end of September.



Jerry Newman kicking up some dust.

Water skiing at 35 miles per hour is nothing to sneeze at, nor is wrangling a wily trout that has no inclination to become dinner, but for extreme thrills and spills there's no comparison to the off-road, downhill wheelchair (aka: Chariot) programs held at Snow Summit. Even with extensive discussion on terrain, equipment handling and safety, there was one session this year where not a single Chariot rider and mountain biking volunteer escaped unscathed, proving that the philosophy of "the right to risk" is alive and well. Though not for everybody, this program juxtaposes exploration of the serenely beautiful high mountain forest with a healthy dose of adrenaline!

Of course, probably the most death-defying and pain-producing of any activity is sitting through the impromptu skits and "entertainment" of the USARC staff around the "campfire" at Serrano Campground during the overnight programs. All the tired participants and valiant volunteers are trying to do is relax and enjoy summer evenings in the mountains, only to find themselves blind-sided by these ersatz stand-ups. The USARC wants to take this moment to apologize to those who were traumatized by these events, and once again thank those who made the rest of the summer programs so wonderful: the USARC members and volunteers!

The USARC deeply appreciates the following summer program and California Speedway volunteers that fulfilled their commitment of days in service to the USARC and its participants.

John Alderete	Sophia Dosick	Bob Kopolow	Sean Peterson	Daniel Simmons
Kurt Allan	Richard Fite	Lynn La Page	Dina Plescia	Brenda Summers
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Bill Dora	Diane Jordan	Carl Pearl	Bob Shea	Bill Yaeger

Volunteer Instructors (cont.)

In return for their commitments, the USARC commits itself to providing the volunteers with an environment that is as rewarding for them as their efforts are to the members they serve. Volunteers are provided a lift ticket for use on each teaching day, and earn a complimentary, transferable, mid-week plus ticket for another day. With lesson times this year beginning at 9:30 AM, volunteers will have the opportunity to ski for up to an hour before lessons begin. During this time, volunteers are encouraged to attend morning training clinics, conducted by the USARC staff, to improve personal skiing, teaching skills, and knowledge of disabilities and adaptive techniques.

Volunteers in good standing will also qualify for certification by the Professional Ski Instructors of America, and enjoy the multiple benefits that professional membership entitles, including resort and equipment discounts. Yet, the greatest benefit the USARC volunteers receive is the reward of changing lives, and helping others learn the incredible enjoyment of re-creating their own lives through recreation. For information on becoming a USARC volunteer, please visit the website at www.usarc.org, or call (909) 584-0269. We look forward to having you recreate, and re-create, with us this winter!



The smiles tell you all you need to know about volunteer Joe McHolland.

P2PX (cont.)

Chilly morning air, typical of October in the mountains, bracketed the ride this year, but on the first day it was hardly noticeable because of the warmth-generating hustle-bustle of everybody preparing to depart. Of course, the temperatures were to change soon anyway, because as rapidly as each rider swooped downward through the curves of highway 18's backside, so too did the mercury quickly escalate. A break stop refreshed each rider for the long, steady climb ahead, up the diabolically ever-increasing grade of Goat Mt. pass. It was the one time a headwind was welcome as it served to help cool the riders under the hot desert sun. After cresting the summit, riders were rewarded by a restful mile-long coast down to a delicious lunch, hosted at the exquisitely equipped RV (picnic tables, shade canopies) of the Riddle family. The rest of the ride into Barstow was a relatively flat sprint, although one rider decided to spice it up by dueling with a pick-up truck! Green grass, shade, massages, dinner and a warm group introduction capped off this first day before everybody retired to prepare for a big second day.



Jake and Kelly hammer out of Olancha in their big rings.



Karen makes an icy accord with her knee.

At nearly 82 miles, the trek to Ridgecrest is the longest day of the ride, especially in light of the characteristic westerly headwinds that blow straight down highway 58. Wait just a minute, what headwinds? Where was Aeolus' signature, the seemingly omnipresent nemesis that routinely knocks the riders' pace down several notches, stretching an already long day into a looooooonger day? Strangely, the winds never materialized, enabling the string of 44 riders to gobble up the miles. The unusually rapid tempo was broken only by a paceline mishap (a mere hiccup to tough USARC Volunteer of the Year, Jenn Long), and the requisite stop at Astro Burger for those who believe malts and fries rule over CLIF Bars and Red Bull! Another great lunch, an easy climb into and through Red Mountain (where are the twin peaks, Glenn?), one last grind up the maddening "false-summit" hill, then a great big gear ripper down into the Desert Empire Fairgrounds. A leisurely afternoon of libations and chat prefaced a fabulous BBQ of tender ribs and chicken, courtesy of Red Bull and Berkeley's Backyard BBQ, that sent each rider to slumber under a starry night sky without a breath, not even a hint, of a zephyr.

Saying the W-word, for the superstitious, can often result in just what it stands for: wind. That's exactly what happened too, on this day notorious for its "breezes". Day three started out relatively nice and calm, with a couple dozen miles of flat riding interrupted by nothing more than a few sprinting coaches (dogs) and Large Marge (another cycling advisor, so to speak). The crew turned and migrated northward, drawing the southern Sierra alongside their left quarter, and onward to the grassy, sycamore shaded lunch stop at Coso Junction. Riders began to wonder if they had eaten some mysterious super-food at lunch, because as they attacked the big grade just north of the midday stop, they found themselves powering up it with nary a deep breath. It was then that everybody realized that the winds had kicked in but, amazingly, from behind! With this surprising cooperation from Mother Nature, most riders found themselves in their big gears (even running out of gears) tooling along at 25-30 m.p.h.! These wonderful tailwinds followed everybody all the way to the beautiful and serene Diaz Lake, although nearly twenty riders couldn't resist hammering back into them in order to re-ride the final miles alongside the incredible Terese Coppi, who logged over 60 miles in her hand-cycle that day! A swim in the lake and Bob Lombard's amazing portable showers put a quick end to any residual pain of this roughly 80-mile day.



The only thing better than a paceline is one with beautiful scenery!



At the end, Ralph (as in "Ride, Ralph ride.") and Kelle high-5.

Those rising early on Saturday were greeted by a tapestry of yellows, pinks, roses and reds uniquely woven by the interplay of morning sun and clouds. The tailwinds had abated but nobody really noticed, because the stoic monoliths of Mt. Whitney and its granite cousins distracted most riders from their mission on the road. Passing the haunting desolation of Manzanar, where so much injustice was perpetrated against American citizens, made numerous riders pause and think, some even stopping to tour the sad site. As the day progressed, the grandeur of John Muir's "backyard" became each rider's constant companion while they cruised along in somewhat of a rest mode, knowing what lay ahead of them on the following day. Indeed, lunch at a trout hatchery (no, we didn't eat the trout-lings) reaffirmed our position near some of the finest alpine fly-fishing waters in the west, and thus, that serious climbing was only a day away. Any needed lubrication of joints and/or dispositions was quickly attended to at two traditional Bishop locales, Rusty's Saloon (unsanctioned) in the afternoon, and the Keough Hot Springs later that night. Distractions aside, nobody failed to notice the black storm clouds gathering in the distance, over Sunday's route.

Resembling a scene of gloom and doom from Lord of the Rings, the mountain tops were obscured by dark, foreboding mists, noticeably contrasting the dawn sunlight squirting beneath them onto the peaks' lower ramparts. The weather forecast for this last day of riding, which had been amended from rain to cool, clear weather, initially appeared incorrect, but as the morning wore on, the clouds dissipated, and the climb became bright and sunny. The climb. As the riders wended their way through the bucolic back roads of Round Valley, little glints of sunlight reflected off the distant windows of homes far up a hillside, in the community of Paradise. The irony of this appellation is not lost on the riders who soon found themselves grinding up and through its environs. Of course, while they may have had some choice words on such a facetious name, in at least one particular case, there was no breath left for commentary on anything!

(see P2PX on pg. 5)

P2PX (cont.)

Nonetheless, the views are magnificent, and if one chose to look around he or she would enjoy vistas usually reserved for creatures of the feathered variety. A brief respite awaited the riders atop the ridge, enabling them to gather their faculties before negotiating the V-shaped contours of the Lower Rock Creek valley. The cold air pooling in the valley was as invigorating as the descent, and layers of clothing shed on the climb were quickly and wisely donned again, as cold north winds would prove a steady companion for the remainder of the ride. On their left, gilded aspens snaked down hillsides into brilliant pools, and cobalt Crowley Lake glistened to their right, as each rider was seemingly drawn along the final miles by the sheer gravitational pull of hulking gray Mammoth Mountain. Wearing their P2PX jerseys and riding the final few miles as a group, the 44 riders resembled a giant blue centipede, its segments scattering at the telltale pop of champagne corks and the resulting showers of bubbly!

What at times seemed to take forever, was suddenly over, but the feelings of elation and accomplishment, the friendships and teamwork, the memories and even the talk about next year, had only just begun. The 10th Anniversary Peak to Peak Pedal was everything it set out to be; X did mark the spot, and there was treasure enough for all!

Participant Therese Coppi: Redefining “Arm-strong!”

For many, the idea of spending 5 days on a bicycle riding up a gruelling 8,000 ft. mountain seems like a ridiculous challenge. That task becomes even more demanding if you can imagine not pedaling with your legs, but instead with your arms. For summer-, winter-, and now P2PX-participant, Therese Coppi, it was a challenge that she was not about to let pass her by. Read on to find out what keeps this incredible participant rolling.

The Spirit (TS): How did you become involved with the USARC?

Therese Coppi (TC): I started three years ago when my sister, Mary Norman, forced me to go to a one-day water-ski session. I did not know anything about it, but she knew once I went I would love it. And I did.

TS: What made you decide to take on the challenge of riding the 10th Annual Peak to Peak Pedal (P2PX) this year?

TC: Since I have been around the USARC, I knew P2PX existed and I thought it would be cool. Last year I decided to put my thoughts into action. Don't talk about it, do it. There was something pushing me. It was something I had to do for myself.



Tenacious Therese finishing 60+ miles on day three. Try that with your arms!

TS: Describe your overall experience on P2PX and your most memorable moment?

TC: P2PX was an amazing experience and I am so proud to have been a part of it. It was a very special five days, something for which I had been preparing for a year. I have two memorable moments. The first being on the third day (the day I did the most mileage); I knew I just had to make it to Lone Pine by 6p.m. and I would not get into the escort car behind me. Then, a few miles outside of camp, about 20 other riders came and met up with me to ride in with me. Secondly, was the last night in Mammoth when my brother-in-law, Dave Norman, presented me with his P2PX jersey signed by everyone in the group.

TS: Everyone on P2PX was impressed by your performance. Did it change you?

TC: I don't think so. A better way to put it is that I grew from it. I grew from the experience and everyone involved. Everyone I met taught me something. That's the magic.

TS: Would you recommend the Peak to Peak Pedal to others, especially hand cyclists?

TC: I would recommend it to anyone who likes to ride a bike or handcycle, and beyond what you have already mastered, you will never grow.

TS: With the USARC, you have snow skied, water skied, kayaked, jet skied, surfed, and handcycled to Mammoth. What was your favorite, and why?

TC: My favorite would be water skiing. I love summer and the water, and I love trying to be better at it every summer.

TS: How has your involvement with the USARC affected your life?

TC: It changed my life very much. It introduced me to a world of sports for the physically challenged that I never knew existed. It showed me that I can do anything I want, have a fun and active life and, most importantly, that I can still dream.

TS: Now that P2PX has finished up, what is going to be your next challenge?

TC: I am planning on being part of a relay team in the Half Ironman Triathlon for the Challenged Athletes Foundation in San Diego in November 2005.

TS: What else do you do for fun and recreation?

TC: The usual. Being with my family and friends, shopping, watching movies, reading, going to the beach, horseback riding, creating peace...



ACRE presents KelLe Malkewitz of the USARC with a \$25,000 donation.

ACRE Holiday Party!

Everyone is welcome to join USARC Supporters, the Association of Corporate Real Estate Executives, as they celebrate the holiday season with a festive party to benefit our unique programs. The Holiday Party will be held at The Madison Restaurant in Long Beach on Wednesday December 1, from 4:00 - 8:00. Unique holiday gifts, sporting tickets, trips, airline tickets and much, much more, all up for grabs in Silent and Live Auctions. For tickets call (909) 584-0269.

The USARC gratefully recognizes 2004 fiscal year donors!

Individuals and organizations that donate products or services ("in kind" donations) are listed in the winter edition of *The Spirit*. If your FY03 (between 7/1/03 and 6/30/04) contribution of \$100 or more is missing, please contact us to correct the omission.

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Ron & Colleen Lister	Tracy Moore	Polly Raye	Jerry & Ruth Steering	Jean Wolff
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John Loftus	Kathleen Morchower	Randy and Rose Rentschler	Sterling Graphics	Jack & Janice Woodman
Leo & Mary Loftus	Morphix Design Inc.	Russell W Reyer	Gary Steube	Brandon Scott Woods
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Phil Lundquist	Geraldine Newton Ttee	Bob and Linda Riddle	Gary Stovall	Paul Zamoyta
Karen Lutomski				Marjorie Zornes

Volunteer Glenn Allen: Tomahawk-chopping into our hearts



Glenn and the word "stop" don't belong in the same sentence, or photo!

If, one summer evening as you stood among the pines of Big Bear, you heard the incongruous trumpeting of a conch shell being blown, it was probably Glenn Allen saluting the setting sun. While you may be able to take the boy out of Florida, you'll never get the Conch Republic out of the boy. Just one look at the FSU Seminoles (his Alma Mater) cycling jersey he wears every Peak to Peak Saturday will confirm that. Let's be honest, during its existence the USARC has had hundreds of wonderful volunteers, but Glenn certainly stands out from the rest. Always quick with a smile or a tall tale (tall, but true), and melting the hearts of girls half his age, his energy level seems legendary. In addition to making himself available at the last minute to teach skiing or skipper the USARC sailboat, "Indepen-Dance," he has ridden the Peak to Peak Pedal four times, the latest at the youngish age of 75. He is held in the highest esteem by not just those alongside whom he has ridden, but by countless USARC volunteers and staff members alike, and has even become like a second father to some. If you ever need a role model, look no further, just read on.

The Spirit (TS): Why do you volunteer with the USARC and what has been most memorable?

Glenn Allen (GA): I have a nephew with autism in Florida. I've really enjoyed skiing and working with a young man from Big Bear named Alvin Dorado (pictured on page 1.)

TS: Tell us about your other home in Mexico.

GA: It's a great little get away (defined as: escape from freezing, snowy Big Bear winters) on the Sea of Cortez, south of San Felipe.

TS: Why does your lovely wife, Barbara, put up with you?

GA: You'll have to ask her, but she's in Vietnam right now. I think it's the four A's: attention, affection, appreciation and acceptance.

TS: You and Barbara have traveled all over the world; describe your best trip ever.

GA: That had to be going to Kenya and climbing Mt. Kilimanjaro!

TS: Okay, now describe your worst.

GA: There are none when travelling with Barbara.

TS: As the "senior-est" rider of Peak to Peak Pedal; why do you do it?

GA: It's a personal challenge, but I mostly do it for the three C's: the cause, the commitment (of the USARC staff, administration and volunteers), and the camaraderie.

TS: Okay, to what do you attribute your continued athleticism?

GA: The gift of good genes from my biological parents, and opportunities by my adoptive folks.

TS: Who is the best football team to ever wear Red and Gold?

GA: Go 'Noles! (Glenn obviously hasn't heard about the San Francisco 49ers.)

TS: What would you say to encourage more people to volunteer?

GA: Like Jimmy Buffet says, "you had to be there!" In other words, do it and you'll know why!

TS: Any words of wisdom to those of us less, um, shall we say, "venerated" than yourself?

GA: Use sunscreen.



In his Florida State regalia, Glenn gives "the chop."



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Where do you buy your groceries?

It costs you nothing but a minute or two for the USARC to benefit from your weekly errands!

If you shop at Albertsons:

-Call the USARC for your Community Partners card.

If you shop at Vons, Safeway, Wild Oats, etc.:

- Log onto www.escrip.com

- Click on "sign up"

- Enter Group Name: UnitedStatesAdaptiveRecreationCenter

- Or enter the Group ID #: 152931854

- Register your grocery club card/debit/credit card

If you shop at Ralph's:

- E-mail your Ralph's card number along with your name, mailing address and phone number to mail@usarc.org.

USARCFest '05 to partner with Kintera.com for success!

In light of the success of the 10th Annual Peak to Peak Pedal, registering and gathering sponsorships for the 2005 USARCFest, slated for Saturday, March 5, 2005, will be easier than ever. Thanks to Kintera.com, a website dedicated to safe, secure and efficient special event registration, prospective participants will be able to quickly and easily create their own mini-website to help them gather pledges. Kintera is one of the reasons the Peak to Peak Pedal had a record number of riders this year, and we hope to do the same with the USARCFest. Additional details will be forthcoming in the winter edition of *The Spirit* and in the event flyer, but mark the date on your calendar and start planning on attending the USARCFest now!



Ski Nautique for sale!

1993 Ski Nautique*, closed bow, with trailer. \$7,500 as is. Call the USARC for more info.

FUTURE STUFF		November
	27	Winter lessons begin
		December
	1	ACRE Holiday Party (Long Beach)
	6-7	Returning Volunteer Training Clinic
	16-19	New Volunteer Training Clinic
	18-19	Returning Volunteer Training Clinic
		January
	6-9	New Volunteer Training Clinic
	8-9	Returning Volunteer Training Clinic
	10	Group lessons begin
	22	For the Love of Skiing (San Diego)
29-30	PSIA Adaptive Prep Clinic	
	February	
TBD	P2PX Reunion Party /Slide Show	
4-6	Race Development Camp (Snow Summit)	
25-27	NASCAR (Fontana/volunteers needed)	
26-27	PSIA Adaptive Exam	
	March	
5	USARCFest '05	
19	Volunteer Recognition Party	