

Child Psychiatry
Competency Based Goals and Objectives

The child psychiatry rotation will consist of a combination of inpatient and outpatient experiences designed to provide resident physicians with comprehensive exposure to the field. Through the rotation, residents will actively participate in all aspects of patient care, acquire the knowledge and skill necessary to effectively identify and manage children with psychiatric disorders in collaboration with the child psychiatry team. Clinical activities will be tailored to fit the interests and goals of the individual resident. Residents will also attend educational conferences specific to the field during the rotation. The goals and objectives for the rotation are as follows:

Patient Care. Provide family centered patient care that is developmentally and age appropriate, compassionate, and effective for the treatment of health problems and the promotion of health.

Objectives:

- Actively participate on the inpatient psychiatry consultation service, inpatient behavioral health service, and outpatient psychiatry clinics at St. Louis Children's Hospital
- Perform an accurate and specific history and physical examination with specific emphasis on mental health disorders and associated co-morbidities
- Integrate history and physical examination with medical knowledge of neurologic disorders to arrive at differential diagnosis and plan for evaluation
- Use evidence-based treatment guidelines to inform treatment decisions
- Provide timely, compassionate service and seek appropriate consultation and support in the evaluation and treatment of psychiatric disorders

Medical Knowledge. Understand the scope of established and evolving biomedical, clinical, epidemiological, and social-behavioral knowledge needed by a pediatric neurologist; demonstrate the ability to acquire, critically interpret, and apply this knowledge in patient care.

Objectives:

- Understand current concepts of therapy including pharmacologic (mechanism of action, drug-interaction, side effects) and non-pharmacologic interventions
- Improve recognition of psychiatric disorders through accurate and specific clinical assessment
- Gain familiarity with the most current pathophysiological understanding of common childhood psychiatric disorders

Interpersonal and Professional Communication. Demonstrate interpersonal and communication skills that result in information exchange and partnering with patients, their families, and professional associates.

Objectives:

- Provide clinical assessment of cases to faculty, using correct terminology and with explanation of rationale based on appraisal of available clinical, laboratory, neuroimaging data
- Interact in a collegial way with staff, including nurses, nurse practitioners, behavior analysts, and social workers, with goal of providing optimal patient care
- Communicate effectively with patients and their families to obtain clinically relevant information and deliver diagnosis and treatment plan in an easily understood and culturally sensitive manner
- Maintain comprehensive, timely, and legible medical records
- Communicate effectively with consulting colleagues and health care professionals

Professionalism. Demonstrate a commitment to carry out professional responsibilities, adherence to ethical principles, and sensitivity to diversity.

Objectives:

- Be present and ready for sign-out at the agreed time
- Admit errors or omissions and takes steps to correct them
- Protect patient privacy
- Demonstrate sensitivity to race, gender, ethnic background, religion, sexual orientation, and other social factors in dealing with patient care and interactions with other providers and other learners
- Treat colleagues at all levels with respect

Practice-based Learning and Improvement. Demonstrate knowledge, skills, and attitudes needed for continuous self-assessment, using scientific methods and evidence to investigate, evaluate, and improve one's patient care practice.

Objectives:

- Attend and participate in teaching conferences of the Department of Psychiatry
- Perform examinations and develop diagnostic and therapeutic plans under the supervision of a child psychiatry fellow and attending physician
- Prioritize clinical responsibilities, provide timely service, and seek appropriate consultation and support when necessary
- Integrate feedback from preliminary diagnostic errors to improve diagnostic accuracy
- Identify strengths, deficiencies, and limits to knowledge and expertise
- Access learning sources (textbooks, medical literature, online resources) to fill gaps in knowledge that are identified during case discussions
- Participate in the education of students, residents, and other health care professionals

Systems Based Practice. Understand how to practice quality health care and advocate for patients within the context of the health care system.

Objectives:

- Understand the concepts of cost containment and cost effectiveness that may be employed on the psychiatric service

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- Understand the role of insurance and health care coverage on accessibility and implementation of mental health services for the pediatric patient
- Describe methods for ensuring the physician and psychiatry service use scarce resources in a sound, thoughtful, and cost-effective manner