INGREDIENTS

30 g enoki mushrooms
450 g sashimi-grade yellowfin tuna
½ cucumber, peeled and cut into 5 cm strips
60 g daikon, peeled and cut into 5 cm strips
¼ cup baby coriander leaves
1 teaspoon black sesame seeds

Wasabi Avocado

2 tablespoons sugar

1 avocado, peeled and stone removed juice of 1 lime

1 teaspoon wasabi powder

1 cucumber

20 g ocean trout roe

To make the wasabi avocado, place sugar in a small saucepan with 2 tablespoons water and bring to the boil, stirring to dissolve the sugar. Allow to cool slightly, then transfer to a food processor, along with the avocado, lime juice and wasabi powder, and blend until smooth.

Tuna Sashimi with Avocado and Daikon Dressing

Daikon dressing

1 tablespoon sesame oil 100 ml rice wine vinegar 40 ml mirin 50 ml light soy sauce

30 g daikon, peeled and grated

1 teaspoon finely diced ginger

For the daikon dressing, combine all the ingredients in a bowl and leave for 20 minutes to infuse. Strain through a sieve placed over a small bowl and set aside.

Using a vegetable peeler, cut six fine strips of cucumber approximately 1 cm wide and form each strip into a circle on a tray lined with baking paper. Fill each cucumber circle with wasabi avocado and top with a little ocean trout roe.

Blanch the enoki mushrooms in a saucepan of boiling water for 30 seconds, then refresh under cold running water. Trim the tuna and cut into thin slices. Combine the mushrooms, cucumber, daikon and baby coriander in a large bowl, then place some salad on each plate. Drizzle over the daikon dressing, then arrange tuna slices on top, followed by an avocado-filled cucumber circle.

Scatter with sesame seeds and serve immediately... END

http://mattmoran.com.au/recipes/tuna-sashimi-with-wasabi-avo-and-daikon-dressing

