













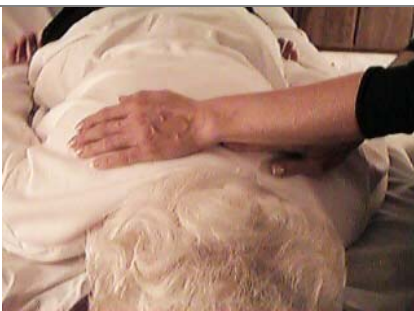
## Reiki Hand Positions

Position	Treating:
	<p>The (Third Eye) Seventh Chakra, which helps improve higher will and knowing, and understanding and The Sixth (Brow) Chakra, which helps with visioning, compassion, wisdom, intuition, imagination and dreaming. Face, sinus, ear, nose and throat, lymph, stress, "burn out", colds, pituitary gland, hormone imbalances and many types of lymphatic diseases.</p>
	<p>Stress, tiredness, headache, brain problems connected to epiphysis, pituitary gland, immune defense, hormone imbalances, nerves. Mental and emotional problems, concentration etc.</p>
	<p>Ear, nose and throat problems, colds, balance, hearing. The ears have many points that relate to the energy system that can be helped with Reiki and acupuncture.</p>
	<p>Stress, worry, headache, colds etc. Brain, neck and back problems, spinal nerve problems.</p>
	<p>The (Throat) Fifth Chakra, which improves expression, higher emotions, communication, and grieving. Throat, thyroid gland, thymus, parathyroid. Anxiety and disability to communicate and express oneself.</p>




## Reiki Hand Positions

Position	Treating:
	<p>Lung area, thymus, throat, asthma, allergies, the disability to accept things.</p>
	<p>The (Heart) Fourth Chakra, which improves love resulting in balance and radiance. Heart, thymus, lungs, asthma, allergies, circulation problems, immune system, emotional problems etc.</p>
	<p>The (Solar Plexus) Third Chakra, which improves the will to think (mental), which results in power, laughter and anger. Sternum system, lungs, pancreas, liver, spleen, gallbladder. Digestive problems, stress, worry, nervousness, control etc.</p>
	<p>The (Sacral) Second Chakra, which improves the will to feel, to be emotional, desire, sexuality and tears. Depression, emptiness, disability to feel happiness. Digestive organs, liver, spleen, gallbladder, kidneys, adrenal gland.</p>
	<p>The First (Root) Chakra and The Second (Sacral Chakra, read above), which improves the will to live or survival, grounding, and with stillness. Reproduction system, testicles, ovaries, kidneys, adrenal glands, urinary problems. Tiredness, weight problems, sexual problems physical and emotional.</p>

## Reiki Hand Positions

Position	Treating:
	<p>Knee injuries. Disability to bend (mentally). Headache, stiffness in the neck. Energy blockage in the lower body.</p>
	<p>Energy blockages, problems with neck and throat, thyroid gland and lymph. Problems in the pelvic area.</p>
	<p>The feet contain reflex zones for all the organs in the body. All the organs and chakras will be treated. Grounds and calms the person.</p>
	<p>Neck and shoulders. Stress and headaches. Responsibility problems.</p>
	<p>Heart and lung area, protective instinct, disability to express feelings. Depression.</p>

## Reiki Hand Positions

<b>Position</b>	<b>Treating:</b>
 A photograph showing a person's back covered with a white sheet. A practitioner's hands are placed on the upper back, specifically between the shoulder blades, in a Reiki hand position.	<p>Stress, allergies, relationship problems. Heart and lung area, kidneys, adrenal glands, lymph and diaphragm.</p>
 A photograph showing a person's back covered with a white sheet. A practitioner's hands are placed on the lower back, just above the buttocks, in a Reiki hand position.	<p>The First (Root) Chakra (read on page 2), pelvic area, reproductive system, digestive system etc. Relationship and emotional problems.</p>
 A photograph showing a person's back covered with a white sheet. A practitioner's hands are placed on the back, one on the upper back and one on the lower back, in a Reiki hand position.	<p>The First through the Fifth Chakras. (Please read from the Chakra information above.) Balancing and easing blockages. Sometimes called the back fixer.</p>