



Ice Tea Punch

- 2 c. Instant sweet Ice tea mix with lemon
- 4 c. water
- 1 (2) liter Ginger ale

Mix ingredients; add ice.

Very refreshing and not too sweet.

Submitted by Laura Taylor



Glorious Tea

- 1 cup of sugar
- 1/2 cup of instant tea (unsweetened)
- 3/4 cup of instant lemonade
- 1 cup white grape juice
- 1 gallon water
- *fresh mint leaves
- *orange or lemon slices

Mix ingredients; Chill or add ice.

*Add mint leaves and orange or lemon slices for a decorative look to your pitcher of tea.

Submitted by Emily Smith



Russian Tea Mix

- 2 c Tang or other Orange drink mix
- 2 c sugar
- ½ t. ground cloves
- ½ t. cinnamon
- ½ c. lemon flavored instant tea

Mix all ingredients and store in a tightly covered jar or Ziploc bag.

To drink – mix two heaping teaspoons in a cup of water.

Cinnamon red hots may be added if you want more of a tangy, cinnamon taste.

Submitted by Judy Van Hooser



Chai Tea

- 4 cups water
- 1 teaspoon ground cinnamon & cardamom
- 1/2 teaspoon ground ginger & cloves
- 2 cups milk Regular or soy milk
- 1/4 cup Stevia (or real sugar)
- 6 black tea bags (or equivalent leaves)

Place water & spices in pot and bring to a boil. Add milk & return to boil. Add tea bags, remove from heat, & cover. Let steep for 5 minutes & strain. Add Stevia & stir to mix. Serve hot or chilled over ice.

Submitted by Rockie Naser



Fruit Smoothie

- 1 cup orange juice
- 1 ripe banana – peeled/sliced
- 1 ripe peach, cut into chunks
- 1 cup strawberries

Put the orange juice into a blender
Add the banana, peach, strawberries
and 1 cup of ice cubes
Blend on high speed until liquified

I frost my glasses in the freezer –
pour the smoothie – enjoy!

Submitted by June Richards



Lemonade Drink

- 1 cup Countrytime Lemonade mix
- 2 cups cold water
- 1 can of chilled pineapple juice {46 oz}
- 2 cans chilled Sprite

Mix altogether = best lemonade stand in the neighborhood.

Submitted by Cindy Cato