

6 Functional Points

Functional Points—Overview

In principle, there are two different groups of points among the reflex areas of the ear:

- **organ-specific points** and
- **Functional Points.**

Organ-specific points are called **Organ Points**; they are pain points associated with certain organs (organ-specific Pain Points). They are **always** found on the ipsilateral ear, i.e., on the same side on which the affected organ is located in the body (e.g. the Appendix Point and Gall Bladder Zone are on the right ear).

This rule applies to both right-handed and left-handed persons, independent of lateral dominance (in a left-handed person, the Gall Bladder Zone is still on the **right** ear, while the zone for the left knee is on the left ear, etc.).

Functional Points are those that have not only an effect on a local disorder but may also influence the entire system. They include the points listed on the following pages.

In contrast to the organ-specific points, **Functional Points** are always closely associated with handedness. This means that the lateral dominance decides on which ear a certain Functional Point will be found, i.e., on which ear it will be a Gold Point (on the contralateral ear there is always a Silver Point).

For example:

In a right-handed person the Gold Point is on the right ear; for the same reflex area, the Gold Point is on the left ear in a left-handed person.

For each Gold Point, the corresponding Silver Point lies on the contralateral ear at the **same** location.

For example:

The Diazepam Analogue Point (Valium Point according to BAHR) is treated

in a right-handed person on the right ear with a silver needle, and on the left ear with a gold needle;

in a left-handed person on the left ear with a silver needle, on the right ear with a gold needle.

In the present book, only the location for the **right** (dominant) ear of a **right-handed** person is described. Further information can be deduced (see above). Because of the better effect, the Gold Point is preferred; even permanent needles are preferably inserted in Gold Points.

An exact classification of ear points into Medication Analogue Points, Hormone Points, and Metabolite Points is often not possible, because some medications are in fact identical or similar to substances produced by the body, or they have been designed to mimic the effects of the body's own glands (e.g. estrogen).

Note: If steel needles are used instead of gold and silver needles, always needle the Gold Point because this is the point that needs to be stimulated. For example, in case of the Diazepam Analogue Point, the Gold Point would be on the left ear in a right-handed person but on the right ear in a left-handed person.

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Prostaglandin E2 Point (PGE2 Point)

Location:

- The right ear bears the Gold Point.
- Near the PGE1 Point.

Application:

- Effect similar to that of the PGE1 Point.

Interferon Point

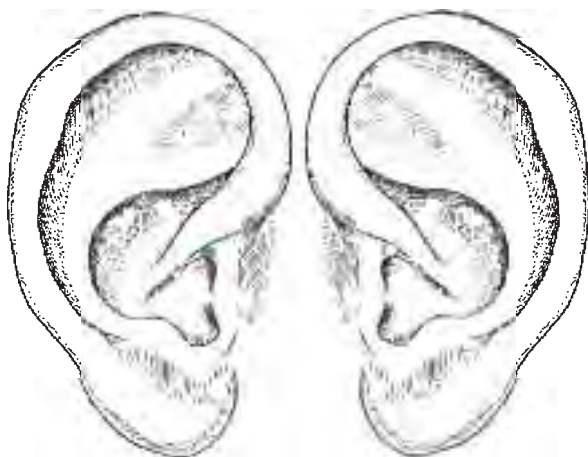
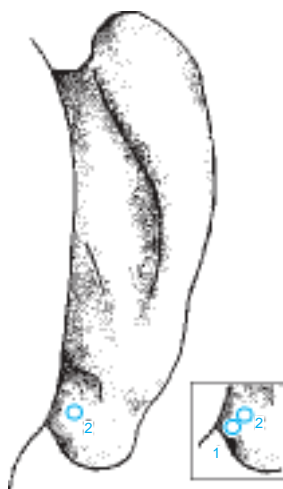
Location:

- The right ear bears the Silver Point (use gold needle in the left ear).
- In the corner of the supratragic notch.

Application:

- Anti-inflammatory.
- Increases immune defense.
- The most important point in children with fever (use laser frequency D for treatment).
- Corresponds to Cardinal Point Sp4 of body acupuncture (p. 306) and is therefore effective against diarrhea.

- 1 Prostaglandin E1 Point
(PGE1 Point)
- 2 Prostaglandin E2 Point
(PGE2 Point)



Interferon Point—
corresponds to Cardinal Point Sp 4 of body acupuncture

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Renin/Angiotensin Point

Location

- The right ear bears the Silver Point in patients with hypertension.
- The right ear bears the Gold Point in patients with hypotension.
- Located 2 mm above the Kidney Point in the rim of the ascending helix.

Application:

- Antihypertensive effect when used in combination with the Beta-1-Receptor Point (use silver needle on the right ear, gold needle on the left ear) and the Hypothalamus Point (use silver needle on the right ear).

Beta-1-Receptor Point (Beta-Blocker Point According to BAHF)

Location:

- The right ear bears the Silver Point (use gold needle on the left ear).
- Partly hidden in the groove of the ascending helix, on the Auxiliary Line through Point Zero and Point C7/T1 (p. 279).

Application:

- Reduces activity of beta-1-receptors, has an antihypertensive effect.
- Pharmaceutical analogue: metoprolol.
- During antihypertensive therapy, it makes sense to use it in combination with the Renin/Angiotensin Point (use silver needle on the right ear) and with the Hypothalamus Point (use silver needle on the right ear), perhaps also with the Diazepam Analogue Point or with the Depression Point.



Renin/Angiotensin Point

- 1 Progesteron Point
- 2 Renin/Angiotensin Point
- 3 Kidney Point



Beta-1-Receptor Point

- 1 Beta-1-Receptor Point
- 2 Beta-2-Receptor Point