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# **2014 NSTEMI-ACS Guidelines Overview**

**Kelly Hewins, MSN, RN, CPHQ, CEN**  
**Acute Coronary Syndrome Summit**  
**October 25, 2016**



**At the end of this presentation the learner will be able to:**

- Locate resources on ACS, Troponin, Risk Assessment, and online Guideline Transformation Optimization consumables
- Understand the ACS continuum of care
- Verbalize how the semantic differences between UA/NSTEMI/STEMI fit into an ACS System of Care program
- Review Mission: Lifeline NSTEMI measures' supporting science and data specs

**Are you:**

- Full time abstractor
- Chest Pain Program coordinator/manager
  - With abstractor duties
  - Without abstractor duties
- Multiple titles such as manager, STEMI and Stroke Coordinator etc.
- Staff nurse with program coordination duties
- Staff nurse with data abstraction duties
- All of the above



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**AHA/ACC Guideline**



**2014 AHA/ACC Guideline for the Management of Patients  
With Non–ST-Elevation Acute Coronary Syndromes  
A Report of the American College of Cardiology/American Heart  
Association Task Force on Practice Guidelines**

*Developed in Collaboration With the Society for Cardiovascular Angiography  
and Interventions and Society of Thoracic Surgeons*

*Endorsed by the American Association for Clinical Chemistry*

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Amsterdam, E. A. et al. (2014). 2014 AHA/ACC Guideline for the management of patients with non-ST-elevation acute coronary syndromes: A report of the American College of Cardiology/American Heart Association Task Force on practice guidelines. *Circulation*, e344-426. Retrieved from <http://circ.ahajournals.org/content/130/25/e344.full.pdf+html>. doi: 10.1161/circ.000000000000134.



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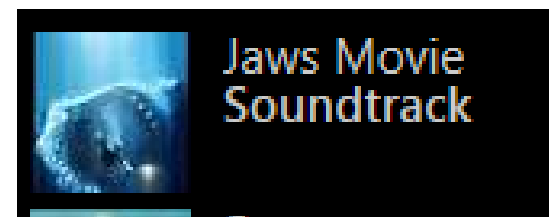
# Understanding Terminology and Semantic Influence

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Human Brain thinks in pictures while subconsciously looking for patterns  
Consider the Semantics of every interaction



SHARK



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# Acute Coronary Syndrome (ACS)

“ACS has evolved as a useful operational term that refers to a spectrum of conditions compatible with acute myocardial ischemia and/or infarction that are usually due to an abrupt reduction in coronary blood flow.”



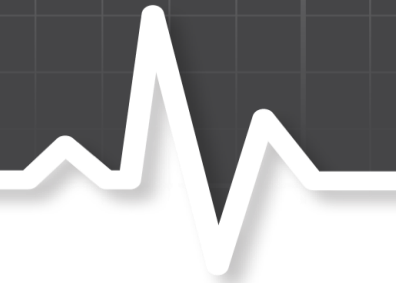


## ACS also refers to patients with

Symptoms which occur due to a partial or total blockage of a coronary artery causing myocardial

- ischemia (cells starving of oxygen) OR
- infarction (cell death).

*The acronym 'MI' represents any myocardial infarction; whereas 'AMI' refers to Acute Myocardial Infarction*



## Semantics will get you Every Time

“A key branch point is ST-segment elevation (ST-elevation) or new left bundle-branch block on the ECG which is an indication for immediate coronary angiography to determine if there is an indication for reperfusion therapy to open a likely completely occluded coronary artery.”

“The absence of persistent ST-elevation is suggestive of NSTEMI-ACS except in patient with true posterior MI.”

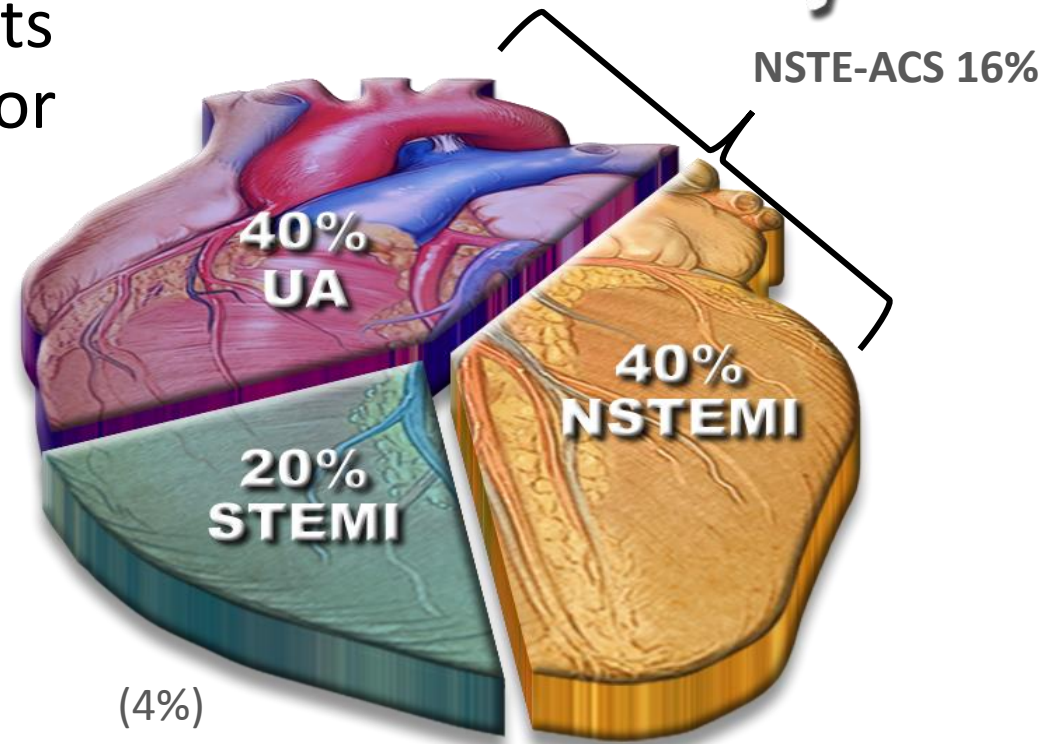
Estimated 5-8 million patients present to the ED annually for chest pain

20-25% diagnosed with Acute Coronary Syndrome

2,000,000

*LOW-RISK Population*

The other 6,000,000 + people



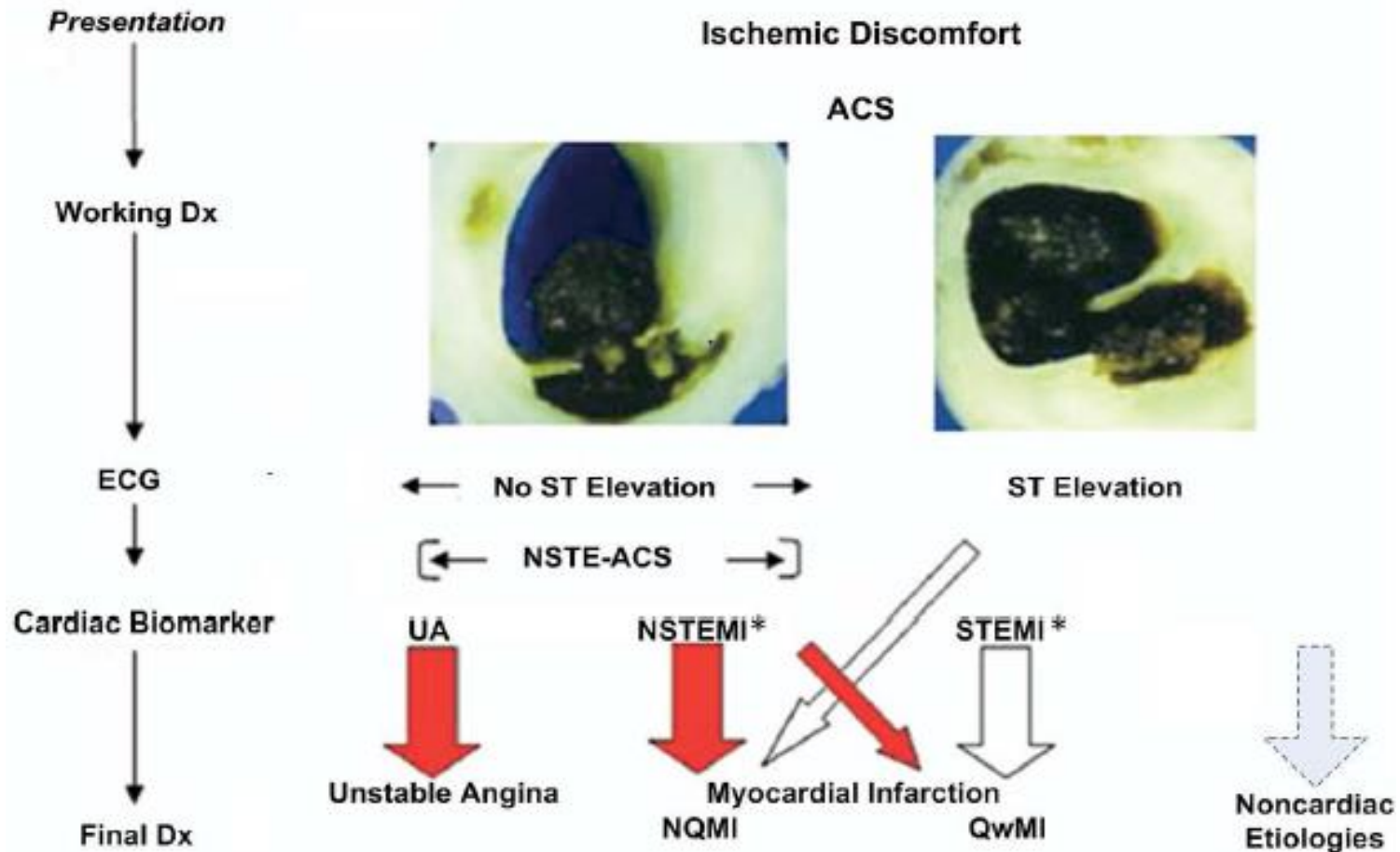
*Evolution Continuum of Acute Coronary Syndrome  
Evaluating from a Process Perspective*

**OCCLUSIVE EVENT**  
*Consider this a  
MISSED OPPORTUNITY*

*This is  
Really Bad*



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## Symptoms are Confusing

- Abdominal or Chest Pain, Pressure
- Any Discomfort above the Navel
- Jaw Pain
- Tooth Ache
- Unexplained Arm Pain
- Alterations in Mental status, confusion, dizziness
- Palpitations
- Profuse sweating
- Indigestion
- Shortness of breath
- Unexplained excessive fatigue



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# Variance of Diseases with the Same Symptoms



Herpes Zoster

Cancer

Pneumothorax

Anxiety

Blunt Chest Trauma

Pulmonary Infarction

Mediastinitis

Panic Attack

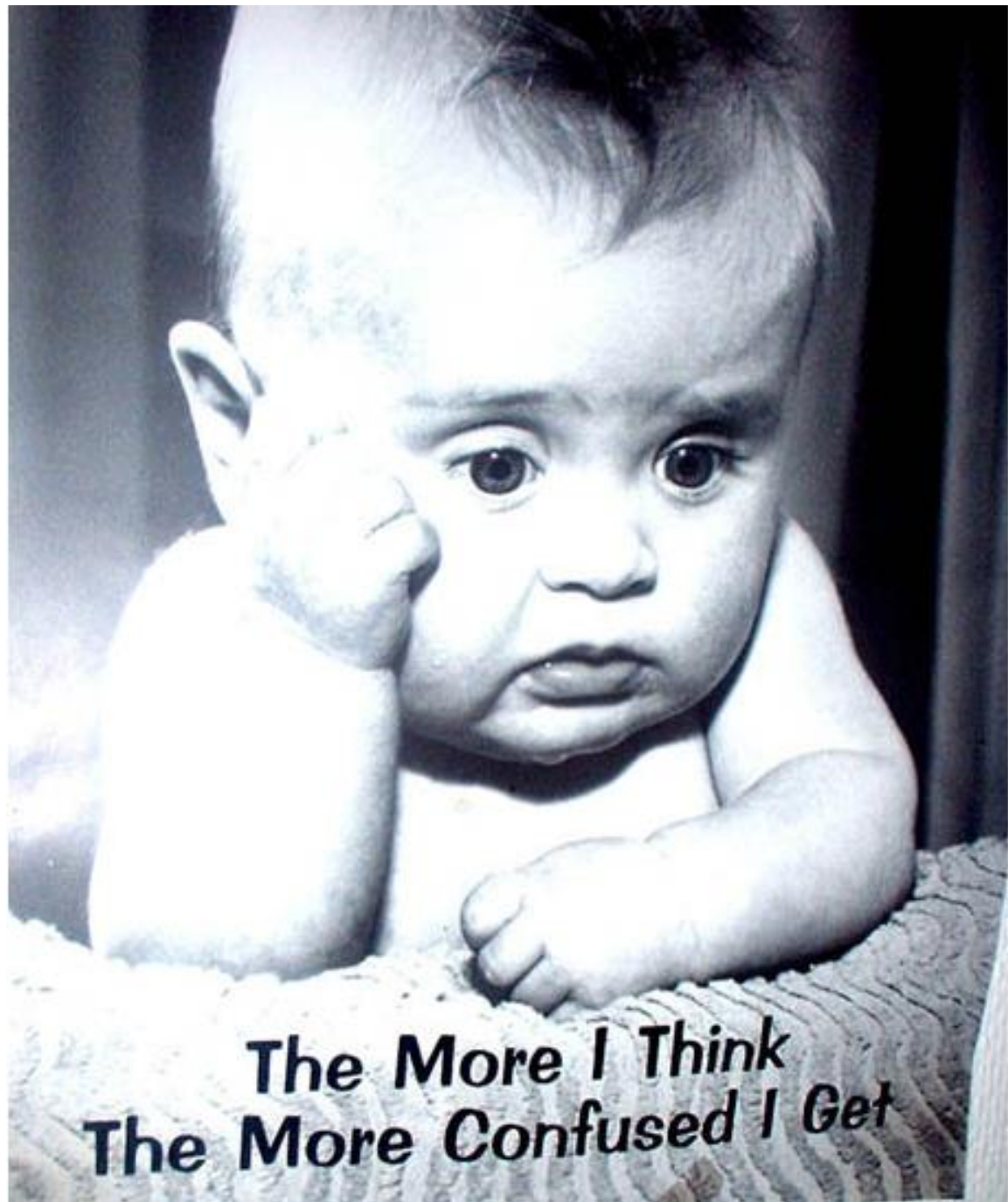
Pneumonia

Breast Implant

Musculoskeletal Pain  
Pulmonary Infarction  
Breast Abscess  
Aortic Dissection  
Thoracic Spine Disorders

GERD  
Asthma  
Contact Dermatitis  
Mallory-Weiss Tear  
Sickle Cell Anemia

etc....etc....etc.....



**The More I Think  
The More Confused I Get**

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A red ECG line graphic that starts as a horizontal line under the word 'LIFELINE', then rises into a jagged pulse shape and ends with an arrowhead pointing to the right.

**Front End of Care**

Table 1. Applying Classification of Recommendations and Level of Evidence

# Reviewing Guidelines: Level of Evidence (LOE) And Class Matrix

		SIZE OF TREATMENT EFFECT			
		CLASS I <i>Benefit &gt;&gt;&gt; Risk</i> Procedure/Treatment <b>SHOULD</b> be performed/administered	CLASS IIa <i>Benefit &gt;&gt; Risk</i> Additional studies with <i>focused objectives</i> needed <b>IT IS REASONABLE</b> to perform procedure/administer treatment	CLASS IIb <i>Benefit ≥ Risk</i> Additional studies with <i>broad objectives</i> needed; additional registry data would be helpful Procedure/Treatment <b>MAY BE CONSIDERED</b>	CLASS III <i>No Benefit</i> or CLASS III <i>Harm</i> Procedure/ Test Treatment COR III: No benefit Not Helpful No Proven Benefit COR III: Harm Excess Cost w/o Benefit or Harmful Harmful to Patients
ESTIMATE OF CERTAINTY (PRECISION) OF TREATMENT EFFECT	<b>LEVEL A</b> Multiple populations evaluated* Data derived from multiple randomized clinical trials or meta-analyses	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is useful/effective</li> <li>Sufficient evidence from multiple randomized trials or meta-analyses</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation in favor of treatment or procedure being useful/effective</li> <li>Some conflicting evidence from multiple randomized trials or meta-analyses</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation's usefulness/efficacy less well established</li> <li>Greater conflicting evidence from multiple randomized trials or meta-analyses</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is not useful/effective and may be harmful</li> <li>Sufficient evidence from multiple randomized trials or meta-analyses</li> </ul>
	<b>LEVEL B</b> Limited populations evaluated* Data derived from a single randomized trial or nonrandomized studies	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is useful/effective</li> <li>Evidence from single randomized trial or nonrandomized studies</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation in favor of treatment or procedure being useful/effective</li> <li>Some conflicting evidence from single randomized trial or nonrandomized studies</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation's usefulness/efficacy less well established</li> <li>Greater conflicting evidence from single randomized trial or nonrandomized studies</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is not useful/effective and may be harmful</li> <li>Evidence from single randomized trial or nonrandomized studies</li> </ul>
	<b>LEVEL C</b> Very limited populations evaluated* Only consensus opinion of experts, case studies, or standard of care	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is useful/effective</li> <li>Only expert opinion, case studies, or standard of care</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation in favor of treatment or procedure being useful/effective</li> <li>Only diverging expert opinion, case studies, or standard of care</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation's usefulness/efficacy less well established</li> <li>Only diverging expert opinion, case studies, or standard of care</li> </ul>	<ul style="list-style-type: none"> <li>Recommendation that procedure or treatment is not useful/effective and may be harmful</li> <li>Only expert opinion, case studies, or standard of care</li> </ul>

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An Evaluation Process must guide the Patient's Pathway through the System of Care

*Key is to help all segments of the System of Care decrease variance in their collective processes*



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## 3.2. Diagnosis of NSTE-ACS

3.2.1 History

3.2.2 Physical Exam

3.2.3 Electrocardiogram

3.2.4 Biomarkers of Myocardial Necrosis

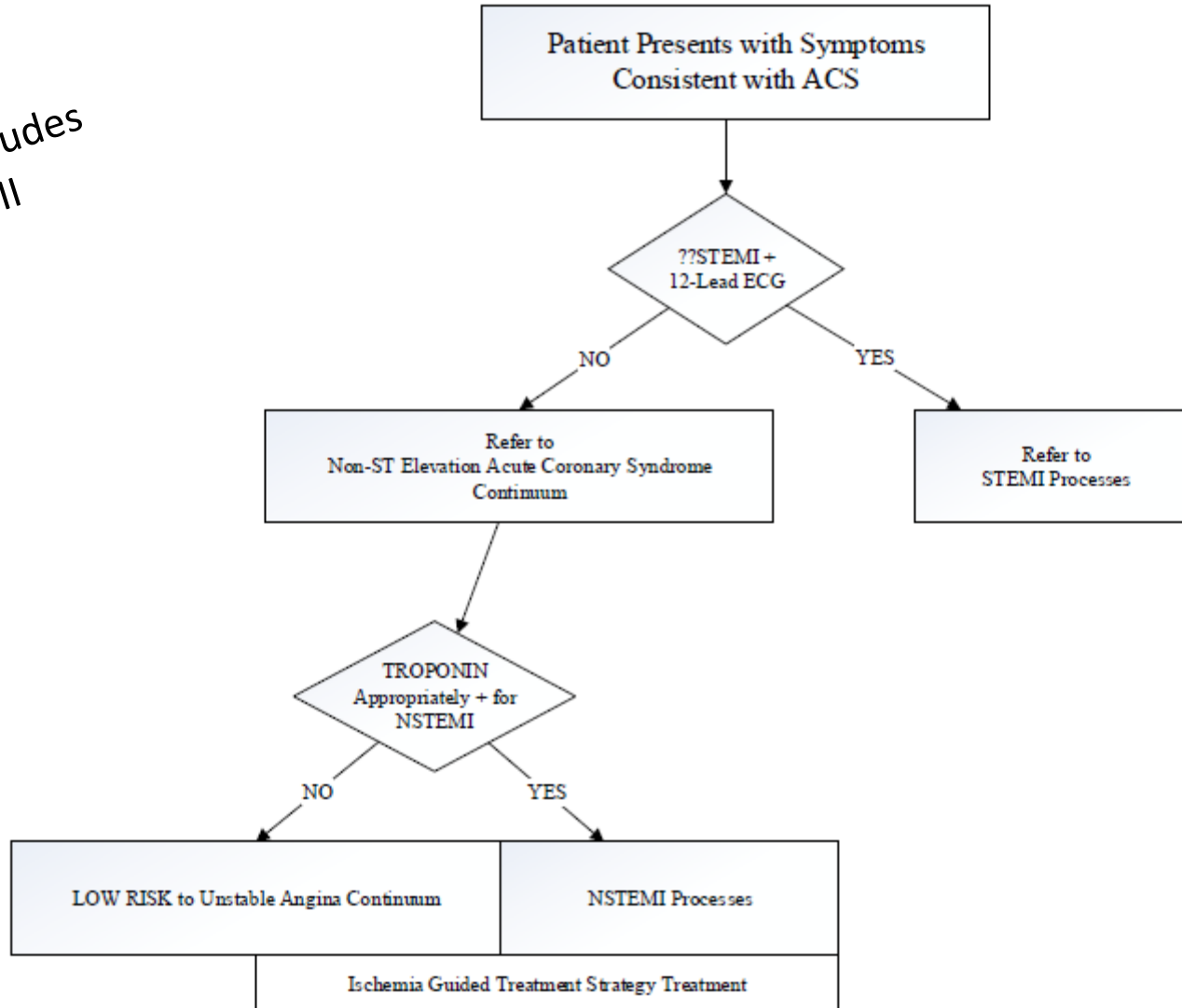
3.2.5 Imaging





# Defining Acute Coronary Syndrome

The spectrum of ACS includes  
UA – NSTEMI - STEMI



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## 3.1. Clinical Assessment and Initial Evaluation: Recommendation



### *Class I, LOE: B*

Patients with suspected ACS should be risk stratified based on the likelihood of ACS and adverse outcome(s) to decide on the need for hospitalization and assist in the selection of treatment options.

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## Risk Stratification

## Conservative vs. Ischemia Guided Strategy

### Onset of NSTEMI-ACS

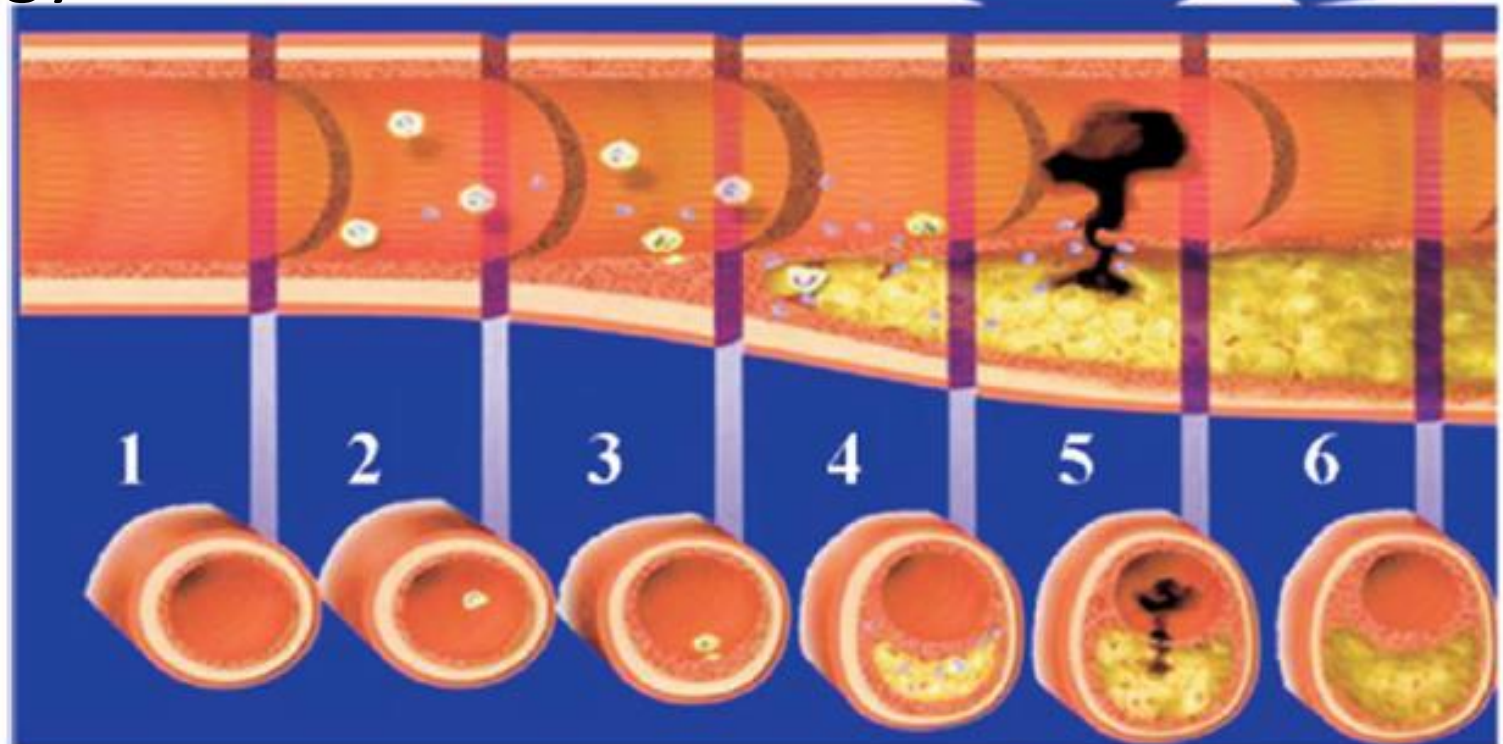
- Initial recognition and management in the ED by first responders or ED personnel
- Risk stratification
- Immediate management

### Hospital Management

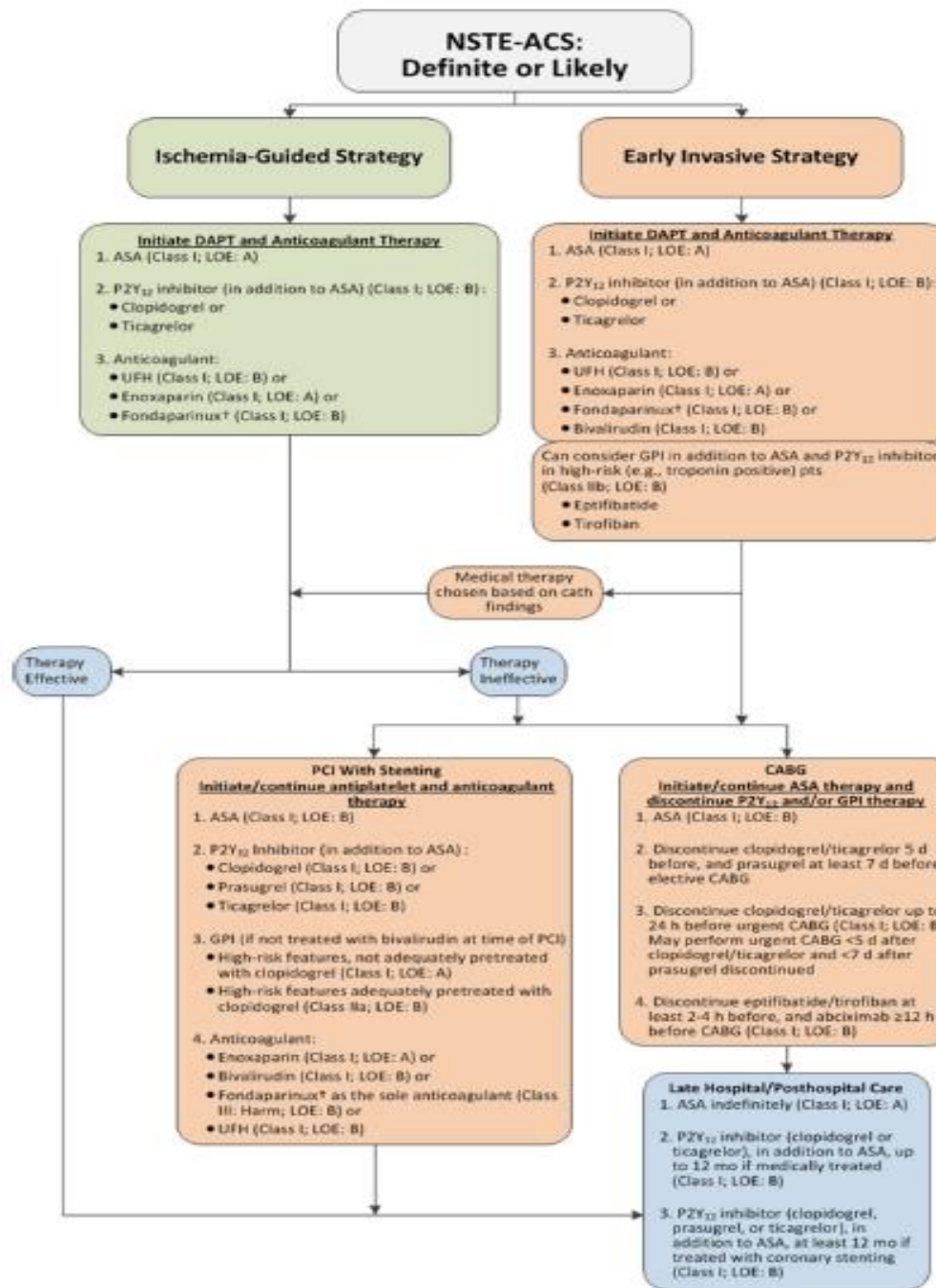
- Medication
- Conservative versus ischemia-guided strategy
- Special groups
- Preparation for discharge

### Secondary Prevention/ Long-Term Management

### Management Prior to NSTEMI-ACS



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Amsterdam, E. A. et al. (2014). 2014 AHA/ACC Guideline for the management of patients with non-ST-elevation acute coronary syndromes: A report of the American College of Cardiology/American Heart Association Task Force on practice guidelines. *Circulation*, e344-426. Retrieved from <http://circ.ahajournals.org/content/130/25/e344.full.pdf+html>. doi: 10.1161/circ.0000000000000134

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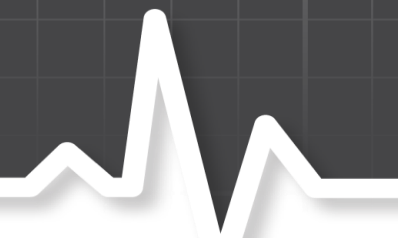


## 3.2. Diagnosis of NSTE-ACS

### Class I

1. *12-Lead*: Symptoms suggestive of ACS should receive and have interpreted within 10 minutes (LOE C)
3. Cardiac-specific troponin level should be measured at presentation and 3-6 hours after symptom onset in all patients who present with symptoms consistent with ACS to identify a rising and/or falling pattern (LOE A)
5. Risk scores should be used to assess prognosis in patients with NSTE-AC (LOE A)

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**Table 4. Summary of Recommendations for Prognosis: Early Risk Stratification**

Recommendations	COR	LOE	References
Perform rapid determination of likelihood of ACS, including a 12-lead ECG within 10 min of arrival at an emergency facility, in patients whose symptoms suggest ACS	I	C	21
Perform serial ECGs at 15- to 30-min intervals during the first hour in symptomatic patients with initial nondiagnostic ECG	I	C	N/A
Measure cardiac troponin (cTnI or cTnT) in all patients with symptoms consistent with ACS*	I	A	21, 64, 67–71
Measure serial cardiac troponin I or T at presentation and 3–6 h after symptom onset* in all patients with symptoms consistent with ACS	I	A	21, 72–74
Use risk scores to assess prognosis in patients with NSTEMI-ACS	I	A	42–44, 75–80
Risk-stratification models can be useful in management	IIa	B	42–44, 75–81
Obtain supplemental electrocardiographic leads V <sub>7</sub> to V <sub>9</sub> in patients with initial nondiagnostic ECG at intermediate/high risk for ACS	IIa	B	82–84
Continuous monitoring with 12-lead ECG may be a reasonable alternative with initial nondiagnostic ECG in patients at intermediate/high risk for ACS	IIb	B	85, 86
BNP or NT-pro-BNP may be considered to assess risk in patients with suspected ACS	IIb	B	87–91



### **3.4 Cardiac Biomarkers and the Universal Definition of MI**

#### Class I

1. Cardiac-specific troponin level should be measured at presentation and 3-6 hours after symptom onset in all patients who present with symptoms consistent with ACS to identify a rising and/or falling pattern (LOE A)

#### Class III: No Benefit

With contemporary troponin assays, CK-MB and myoglobin are not useful for diagnosis of ACS (LOE A)



# Third Universal Definition of Myocardial Infarction

- Any myocardial necrosis in the setting of myocardial ischemia
- Diagnosis of MI requires a rise and/or fall in the troponin value with at least one value above the decision level or cut point.

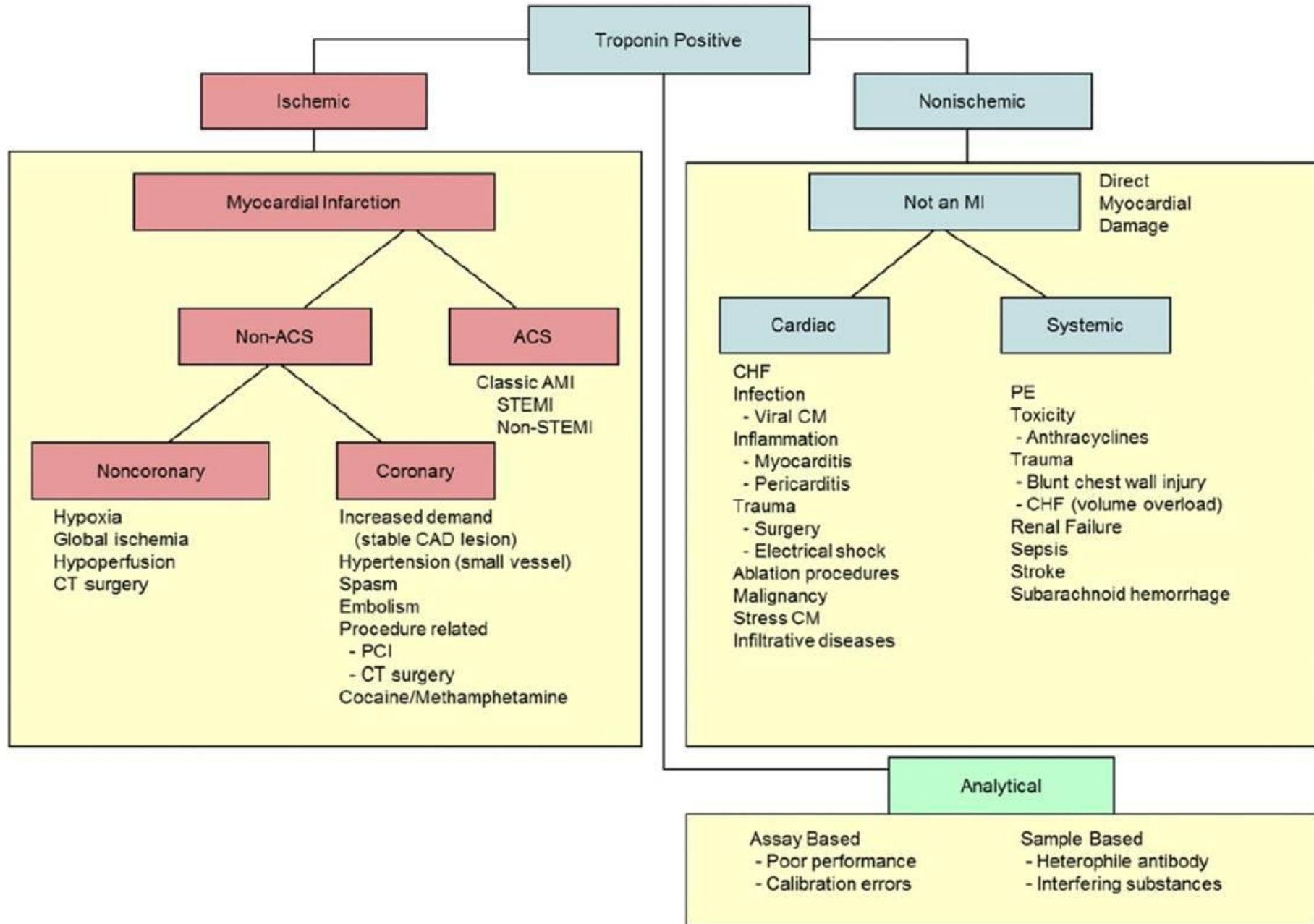
## EXPERT CONSENSUS DOCUMENT

# ACCF 2012 Expert Consensus Document on Practical Clinical Considerations in the Interpretation of Troponin Elevations

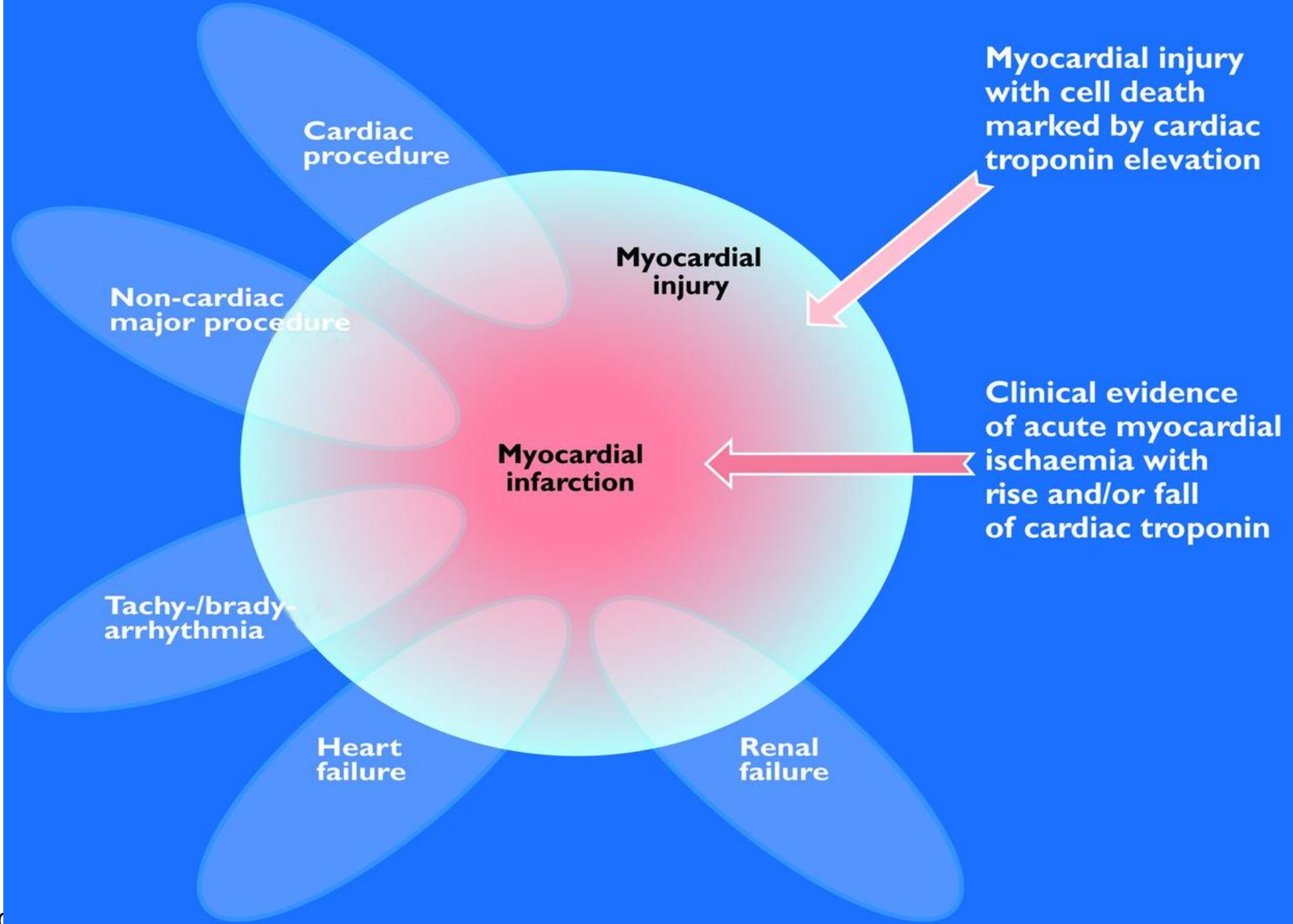
A Report of the American College of Cardiology Foundation Task Force on  
Clinical Expert Consensus Documents

*Developed in Collaboration With the American Association for Clinical Chemistry,  
American College of Chest Physicians, American College of Emergency Physicians, American Heart Association,  
and Society for Cardiovascular Angiography and Interventions*

Newby, L. K., Jesse, R. L., Babb, J. D., Christenson, R. H., De Fer, T. M., Diamond, G. A., . . . Weintraub, W. S. (2012). ACCF 2012 expert consensus document on practical clinical considerations in the interpretation of troponin elevations: a report of the American College of Cardiology Foundation task force on Clinical Expert Consensus Documents. *Journal of The American College of Cardiology*, 60(23), 2427-2463. doi: 10.1016/j.jacc.2012.08.969



ACCF 2012 Expert Consensus Document on Practical Clinical Considerations in the Interpretation of Troponin Elevations. (2012). *Journal of the American College of Cardiology*, 60 (23), 2012.



**Myocardial injury with cell death marked by cardiac troponin elevation**

**Myocardial injury**

**Clinical evidence of acute myocardial ischaemia with rise and/or fall of cardiac troponin**

**Myocardial infarction**

**Cardiac procedure**

**Non-cardiac major procedure**

**Tachy-/brady-arrhythmia**

**Heart failure**

**Renal failure**

Thygesen, K., Alpert, J. S., Jaffe, A. S., Simoons, M. L., Chaitman, B. R., White, H. D., . . . Mendis, S. (2012). Third universal definition of myocardial infarction. *Circulation*, 126(16), 2020-2035. doi: 10.1161/CIR.0b013e31826e1058

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**Table 5. Summary of Recommendations for Cardiac Biomarkers and the Universal Definition of MI**

Recommendations	COR	LOE	References
<b>Diagnosis</b>			
Measure cardiac-specific troponin (troponin I or T) at presentation and 3–6 h after symptom onset in all patients with suspected ACS to identify pattern of values	I	A	21, 64, 67–71, 152–156
Obtain additional troponin levels beyond 6 h in patients with initial normal serial troponins with electrocardiographic changes and/or intermediate/high risk clinical features	I	A	21, 72–74, 157
Consider time of presentation the time of onset with ambiguous symptom onset for assessing troponin values	I	A	67, 68, 72
With contemporary troponin assays, CK-MB and myoglobin are not useful for diagnosis of ACS	III: No Benefit	A	158–164
<b>Prognosis</b>			
Troponin elevations are useful for short- and long-term prognosis	I	B	71, 73, 165, 166
Remeasurement of troponin value once on d 3 or 4 in patients with MI may be reasonable as an index of infarct size and dynamics of necrosis	IIb	B	164, 165
BNP may be reasonable for additional prognostic information	IIb	B	87, 88, 167–171



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## 3.2. Diagnosis of NSTE-ACS

### Class I

1. *12-Lead*: Symptoms suggestive of ACS should receive and receive and have interpreted within 10 minutes (LOE C)
2. Serial cardiac troponin I or T levels should be obtained at presentation and 3 to 6 hours after symptom onset to assess rise and/or fall of the troponin level (LOE A)
5. Risk scores should be used to assess prognosis in patients with NSTE-AC (LOE A)

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## Examples of Risk Stratification Models



- **TIMI:** Thrombolysis In Myocardial Infarction
- **GRACE:** Global Registry of Acute Coronary Events
- **PURSUIT:** Glycoprotein IIb/IIIa in Unstable Angina: Receptor Suppression Using Integrilin Therapy
- **The Sanchis Score**
- **Vancouver Rule**
- **HEART** (History, ECG, Age, Risk Factors, and Troponin)
- **HEARTS3 Score**
- **Hess Prediction Rule**

The Key is Whatever Model is Used it Must be Evidence Based and should be universally adopted (Systems of Care)

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A red ECG line graphic that starts as a horizontal line under the word 'LIFELINE', then rises into a jagged pulse shape and ends with an arrowhead pointing to the right.

## Measuring the Back End of NSTEMI Care

**Mission: Lifeline NSTE-ACS Measures:** Percentage of patients hospitalized with NSTEMI who were referred to an early outpatient cardiac rehabilitation/secondary prevention program.

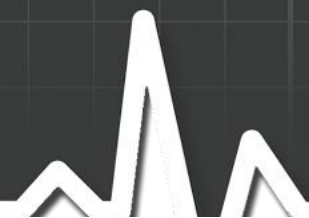
**Importance:** These programs provide patients with education, regular exercise, monitoring risk factors, and addressing lifestyle modifications needed to achieve optimum health

**GUIDELINE: 6.3.1 Cardiac Rehabilitation and Physical Activity: Recommendations (p. e379)**

*Class I*

- 1. All eligible patients with NSTEMI should be referred to a comprehensive cardiovascular rehabilitation program either before hospital discharge or during the first outpatient visit*

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## Cardiac Rehabilitation Patient Referral From an Inpatient Setting

Measure	Inclusion/Exclusion Criteria	
Percentage of patients hospitalized with non-ST elevation-acute coronary syndrome (NSTEMI-ACS) who were referred to an early outpatient cardiac rehabilitation/secondary prevention (CR) program.	<b>Inclusions</b>	
	All NSTEMI-ACS admissions	<b>Seq. # 4030:</b> STEMI or STEMI Equivalent = <i>No</i> <b>AND</b> <b>Seq. # 10000:</b> Positive Cardiac Markers w/in First 24 Hours = <i>Yes</i>
	Arrival time and DOB are not missing	<b>Seq. #3200 &amp; 3201:</b> Arrival Date/Time are not missing <b>AND</b> <b>Seq. #2050:</b> Birth Date is not missing
	<b>Exclusions</b>	
	Age < 18	<b>Seq. #2050:</b> Birth Date is not missing <b>AND</b> Age is <18
	Comfort measures only	<b>Seq. # 11010:</b> Comfort Measures Only = <i>Yes</i>
	Patients discharged/ transferred to hospice	<b>Seq. # 11110:</b> Hospice Care = <i>Yes</i>
	Patients discharged/ transferred to another acute care facility or who leave against medical advice	<b>Seq. # 11105:</b> Discharge Location = <i>Other acute care hospital</i> or = <i>Left against medical advice</i>
	Patients who expire	<b>Seq. # 11100:</b> Discharge Status = <i>Deceased</i>
	Patients who have a documented medical, patient or system reason why a referral to cardiac rehabilitation was not made.	<b>Seq. # 11104:</b> Cardiac Rehabilitation Referral = <i>No-Medical Reason</i> or = <i>No-Patient Reason/Preference</i> or = <i>No-Health Care System Reason</i>

**Mission: Lifeline NSTEMI-ACS Measures:** Percentage of patients hospitalized with NSTEMI with reduced Left Ventricular Ejection Fraction (< 40%) who are prescribed an Angiotensin-Converting-Enzyme Inhibitor (ACE Inhibitor) or an Angiotensin II Receptor Blocker (ARB) at discharge.

**Importance:** ACE inhibitors reduce mortality in patient with recent MI who has left ventricular dysfunction (EF <40%)

## **GUIDELINE: 4.2. Inhibitors of the Renin-Angiotensin-Aldosterone System: Recommendations (p. 363)**

### **CLASS I**

1. ACE inhibitors should be started and continued indefinitely in all patients with LVEF less than 40% and in those with HTN, DM, or stable CKD (LOE A)
2. ARBs are recommended in patients with HF or MI with LVEF less ant 40% who are ACE inhibitor intolerant (LOE A)
3. Aldosterone blockade is recommended in patient post-MI without significant renal dysfunction or hyperkalemia who are receiving therapeutic doses of ACE inhibitor and beta blocker and have a LVEF 40% or less, MD or HF (LOE A)



## ACE Inhibitor or ARB Prescribed at Discharge

Measure	Inclusion/Exclusion Criteria	
Percentage of patients hospitalized with non-ST elevation-acute coronary syndrome (NSTEMI-ACS) with reduced Left Ventricular Ejection Fraction (< 40%) who are prescribed an Angiotensin-Converting-Enzyme Inhibitor (ACE Inhibitor) or an Angiotensin II Receptor Blocker (ARB) at discharge.	<b>Inclusions</b>	
	All NSTEMI-ACS admissions	<b>Seq. # 4030:</b> STEMI or STEMI Equivalent = <i>No</i> <b>AND</b> <b>Seq. # 10000:</b> Positive Cardiac Markers w/in First 24 Hours = <i>Yes</i>
	Arrival time and DOB are not missing	<b>Seq. #3200 &amp; 3201:</b> Arrival Date/Time are not missing <b>AND</b> <b>Seq. #2050:</b> Birth Date is not missing
LVEF is not missing	<b>Seq. # 7010:</b> LVEF is not missing and is less than 40%	
	<b>Exclusions</b>	
	Age < 18	<b>Seq. #2050:</b> Birth Date is not missing <b>AND</b> Age is <18
	Comfort measures only	<b>Seq. # 11010:</b> Comfort Measures Only = <i>Yes</i>
	Patients discharged/ transferred to hospice	<b>Seq. # 11110:</b> Hospice Care = <i>Yes</i>
	Patients discharged/ transferred to another acute care facility or who leave against medical advice	<b>Seq. # 11105:</b> Discharge Location = <i>Other acute care hospital</i> or = <i>Left against medical advice</i>
	Patients who expire	<b>Seq. # 11100:</b> Discharge Status = <i>Deceased</i>
	Patients with contraindications to both ACE Inhibitors and ARBs.	<b>Seq. # 6320:</b> ACE Inhibitor at Discharge = <i>Contraindicated</i> <b>AND</b> <b>Seq. # 6370:</b> Angiotensin Receptor Blocker at Discharge = <i>Contraindicated</i>



**Mission: Lifeline NSTEMI-ACS Measures:** Percentage of medically managed patients with NSTEMI who were prescribed dual antiplatelet therapy (aspirin and appropriate P2Y12 inhibitor) at discharge.

**Importance:** Cardioprotective therapy and symptom management

**GUIDELINE: 6.2.1 Late Hospital and Post hospital Oral Antiplatelet Therapy: Recommendations (p. e376)**

Class I

- Aspirin should be continued indefinitely (LOE A)
- In addition to Aspirin, a P2Y12 inhibitor should be continued for up to 12 months in all patients with NSTEMI-ACS without contraindications who are treated with ischemia-guided strategy (LOE B)
- In patients receiving a stent during PCI for NSTEMI-ACS, P2Y12 inhibitor therapy should be given for at least 12 months (LOE B)

## Dual Antiplatelet Therapy Prescribed at Discharge

Measure	Inclusion/Exclusion Criteria	
Percentage of medically managed patients with non-ST elevation-acute coronary syndrome (NSTEMI-ACS) who were prescribed dual antiplatelet therapy (aspirin and appropriate P2Y <sub>12</sub> inhibitor) at discharge.	<b>Inclusions</b>	
	All NSTEMI-ACS admissions	<b>Seq. # 4030:</b> STEMI or STEMI Equivalent = No <b>AND</b> <b>Seq. # 10000:</b> Positive Cardiac Markers w/in First 24 Hours = Yes
	Arrival time and DOB are not missing	<b>Seq. #3200 &amp; 3201:</b> Arrival Date/Time are not missing <b>AND</b> <b>Seq. #2050:</b> Birth Date is not missing
	Patients who did not have a PCI with or without stent placement or a CABG during this hospital admission	Seq. #: 7100 Name: PCI = No <b>AND</b> Seq. # 7200: CABG = No
	<b>Exclusions</b>	
	Age < 18	<b>Seq. #2050:</b> Birth Date is not missing <b>AND</b> Age is <18
	Comfort measures only	<b>Seq. # 11010:</b> Comfort Measures Only = Yes
	Patients discharged/ transferred to hospice	<b>Seq. # 11110:</b> Hospice Care = Yes
	Patients discharged/ transferred to another acute care facility or who leave against medical advice	<b>Seq. # 11105:</b> Discharge Location = <i>Other acute care hospital</i> or = <i>Left against medical advice</i>
	Patients who expire	<b>Seq. # 11100:</b> Discharge Status = <i>Deceased</i>
	Patients who are discharged on warfarin	<b>Seq. #: 6220:</b> Warfarin at Discharge = Yes
	Patients with contraindications to aspirin or P2Y <sub>12</sub> inhibitors	<b>Seq. # 6020:</b> Aspirin at Discharge = <i>Contraindicated</i> <b>OR</b> <b>Seq. # 6070:</b> Clopidogrel at Discharge = <i>Contraindicated</i> <b>OR</b> <b>Seq. # 6190:</b> Ticagrelor at Discharge = <i>Contraindicated</i> <b>OR</b> <b>Seq. # 6170:</b> Prasugrel at Discharge = <i>Contraindicated</i>



**Mission: Lifeline NSTEMI-ACS Measures Continued:** Percentage of patients hospitalized with NSTEMI whose left ventricular (LV) systolic function was evaluated during admission or is planned for after discharge.

**Importance:** Assess of LV function is recommended because depressed LV function will influence pharmacological therapies, may suggest the presence of more extensive CAD, and may influence the choice of revascularization

No specific guideline could be identified linking with this patient assessment factor.

The key talking point would be that them knowing the LV function dictates the medical therapy the patient will receive

## Evaluation of LV Systolic Function

Measure	Inclusion/Exclusion Criteria	
Percentage of patients hospitalized with non-ST elevation-acute coronary syndrome (NSTEMI-ACS) whose left ventricular (LV) systolic function was evaluated during admission or is planned for after discharge	<b>Inclusions</b>	
	All NSTEMI-ACS admissions	<b>Seq. # 4030:</b> STEMI or STEMI Equivalent = <i>No</i> <b>AND</b> <b>Seq. # 10000:</b> Positive Cardiac Markers w/in First 24 Hours = <i>Yes</i>
	Arrival time and DOB are not missing	<b>Seq. #3200 &amp; 3201:</b> Arrival Date/Time are not missing <b>AND</b> <b>Seq. #2050:</b> Birth Date is not missing
	<b>Exclusions</b>	
	Age < 18	<b>Seq. #2050:</b> Birth Date is not missing <b>AND</b> Age is <18
	Comfort measures only	<b>Seq. # 11010:</b> Comfort Measures Only = <i>Yes</i>
	Patients discharged/ transferred to hospice	<b>Seq. # 11110:</b> Hospice Care = <i>Yes</i>
	Patients discharged/ transferred to another acute care facility or who leave against medical advice	<b>Seq. # 11105:</b> Discharge Location = <i>Other acute care hospital</i> or = <i>Left against medical advice</i>
	Patients who expire	<b>Seq. # 11100:</b> Discharge Status = <i>Deceased</i>



**Mission: Lifeline NSTEMI-ACS Measures Continued:** Percentage of patients hospitalized with NSTEMI who receive smoking cessation advice/counseling during admission.

**Importance:** The goals of therapy after STE-ACS are to restore the patient to normal activities to the extent possible and to use the acute event to re-evaluate the plan of care, particularly lifestyle and risk factor modification. This is a teachable moment.

**GUIDELINE: 6.2 Medical regimen and use of Medications at Discharge: Recommendations (e376)**

- Class I
- ...
7. Before discharge, patients should be educated about modification of cardiovascular risk factors (LOE C)



## Adult Smoking Cessation Advice/Counseling

Measure	Inclusion/Exclusion Criteria	
Percentage of patients hospitalized with non-ST elevation-acute coronary syndrome (NSTEMI-ACS) who receive smoking cessation advice/counseling during admission.	<b>Inclusions</b>	
	All NSTEMI-ACS admissions	<b>Seq. # 4030:</b> STEMI or STEMI Equivalent = <i>No</i> <b>AND</b> <b>Seq. # 10000:</b> Positive Cardiac Markers w/in First 24 Hours = <i>Yes</i>
	Arrival time and DOB are not missing	<b>Seq. #3200 &amp; 3201:</b> Arrival Date/Time are not missing <b>AND</b> <b>Seq. #2050:</b> Birth Date is not missing
	Patients with a history of smoking cigarettes anytime during the year prior to arrival.	<b>Seq. # 5020:</b> Current/Recent Smoker (w/in 1 year) = <i>Yes</i>
	<b>Exclusions</b>	
	Age < 18	<b>Seq. #2050:</b> Birth Date is not missing <b>AND</b> Age is <18
	Comfort measures only	<b>Seq. # 11010:</b> Comfort Measures Only = <i>Yes</i>
	Patients discharged/ transferred to hospice	<b>Seq. # 11110:</b> Hospice Care = <i>Yes</i>
	Patients discharged/ transferred to another acute care facility or who leave against medical advice	<b>Seq. # 11105:</b> Discharge Location = <i>Other acute care hospital or = Left against medical advice</i>
	Patients who expire	<b>Seq. # 11100:</b> Discharge Status = <i>Deceased</i>

**Mission: Lifeline NSTEMI-ACS Measures Continued: Not included in measures but worth mentioning**

**Importance:** The development of national system of ACS is crucial and includes the participation of key stakeholders to evaluate care using standardized performance and quality-improvement measures of ACS. Registries are associated with improved outcomes.

GUIDELINE: Use of performance measures and registries: Recommendation: Pg e393

Class IIa

1. Participation in a standardized quality-of-care data registry designed to track and measure outcomes, complications, and performance measures can be beneficial in improving the quality of NSTEMI-ACS care (LOE B)

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