

SUPPORT THROUGH SEPARATION & DIVORCE

Adam Rosen, J.D., Ph.D.

Harvard-Trained Clinical Psychologist & Attorney
25 years as Custody Evaluator / Court Psychologist in Family Court

Confidential Telehealth Sessions

Available Across 43 States

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YOU ARE NOT ALONE IN THIS

Separation and divorce are among the most painful experiences a person can go through. The emotional weight — grief, anger, fear, uncertainty — can feel overwhelming, even when you know the decision is right.

You may be struggling to stay focused, to manage your reactions, to protect your children from the conflict, or simply to get through the day. These are not signs of weakness. They are the normal responses to an extraordinarily difficult situation.

THERE IS A PATH THROUGH

The right support at this moment can make an enormous difference — not just to how you feel, but to the decisions you make, the way you communicate with your co-parent and your attorney, and ultimately to the outcome for your family.

Dr. Rosen works with people navigating every stage of this process — from the earliest and most uncertain moments, through the legal battles, and into building a new life on the other side.

HOW DR. ROSEN CAN HELP

- **Emotional Support & Stability:** Managing the grief, anger, and anxiety that accompany separation so you can function, decide, and communicate clearly.
- **High-Conflict Custody & Visitation:** Skilled support through some of the most painful and contentious family court situations.
- **Parental Alienation:** Understanding it, addressing it, and protecting your relationship with your children.
- **Co-Parenting Communication:** Developing the skills to manage a difficult co-parenting relationship in the best interests of your children.
- **Court Process Guidance:** Helping you understand and navigate the emotional and psychological demands of litigation.
- **Reunification Therapy:** Rebuilding parent-child relationships across distance and conflict, including complex interstate cases.

WHY DR. ROSEN

Dr. Rosen spent 25 years as a Court Psychologist in the Middlesex County Family Court — conducting custody evaluations and witnessing firsthand what families go through. He is also an Attorney (J.D.), giving him a rare ability to help you navigate both the emotional and legal dimensions of your situation.

He is a PSYPACT authorized provider — available via secure video in 43 states, likely from wherever you are (Search “PSYPACT map” to see all states).

Dr. Rosen responds to all inquiries within 24 hours. Most patients are scheduled within one week.

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