

## You Are What You Believe

### Remembering Our Future Series - Session 7 | English Transcript - Emerson Ferrell

Welcome, everyone. This is another session in our series “**Remembering Our Future.**” We want to begin by thanking all of you for tuning in and being part of this ministry with your contributions and support.

Jesus came to break all of these structures inside the mentality of all human beings. And none of us can escape the desire to want to *live in the past*. Even right now, people are saying, “*Oh, I cannot wait for it to be normal again.*” What makes you think that “what we were living” was “normal” before.

You see, we have assumed that because we repeat the same thing over and over again that “that” is normal. And that's the same way with reading our scripture. We hear the interpretations; we've been taught certain things, and so we form our beliefs from these interpretations and routines, but that doesn't mean that they are correct.

But because we have been so *afraid of the unknown*, we want *predictability*. We want to be able to know what is going to happen. That's not the spiritual dimension. That's not the place where all things are possible. That's the three-dimensional that we live in. And what keeps us restricted is *time*.

At this particular time in history, God is releasing amazing things from His Spirit. Let me change that language. He's not releasing anything; it's always been there. We are just now able to see them because we're in a position to see. We have to break that structure of trying to *get to a place* and “become” what He has already put inside of us. Did you hear what I've said?

**We have to “become” what He is already deposited inside of us.**

And everything you do in this three-dimensional physical life: whether it's being a carpenter, car salesman, banker, whatever it is, whatever your occupation is in this three-dimensional realm is a *worship to God* if it is done from the inside. That's the key, because you're not to be moved by the external.

**Your circumstances don't produce who you are, who you are changes your circumstance.** Do you understand? Let me make it a little clearer:

**How we think and how we feel, creates our being (our *state of being*).** So, from this *state of being*, we perceive our external environment. But our *thinking and feeling* has been controlled by the environment in the past. That's what has produced the conditions most people are in. People that are guilty, sad, depressed, angry, have some kind of pain in their bodies that create their conditions, all of that has created the *way you think and the way you feel*. That ***state of being*** was produced from the environment, but ***if who you are on the inside becomes your personality, your personal reality will change.***

## Thinking + Feeling = Our State of Being

This is where we get our ***personality*** from. It is from this position that we create our ***personal reality***.

And as I've just said, our *thinking and feeling* comes from some circumstances in our environment. So, our circumstances create the way we think and the way we feel and that creates our personality, and most people's personality has been formed from stress, guilt, depression, and some kind of trauma.

They have some kind of trauma in their life, and it produces a stressful thought or feeling. And they take a picture of that event inside of themselves, and over time that creates their personality, and their body is connected to that personality.

When your brain gets involved in trying to understand the *cause and effect* in the environment, it starts to form these ideas and feelings and beliefs that want to protect it from ever feeling bad again. So, it spends the rest of its physical life trying to prevent that trauma from happening again.

Now, why is that important? Because it takes you out of “the present” and it puts you in a state of being stressed and concerned and feeling anxious.

That stress is what causes the blood to leave the most important vital organs in your body and go to the arms and the legs in what's called “fight or flight”. That is where the body's immune system starts to get weak. Now remember, we are spirit. “How we think” and “how we feel” affects our ***electromagnetic field***, and every time you have the analytical thoughts that try to protect you, you start taking that energy from that electromagnetic field, and it starts to reduce your ability to fight physical diseases and mental problems. That starts to affect the way you feel and the way you think. Do you see the circular situation we get into? It's because we're so attentive to the physical environment, because we feel like there's a threat, there's a predator, and there's something that can harm us.

Remember as children, we were trained: “*Watch the stairs, watch the cars, tie your shoes.*” All of that trains us to be attentive to that environment. So, then we become analytical and look for *cause and effect* for any condition in our physical being.

And as we learned last week, that's the Newtonian position (the three dimensions), because we learned that in that place, we can move through space, but we're limited by time. And when you're in that condition, you have created separation.

We are atoms. Everything is atomically put together: Electrons, photons, neutrons, all of that, it makes up our physical being. So, we're more spirit than we are physical, but because of our training we focus on the environment, and it separates us from the Spirit. That separation draws energy from our electromagnetic field (*and when I say electromagnetic field, I'm talking about your spiritual being*).

I'm using scientific language so that you can form an image in your mind. But that's why Jesus kept saying: *"You must be heavenly minded and not earthly minded."*

So, if we are constantly worried about our environment becoming our threat, we separate ourselves and, in that separation, (you from me, me from you, people from people), we create an environment that *requires time* to change that separation.

We've made these assumptions from a wrong input of information. And all of the information science is trying to pump into this 3D world is incomplete at best. They're using the formula of Einstein ( $E=MC^2$ ) so that they can operate in space, but not in the Spirit. Do you understand? We are designed to understand the dimensions of the unknown.

**Science wants to teach you how to be predictable because it's in the predictable that there is control.**

If you are *in the Spirit* and remain in the *present moment*, you're not controlled by anything in this dimension. That means disease, wrong information, the situations in your life, or sickness and disease in your body...etc... none of that is “in you” when you are “in Him.”

Let's read something in **John 17**.

### **John 17:24**

***“Father, I desire that they also whom You gave Me may be with Me where I am, that they may behold My glory which You have given Me before the foundation of the world.”***

That verse is written to you, that verse is written to me.

### **Ephesians 1:3-4**

***Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love,***

See, this is **the reality**, this is not what you're taught in the third dimension with the analytical brain. You're taught to be fearful of death. Your origin was “above death”, because there was no death in Him. The death you suffer is in the way you think, the way you perceive, because you are so convinced that what you perceive is right, and even if it destroys you, you're going to believe it. You see the pride that Jesus is talking about with people? Even if it's wrong, they choose to believe it so they can be right.

**So, then you're not punished for your sins, you are punished by your sins,** because you choose to believe what is wrong. And you can have that belief until you die, but you don't have to. You can choose the truth. You can believe who you were before the foundation of the world.

You were in Him, in Light, and you were in that *present moment*, in the *spiritual now* that never changes because it's NOW. It doesn't have a past, it doesn't have a future, it only has a now. And we discovered that the period of *before the foundation of the world*, began in Genesis 3. That's when Adam fell and chose to believe a lie. That was *the foundation of the world*. And that's when man was separated. And that's when man began to focus on his environment “analytically” to be like God. He wanted to be God. He wanted to have an empire. He wanted to control. So, he focused on the environment and on his circumstances to achieve his purpose.

Now turn to Genesis.

So, when He released that Light, that contained the eternal now that everyone that was in Christ was “in Christ” and was in “His life”.

Let's look at the “First Day” Light.

### **Genesis 1:3-5**

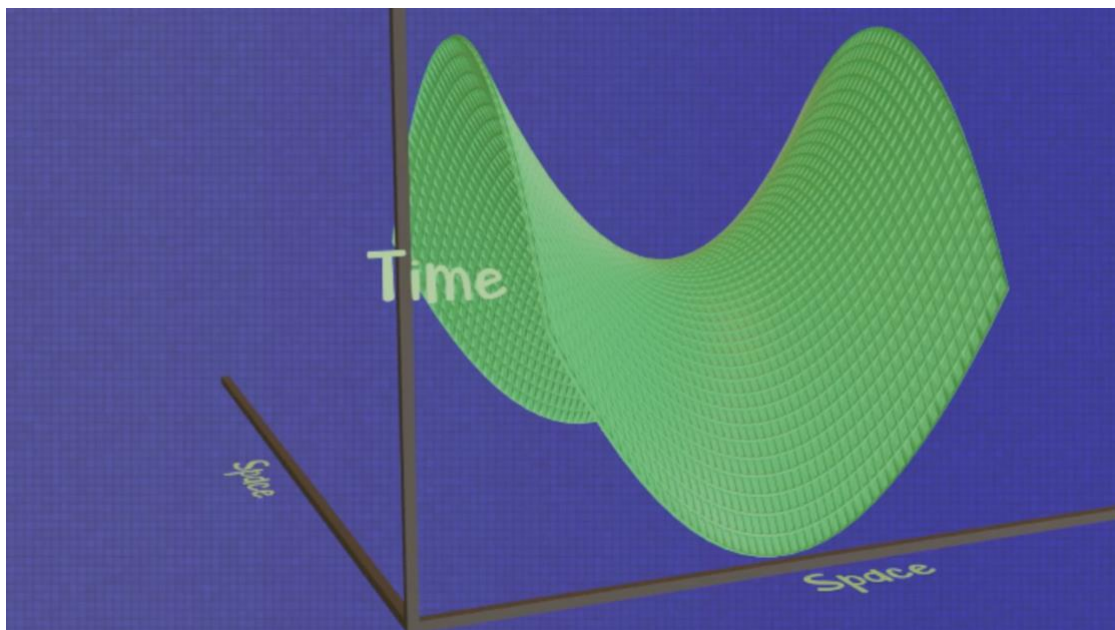
***Then God said, “Let there be light”; and there was light. And God saw the light, that it was good; and God divided the light from the darkness. God called the light Day, and the darkness He called Night. So the evening and the morning were the first day.***

Now we will see what was the “fourth day” light.

## Genesis 1:14-16

***Then God said, “Let there be lights in the firmament of the heavens to divide the day from the night; and let them be for signs and seasons, and for days and years; and let them be for lights in the firmament of the heavens to give light on the earth”; and it was so. Then God made two great lights: the greater light to rule the day, and the lesser light to rule the night. He made the stars also.***

So, between day one and day four, there was no time. Everything was the eternal now. **Time did not begin until the fourth day.** It's that fourth day light that created the fourth dimension, because that's when the shadows entered in. So, when you have the shadows, you created the *illusion of reality* in the physical. The fourth dimension was the capture of the fourth day light. In other words, man could move through space in the three dimensions, but the linear time was the construct that kept man in this dimension.



This happened when God created the sun and the moon and the stars in the firmaments. This was basically God setting the fourth dimension in motion for man to operate in. God wasn't limiting mankind; He was limiting those that refuse to believe Him. There are men that will refuse to believe what God did, and those are the ones that time will run out on their lives. **Those who know what Christ did, are living in the timeless now.**

Do you understand? **We're not restricted by time if we've already passed from death to life.** So what science is doing now is trying to keep man focused on this *"Newtonian cause and effect reality"*, because if they can control men with the *fear of death* in this dimension, then they can rule the populations on the planet. This is what we see generation after generation after generation. That's why it's so important for us to **understand our origin.**

**We were created before the fourth day. We were created before there was restriction on time. We are living in eternity now.**

The people that are using this dimension, the third dimension, to create their physical life, and some kind of future, will suffer the consequences that are restricted by time, and the information they believe in this dimension. It doesn't mean these people are mean, ugly, and bad, and going to hell. They just haven't heard the truth. You have. And there's no reason for you to follow lies. **You don't have to follow what the mass population believes.**

Therefore, we are in a place right now, where we can really start to understand **"outside of time"**. We can start to see that the things that we've always wanted, the life we've always wanted to live, has already been in place inside of us.



Waiting for us to let go of what “we think” it should be. The brain is an amazing thing. It can be in chaos as long as we are **analytically** trying to organize it the way we think it should be.

In other words, if we take all the information we've learned from this dimension and create the perfect life: the best house, the best car, the best family, we are creating a disorganized brain. It's like having your foot on the gas pedal and on the break at the same time. Total disorganization.

**So, when you are “out of the way”, because you become conscious, your autonomic nervous system starts to organize your brain perfectly.**

I told you before, you have four billion bits of information per second entering your brain, but because we are in control “analytically”, we only get 2,000 bits of information. And you know what those 2,000 are? “*My back hurts!*”, “*What am I going to wear tomorrow?*”, “*I'm hungry.*” We're missing out on all the information that the brain is picking up from the Spirit.

You've heard the term “**Mind over Matter**”.

You see, we have the atom, and we know that 99% of the atom is “spirit”, and less than 1 % is “particle” or “matter”. So, if we're focused on material, all of this information (from the Spirit) that's available, we're missing it.

Now, in the studies that we've taught on before about “*particles*” and “*waves*”, we saw the difference between the *Newtonian science* and the *Quantum realm*.

The Newton science was focused on *particle*, on the *predictability*.

# Newtonian Mechanics

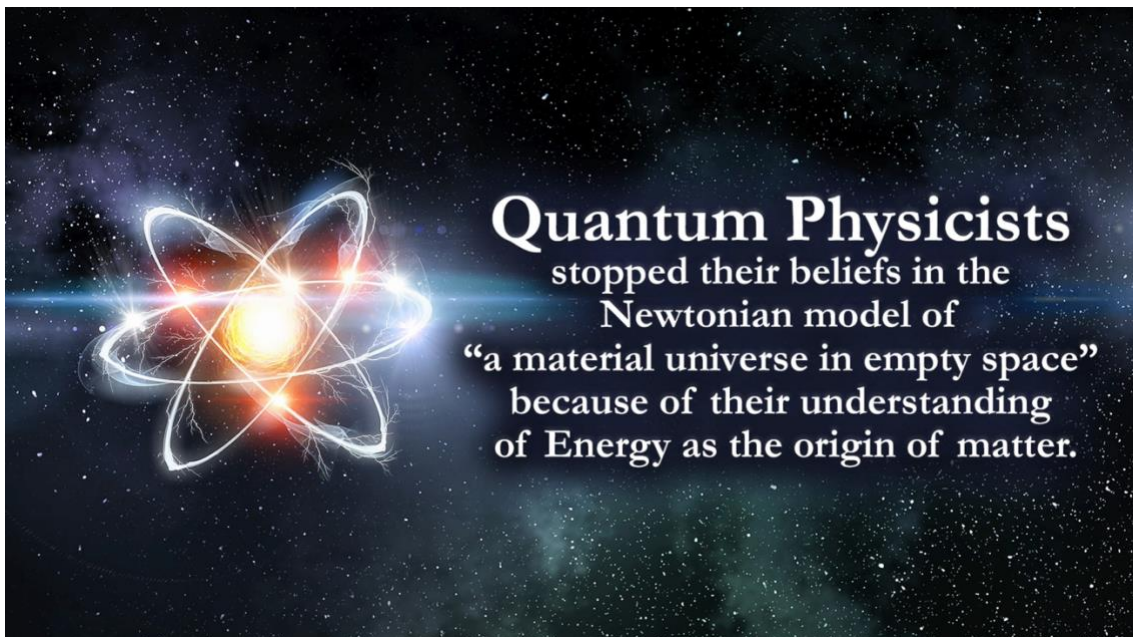
## Universe = Matter

(-1700)

# Quantum Mechanics

## Universe = Energy

(-1925)



So, when the **quantum realm** was discovered, the first thing they noticed was that electrons did not act like particles, it was both *waves and matter*. So, this was the realm, and what made the difference was ***the mind***.

So, the **mind** is both *wave and particle*.

Now, it's not the brain I'm talking about. I'm talking about that spiritual part of us that's capable of changing the physical (which is the mind).

**How do you change the physical? By seeing what you believe. Not believing what you see. That's important. Seeing what you believe. This changes the physical.**

That's what people say, **“Mind over Matter”**.

The truth is ***the mind is both physical and spiritual***. See, in this realm, in the Newtonian 3D realm, we want to wait to have something before we're grateful for it. This is “cause and effect”.

People say, *“How can I be thankful? I don't have what I'm asking for.”*

So, they spend their whole life “waiting for something” that was already placed inside of them, but they have to believe it. So, when you are emotionally connected to what you believe, your mind enters the spiritual dimension, with the thoughts connected to the heart, and **when your heart is connected to your thinking, you are already grateful for what you have**. You pass from “the waiting on something”, to the “receiving”.

Remember, I started off telling you that our perceptions have created the prisons that we live in. We've been taught to wait for the environment to give us what we want, and Jesus says: ***“Believe, and thank Him for it!”*** That's how you pray.

You don't wait for the environment to show you that “what you prayed for came to pass.” You live like the Son of God. You thank Him that He heard your prayer.

*“I thank you that you heard my prayer, Father. You always hear me. I'm living in that origin. I don't need the physical to give me what You gave me from the beginning.” (Read John 11:41)*

You don't need the physical to give you what God gave you in *the Origin*. You just need to stay in that *thanksgiving mode*.

People want money to feel abundant. If you feel abundant, the money will come to you. People are waiting for their body to be healed before they're thankful. When you thank Him because your body is healed, then you'll have your healing. But you have to **stay in that moment**. The minute you start questioning, “but when is it going to manifest?”, you lost it and you're no longer in that **eternal now**. You started thinking about the cause and effect. You went back to the three dimensions.

**What we're teaching you is to live in the fifth dimension, and to become the vortex that attracts everything that He's already given you. That is “living in the present”, living in the peace, in the gratitude, in the thanksgiving.**

It doesn't matter what your body is saying. Your body will conform to what you believe. It already is.

Look at your condition today. You listen to a doctor tell you that you have something, or you listen to somebody in your family say, “*I've got this gene, so you're going to get it*” or “*this virus is going to get you because it got somebody else.*”

**You're thinking attracts what you believe.** You start thinking about what you heard and “emotionally” you become frightened. Those negative emotions create chemicals inside of you that detract from your spiritual dimension, and that starts to bring what you've been concentrating on. And unfortunately, people think more about the negative than they do about the positive.

I use the term “negative” and “positive”, but it's not really that in the fifth dimension, it's **the word** that He's given us all things that pertain to life and godliness (see 2 Peter 1:3).

**I said, “life and godliness”, not death and anti-godliness.**

Because not believing God is anti-God. See, we really have the keys inside of us, inside all of us, but we've been focused on the wrong stuff. When we were created before the foundation of the world, the treasures of the kingdom were in us.

I'll tell you a little story about a placebo, because **the placebo** is how most people conduct their life today.

You hear a story about somebody that got a disease, and immediately you start to think, *“Well, maybe I could get this.”*

So, back in World War II, this physician (this surgeon) named Dr. Beecher, ran out of morphine for his surgeries. He gathered all his nurses, and he said,

*“Listen, we don't have any morphine to give these patients that are coming in. But they need the surgery, they're dying.”*

So, he convinced the nurses to tell the people that were going into surgery, *“Take this morphine, you won't feel anything.”*

They had to take off legs and limbs and do operations on stomachs and gall bladders, but they convinced those soldiers that the solution he was given them was a very strong morphine. He did surgeries on over 100 patients without any morphine, and they were reported as saying, *“I felt no pain whatsoever during surgery.”* This is what is called **“the placebo effect.”**

If you see how **your body is responding to what you believe**, just like those soldiers that believed that solution was morphine, and they felt no pain, then you know your body will conform to what you believe.

Everything in our environment operates on what we believe. So, ***we are in the creative position right now.***

You want to change your circumstances? Start *living in the present* every day. And every time you feel yourself leaving that present condition, stop what you're thinking about, and go back into the present.

This is the way you live as a champion in these conditions. This is what they call faith. **This is how you operate in faith: staying present**, because that's the *timeless now* that never changes, and that's where you were before the foundation of the world. **It takes a new personality. You can't change your personality from your present reality.**

**That's why Jesus talked about the “new birth”. We have to be born of the water and the Spirit. (See John 3)**

**The water and the Spirit were before the fourth day. It was “in Christ” before He was in the Earth. That's who we are. That's where we need to focus our whole attention and not look for the physical to give us signs that what we're believing is right.**

**You force the physical to follow your belief. That's what God did.**

**You are the son of God.**

**You can change your condition. You have to believe it, or it will never change.**