

ALHYDRAN

On irradiation of oncology (and other) patients

It was 2011. Yvonne Kok Driessen was 39 years old, had a successful job as a marketing and magazine manager, a happy marriage and two beautiful children of 7 and 8 years old. Suddenly she was confronted with breast cancer, type 3. The tumour was 5.4 cm in size, with metastases to the lymph nodes of her right armpit. The prospects were not exactly rosy...

How did you react to this news?

'Your world collapses completely. Not only for me, but also (and maybe especially) for my children and husband.

'I'm amazed at how beautiful my skin stayed'

I received treatment at the Catherina Hospital in Eindhoven, the Netherlands. Oncologist Yvonne Y.E.A. van Riet was of great support to me there.

Then, after two months of rest, another six months of chemo. Then a big operation, followed by about 17 irradiation sessions, spread over five weeks. And eventually hormone pills, which is actually also chemotherapy. I was supposed to take those for five years, but I had so many side effects that after about six months I quit, in consultation with the specialist.

What followed was a difficult period of great uncertainty, with heavy treatments. First 1.5 years of complete degradation to destroy all the cancer cells.

Thanks to her and the other specialists I can now - eight years later, at the age of 47 - tell you all about it.

The ingredients of ALHYDRAN:

- Freshly-processed **Aloe Vera** (main ingredient), for a strong moisturizing (hydrating) effect.
- High-quality **oils**, which prevent your skin from drying out from evaporation. They form a thin, breathable layer on the skin. The oils are decyl oleate and Simmondsia Chinensis seed oil (Jojoba oil).
- **Vitamin E**, which increases the elasticity of the scar. And supports better healing.
- **Vitamin C**, which performs 3 important functions in ALHYDRAN:
 - **Antioxidant:** Counters harmful free radicals caused by environmental factors, radiation, stress, smoking, etc. The antioxidant acts to help neutralize free radicals, so your skin heals better.
 - **PH regulation:** The natural pH of your skin is 5.5, which is slightly acidic. This is important for protection against bacteria, etc. Vitamin C contributes to maintaining an optimal skin pH value.
 - **Skin care:** Vitamin C takes good care of your skin.



Using ALHYDRAN was good, precautionary advice - and prevention is always better than cure. I've never had any skin complaints caused by irradiation. So the cream was certainly not an unnecessary luxury! What's so good about ALHYDRAN are its excellent, high-quality, organic ingredients [see box, ed.]. It's a very natural product, with no chemical stuff in it.



What did ALHYDRAN ultimately mean to you?

'I took the cream with me to the hospital and applied it to my skin immediately after each irradiation treatment, before getting dressed. And it worked. My skin recovered amazingly quickly. No burns or ugly scars. Even the elasticity of my skin was preserved. My skin's just been flawless.

This is amazing, especially for a redhead with white, sensitive skin. And it didn't get in the way of the irradiation (which is what the doctors were a bit worried about). Because I'm now talking about eight years ago.

Apart from the side-effects of the chemo and the operation (the removal of the lymph nodes), I've been declared cancer-free. So yes, ALHYDRAN has certainly been of enormous added value in my case - in protecting my skin during the irradiation sessions. You lose so much to a disease like this. I'm extremely happy that my skin has been spared.'

What role did ALHYDRAN play in your treatments?

'Irradiation can cause many skin complaints, as the doctors told me: dry, red skin and a lot of itching, among other things. And even scars.

The hospital therefore advised me to use ALHYDRAN cream before the treatments. I got a sample free of charge. At first, as always, I was sceptical. But I soon noticed how easy it was to apply, how quickly it's absorbed and how it really added to the recovery of my skin. It's conveniently packaged, in tubes, so I could easily take it with me to the hospital.

Would you recommend ALHYDRAN to fellow sufferers?

'Yes, for sure. That's what I'm doing in this interview, already. Thanks to ALHYDRAN cream, my skin has remained beautiful. So beautiful, in fact, that with the oedema therapy (which I still have, because of removal of my lymph nodes) I'm often mentioned as an astonishingly good example! Several specialists actually couldn't believe it.'

ALHYDRAN is available from pharmacies, (skin) therapists, clinics and hospitals. And online.