**Weekly Bulletin**

July 23rd, 2023

**Ezekiel the Prophet**  
**St. Anna of Levkadio**

**7th Sunday of Matthew**

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Antiphons

Antiphon 1. (By the prayers of the Theotokos, Savior, save us).

Vs. 1: Bless the Lord, O my soul, and everything within me, bless His holy name.
Vs. 2: Bless the Lord, O my soul, and forget not all His rewards.
Vs. 3: He Lord prepared His throne in heaven, and His Kingdom rules over all.

Glory...Both now...By the intercessions...

Ant. 2. (Save us, O Son of God, Who did rise from the dead. We sing to You, Alleluia).

Vs. 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.
Vs. 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.
Vs. 3: The Lord shall reign forever; your God, O Zion, to all generations.
Glory...Both now...Only Begotten Son...

Antiphon 3. Mode pl. 2.

Vs. This is the day the Lord made; let us greatly rejoice and be glad therein.
When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

Entrance Hymn. Mode 2.
Come, let us worship and bow down before Christ. Save us, O Son of God, Who did rise from the dead. We sing to You, Alleluia.

Dismissal Hymns
Resurrectional. Mode pl. 2.
When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

For the Hieromartyr. Mode 4.
Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

For the Church. Mode 3.
All the world has you, its mighty champion, fortifying us in times of danger, and defeating our foes, O Victorious One. So, as you humbled Lyaios’s arrogance by giving courage to Nestor in the stadium thus, O holy Great Martyr
Δημήτριε, Χριστὸν τὸν Θεόν ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

Κοντάκιον. Ἡχος β’.
Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδῃς, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἁγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σου. Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἱκεσίαν, ἡ προστατεύουσα σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, Θεοτόκε, τῶν τιμώντων σε.

Ἀνάγνωσμα τοῦ Ἀποστόλου
Προκείμενον. Ἡχος πλ. β’. Ψαλμὸς 27.
Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.
Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου.
Πρὸς Τίτον Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (15:1-7)

Ἀδελφοί, ὀφείλομεν οἱ δυνατοὶ τὰ ασθενήματα τῶν ἀδυνάτων βαστάζειν, καὶ μὴ ἑαυτοῖς ἀρέσκειν. Ἕκαστος ἡμῶν τῷ πλήσιον ἀρεσκέτω εἰς τὸ ἀγαθὸν πρὸς οἰκοδομήν· καὶ γὰρ ὁ Χριστὸς οὐχ ἑαυτῷ ἀρέσεται· ἀλλὰ καθὼς γέγραπται. Οἱ ὀνειδισμοὶ τῶν ὀνειδιζόντων σε ἐπέπεσαν ἐπ᾽ ἐμέ. Ὅσα γὰρ προεγράφη, εἰς τὴν ὑπομονῆς καὶ διὰ τῆς παρακλήσεως τῶν γραφῶν τὴν ἐλπίδα ἔχωμεν. Ὁ δὲ Θεὸς τῆς ὑπομονῆς καὶ τῆς παρακλήσεως δῴη ὑμῖν τὸ αὐτὸ φρονεῖν ἐν ἀλλήλοις κατὰ Χριστὸν Ἰησοῦν, ἵνα ὁμοθυμαδὸν ἐν ἑνὶ στόματι δοξάζητε τὸν Θεὸν καὶ Πατέρα τοῦ Κυρίου Ἰησοῦ Χριστοῦ. Διὸ προσλαμβάνεσθε ἀλλήλους, καθὼς καὶ ὁ Χριστὸς προσελάβετο ὑμᾶς, εἰς δόξαν τοῦ Θεοῦ.

Epistle Reading
Prokeimenon. Mode pl. 2. Psalm 27.
O Lord, save Your people, and bless Your inheritance.
Vs.: To You, O Lord, I cry; O my God.

The reading is from Paul's Letter to the Romans. (15:1-7)

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.
Ἀληλούϊα. Ἦχος πλ. β΄. Ψαλμὸς 90.
Ἀληλούϊα. Ἀληλούϊα. Ἀληλούϊα.
Στίχ. α’. Ὁ κατοικῶν ἐν βοηθείᾳ τοῦ Ὑψίστου, ἐν σκέπῃ τοῦ Θεοῦ τοῦ οὐρανοῦ αὐλισθήσεται.
Ἀληλούϊα. Ἀληλούϊα. Ἀληλούϊα.
Στίχ. β’. Ἐρεῖ τῷ Κυρίῳ· Ἀντιλήπτωρ μου εἶ.
Ἀληλούϊα. Ἀληλούϊα. Ἀληλούϊα.

Ἀνάγνωσμα τοῦ Εὐαγγελίου
Ἐκ τοῦ κατὰ Ματθαῖον (9:27-35)
Τῷ καιρῷ ἐκείνῳ παράγοντι τῷ Ἰησοῦ ἰκολούθησαν αὐτῷ δύο τυφλοὶ κράζοντες καὶ λέγοντες· Ἐλέησον ἡμᾶς, υἱὲ Δαυῒδ. ἐρεῖντι δὲ εἰς τὴν οἰκίαν προσῆλθον αὐτῷ οἱ τυφλοί, καὶ λέγει αὐτοῖς ὁ Ἰησοῦς· Πιστεύετε ὅτι δύναμαι τοῦτο ποιῆσαι; λέγουσιν αὐτῷ· Ναί, Κύριε. τότε ἦλθον διὰ τῆς πίστεως αὐτῶν ἔλασαν οἱ ὀφθαλμοί· καὶ ἐθαύμασαν οἱ ὄχλοι λέγοντες,
Οὐδέποτε ἐφάνη οὕτως ἐν τῷ Ἰσραήλ. οἱ δὲ Φαρισαῖοι ἔλεγον· Ἐν τῷ ἄρχοντι τῶν δαιμονίων ἐκβάλλει τὰ δαιμόνια. Καὶ περιῆγεν ὁ Ἰησοῦς τὰς πόλεις πάσας καὶ τὰς κώμας, διδάσκων ἐν ταῖς συναγωγαῖς καὶ κηρύσσων τὸ εὐαγγέλιον τῆς βασιλείας καὶ θεραπεύων πᾶσαν νόσον καὶ πᾶσαν μαλακίαν ἐν τῷ λαῷ.

Alleluia. Mode pl. 2. Psalm 90.

Gospel Reading
According to Matthew (9:27-35)
At that time, as Jesus passed on from there, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district. As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people.
OUR FATHER - ORIGINAL LANGUAGES & PHONETICS

Greek
Πάτερ ἡμῶν / ὁ ἐν τοῖς οὐρανοῖς ἁγιασθήτω τὸ ὄνομά σου, ἐλθέτω ἡ βασιλεία σου, γεννηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δός ἡμῖν σήμρον καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρύσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Greek (English phonetics)
Páter imón / o en tis ouranís, agiasthítou to ónomá Sou; elthéto I Vasilía Sou; genithítou to thélímac Sou, os en ouranó ke epí tis ghís. Ton árton imón ton epiouśion dos mín símeron; ke áfes imín ta ofelímaca imón os ke imís afiémen tis ofilétes imón; ke mi isenégis imás is pirasmón, ala ríse imás apó tou ponírou.

Arabic
أَبَانَآ الْذَّي فِي السَّمَاوَاتِ، لِيُقَدِّسَ عَنْمِكَ، لِيَأْتِي مَلْكُكَ، لِيَكُنْ مَشْيِنَا كَمَا فِي السَّمَاوَاتِ كَذَٰلِكَ عَلَى الأَرْضِ. خُبْزَنَا الْجُوْهَرِيَّ ﺃَعطِنَآ ﺍﻟْيَوْمَ، وَاتْرُكْ لَنَا ﻋَلَيْهِ، ﻭَلَا ﺗَدْخِلنَا ﻓِي ﺗَﺟْرَبَةٍ، ﻟِكَنْ نَجْنَا مِنَ

Arabic (English phonetics)

Romanian
Tatăl nostru care ești în ceruri, sfântescă-se numele Ta, vie împărăția Ta, facă-se voia ta, precum în cer așa și pe pământ. Pâinea noastră cea de toate zilele, dă-ne-o nouă astăzi și ne iartă nouă greșelile noastre precum și noi iertăm greșitelor noștri și nu ne duce pe noi în ispita ci ne mântuiește de cel viclean.

Romanian (English phonetics)
Tatel nostru carele eshti în cheruri, Sfintzească-se numele Täu, vie imperètzia Ta, face-se voia ta, precum in cher, asha shi pe pèmînt. Piinea noastră chea de toate zilele, de-ne-o noua astèzi Shi ne iarte noue greshalele noastre precum shi noi iertèm greshizilor noshtri Shi nu ne duche pe noi in ispitè chi ne mintuyeshte de chel viclean.
Wisdom of the Fathers

"He puts an end to the woman's fear ... He sets her right, in respect of her thinking to be hid ... He exhibits her faith to all, so as to provoke the rest also to emulation ..."
- St. John Chrysostom

Saints and Feasts

July 23 - Ezekiel the Prophet

The Prophet Ezekiel ("God is strong") was the son of Buzi and a priest by rank. He was taken captive and brought to Babylon. In the fifth year of this captivity, about 594 or 593 B.C., he began to prophesy. Having prophesied for about twenty-eight years, he was murdered, it is said, by the tribe of Gad, because he reproached them for their idolatry. His book of prophecy, divided into forty-eight chapters, is ranked third among the greater Prophets. It is richly filled with mystical imagery and marvelous prophetic visions and allegories, of which the dread Chariot of Cherubim described in the first Chapter is the most famous; in the "gate that was shut," through which the Lord alone entered, he darkly foretold of the Word's Incarnation from the Virgin (44:1-3); through the "dry bones" that came to life again (37:1-14), he prophesied both of the restoration of captive Israel, and the general resurrection of our race.

July 24 - Christina the Great Martyr of Tyre

Saint Christina was from Tyre in Syria, the daughter of a pagan named Urban. Enlightened in her heart to believe in Christ, she broke her father's idols, made of gold and silver, and distributed the pieces to the poor. When her father learned this, he punished her ruthlessly, then cast her into prison. The rulers subjected her to imprisonments, hunger, torments, the cutting off of her breasts and tongue, and finally impalement, in the year 200, during the reign of the Emperor Septimius Severus.

July 25 - Dormition of St. Anna, mother of the Theotokos

According to tradition, Anna, the ancestor of God, lived for sixty-nine years, and her spouse Joachim, for eighty; according to one account, Saint Joachim died two years before Saint Anna. The Theotokos had been orphaned of both her parents already when she was eleven years of age, when she was living in the Temple. Saint Anna is invoked for conceiving children, and for help in difficult childbirth.

July 27 - Panteleimon the Great Martyr & Healer

This Saint was the son of Eustorgius and Eubula. His father was an idolater, but his mother was a Christian from her ancestors. It was through her that he was instructed in piety, and still later, he was catechized in the Faith of Christ by Saint Hermolaus and baptized by him. Being proficient in the physician's vocation, he practiced it in a
philanthropic manner, healing every illness more by the grace of Christ than by medicines. Thus, although his parents had named him Pantoleon ("in all things a lion"), because of the compassion he showed for the souls and bodies of all, he was worthily renamed Panteleimon, meaning "all-merciful." On one occasion, when he restored the sight of a certain blind man by calling on the Divine Name, he enlightened also the eyes of this man's soul to the knowledge of the truth. This also became the cause for the martyrdom of him who had been blind, since when he was asked by whom and in what manner his eyes had been opened, in imitation of that blind man of the Gospel he confessed with boldness both who the physician was and the manner of his healing. For this he was put to death immediately. Panteleimon was arrested also, and having endured many wounds, he was finally beheaded in the year 305. Saint Panteleimon is one of the Holy Unmercenaries, and is held in special honor among them, even as Saint George is among the Martyrs.

**July 28 - Irene the Righteous of Chrysovalantou**

Saint Irene, who was from Cappadocia. Because of her great beauty and virtue, she was brought to Constantinople as a prospective bride for the young Emperor Michael; however, as Saint Joannicius the Great foretold, it was God's will that she assume the monastic habit instead. She shone forth in great ascetical labours, and suffered many attacks from the demons; while yet a novice, she attained to the practice of Saint Arsenius the Great, of praying the whole night long with arms stretched out towards Heaven. God showed forth great signs and wonders in her, and she became the Abbess of the Convent of Chrysovalantou. She was granted the gift of clairvoyance and knew the thoughts of all that came to her. She appeared in a vision to the king and rebuked him for unjustly imprisoning a nobleman who had been falsely accused. Through a sailor from Patmos to whom he had appeared, Saint John the Evangelist sent her fragrant and wondrous apples from Paradise. She reposed at the age of 103, still retaining the youthful beauty of her countenance. After her repose, marvelous healings beyond number have been wrought by her to the present day.

**Prochoros, Nicanor, Timon, & Parmenas the Apostles of the 70**

These Apostles of the Seventy are mentioned in Acts 6:5. Saint Prochoros became Bishop of Nicomedia and reposed in peace. Saint Nicanor was stoned to death in Jerusalem. Saint Timon became Bishop of Bostra in Arabia and ended his life in martyrdom by fire at the hands of the pagans. Saint Parmenas died in peace in Jerusalem.
Guidelines for Receiving Holy Communion

For Orthodox Christians

Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly disposed to receive Holy Communion, communicants should not be conscious of grave sin, have fasted appropriately and strive always to love God and their neighbor. Persons conscious of grave sin should seek immediately to be reconciled through the Mystery of Confession so they can begin again to receive Communion immediately. Frequent communion and regular confession are recommended to all faithful Orthodox Christians.

For other Christians

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions of Christianity that we cannot extend to them a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist and for which we must all pray. All, however, are welcome to partake of the blessed bread (Antidoron) which will be distributed at the end of the service.

Shut-ins and Hospital Visitation

If anyone is in the hospital or otherwise in need of prayer or visitation, we are happy to publish their information (name and/or visitation information) in the bulletin. Please note, however, that we are unable to publish such information without a direct request.

If you are interested in helping with the visitation of the sick, please speak to Presvytera Peggy or contact the Church office.

In your prayers:

Please continue to pray for the health and recovery of: Augusta Ahejew, Petro Ahejew, John Benoit, Peggy Caldwell, Ann De Corte, Eleanor Driver, Soula Economou, John Eliades, Dorothy Ellis, Jean Farrington, Amy Hulen, Dr. Risty Kalivas, Tony Koutras, Sarah Larson, Clete Nichols, Marge Paron, Dee Philips, Sam & Joan Metropoulos, Bill Tarachas, Jaxon Toner, Jim Zestos, and Esmini Zubulake.

(If you would like to have a name added to or removed from this list, please contact the Church office).

A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, Who sent Your Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do You visit and heal Your servant (name), granting him/her release from pain and restoration to health and vigor, that he/she may give thanks unto You and bless Your holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.
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<td>Gregory of Sinai and Mount Athos&lt;br&gt; Emilian the Confessor &amp; Bishop of Cyziko&lt;br&gt; I Corinthians 15:29-38&lt;br&gt; Matthew 21:23-27&lt;br&gt; Great Paraklesis (6:00 pm)</td>
<td>Constantine, Pat. of Matthias, Apostle&lt;br&gt; Acts 1:12-17, 21-26&lt;br&gt; Matthew 21:28-32&lt;br&gt; Small Paraklesis (6:00 pm)</td>
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<td><strong>10</strong> Chitus of Athens, Bishop of Rome Hippolytus the Martyr of Rome</td>
<td><strong>11</strong> Commemoration of St. Spyridon's Miracle in Corfu against the Turkish invasion of 1716</td>
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<td><strong>17</strong> Demetrios the New, Righteous Martyr of Samaria</td>
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<td><strong>19</strong> Holy Martyrs Timothy, Agapius and Thecla Theophanes the New Wonderworker of Macedonia</td>
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<td><strong>24</strong> Kosmas the New Hieromartyr &amp; Equal-to-the Apostles of Aetolia</td>
<td><strong>25</strong> Titus the Apostle of the 70 Ebba, First Abbess of Coldingham</td>
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<tr>
<td>Small Paraklesis (6:00 pm) (Theotokos)</td>
<td>Men's Fellowship (8:00 pm)</td>
<td>Catechesis (3:30 pm)</td>
<td></td>
</tr>
</tbody>
</table>

- **Primary Liturgy:** fish/wine/oil allowed
- **Secondary Liturgy:** wine/oil allowed
- **Tertiary Liturgy:** cheese/dairy allowed
Please bring this form to the Church or mail it to the Church Office at 4970 Mackinaw Rd., Saginaw, MI 48603

Name: ___________________________________________ City: ___________________ State: __ Zip Code: ____________

Street Address: ____________________________

Individual or Family | Spouse (if applicable) | Children (if applicable)

Name: ____________________________ | ____________________________ | ____________________________
Home Tel: ____________________________ | ____________________________ | ____________________________
Mobile Tel: ____________________________ | ____________________________ | ____________________________
Work Tel: ____________________________ | ____________________________ | ____________________________
Email: ____________________________ | ____________________________ | ____________________________
Occupation: ____________________________ | ____________________________ | ____________________________
(Last, current)

In gratitude for God’s blessings, I/we pledge to contribute for Christ’s work at St. Demetrios Church for 2023.

$________ annually

Please indicate areas of expertise or interest where you would like to serve:
(Individuals should provide a check mark and families provide “H” for husband, “W” for wife and “C” for children)

<table>
<thead>
<tr>
<th>ADMINISTRATION</th>
<th>COMMUNICATIONS</th>
<th>EDUCATION</th>
<th>MINISTRIES</th>
<th>YOUTH</th>
<th>OTHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ Audit Committee</td>
<td>___ New Projects</td>
<td>___ Adult Education</td>
<td>___ Welcome Team</td>
<td>___ Church School Teacher</td>
<td>___</td>
</tr>
<tr>
<td>___ Finance Committee</td>
<td>___ Public Relations</td>
<td>___ Intro to Orthodoxy</td>
<td>___ Outreach</td>
<td>___ Church School Administration</td>
<td>___</td>
</tr>
<tr>
<td>___ By-Laws Committee</td>
<td>___ Bulletin / Newsletter</td>
<td>___ Guest Speakers</td>
<td>___ Stewardship</td>
<td>___ GOYA Advisor</td>
<td>___</td>
</tr>
<tr>
<td>___ Office Help</td>
<td>___ Website / Email</td>
<td>___ Bookstore / Library</td>
<td>___ Sunday Fellowship / Coffee</td>
<td>___</td>
<td></td>
</tr>
<tr>
<td>___ Computer / Technical</td>
<td>___</td>
<td>___</td>
<td>___ Visitations (Hospital / Shut-ins)</td>
<td>___</td>
<td></td>
</tr>
<tr>
<td>___ Archives</td>
<td>___</td>
<td>___</td>
<td>___ Prison Ministry</td>
<td>___</td>
<td></td>
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<tr>
<td>___ Hall Rentals</td>
<td>___</td>
<td>___</td>
<td>___ Christmas Food Baskets</td>
<td>___</td>
<td></td>
</tr>
<tr>
<td>___ Beautification Ministry</td>
<td>___</td>
<td>___</td>
<td>___ Feeding the Hungry</td>
<td>___</td>
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<tr>
<td>___ Endowment Fund</td>
<td>___</td>
<td>___</td>
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<tr>
<td>___ Election Committee</td>
<td>___</td>
<td>___</td>
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</tr>
<tr>
<td>BUILDING &amp; GROUNDS</td>
<td>LITURGICAL</td>
<td>___</td>
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</tr>
<tr>
<td>___ Landscaping</td>
<td>___ Altar Service</td>
<td>___</td>
<td>___</td>
<td>___</td>
<td></td>
</tr>
</tbody>
</table>

I/we would like to receive notifications from St. Demetrios by: ___ email ___ paper mail

You can also submit your stewardship card and your contributions online at www.stdemetrios.mi.goarch.org/stewardship

CONFIDENTIAL: For Authorized Parish Personnel Only
Our 2023 goal is $225,000.00. As of July 16, we have received pledges for 91% of that goal. Thank you to the following faithful stewards who have submitted their pledge cards for 2023. Please join them in their support of our church and submit your pledge card today!

Total Pledges: $205,730.00
Stewards pledged: 118

Offerings Received: $140,716.58
Pledges Unfulfilled: $67,946.17
Largest pledge: $20,000.00
Median pledge: $2,000.00

Driver, Eleanor
Driver, Michele
Duke, Sandy & Brady
Economou, Loukia
Economou, Soula
Economous, Austin
Economous, Gabriella & Eddie
Ellis, Dorothy
Erfourth, Stavroula & Michael
Evans, Bill & Alexia
Ferris, Corey & Andrea
Gavalas, Kitty
Gilpih, Leigh & Baroody, Rikat
Gwenlock, Kimberly & Quincy
Gustafson, Betty
Hall, Ashley & Trent
Hauffe, Kurt & Lana
Holland, Andrew & Amanda
Houpis, Evan & Alexia
Howard, Bambi & Kyle
Hubbell, Ivan
Hubbell, Linda & Doug
Ioannidis, Matina
Kalivas, Risty & Karen
Kallos, George & Alexandra
Karris, Mersina
Katsiouras, Katerina & Athanasios
Kelso, Ron & Connie
Kennedy, Anna
Khoury, Sameer & Areen
Kimmerly, Elaine
Kokas, Mary
Kokas, Thomas & Anastasia
Koutras, Anthony & Rula
Koutras, Gus & Mary
Kurtz, Thomas & Athena
Legakis, Nick & Lena
Legner, Mark & Koula
Majoros, Themie
Mehl, Stephanie & Andrew
Mendyk, Dan & Tena
Metropoulos, Katherine
Morris, Adam Sr. & Eleni
Nagy, Jesse
Nemode, Tom & Peggy
Nichols, Tom & Peggy
Ostler, Dennis & Soula
Paron, Jamey
Paron, Marge
Paron, Nicholas & Julie
Patishnock, Tim
Porchia, Eliana
Porchia, Joni & Jose
Porchia, Leonardo
Povich, Douglass & Leta
Povich, Julia
Psetas, Chris & Michelle
Psetas, Christ & Yiota
Rapanos, Elaine
Rapanos, Jason & Iryna
Rodriguez, Megan & Matt
Rouman, Fran
Sahouri, Majed & Rheaene
Siradakis, Efthiios & Beverly
Skoutelas, Andreas & Paraskevi
Skoutelas, Athanasios & Glykeria
Skoutelas, John
Sous, Michael & Dawn
Sous, Rita & Isa
Stamas, Jim & Marsha
Stamas, Nick & Betty
Stavropoulos, Bill & Linda
Tarachas, Achilles
Tarachas, Bill & Bo
Triantafillou, George & Jean
Triantafillou, Gust & Martha
Tselepis, Art & Nancy Schaab
Tsulaia, Tamara & Mamaladze, Basil
Ulmer, Dr. George & Virginia
Veremis, Kanella
Veremis, Theodore & Georgia
Veremis, Thomas & Irene
Warner, James & Alina
Wischweh, Susan
Zacharko, Kathleen & James
Zubulake, George & Gladys
Zubulake, Jim & Esmini
When you support the Friends of the Metropolis campaign, you are part of a greater outreach that proclaims with one universal voice that God is truly our hope and our rock of salvation. Because of your devotion to the Friends program, ministries and programs are implemented on a Metropolis-wide basis which strengthen and enhance our faith and our joint ministry of service. I would like to invite you to join forces with the faithful throughout the Metropolis of Detroit in support of the ministries which are part of the Office of the Metropolitan.

Thanking you for your kind and generous response,
I remain, with paternal blessings and prayers,

+NICHOLAS
Metropolitan of Detroit

MORE INFO AT:
WWW.DETROIT.GOARCH.ORG/FRIENDS

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<table>
<thead>
<tr>
<th>General Support</th>
<th>Clergy/Parish Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fully fund the general expenses of the Metropolis office, including programs and travels.</td>
<td>Develop and provide instructional seminars and services for clergy and parishes.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outreach/Missions</th>
<th>Youth Ministries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create opportunities to introduce our faith to society. Participate in inter-Christian and interfaith activities. Provide quick responses to national and international disasters.</td>
<td>Support the youth &amp; young adult ministries, including our summer camps, as well as the activities of a full-time Metropolis Director of Youth and Young Adult Ministries.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Education</th>
<th>Leadership</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enhance various scholarship opportunities, adult education programs, and support Metropolis students at Hellenic College/Holy Cross.</td>
<td>Organize Clergy-Laity Conferences, Oratorical Festivals, Youth Worker and Religious Education Training, and Adult Education Seminars.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hellenism</th>
<th>Special Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develop programs for Hellenic Cultural Outreach, including language, history, and arts.</td>
<td>Continued website development, hospitality to visiting dignitaries, charity and philanthropy.</td>
</tr>
</tbody>
</table>

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**Make checks payable to Greek Orthodox Metropolis of Detroit. Fill out this card and send it with payment to Greek Orthodox Metropolis of Detroit 2560 Crooks Road Troy, MI 48084**
Session 16 ~ "Bringing the Jesus Prayer to the Parish"

7:00 PM ET / 6:00 PM CT

Wednesday, August 2, 2023

Join us in 2023 to continue learning what

Orthodox Christianity

presents

Metropolis of Detroit

Greek Orthodox

Webinar Series

Transformative Christianity
ST. DEMETRIOS
GREEK ORTHODOX CHURCH

PRIEST'S DISCRETIONARY FUND

The Priest's Discretionary Fund at St. Demetrios is our rapid-response tool for responding to cases of urgent need. At the discretion of the priest, we help people who need help with rent, utility bills, groceries, medical bills, fuel, car repairs, etc. The funds are distributed by the treasurer at the direction of the priest (all personal information is kept confidential, of course). The Fund is maintained by private donations, primarily from members and organizations of our parish. For safety reasons, funds are only disbursed directly to utilities / vendors, and we do not ever give out cash. All disbursements are documented and reviewed by the treasurer.

In the last eight years alone, we have distributed more than $63,000 in response to some 274 requests for help. There is always more need than we can respond to, so please help us maintain this vital ministry by supporting the Discretionary Fund today! You can donate at the Church or online through our website - stdemetriosmi.org.
SAINT PANTELEIMON GREEK ORTHODOX CHURCH
FESTIVAL AND FEAST DAY

SUNDAY, JULY 23, 2023
9:30am Orthros
10:30am Divine Liturgy
Festival Following Divine Liturgy

THURSDAY, JULY 27, 2023
Feast of St. Panteleimon
9:30am Orthros
10:30am Divine Liturgy
Refreshments available

FESTIVAL INFORMATION
SUNDAY after Divine Liturgy
FREE PARKING AND PICNIC AREA
LAMBS ON THE SOUVLA
SALAD, RICE, AND SOUVLAKIA
PASTRIES AND BEVERAGES
GREEK MUSIC AND DANCING

SAINT PANTELEIMON CHAPEL
7143 Cedar Road - Lexington, Michigan
Please fill out this form and send orders to the Church address. You can also email orders to the Church email address. St. Demetrios is for everyone. GREEK ORTHODOX CHURCH. ST. DEMETRIOS.

<table>
<thead>
<tr>
<th>Design</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$30.00</td>
</tr>
<tr>
<td>2</td>
<td>$30.00</td>
</tr>
<tr>
<td>1 Long Sleeves</td>
<td>$20.00</td>
</tr>
<tr>
<td>2 Long Sleeves</td>
<td>$20.00</td>
</tr>
<tr>
<td>1 T-Shirt</td>
<td>$15.00</td>
</tr>
<tr>
<td>2 T-Shirts</td>
<td>$15.00</td>
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</table>

Apparel Options

<table>
<thead>
<tr>
<th>Size</th>
<th>Adult</th>
<th>Youth</th>
</tr>
</thead>
<tbody>
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<td></td>
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<td>XL</td>
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<td>2X</td>
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</tbody>
</table>

Phone #

Email:

Made by: Sport-Tek.com

TOTAL

Name:

Address: Stedmerti@gmail.com
Welcome to All Visitors: For those visiting today, we are excited to welcome you to St. Demetrios Church. Everyone is welcome at our services, though only those who are baptized and chrismated Orthodox Christians may receive the Holy Mysteries. We hope you will stay not only for the service, but afterwards for coffee hour, so we can greet you and get to know you. If anyone has any questions about the Orthodox Faith or joining St. Demetrios, please feel free to speak with Fr. Timothy after the service.

Coffee Hour & Prosphora: Thank you to everyone who has signed up to sponsor coffee hour and bring prosphora! We are moving to a volunteer-based system for both of these - you can sign up at the pangari or online (see links in the live-stream).

Discretionary Fund: Thank you to everyone who has contributed to the Discretionary Fund - it is our parish's tool for responding to cases of immediate need in the parish and in the wider community. The Fund is getting quite low - there is currently only about $500 in the fund, or enough to cover a utility bill for two families. If you would like to participate in this important ministry, you can donate by cash or check to the church (just mark it "Discretionary Fund") or you can give online through the portal on the website. If you have any questions about the Fund, please speak to Fr. Timothy or a parish council member.

Today's Greeters
Kim Gownlock & Meg Rodriguez

Prosphora
07/23: Nancy Derleth
07/30: *OPEN*
08/06: *OPEN*
08/13: Bambi Howard

Coffee Hour
Today: Constantinou Family
07/30: Sophia Bernhart
08/06: Howard Family
08/13: *OPEN*
## Dormition Fast Service Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, August 1(^{st})</td>
<td>Small Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Wednesday, August 2(^{nd})</td>
<td>Great Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Thursday, August 3(^{rd})</td>
<td>Small Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Friday, August 4(^{th})</td>
<td>Great Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Sunday, August 6(^{th})</td>
<td><strong>Holy Transfiguration</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Orthros</td>
<td>8:30 am</td>
</tr>
<tr>
<td></td>
<td>Divine Liturgy</td>
<td>10:00 am</td>
</tr>
<tr>
<td>Monday, August 7(^{th})</td>
<td>Small Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Tuesday, August 8(^{th})</td>
<td>Great Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Wednesday, August 9(^{th})</td>
<td>Small Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Thursday, August 10(^{th})</td>
<td>Great Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Friday, August 11(^{th})</td>
<td>Small Paraklesis</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Sunday, August 13(^{th})</td>
<td>Orthros</td>
<td>8:30 am</td>
</tr>
<tr>
<td></td>
<td>Divine Liturgy</td>
<td>10:00 am</td>
</tr>
<tr>
<td>Monday, August 14(^{th})</td>
<td><strong>Festal Vespers @ Assumption</strong></td>
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<tr>
<td></td>
<td>in Grand Blanc</td>
<td>6:00 pm</td>
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<tr>
<td>Tuesday, August 15(^{th})</td>
<td><strong>Dormition of the Theotokos</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Orthros</td>
<td>9:00 am</td>
</tr>
<tr>
<td></td>
<td>Divine Liturgy</td>
<td>10:00 am</td>
</tr>
</tbody>
</table>

Throughout Dormition, we pray for the living by name during all the Paraklesis services. You can submit names for commemoration using the online form, or by phone, email or by regular mail throughout the Fast.