James Demetrious, DC, DABCO

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Wilmington, NC 28409
910.612.4768
dr.demetrious@gmail.com

CURRICULUM VITAE

James Demetrious, DC, DABCO

Diplomate, American Board of Chiropractic Orthopedists

EDUCATION

- B.S. (Biology) – Excelsior College
- D.C. (Doctor of Chiropractic) – Northeast College of Health Sciences (formerly New York Chiropractic College) -1986
- Chiropractic Orthopedics – National University of Health Sciences (formerly National College of Chiropractic

BOARD CERTIFICATION/FELLOWSHIPS

- Diplomate, International Academy of Neuromusculoskeletal Medicine (formerly the American Board of Chiropractic Orthopedists)

HONORS

- Academy of Chiropractic Orthopedists Distinguished Fellow Award – 2009 – "This doctor has exemplified the meaning of dedication to the Academy of Chiropractic Orthopedists and the orthopedic specialty of the chiropractic profession with extraordinarily meritorious accomplishment and dedication in the pursuit of excellence including many notable exceptional and outstanding distinguished acts and obvious extraordinary achievements."
- American College of Chiropractic Orthopedists – 2009 – ACCO Distinguished Service Award
- Academy of Chiropractic Orthopedists Outstanding Achievement Award - 2008 - For exceptional performance of service and achievement to the Academy of Chiropractic Orthopedists and orthopedic specialty of the chiropractic profession.
- Academy of Chiropractic Orthopedists Distinguished Service Award -2007

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- Anatomy Teaching Fellowship Recipient – New York Chiropractic College
- Academic Honors – NYCC
- Phi Chi Omega Honor Society having achieved >3.5 GPA over three consecutive semesters

FACULTY / ACADEMIC / EDITORIAL / PROFESSIONAL ACCOMPLISHMENTS

- 2025 – Contributing Editor - IANM Pillars of Practice for Nonsurgical Neuromusculoskeletal Medicine Specialist©; 8th Edition.
- 2021 - Founded **PostGradDC – CEO** – Post-Graduate Chiropractic Education
- 2013-Present – National Mutual Chiropractic Insurance Company Speakers' Bureau
- Post-Graduate Instructor:
  - Post-Graduate Educator, New York Chiropractic College:
    - Lecturer/Online Coursework Author
- 2015- Present - Editorial Reviewer:
  - Spine
  - Annals of Internal Medicine
  - Clinical Anatomy
- Editorial Reviewer:
  - Member of the Peer Review Committee for the 2014 and 2015 Association of Chiropractic Colleges Educational Conference / Research Agenda Conference (ACC-RAC)
- Former Contributing Editor - MEDSUM Chiro/Medical Research Journal – University of Bridgeport Chiropractic School

AUTHORED PUBLICATIONS

- Demetrious J, Murphy DR, Graber DI, Farabaugh, R, Wilder, J, Symons B. **Comment on: Cervical artery dissection: initial asymptomatic phase or healing phase? A counter-hypothesis.** Medical Hypotheses 214 (2026) 112091.

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- Tuchin P, Wilder J, Farabaugh R, Demetrious J, Graber DI. **Cervical Artery Dissection – LTE.** Neurologist. 2026 Jul 1;31(4):193.
- Demetrious et al. **Recognition of vertebral artery dissection in a high-risk postpartum patient by a chiropractic physician.** Cureus. 2025; 17(8):e90389.
- Wilder J, Demetrious, J, Conway, P et al. **Commentary on Brown and Lehman's "informed consent, regarding risk of stroke from cervical spine manipulation.** Journal of Contemporary Chiropractic. 2025; 8(1)259-265.
- Demetrious J. **Integrative Care Confirms Fracture in Elderly Patient.** NCMIC Examiner. May 12, 2021.
- Demetrious J (Review and Revision Committee member). **IANM Pillars of Practice for Advanced Practice Nonsurgical Neuromusculoskeletal Medicine Specialists© Study Guide and Examination Content Blueprint.** 7th Edition. IANM, 2021.
- Demetrious J, Bocchino C. **Trauma and Spinal Fracture.** NCMIC Examiner. Winter, 2020.
- Demetrious J. **Spontaneous cervical artery dissection: a fluoroquinolone induced connective tissue disorder.** Chiropractic & Manual Therapies 2018, 26:22.
- Demetrious J. **Patient's Symptoms Worsen Due to Unknown Causes.** NCMIC Examiner. Winter, 2018.
- Demetrious J. **Myofascial Care and Sexual Boundaries-A Case Study.** NCMIC Examiner. Spring, 2018.
- Demetrious J. **Metastasis of a Poorly Differentiated Sarcoma that Presented As Meralgia Paresthetica.** NCMIC Examiner. Winter, 2017.
- Demetrious J. **Lower back pain due to kidney carcinoid metastasis: A case study.** NCMIC Examiner. Fall, 2013.
- Demetrious J. **First rib fracture and Horner's syndrome due to a motor vehicle collision: a case report.** Chiropractic & Manual Therapies 2013, **21**:22.
- Demetrious J. **Comminuted Calcaneus Fracture: Selected Images for Review.** JACO. 2011; 8(3):4-6.

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- Demetrious J. **Editorial Article Review: Perceived benefit of complementary and alternative medicine (CAM) for back pain: A national survey.** JACO. 2010;7(2):8.
- Demetrious J. **Editorial Article Review: Prevention of nonvertebral fractures with oral vitamin D and dose dependency: A meta-analysis of randomized controlled trials.** JACO. 2009;6(2):19-20.
- Demetrious J. **Editorial Article Review: Mortality after lumbar fusion surgery.** JACO. 2009;6(2):21-22.
- Demetrious J. **An Imaging Chronology of Degeneration Following Anterior Cervical Interbody Fusion.** Journal of the American College of Chiropractic Orthopedists. Volume 30, Number 1 – April, 2009.
- Demetrious J. **Annular tear of a cervical intervertebral disc treated with spinal manipulation and intermittent axial traction: a case report.** Academy of Chiropractic Orthopedists – eJournal - Volume 6, Issue 1 – March, 2009.
- Demetrious J. **MRI Evidence of Multi-factorial Issues of Lumbar Degeneration – A Chiropractic Orthopedic Self Test.** Academy of Chiropractic Orthopedists – eJournal Volume 5, Issue 4 – December, 2008.
- Demetrious J. **Case History – Reprint – Lung cancer metastasis to the scapula and spine: a case report.** Academy of Chiropractic Orthopedists – eJournal. Volume 5, Issue 3 – September, 2008.
- Demetrious J, Demetrious GJ. **Lung cancer metastasis to the scapula and spine: a case report.** Chiropractic and Osteopathy, 16:8. 2008.
- Demetrious J. **Clinical Pearls – Functional Lumbar Stenosis due to Posterior Lumbar Interbody Fusion.** Academy of Chiropractic Orthopedists – eJournal - Volume 5, Issue 2 – June, 2008.
- Demetrious J. **Reader's Forum.** North Carolina Medical Journal , 69 (2): 175. March/April, 2008.
- Demetrious J. **Post-traumatic upper cervical subluxation visualized on MRI: a case report.** Chiropractic and Osteopathy. 15:20, December, 2007.

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- Demetrious J. **Clinical Pearls - Upright Dynamic MRI and Chiropractic.** Academy of Chiropractic Orthopedists – eJournal - Volume 4, Issue 4 –December, 2007.
- Demetrious J. **Clinical Pearls – Posterior Lumbar Interbody Fusion Failure: A Brief Case Presentation. -** Academy of Chiropractic Orthopedists – eJournal - September, 2007.
- Demetrious J. **Clinical Pearls** - **Modic Type 1 Changes – Lumbar Spine.** Academy of Chiropractic Orthopedists – eJournal – June, 2007.
- Demetrious J. **Clinical Pearls - "Modic Type 2 Changes.** Academy of Chiropractic Orthopedists – eJournal - December, 2006.
- 2006, 2007, 2008, 2009 - North Carolina Chiropractic Association – Health Treks – Columnist - Clinical cases/images for the North Carolina Chiropractic Association
- Demetrious J. **Case Report – Coumadin Coagulopathy Hemorrhage that Mimicked Sciatic Pain.** – The Academy of Chiropractic Orthopedists – e-Journal – 2005.
- 1995 – Selected Contributor of the Advanced Diagnostics Section of the American Chiropractic Association Sports Diplomate Program
- Demetrious J. **Attitudes on Immunization: A Survey of American Chiropractors.** Journal of Manipulative and Physiologic Therapeutics. 19(4) –1996:280-281.
- Demetrious J. **Metastatic Renal Cell Carcinoma of the Sternum and Spine that Mimicked Costochondritis.** Journal of the Neuromusculoskeletal System. 1995.
- Demetrious J. **Testicular Seminoma Affecting the Cervico-Thoracic Spine.** Journal of Manipulative and Physiologic Therapeutics. 1992.
- Demetrious J. **What is the Primary Objective of Sub-Specialty Care?** American Chiropractic Association Journal. 1989.

MEMBERSHIPS

- American College of Chiropractic Orthopedists
- International Academy of Neuromusculoskeletal Medicine
- American Chiropractic Association

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COMMUNITY AND SOCIAL INTERESTS

- Former Board Member of Lower Cape Fear Hospice
- Wilmington Regional Autism Parental Support Group: Co-Founder

CLINICAL PRACTICE

- Retired – 2026
- Wilmington, N.C. – 28 years
- Chester, N.Y. – 12 years

STATE LICENSES HELD

- North Carolina (Active) – License #: 1976 - Retired
- New York (Inactive status, having moved to NC)