



# FOSTERING TRAINING COURSE CATALOGUE

## ***General Training***

- Starting your journey as a foster carer
- Caring for the whole child
- Caring for a child of a different ethnicity
- Allegations
- Foster carers records
- Keeping data safe
- Family time (contact)
- Preparing for independence
- Attachments
- Helping children cope with trauma
- Life story work
- Disclosures
- Staying put
- Preparing for a new placement
- Reflective practice
- Compassion fatigue
- The UK court system
- Introduction to remand fostering
- Introduction to parent & child fostering
- Children's rights
- Men in fostering
- Language of care
- Understanding tax in fostering

## ***Parenting-skills***

- Communicating with children
- Coping with challenging behaviour and NVR
- Managing a child's anger
- Lying and stealing
- Positive parenting
- Sleep issues
- Caring for siblings
- Raising teenagers in care
- Promoting education
- Stress management and developing emotional resilience
- Therapeutic parenting with PACE
- Secure base model
- Therapeutic play
- Teaching foster children to be environmentally conscious
- Supporting a grieving child
- Child development
- Transitions



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## **Reducing Risks**

- Safeguarding and safer care
- Advanced safeguarding
- Adult safeguarding
- Safer infant sleep
- Health and safety in the fostering home
- Recognising and responding to abuse
- Domestic abuse
- Bullying – how to prevent it
- Missing from care
- Child sexual exploitation (CSE)
- Child sexual abuse
- Female genital mutilation
- Honour-based violence and forced marriage
- Extremism, radicalisation and terrorism
- Online safety
- Gambling awareness
- Gang awareness
- County lines
- Knife crime awareness
- Drug awareness
- Cannabis and children in care
- Alcohol and children in care
- Pets in the fostering home
- Moving and handling

## **Health and Medical**

- First aid
- Communicable diseases
- Allergies
- Administering medicine to children in care
- Taking care of a child with asthma
- Introduction to Foetal Alcohol Spectrum Disorders (FASDs)
- Caring for a child with diabetes
- Febrile seizures
- Promoting sexual health (*this course is in 2 parts*)
- Caring for a child with physical impairments
- Caring for a child with a learning disability
- Caring for a child with Down's syndrome
- Autism spectrum disorder
- Caring for a child with dyslexia
- Youth mental health awareness
- Self-harm awareness
- ADHD
- Eating disorders
- Depression in children



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## ***Health and Medical - cont.***

- Children with anxiety
- Caring for a child with Obsessive Compulsive Disorder (OCD)
- Phobias in children
- Children with bipolar disorder
- Caring for a child with Oppositional Defiant Disorder (ODD)
- Caring for children with harmful sexualised behaviour
- Introduction to Cognitive Behavioural Therapy (CBT)
- Play therapy
- Food safety
- Food and its importance in fostering
- Physical activity for children in care
- Bedwetting, incontinence, and other toilet issues

## ***For children***

- Being a fostering family (birth children under 10)
- Being a fostering family (birth children over 10)

## ***Culture and Identity***

- Introduction to LGBTQ+ identity and issues
- Raising a LGBTQ+ foster child
- Caring for a trans child
- Diversity and equality
- How to talk to children about racism
- Caring for a child of Polish heritage
- Caring for a UASC
- Fostering a UASC from Afghanistan
- Fostering a UASC from Sudan and South Sudan
- Fostering a UASC from Albania
- Fostering a UASC from Iraq
- Fostering a UASC from Iran
- Fostering a UASC from Pakistan
- Fostering a UASC from Eritrea
- Caring for a child of a different faith: Christian
- Caring for a child of a different faith: Muslim
- Caring for a child of a different faith: Jewish
- Caring for a child of a different faith: Sikh

## ***Staff***

- Mental health awareness
- Effective supervision skills
- Being a panel member (England)
- GDPR for Staff

**See the course catalogue online:**

<https://croydon.fosteringtraining.com/catalog>