Raven’s Rune Chart

Where did I get this information? Not out of a book. I was taught runes by a “runemal” or rune-worker in Connecticut who learned it from another runemal from Iceland. So this is an oral tradition. Use it or not, as you wish.

1. FEHU (pronounced fay-hoo)
   Saxon name: FEOH (pronounced fay-oh)
   Alphabet sound: F
   Keyword: WEALTH, VALUES
   Pictograph: Horned cattle
   Deity: Freya
   Tree: Chestnut
   Stone: Aventurine
   Color: Grass-green
   Stroke Order: Fehu is drawn with the middle finger. All lines go bottom to top, starting with the vertical.
   Medical Affinity: Bones and teeth
   Magical Uses: Money spells!
   Meaning: The Rune of cattle, on its surface, symbolizes wealth and riches, but its deeper meaning speaks of what you value, and how much you value it. Where is your true wealth - in material objects and money, or elsewhere?

2. URUZ (pronounced oor-ooz)
   Saxon name: UR (pronounced oor)
   Alphabet sound: U as in flute
   Keyword: STRENGTH, PUSH
   Pictograph: The aurochs, the “wild ox” or European buffalo, long ago hunted to extinction
   Deity: Thor, Thrud, Gefjon, Vili
   Tree: White Oak
   Stone: Hematite
   Color: Dark grey
   Stroke Order: Uruz is drawn with the thumb, starting at the bottom of the higher vertical.
   Medical Affinity: Muscles.
   Magical Uses: Strength. Healing.
   Meaning: Strength. Be strong and push through! The irresistible force.

3. THURISAZ (pronounced thoor-ih-sahz)
   Saxon name: THORN
   Alphabet sound: Th
   Keyword: THORN, IRRITATION
   Pictograph: A thorn
   Deity: Thor or Loki, whichever you prefer; Hlin
   Tree: Hawthorn
   Stone: Bloodstone
**Color:** Blood-red

**Stroke Order:** Thorn is drawn with the little finger, and always behind you as you quickly move away, never in front of you. Draw the shaft from top to bottom, and the thorn from bottom to top.

**Medical Affinity:** Nervous system.

**Magical Uses:** Cursing. Casting chaos on an area so that you can escape and survive.

**Meaning:** Thorn in the foot. Nasty little obstacles that trip you up and bedevil you. Constant difficulties.

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4. **ANSUZ** (pronounced ahn-sooz)

**Saxon name:** AESC (pronounced ask)

**Alphabet sound:** A as in “hat”

**Keyword:** MESSAGE, COMMUNICATION

**Pictograph:** A bird flying through the air

**Deity:** Odin

**Tree:** Ash

**Stone:** Lapis Lazuli or Sodalite

**Color:** Sky Blue

**Stroke Order:** Ansuz is drawn with the index finger, and always above the head. Draw the vertical line up from the bottom, and the wings downward.

**Medical Affinity:** Lungs

**Magical Uses:** Guiding a letter or email to the right place. Making sure your words will be heard and understood. Getting better signal clarity.

**Meaning:** This is the rune of the Messenger, and it means that Someone is trying to tell you something, and you had better listen. Indicator Rune - draw another one!

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5. **RAIDO** (pronounced rah-ee-do)

**Saxon name:** RAD (pronounced rade)

**Alphabet sound:** R

**Keyword:** ROAD or PATH

**Pictograph:** Person walking

**Deity:** Hermod, Mordgud, Gna

**Tree:** Aspen

**Stone:** Any stone that looks like a map

**Color:** Dusty brown of the road.

**Stroke Order:** Raido is drawn with the thumb, with the vertical stroke upwards and the diagonal ones downwards.

**Medical Affinity:** Blood vessels.

**Magical Uses:** Travel charm. Vehicle charm. Getting unlost. Spell for finding one’s path.

**Meaning:** For mundane matters, travel and long journeys. For higher matters, being able to stay on one’s path.
6. KANO (pronounced cahn-o), KENAZ
Saxon name: KEN
Alphabet sound: K
Keyword: TRUTH
Pictographs: Blacksmith’s hammer and tongs
Deity: Loki, Logi, Wayland the Smith
Tree: Alder
Stone: Carnelian
Color: Orange-red
Stroke Order: Draw Ken with the middle finger, from the top down.
Medical Affinity: Hypothalamus, the body’s heating and cooling
Magical Purposes: Truth spell. Starting fires, stoves, candles, etc. Casting the element of Fire in a ritual.
Meaning: Truth. This is the Rune of Fire, which burns away all falsehoods. Say its Saxon name over and over - ken, ken, ken - and you hear the sound of the blacksmith’s hammer hitting the hot steel again and again. Truth forges us anew even as it burns us. Kenaz also functions as a “yes” for yes/no questions - as in, “True!”

7. GEBU (pronounced gay-boo)
Saxon name: GYFU (pronounced gif-oo)
Alphabet sound: G
Keyword: GIFT
Pictograph: Crossroads
Deity: Iduna, Freya, Lofn, Sjofn, Nanna
Tree: Apple
Stone: Rose Quartz
Color: Light pink
Stroke Order: Gyfu is best drawn with the index and middle finger together. It doesn’t matter which side you start on, but draw each line top to bottom.
Medical Affinity: Heart
Meaning: This is the rune Gebu or Gyfu, which means Gift. Its meaning is partnership, and hospitality, and gifts that come with obligations. Its symbol is the crossroads, representing the paths of two people crossing.

8. WUNJO (pronounced woon-jo)
Saxon name: WYN (pronounced win)
Alphabet sound: W or V
Keyword: JOY, LIGHT
Pictographs: A torch
Deity: Baldur, Hoder, Mani, the Alfar
Tree: Linden
Stone: Rutilated quartz or citrine
Color: Light yellow
Stroke Order: Wunjo is drawn with the index finger, the vertical stroke up, the diagonals down.
Medical Affinity: Eyes, Pineal Gland
Magical Uses: Sustaining lights, electric wiring, batteries. Anti-depressant.

9. HAGALAZ (pronounced hog-a-lahz)
Saxon name: HAEGGL (pronounced hay-gle)
Alphabet sound: H
Keyword: HAIL
Pictograph: Falling hail
Deity: Fenris, Thor, Kari
Tree: Blackthorn or Hawthorn
Stone: Tourmalinated quartz or snowflake obsidian
Color: Light grey
Stroke Order: Hagalaz is drawn with the index finger. All strokes point downwards, starting with the verticals.
Medical Affinity: Brain chemistry, the “weather in the brain”.
Magical Uses: Curses. Weather magic.
Meaning: The Rune of Hail means chaos, a hail of troubles, misfortune coming from nowhere that you did not deserve, but which hit you at random. Don’t bother trying to figure out why it happened - it happened because it was going to happen to someone, and you were there.

10. NAUTHIZ (pronounced now-theez)
Saxon name: NYTH (pronounced neeth)
Alphabet sound: N
Keyword: NEED or NOT
Pictographs: Firebow for making fire
Deity: Nidhogg, Sigyn, Narvi, Vali, Snotra, Vár
Tree: Fir
Stone: Obsidian, which created the earliest tools
Color: Dark grey
Stroke Order: Nauthiz is drawn with the index finger. Draw both lines from the top down, the vertical one first.
Medical Affinity: Stomach.
Meaning: That which you need, even if you hate it. The annoying things that must be done, the daily chores, the necessary commitments. Duty. Obligation. Responsibility. Can also be “This needs to stop!”

11. ISA (pronounced ee-sa)
Saxon name: IS (pronounced ice)
Alphabet sound: I as in ice
Keyword: FREEZE, BLOCKAGE
Pictograph: Icicle
Deity: Skadi, Holda
Tree: Spruce
Stone: Clear quartz
Color: Clear or white
Stroke Order: Isa is drawn with the thumb, from top to bottom.
Medical Affinity: Joints
Magical Uses: Making anything “stay” where it is without moving.
Meaning: The Rune of Ice means that things are frozen in place, and nothing that you can do will move them. Everything has come to a standstill. Be patient and wait for the thaw.

12. JERA (pronounced Jair-ah)
Saxon name: JER (pronounced Jair)
Alphabet sound: J
Keyword: HARVEST
Pictograph: Grains of scattered wheat
Deity: Jord, Nerthus
Tree: Walnut
Stone: Any “earthy-looking” stone, such as agate
Color: Golden of wheat, and Freya’s hair
Stroke Order: Jera is drawn with the thumb from the top down, as two Vs, or if you want to make the later version, do the vertical stroke from the bottom up and then add in the diamond starting at its top point.
Medical Affinity: Liver
Meaning: The Rune of Harvest symbolizes the reward after the hard work - the harvest after planting, but you must work for every bit.

13. EIHWAZ (pronounced ay-wahz)
Saxon name: EOH (pronounced ay-oh)
Alphabet sound: A as in “hay”
Keyword: DEFENSE (stand up or stand down)
Pictograph: A quarterstaff, being swung in a circle
Deity: Heimdall, Ullr, Syn, Eir
Tree: Yew
Stone: Petrified wood, stone that resembles wood
Color: Black or Dark Green
Stroke Order: Eihwaz is drawn with the index and middle fingers together.
Medical Affinity: Skin, the first defense.
Magical Uses: Defense of self, others, or a space.
Stroke Order: Eihwaz is drawn with the index and middle fingers together, bottom to top.
Meaning: Defending yourself and your loved ones. Defensiveness.

14. PERTH (pronounced pairth)
Saxon name: PEORTH (pronounced pee-orth)
Alphabet sound: P
Keyword: MYSTERY or CHANCE
Pictograph: Either (or both) the mouth of a cave, or a dice cup.
Deities: The Nornir (Urd, Verdandi, Skuld), Holda, Vor, Mimir
Tree: Elder
Stone: Black Onyx
Color: Black
Stroke Order: Perth is drawn with the index and middle fingers together, starting at the top open corner.
Medical Affinity: Brain synapses.
Meaning: That which is hidden and mysterious. Risk! Taking a chance on the unknown. Taking a gamble on one’s intuition. Fate, this is up to the Fates.

15. ALGIZ (pronounced al-geeze)
Saxon name: EOHLX (pronounced ee-olks)
Alphabet sound: Z or X
Keyword: CHALLENGE
Pictograph: Either (or both) an elk’s head, and/or a hand held up in a “stop” position
Deity: Ullr, Vár, the ancient Hunter by any name
Tree: Pine
Stone: Tiger eye
Color: purple-red
Stroke Order: Algiz is drawn with the index finger. Draw the line bottom to top, and then draw in the V from left to right.
Medical Affinity: Head, face, skull.
Magical Uses: Protection.
Meaning: The upraised hand. A challenge awaits, and you must take it.

16. SOWELU (pronounced so-well-loo)
Saxon name: SIGIL (pronounced sij-ill)
Alphabet sound: S
Keyword: VICTORY
Pictograph: Lightning bolt and/or sun’s rays
Deity: Thor, Sif, Sunna
Tree: Any Oak
Stone: Amber
Color: Bright yellow
Stroke Order: Sowelu is drawn with the index finger from top to bottom.
Medical Affinity: Adrenals.
Magical Uses: Victory charm. Good for any competitions.
Meaning: Victory.

17. TEIWAZ (pronounced tay-wahz)
Saxon name: TYR (pronounced teer)
Alphabet sound: T
Keyword: COURAGE, HONOR
Pictographs: Spear and/or arrow
Deity: Tyr, Vidar, Váli
Tree: Holly
Stone: Red jasper
Color: Crimson
Stroke Order: Tyr is drawn with the index finger. Draw the shaft from the bottom up, then the point in a V from left to right.
Medical Affinity: Immune system.
Magical Uses: Courage charm. Magical weapon for honorable attacks, which are rare.
Meaning: Have courage and fight like a warrior - or be honorable.

18. BERKANA (pronounced ber-cahn-ah)
Saxon name: BEORC (pronounced bee-ork)
Alphabet sound: B
Keyword: GROWTH, NURTURING
Pictograph: The breasts of the Mother Goddess
Deity: Frigga, Jord, Laufey
Tree: Birch (Berkana/Beorc actually means Birch)
Stone: Moonstone
Color: White
Stroke Order: Berkana is drawn with the little finger in the same way as Raido.
Medical Affinity: Breasts, uterus.

19. EHWAZ (pronounced eh-wahz)
Saxon name: EH
Alphabet sound: E as in “bed”
Keyword: MOVEMENT or MOVE
Pictograph: Horse
Deity: Nott, Hermod
Tree: Beech
Stone: A stone the color of a horse
Color: Light grey
Stroke Order: Ehwaz is drawn with the index and middle fingers together, from bottom left to bottom right.
Medical Affinity: Arms and legs.
Magical Uses: Vehicle charm. Spell to make progress on a project. Guard and marker for those who practice deity-possession.
Meaning: The Rune of the Horse. Its shape is a horse plodding along, and its meaning is movement and progress. Even though a horse can run fast, it can’t run fast all the time, and it can’t fly. It has to walk every mile of the road between here and there. This rune says that you will get there, but only by slow and steady progress.
20. MANNAZ (pronounced mahn-ahz)
Saxon name: MANN (pronounced mahn)
Alphabet sound: M
Keyword: COMMUNITY
Pictograph: A man and woman holding crossed hands, as in a handfasting
Deities: Ask and Embla, Forseti
Tree: Elm
Stone: A stone the color of flesh
Color: Flesh-colored
Stroke Order: Mannaz is drawn with the middle finger. Draw the left vertical line from bottom to top, then cross over with the diagonal. Repeat the process with the right side.
Medical Affinity: Ovaries and testes.

21. LAGUZ (pronounced lahg-ooz)
Saxon name: LAGU (pronounced lahg-oo)
Alphabet sound: L
Keyword: FLOW
Pictograph: Waterfall
Deity: Njord, Aegir, Ran, the Nine Sisters
Tree: Willow
Stone: Any blue or blue-green stone
Color: Blue
Stroke Order: Laguz is drawn with the index finger, up on the short stroke, then down on the long one like a waterfall.
Medical Affinity: Kidneys and bladder.
Magical Uses: Healing anything to do with blocked flow. Keeping pipes clear. Purifying or sanctifying water. Calling the element of water in a ritual.

22. INGUZ (pronounced Ing-gooz)
Saxon name: ING
Alphabet sound: Ng
Keyword: SACRIFICE
Pictograph: Bound wheat sheaf
Deity: Ingvi Frey
Tree: Cherry
Stone: Amethyst
Color: Gold
Stroke Order: Inguz is drawn with the index and middle fingers
together. Draw from the bottom to the top as two sideways Vs, starting at the bottom left.  
**Medical Affinity:** Penis, clitoris, vulva  
**Magical Uses:** Marking out something for sacrifice to the Gods.  
**Meaning:** Ing is the Corn God, John Barleycorn, the one who is sacrificed in the fields so that we may live. His rune’s meaning is that of a sacrifice for the greater good, either for your life or for the lives of others.

23. **DAGAZ** (pronounced dahg-ahz)  
**Saxon name:** DAEG (pronounced dahg)  
**Alphabet sound:** D  
**Keyword:** BREAKTHROUGH or DAWN  
**Pictograph:** Sun dawning over mountain  
**Deity:** Daeg, Ve  
**Tree:** Rowan  
**Stone:** Any yellow or orange stone  
**Color:** Bright orange  
**Stroke Order:** Dagaz is drawn with the index and middle fingers together, starting at the bottom left and going any direction.  
**Medical Affinity:** Cognitive functions of the brain.  
**Magical Uses:** Staying awake!  
**Meaning:** The rune Dagaz symbolizes the dawn on the Summer Solstice, the longest day, and as such it means the light of dawn rising from the long night, the triumph of good, and the breakthrough after a long period of unhappiness.

24. **OTHILA** (pronounced o-thee-la) or alternately Othala  
**Saxon name:** OETHEL (pronounced oy-thel)  
**Alphabet sound:** O as in con  
**Keyword:** FAMILY or HERITAGE  
**Pictographs:** Man holding shield  
**Deity:** Fulla, the Ancestors  
**Tree:** Maple  
**Stone:** Striped stone, any sort  
**Color:** Terra-cotta, clay color  
**Stroke Order:** Othila is drawn with the little finger, starting at the lower left “leg”.  
**Medical Affinity:** Blood, blood diseases, genetics.  
**Magical Uses:** Happy home charms. Contacting the ancestors.  
**Meaning:** Home and family. Inheritance - genetic, cultural, emotional patterns.

25. **EAR** (pronounced eer, or sometimes ee-ahh)  
**Alphabet sound:** E as in reed  
**Keyword:** DEATH, LETTING GO  
**Pictograph:** A singletree, the pole-and-yoke that farmers hang carcasses on to be butchered
Deity: Hela
Tree: Sycamore or Plane Tree
Stone: Any earth-colored stone
Color: Dark green
Stroke Order: Ear is drawn with the index finger. Draw the vertical up and the horizontal V's from right to left.
Medical Affinity: Colon.
Magical Uses: Letting go. Compost heap charm. Contacting the Dead.

26. AC (pronounced Ahk)
alphabet sound: A as in father
Keyword: ENDURANCE
Pictograph: Person carrying an oak stave
Deity: Angrboda
Tree: Red Oak, with pointed leaves
Stone: Mountain-shaped stone
Color: Dark brown
Stroke Order: Ac is drawn with the index finger, in the same way as an Os.
Medical Affinity: Spine
Meaning: That which endures many blows and still emerges victorious. Strong as an oaken staff. The immovable object.

27. IOR (pronounced yor)
Alphabet sound: Y as in yes
Keyword: BOUNDARIES, LIMINAL SPACE
Pictograph: Serpent swimming through waves
Deity: Jormundgard, the Midgard Serpent who surrounds all things
Tree: Willow or Honey Locust
Stone: Malachite
Color: Sea-green
Stroke Order: Ior is drawn with the index and middle fingers together. Draw up with the vertical stroke, then make the X with downward strokes.
Medical Affinity: Small intestines.
Magical Uses: Setting boundaries with people. Guarding a place. Working with serpentine sexual energy. Safety while swimming.
Meaning: Setting and/or acknowledging boundaries. Liminal space.

28. OS (pronounced ohss)
Alphabet sound: O as in cold
Keyword: SPEAK
Pictograph: A man gesturing with his arms
Deity: Usually Bragi, the skald (bard) of Asgard, but sometimes Odin or Loki
Tree: Hazel
Stone: Hawkseye, lapis, or any blue stone
Color: Dark blue
Stroke Order: Os is drawn with the little finger. Draw the main stroke bottom to top, then the upper V outwards left to right, then the lower V inwards right to left.
Medical Affinity: Ear, nose throat, mouth, thyroid.
Magical Uses: Eloquence charm. Performance charm.

29. YR (pronounced year)
Alphabet sound: Y as in funny
Keyword: FOCUS
Pictograph: Bow and arrow
Deity: Aurvandil, Ullr, Skadi, or the Duergar
Tree: Maple
Stone: Any stone that calls.
Color: Sky blue
Stroke Order: Yr is drawn with the thumb, like an Uruz, with the central stroke downwards and then the cross-stroke, if you use it.
Medical Affinity: Reflexes
Meaning: The Rune of the Archer suggests focus, staring down the arrow while aiming at the one thing that you want.

30. CWEORTH (pronounced quee-orth or queerth)
Alphabet sound: Q
Keyword: PURIFICATION
Pictograph: Fire-twirl with smoke coming out
Deity: Surt, the guardian of Muspellheim, the Fire World
Tree: Alder
Stone: Any dark red stone, I use bullseye
Color: Dark Red
Meaning: This is the Rune of the Funeral Pyre, and it means transformation and purification through a particularly difficult ordeal of destruction.

31. CHALC (pronounced calc or chalc)
Alphabet sound: Ch
Keyword: QUEST
Pictograph: Chalice  
Deity: Gerda, Saga  
Tree: Rose  
Stone: Calcite  
Color: Ivory  
Stroke Order: Chalc is drawn with the index and middle finger together. Draw the cup first, then the center stroke from top to bottom.  
Medical Affinity: Pancreas  
Magical Uses: Making things and people look more valuable than they are. Helping on a quest.  
Meaning: This is the Rune of the Chalice, and it is the Holy Grail, not in the Christian sense, but in the much-older sense of the quest for the sacred.

32. STAN (pronounced shtan)  
Alphabet sound: Sh  
Keyword: KEYSTONE  
Pictograph: A stone  
Deity: Nerthus, the Earth Mother  
Tree: Pine  
Stone: Any stone  
Color: Tan  
Stroke Order: Stan is drawn with the thumb, starting at the lower right corner.  
Medical Affinity: Gallbladder.  
Magical Uses: Working with standing stones.  
Meaning: The heart of the issue, the most important, unavoidable thing. Stan symbolizes the keystone in the center of the arch, the foundation stone under the building, the bedrock beneath our feet. It is the center of the problem, which must be dealt with.

33. GAR  
No alphabetical sound  
Keyword: NOT FOR YOU TO KNOW  
Pictograph: The World Tree, in the center of the worlds, or perhaps Odin’s spear rushing at you  
Deity: Odin  
Tree: Ash  
Stone: Any stone  
Color: Any color  
Stroke Order: Gar is drawn with the index finger. Draw the diamond starting from the bottom and going deosil, and then make the X from the top down, left side and then right.  
Medical Affinity: Energy body.  
Magical Uses: Only Odin’s people can work with it, and He will guide them in this.  
Meaning: The Gods Have Spoken! This rune is outside the ordinary alphabet, and has no
value except as a “mystery” rune, often used as a blank rune these days. “Gar” means Spear, and refers to Odin’s spear, which he crafted from the World Tree, and so this rune is a “kenning”, or riddle, for the World Tree itself. This means that the Gods have decided that all this is not for you to know at this time; you’ll have to figure it out by yourself.