

Raven's Rune Chart

Where did I get this information? Not out of a book. I was taught runes by a “runemal” or rune-worker in Connecticut who learned it from another runemal from Iceland. So this is an oral tradition. Use it or not, as you wish.

1. FEHU (pronounced fay-hoo)

Saxon name: FEOH (pronounced fay-oh)

Alphabet sound: F

Keyword: WEALTH, VALUES

Pictograph: Horned cattle

Deity: Freya

Tree: Chestnut

Stone: Aventurine

Color: Grass-green

Stroke Order: Fehu is drawn with the middle finger. All lines go bottom to top, starting with the vertical.

Medical Affinity: Bones and teeth

Magical Uses: Money spells!

Meaning: The Rune of cattle, on its surface, symbolizes wealth and riches, but its deeper meaning speaks of what you value, and how much you value it. Where is your true wealth - in material objects and money, or elsewhere?



2. URUZ (pronounced oor-ooz)

Saxon name: UR (pronounced oor)

Alphabet sound: U as in flute

Keyword: STRENGTH, PUSH

Pictograph: The aurochs, the “wild ox” or European buffalo, long ago hunted to extinction

Deity: Thor, Thrud, Gefjon, Vili

Tree: White Oak

Stone: Hematite

Color: Dark grey

Stroke Order: Uruz is drawn with the thumb, starting at the bottom of the higher vertical.

Medical Affinity: Muscles.

Magical Uses: Strength. Healing.

Meaning: Strength. Be strong and push through! The irresistible force.



3. THURISAZ (pronounced thoor-ih-sahz)

Saxon name: THORN

Alphabet sound: Th

Keyword: THORN, IRRITATION

Pictograph: A thorn

Deity: Thor or Loki, whichever you prefer; Hlin

Tree: Hawthorn

Stone: Bloodstone



Color: Blood-red

Stroke Order: Thorn is drawn with the little finger, and always behind you as you quickly move away, never in front of you. Draw the shaft from top to bottom, and the thorn from bottom to top.

Medical Affinity: Nervous system.

Magical Uses: Cursing. Casting chaos on an area so that you can escape and survive.

Meaning: Thorn in the foot. Nasty little obstacles that trip you up and bedevil you. Constant difficulties.

4. ANSUZ (pronounced ahn-sooz)

Saxon name: AESC (pronounced ask)

Alphabet sound: A as in “hat”

Keyword: MESSAGE, COMMUNICATION

Pictograph: A bird flying through the air

Deity: Odin

Tree: Ash

Stone: Lapis Lazuli or Sodalite

Color: Sky Blue

Stroke Order: Ansuz is drawn with the index finger, and always above the head. Draw the vertical line up from the bottom, and the wings downward.

Medical Affinity: Lungs

Magical Uses: Guiding a letter or email to the right place. Making sure your words will be heard and understood. Getting better signal clarity.

Meaning: This is the rune of the Messenger, and it means that Someone is trying to tell you something, and you had better listen. Indicator Rune - draw another one!



5. RAIDO (pronounced rah-ee-do)

Saxon name: RAD (pronounced rade)

Alphabet sound: R

Keyword: ROAD or PATH

Pictograph: Person walking

Deity: Hermod, Mordgud, Gna

Tree: Aspen

Stone: Any stone that looks like a map

Color: Dusty brown of the road.

Stroke Order: Raido is drawn with the thumb, with the vertical stroke upwards and the diagonal ones downwards.

Medical Affinity: Blood vessels.

Magical Uses: Travel charm. Vehicle charm. Getting unlost. Spell for finding one's path.

Meaning: For mundane matters, travel and long journeys. For higher matters, being able to stay on one's path.



6. KANO (pronounced cahn-o), KENAZ

Saxon name: KEN

Alphabet sound: K

Keyword: TRUTH

Pictographs: Blacksmith's hammer and tongs

Deity: Loki, Logi, Wayland the Smith

Tree: Alder

Stone: Carnelian

Color: Orange-red

Stroke Order: Draw Ken with the middle finger, from the top down.

Medical Affinity: Hypothalamus, the body's heating and cooling

Magical Purposes: Truth spell. Starting fires, stoves, candles, etc. Casting the element of Fire in a ritual.

Meaning: Truth. This is the Rune of Fire, which burns away all falsehoods. Say its Saxon name over and over - ken, ken, ken - and you hear the sound of the blacksmith's hammer hitting the hot steel again and again. Truth forges us anew even as it burns us. Kenaz also functions as a "yes" for yes/no questions - as in, "True!"



7. GEBU (pronounced gay-boo)

Saxon name: GYFU (pronounced gif-oo)

Alphabet sound: G

Keyword: GIFT

Pictograph: Crossroads

Deity: Iduna, Freya, Lofn, Sjöfn, Nanna

Tree: Apple

Stone: Rose Quartz

Color: Light pink

Stroke Order: Gyfu is best drawn with the index and middle finger together. It doesn't matter which side you start on, but draw each line top to bottom.

Medical Affinity: Heart

Magical Uses: Love charm. Generosity charm.

Meaning: This is the rune Gebu or Gyfu, which means Gift. Its meaning is partnership, and hospitality, and gifts that come with obligations. Its symbol is the crossroads, representing the paths of two people crossing.



8. WUNJO (pronounced woon-jo)

Saxon name: WYN (pronounced win)

Alphabet sound: W or V

Keyword: JOY, LIGHT

Pictographs: A torch

Deity: Baldur, Hoder, Mani, the Alfar

Tree: Linden

Stone: Rutilated quartz or citrine

Color: Light yellow

Stroke Order: Wunjo is drawn with the index finger, the vertical stroke up, the diagonals down.



Medical Affinity: Eyes, Pineal Gland

Magical Uses: Sustaining lights, electric wiring, batteries. Anti-depressant.

Meaning: Joy. Happiness. A light in the darkness.

9. HAGALAZ (pronounced hog-a-lahz)

Saxon name: HA EGL (pronounced hay-gle)

Alphabet sound: H

Keyword: HAIL

Pictograph: Falling hail

Deity: Fenris, Thor, Kari

Tree: Blackthorn or Hawthorn

Stone: Tourmalinated quartz or snowflake obsidian

Color: Light grey

Stroke Order: Hagalaz is drawn with the index finger. All strokes point downwards, starting with the verticals.

Medical Affinity: Brain chemistry, the “weather in the brain”.

Magical Uses: Curses. Weather magic.

Meaning: The Rune of Hail means chaos, a hail of troubles, misfortune coming from nowhere that you did not deserve, but which hit you at random. Don’t bother trying to figure out why it happened - it happened because it was going to happen to someone, and you were there.



10. NAUTHIZ (pronounced now-theez)

Saxon name: NYTH (pronounced neeth)

Alphabet sound: N

Keyword: NEED or NOT

Pictographs: Firebow for making fire

Deity: Nidhogg, Sigyn, Narvi, Vali, Snotra, Vár

Tree: Fir

Stone: Obsidian, which created the earliest tools

Color: Dark grey

Stroke Order: Nauthiz is drawn with the index finger. Draw both lines from the top down, the vertical one first.

Medical Affinity: Stomach.

Magical Uses: Warding off. Binding. Making fire.

Meaning: That which you need, even if you hate it. The annoying things that must be done, the daily chores, the necessary commitments. Duty. Obligation. Responsibility. Can also be “This needs to stop!”



11. ISA (pronounced ee-sa)

Saxon name: IS (pronounced ice)

Alphabet sound: I as in ice

Keyword: FREEZE, BLOCKAGE

Pictograph: Icicle

Deity: Skadi, Holda

Tree: Spruce



Stone: Clear quartz

Color: Clear or white

Stroke Order: Isa is drawn with the thumb, from top to bottom.

Medical Affinity: Joints

Magical Uses: Making anything “stay” where it is without moving.

Meaning: The Rune of Ice means that things are frozen in place, and nothing that you can do will move them. Everything has come to a standstill. Be patient and wait for the thaw.

12. JERA (pronounced Jair-ah)

Saxon name: JER (pronounced Jair)

Alphabet sound: J

Keyword: HARVEST

Pictograph: Grains of scattered wheat

Deity: Jord, Nerthus

Tree: Walnut

Stone: Any “earthy-looking” stone, such as agate

Color: Golden of wheat, and Freya’s hair

Stroke Order: Jera is drawn with the thumb from the top down, as two Vs, or if you want to make the later version, do the vertical stroke from the bottom up and then add in the diamond starting at its top point.

Medical Affinity: Liver

Magical Uses: Gardening. Farming. Encouraging a raise in the workplace.

Meaning: The Rune of Harvest symbolizes the reward after the hard work - the harvest after planting, but you must work for every bit.



13. EIHWAZ (pronounced ay-wahz)

Saxon name: EOH (pronounced ay-oh)

Alphabet sound: A as in “hay”

Keyword: DEFENSE (stand up or stand down)

Pictograph: A quarterstaff, being swung in a circle

Deity: Heimdall, Ullr, Syn, Eir

Tree: Yew

Stone: Petrified wood, stone that resembles wood

Color: Black or Dark Green

Stroke Order: Eihwaz is drawn with the index and middle fingers together.

Medical Affinity: Skin, the first defense.

Magical Uses: Defense of self, others, or a space.

Stroke Order: Eihwaz is drawn with the index and middle fingers together, bottom to top.

Meaning: Defending yourself and your loved ones. Defensiveness.



14. PERTH (pronounced pairth)

Saxon name: PEORTH (pronounced pee-orth)

Alphabet sound: P

Keyword: MYSTERY or CHANCE

Pictograph: Either (or both) the mouth of a cave, or a dice cup.

Deities: The Nornir (Urd, Verdandi, Skuld), Holda, Vor, Mimir



Tree: Elder

Stone: Black Onyx

Color: Black

Stroke Order: Perth is drawn with the index and middle fingers together, starting at the top open corner.

Medical Affinity: Brain synapses.

Magical Uses: Divination charm. Gambling charm.

Meaning: That which is hidden and mysterious. Risk! Taking a chance on the unknown. Taking a gamble on one's intuition. Fate, this is up to the Fates.

15. ALGIZ (pronounced al-geez)

Saxon name: EOHLX (pronounced ee-olks)

Alphabet sound: Z or X

Keyword: CHALLENGE

Pictograph: Either (or both) an elk's head, and/or a hand held up in a "stop" position

Deity: Ullr, Vár, the ancient Hunter by any name

Tree: Pine

Stone: Tiger eye

Color: purple-red

Stroke Order: Algiz is drawn with the index finger. Draw the line bottom to top, and then draw in the V from left to right.

Medical Affinity: Head, face, skull.

Magical Uses: Protection.

Meaning: The upraised hand. A challenge awaits, and you must take it.



16. SOWELU (pronounced so-well-loo)

Saxon name: SIGIL (pronounced sij-ill)

Alphabet sound: S

Keyword: VICTORY

Pictograph: Lightning bolt and/or sun's rays

Deity: Thor, Sif, Sunna

Tree: Any Oak

Stone: Amber

Color: Bright yellow

Stroke Order: Sowelu is drawn with the index finger from top to bottom.

Medical Affinity: Adrenals.

Magical Uses: Victory charm. Good for any competitions.

Meaning: Victory.



17. TEIWAZ (pronounced tay-wahz)

Saxon name: TYR (pronounced teer)

Alphabet sound: T

Keyword: COURAGE, HONOR

Pictographs: Spear and/or arrow

Deity: Tyr, Vidar, Váli



Tree: Holly

Stone: Red jasper

Color: Crimson

Stroke Order: Tyr is drawn with the index finger. Draw the shaft from the bottom up, then the point in a V from left to right.

Medical Affinity: Immune system.

Magical Uses: Courage charm. Magical weapon for honorable attacks, which are rare.

Meaning: Have courage and fight like a warrior - or be honorable.

18. BERKANA (pronounced ber-cahn-ah)

Saxon name: BEORC (pronounced bee-ork)

Alphabet sound: B

Keyword: GROWTH, NURTURING

Pictograph: The breasts of the Mother Goddess

Deity: Frigga, Jord, Laufey

Tree: Birch (Berkana/Beorc actually means Birch)

Stone: Moonstone

Color: White

Stroke Order: Berkana is drawn with the little finger in the same way as Raido.

Medical Affinity: Breasts, uterus.

Magical Uses: Helping pregnant women, babies, and children. Making gardens flourish.

Drawn on breasts and udders for milk production. Protecting mothers.

Meaning: Rune of fertility - growth and nurturing. Self-care.



19. EHWAZ (pronounced eh-wahz)

Saxon name: EH

Alphabet sound: E as in “bed”

Keyword: MOVEMENT or MOVE

Pictograph: Horse

Deity: Nott, Hermod

Tree: Beech

Stone: A stone the color of a horse

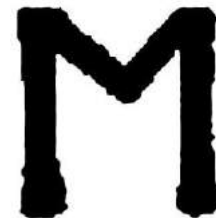
Color: Light grey

Stroke Order: Ehwaz is drawn with the index and middle fingers together, from bottom left to bottom right.

Medical Affinity: Arms and legs.

Magical Uses: Vehicle charm. Spell to make progress on a project. Guard and marker for those who practice deity-possession.

Meaning: The Rune of the Horse. Its shape is a horse plodding along, and its meaning is movement and progress. Even though a horse can run fast, it can't run fast all the time, and it can't fly. It has to walk every mile of the road between here and there. This rune says that you will get there, but only by slow and steady progress.



20. MANNAZ (pronounced mahn-ahz)

Saxon name: MANN (pronounced mahn)

Alphabet sound: M

Keyword: COMMUNITY

Pictograph: A man and woman holding crossed hands, as in a handfasting

Deities: Ask and Embla, Forseti

Tree: Elm

Stone: A stone the color of flesh

Color: Flesh-colored

Stroke Order: Mannaz is drawn with the middle finger. Draw the left vertical line from bottom to top, then cross over with the diagonal. Repeat the process with the right side.

Medical Affinity: Ovaries and testes.

Magical Uses: Wedding rune. Community-building. Frith.

Meaning: Your people. Your tribe. Your community. The human race.



21. LAGUZ (pronounced lahg-ooz)

Saxon name: LAGU (pronounced lahg-oo)

Alphabet sound: L

Keyword: FLOW

Pictograph: Waterfall

Deity: Njord, Aegir, Ran, the Nine Sisters

Tree: Willow

Stone: Any blue or blue-green stone

Color: Blue

Stroke Order: Laguz is drawn with the index finger, up on the short stroke, then down on the long one like a waterfall.

Medical Affinity: Kidneys and bladder.

Magical Uses: Healing anything to do with blocked flow. Keeping pipes clear. Purifying or sanctifying water. Calling the element of water in a ritual.

Meaning: Laguz, the Rune of Water, suggests a river flowing forever onwards. It means: Go With The Flow. Don't resist. Let things fall into place.



22. INGUZ (pronounced Ing-gooz)

Saxon name: ING

Alphabet sound: Ng

Keyword: SACRIFICE

Pictograph: Bound wheat sheaf

Deity: Ingvi Frey

Tree: Cherry

Stone: Amethyst

Color: Gold

Stroke Order: Inguz is drawn with the index and middle fingers



together. Draw from the bottom to the top as two sideways Vs, starting at the bottom left.

Medical Affinity: Penis, clitoris, vulva

Magical Uses: Marking out something for sacrifice to the Gods.

Meaning: Ing is the Corn God, John Barleycorn, the one who is sacrificed in the fields so that we may live. His rune's meaning is that of a sacrifice for the greater good, either for your life or for the lives of others.

23. DAGAZ (pronounced dahg-ahz)

Saxon name: DAEG (pronounced dahg)

Alphabet sound: D

Keyword: BREAKTHROUGH or DAWN

Pictograph: Sun dawning over mountain

Deity: Daeg, Ve

Tree: Rowan

Stone: Any yellow or orange stone

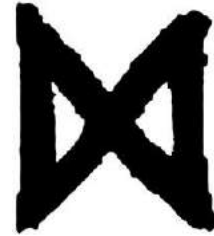
Color: Bright orange

Stroke Order: Dagaz is drawn with the index and middle fingers together, starting at the bottom left and going any direction.

Medical Affinity: Cognitive functions of the brain.

Magical Uses: Staying awake!

Meaning: The rune Dagaz symbolizes the dawn on the Summer Solstice, the longest day, and as such it means the light of dawn rising from the long night, the triumph of good, and the breakthrough after a long period of unhappiness.



24. OTHILA (pronounced o-thee-la) or alternately Othala

Saxon name: OETHEL (pronounced oy-thel)

Alphabet sound: O as in con

Keyword: FAMILY or HERITAGE

Pictographs: Man holding shield

Deity: Fulla, the Ancestors

Tree: Maple

Stone: Striped stone, any sort

Color: Terra-cotta, clay color

Stroke Order: Othila is drawn with the little finger, starting at the lower left "leg".

Medical Affinity: Blood, blood diseases, genetics.

Magical Uses: Happy home charms. Contacting the ancestors.

Meaning: Home and family. Inheritance - genetic, cultural, emotional patterns.

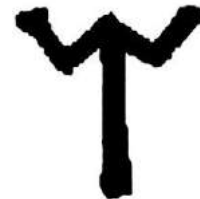


25. EAR (pronounced eer, or sometimes ee-ahh)

Alphabet sound: E as in reed

Keyword: DEATH, LETTING GO

Pictograph: A singletree, the pole-and-yoke that farmers hang carcasses on to be butchered



Deity: Hela

Tree: Sycamore or Plane Tree

Stone: Any earth-colored stone

Color: Dark green

Stroke Order: Ear is drawn with the index finger. Draw the vertical up and the horizontal Vs from right to left.

Medical Affinity: Colon.

Magical Uses: Letting go. Compost heap charm. Contacting the Dead.

Meaning: The Rune of the Grave. Death. Loss. Endings. Transformation after destruction.

26. AC (pronounced Ahk)

Alphabet sound: A as in father

Keyword: ENDURANCE

Pictograph: Person carrying an oak stave

Deity: Angrboda

Tree: Red Oak, with pointed leaves

Stone: Mountain-shaped stone

Color: Dark brown

Stroke Order: Ac is drawn with the index finger, in the same way as an Os.

Medical Affinity: Spine

Magical Uses: Endurance charm. Healing.

Meaning: That which endures many blows and still emerges victorious. Strong as an oaken staff. The immovable object.



27. IOR (pronounced yor)

Alphabet sound: Y as in yes

Keyword: BOUNDARIES, LIMINAL SPACE

Pictograph: Serpent swimming through waves

Deity: Jormundgand, the Midgard Serpent who surrounds all things

Tree: Willow or Honey Locust

Stone: Malachite

Color: Sea-green

Stroke Order: Ior is drawn with the index and middle fingers together. Draw up with the vertical stroke, then make the X with downward strokes.

Medical Affinity: Small intestines.

Magical Uses: Setting boundaries with people. Guarding a place. Working with serpentine sexual energy. Safety while swimming.

Meaning: Setting and/or acknowledging boundaries. Liminal space.



28. OS (pronounced ohss)

Alphabet sound: O as in cold

Keyword: SPEAK

Pictograph: A man gesturing with his arms



Deity: Usually Bragi, the skald (bard) of Asgard, but sometimes Odin or Loki

Tree: Hazel

Stone: Hawkseye, lapis, or any blue stone

Color: Dark blue

Stroke Order: Os is drawn with the little finger. Draw the main stroke bottom to top, then the upper V outwards left to right, then the lower V inwards right to left.

Medical Affinity: Ear, nose throat, mouth, thyroid.

Magical Uses: Eloquence charm. Performance charm.

Meaning: The Rune of the Bard. Communication. Words, and their power to make magic and make things change. Inspirational speech.

29. YR (pronounced year)

Alphabet sound: Y as in funny

Keyword: FOCUS

Pictograph: Bow and arrow

Deity: Aurvandil, Ullr, Skadi, or the Duergar

Tree: Maple

Stone: Any stone that calls.

Color: Sky blue

Stroke Order: Yr is drawn with the thumb, like an Uruz, with the central stroke downwards and then the cross-stroke, if you use it.

Medical Affinity: Reflexes

Magical Uses: Studying charm. Craftsman charm.

Meaning: The Rune of the Archer suggests focus, staring down the arrow while aiming at the one thing that you want.



30. CWEORTH (pronounced quee-orth or queerth)

Alphabet sound: Q

Keyword: PURIFICATION

Pictograph: Fire-twirl with smoke coming out

Deity: Surt, the guardian of Muspellheim, the Fire World

Tree: Alder

Stone: Any dark red stone, I use bullseye

Color: Dark Red

Meaning: This is the Rune of the Funeral Pyre, and it means transformation and purification through a particularly difficult ordeal of destruction.



31. CHALC (pronounced calc or chalc)

Alphabet sound: Ch

Keyword: QUEST

Pictograph: Chalice

Deity: Gerda, Saga

Tree: Rose

Stone: Calcite

Color: Ivory

Stroke Order: Chalc is drawn with the index and middle finger together.

Draw the cup first, then the center stroke from top to bottom.

Medical Affinity: Pancreas

Magical Uses: Making things and people look more valuable than they are. Helping on a quest.

Meaning: This is the Rune of the Chalice, and it is the Holy Grail, not in the Christian sense, but in the much-older sense of the quest for the sacred.



32. STAN (pronounced shtan)

Alphabet sound: Sh

Keyword: KEYSTONE

Pictograph: A stone

Deity: Nerthus, the Earth Mother

Tree: Pine

Stone: Any stone

Color: Tan

Stroke Order: Stan is drawn with the thumb, starting at the lower right corner.

Medical Affinity: Gallbladder.

Magical Uses: Working with standing stones.

Meaning: The heart of the issue, the most important, unavoidable thing. Stan symbolizes the keystone in the center of the arch, the foundation stone under the building, the bedrock beneath our feet. It is the center of the problem, which must be dealt with.



33. GAR

No alphabetical sound

Keyword: NOT FOR YOU TO KNOW

Pictograph: The World Tree, in the center of the worlds, or perhaps Odin's spear rushing at you

Deity: Odin

Tree: Ash

Stone: Any stone

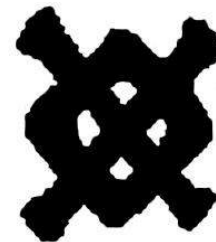
Color: Any color

Stroke Order: Gar is drawn with the index finger. Draw the diamond starting from the bottom and going deosil, and then make the X from the top down, left side and then right.

Medical Affinity: Energy body.

Magical Uses: Only Odin's people can work with it, and He will guide them in this.

Meaning: The Gods Have Spoken! This rune is outside the ordinary alphabet, and has no



value except as a “mystery” rune, often used as a blank rune these days. “Gar” means Spear, and refers to Odin’s spear, which he crafted from the World Tree, and so this rune is a “kenning”, or riddle, for the World Tree itself. This means that the Gods have decided that all this is not for you to know at this time; you’ll have to figure it out by yourself.